

PITTSFIELD SCHOOL BOARD

MEETING AGENDA

5:30 p.m., Thursday, March 5, 2020
PMHS Media Center
Pittsfield Middle High School

1. CALL THE MEETING OF THE SCHOOL BOARD TO ORDER
2. AGENDA REVIEW
3. ACTION ON AMENDED AGENDA
4. APPROVE MINUTES: February 20, 2019
5. PUBLIC INPUT - Comments from community members, guests, and faculty
6. STUDENT REPRESENTATIVE – Oral Report

7. DEAN OF INSTRUCTION

Action

-

Information & Discussion

- No Report

8. DEAN OF OPERATIONS

Action

-

Information & Discussion

- PES Student Attendance Report
- PMHS Student Attendance Report
- PES Student Behavior Report
- PMHS Student Behavior Report

9. DIRECTOR OF STUDENT SERVICES

Action

-

Information & Discussion

- No Report

10. DIRECTOR OF COLLEGE AND CAREER READINESS

Action

- Approval and/or modifications to the 2020-2021 PMHS Program of Studies

Information & Discussion

- Homeschooled Students
- National Honor Society

11. DIRECTOR OF INTERVENTION

Action

-

Information & Discussion

- No Report

12. SUPERINTENDENT OF SCHOOLS

Action

- Public Hearing
- Nomination
- Retirement
- Firewall Purchase

Information & Discussion

- Youth Risk Behavior Survey
- Policy IGDJ and NHIAA Eligibility Requirements
- Communication Regarding Learning at PMHS
- Coming Events

13. SCHOOL BOARD

Action

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Information & Discussion

▪

14. COMMITTEE ASSIGNMENTS

- | | |
|-------------------------------------|---------|
| A) Budget Committee Representative: | HA |
| B) Drake Field & Facilities: | MW & AG |
| C) Negotiating Team: | HA & BD |
| D) Foss Foundation: | TM |

15. PLAN AGENDA FOR NEXT MEETING: March 19, 2020

16. PUBLIC INPUT - 2nd Session

17. NON-PUBLIC SESSION – The need for a non-public session is not anticipated at this time.

18. ADJOURNMENT

ADVANCE COPY, SUBJECT TO THE APPROVAL BY THE PITTSFIELD SCHOOL BOARD

STATE OF NEW HAMPSHIRE
SCHOOL ADMINISTRATIVE UNIT #51
PITTSFIELD SCHOOL BOARD

MINUTES

Pittsfield School Board Meeting
February 20, 2020
Pittsfield Middle High School

I. CALL TO ORDER

Members Present: Mike Wolfe, Chair
Adam Gauthier
Ted Mitchell

Others Present: John J. Freeman, Superintendent of Schools
Jessica Bickford, Director of Student Services
Melissa Brown, Director of Career Readiness
Danielle Harvey, Dean of Instruction
Tobi Chassie, Recording Secretary
Members of the Public

Mr. Wolfe called the meeting to order at 5:30 p.m.

II. AGENDA REVIEW

The following items were added to the agenda:

- Good to Great Team SAU Audit (Mr. Mitchell)
- Program of Studies (Ms. Brown)
- Movie Approval (Ms. Harvey)
- Retirement / Resignation (Dr. Freeman)

III. ACTION ON AGENDA

On a motion made by Mr. Gauthier and seconded by Mr. Mitchell, the Board voted unanimously to approve the agenda as amended.

IV. APPROVAL OF PREVIOUS MEETING MINUTES

A motion was made by Mr. Mitchell and seconded by Mr. Gauthier to approve the minutes of the January 16, 2020, public meeting. Change on page two, paragraph five, to

“voted unanimously to exit the...” The Board voted unanimously to approve the minutes as corrected.

A motion was made by Mr. Mitchell and seconded by Mr. Gauthier to approve the minutes of the January 16, 2020, non-public meeting. The Board voted unanimously to approve the minutes as written.

A motion was made by Mr. Gauthier and seconded by Mr. Mitchell to approve the minutes of the January 23 public meeting. Changes were made: on the footer of each page, change date to January 23, 2020; on page two, paragraph one, change to “On a motion from Ms. Douglas and seconded by Mr. Mitchell, the \$5,000 donation from the Foss Family Foundation was unanimously approved; on page three, paragraph five, change to “voted unanimously to exit the...”; and on page four, paragraph one, change to “regarding changing how competencies...” The Board voted unanimously to approve the minutes as corrected.

A motion was made by Mr. Mitchell and seconded by Mr. Wolfe to approve the minutes of the January 23, 2020, non-public meeting. The Board voted unanimously to approve the minutes as written.

A motion was made by Mr. Mitchell and seconded by Mr. Gauthier to approve the minutes of the February 5, 2020, public meeting. On the footer of each page, change date to February 5, 2020. The Board voted to approve the minutes as corrected with Mr. Mitchell and Mr. Gauthier voting in the affirmative and Mr. Wolfe abstaining from the vote due to his absence from the meeting.

V. PUBLIC INPUT

Ralph Odell, representing Stand Up Pittsfield, distributed a proposal. Mr. O’Dell explained that the organization is concerned that the position of extended learning opportunities coordinator has been eliminated and would like to offer assistance. He explained volunteers would like to work with local business people to offer students an opportunity to be introduced to career exploration.

Jen Pickard, also a member of Stand Up Pittsfield, commented that an added purpose of the effort would be to help students gain summer employment. She said that due to the late start of the program, Stand Up Pittsfield would like to bring in two employers per month from March through May. Dr. Freeman asked the group to work with Melissa Brown to determine details and thanked them for their assistance.

VI. STUDENT REPRESENTATIVE

Harrison Hill distributed a copy of the *Pittsfield Middle High School Norms* that have been finalized by the Site Council. A copy of the previous norms was also provided to the members of the Board. He explained that the revised norms have been simplified to be more meaningful and memorable.

Dalton Swenson from the Site Council added information about the document. He explained that an introduction has been added to the norms to help clarify students' understanding of the norms.

Dan Courtney, Site Council faculty advisor, thanked the School Board for their attention to this matter and provided accolades for the students who have worked diligently on the drafting of the norms.

On a motion made by Mr. Gauthier and seconded by Mr. Mitchell, the Board voted unanimously to approve the new norms.

Jen Pickard asked what would happen if the norms were not adhered to by students. Ms. Harvey explained the process that is followed including action by the Restorative Justice Committee or administrative action.

Harrison Hill updated the Board on a proposal being considered by the Site Council regarding Open Campus.

VII. DEAN OF INSTRUCTION

A. School Reorganization

Ms. Harvey explained that she held three meetings for parents of current fifth graders to hear about the concept of moving sixth grade to PMHS. She urged the members of the Board to refer community members to her if there are questions.

Mr. Gauthier asked about supervision for sixth grade students attending Kydstop as they walked to PES from PMHS. Ms. Harvey explained the measures that will be taken to ensure a smooth transition for the students.

Mr. Gauthier stated his opinion that a public hearing is warranted before a decision is made regarding the school reorganization. Jen Pickard stated concern about parents who moved into town thinking their students would be going to grade six would be surprised by this change.

A motion was made by Mr. Wolfe and seconded by Mr. Mitchell to approve the reorganization. Mr. Gauthier reiterated his request for a public hearing. The Board voted to approve the move of grade six to PMHS in September with Mr. Wolfe and Mr. Mitchell voting in the affirmative, and Mr. Gauthier voting in opposition to the motion.

B. Movie Approval

Ms. Harvey requested the Board approve the movie *Percy Jackson and the Lightning Thief*, for viewing by PES students. On a motion made by Mr. Gauthier

and seconded by Mr. Mitchell, the Board voted unanimously to approve the request.

C. Learning Studios

Ms. Harvey provided the Board with the *Spring 2020 Learning Studio Selection Guide*. She noted that there were twenty-four choices and that sixteen of those have student leaders.

D. NEASC Reports

Ms. Harvey invited the Board to provide feedback on the drafts of the NEASC reports on which the faculty and staff have worked. Ms. Harvey explained that the faculty and staff will continue reviewing the five reports until they are approved in a voting process. In May, a Collaborative Meeting will be held with a NEASC team of approximately sixteen peers and officials from NEASC, to review the reports and establish goals to be reviewed during the decennial visit.

E. Conference Presentation

Ms. Harvey stated that work with Plymouth State University has resulted in the continued hosting of preservice teacher interns.

F. Extended Observations

Ms. Harvey provided the Board with information regarding extended observations being completed by Ms. Harvey and Ms. Bickford according to the district's Professional Growth and Evaluation Plan.

VIII. DEAN OF OPERATIONS

A. Donations

According to Mr. Hamilton's report, the Trustees of the Sanderson Trust Fund have generously accepted proposals for choral condenser microphones (\$200); quilting learning studio (\$554.96); Drake Field Summer Recreation Program (\$5,500); third grade Artist-in-Residence Project (\$5,377.26); and Ski and Snowboard Club (\$6,000).

On a motion made by Mr. Mitchell and seconded by Mr. Gauthier, the Board voted unanimously to approve the choral condenser microphones and the quilting learning studio. The remaining items will require a public hearing.

B. Site Council Proposal

This item was addressed by student representative, Harrison Hill, earlier in the meeting.

C. Technology Plan

The Technology Team presented the proposed District Technology Plan for 2020-2023 at the December 5, 2020, meeting.

Mr. Gauthier asked what the impact of the vote on the budget would have on the plan. Dr. Freeman explained that the plan is not a commitment of funds. He explained that adjustments will need to be made in the plan if the budget will not support it.

On a motion made by Mr. Wolfe and seconded by Mr. Mitchell, the Board approved the Technology Plan with Mr. Mitchell and Mr. Wolfe voting in the affirmative and Mr. Gauthier voting in opposition.

D. Advisory Action Plan

According to Mr. Hamilton's report, the Advisory Revitalization Team, an ad hoc group formed to develop an action plan based on the Good to Great Team's audit of the advisory program, has completed its task. A copy of the action plan was included in the Board's packet for members' review. The next step in the process is to reconvene the Advisory Council to work with Ms. Harvey, Ms. Bickford, and common planning time teams to address the proposed action steps.

E. Girls on the Run Program

Mr. Hamilton informed the Board that Ms. Donna Keeley will be acting as site coordinator for the Girls on the Run Program. She will coach with Farah Lavigne and Cara Peterson. Girls in grades three through five will be invited to participate.

F. Scrubs Club

Mr. Hamilton explained in his report that Susan Bonavita, a community member, retired registered nurse, and grandmother of two elementary students has volunteered to run Scrubs Club. Carolley Garven, a senior at PMHS will assist Ms. Bonavita in leading this club, which is a health career exploration opportunity for students. Participants will receive CPR and First Aid training.

G. School District Newsletter

Mr. Hamilton provided the Board with a copy of this month's newsletter.

H. School Visit

On Wednesday, February 12, 2020, the Justice Committee hosted the Student Leadership Council and the director of Next Charter School in Derry, New Hampshire. He thanked, by report, Mr. Cobern and Mr. Courtney for making the visit possible.

IX. DIRECTOR OF STUDENT SERVICES

A. Compliance

Ms. Bickford informed the Board that the New Hampshire Department of Education will be conducting an audit of evaluations performed by the district to ensure timeliness.

B. Job Vacancies

According to Ms. Bickford, there are three paraprofessional positions for which she is unable to find candidates. She considered a job fair event, but has decided to put that on hold for now.

X. DIRECTOR OF CAREER READINESS

A. Program of Studies

Ms. Brown distributed copies of the proposed 2020-2021 PMHS Program of Studies. She reviewed some highlights and asked the Board to consider approving the document at their next meeting. Ms. Harvey provided supporting details.

B. Home is Where the Heart Is

Ms. Brown explained that the annual *Home is Where the Heart Is* presentation was held on January 7, 2020. She said the presentation made by the recent graduates was excellent. Dr. Freeman stated that he agreed that the program was exceptional this year and included previous students who entered the workforce and military, as well as those who have continued their education in a post-secondary institution of higher learning.

C. Concord Regional Technical Center (CRTC)

According to Ms. Brown students in grades nine and ten attended a one-hour presentation about CRTC on January 14, 2020. The presentation was facilitated by Steve Rothenberg, the director of the program, and featured CRTC faculty and current PMHS students who are enrolled in the program.

D. Senior Financial Aid Night

On January 2, 2020, Angela Costonguay from the New Hampshire Higher Education Assistance Foundation presented an overview of financial aid information to PMHS students and their families; the event was well-attended.

E. Summer Employment Opportunities

This item was addressed by Mr. Odell, representing Stand Up Pittsfield, earlier in the meeting.

XI. DIRECTOR OF INTERVENTIONS AND TITLE I

A. Competency Recovery

Ms. LeMay reported that at the close of semester one, forty-five grades of “incomplete” were recorded. Students will develop Competency Recovery Plans with their teachers in order to complete the coursework successfully.

B. Juniors

Ms. LeMay informed the Board of the meetings she has been conducting with members of the Class of 2021. Credit audits have been shared with families to help them understand the student’s progress toward graduating on time.

C. Family Engagement Training

Ms. LeMay, by report, explained her participation in training by the New Hampshire Department of Education in partnership with Scholastic on family engagement.

XII. SUPERINTENDENT

A. Acceptance of Gift

On a motion made by Mr. Gauthier and seconded by Mr. Mitchell, the Board voted unanimously to accept \$2,900 from the New Hampshire Charitable Foundation for musical instruments and equipment.

B. Policy Updates

Dr. Freeman presented the following policies for the Board’s consideration: Policy AC, Non-Discrimination; Policy AC-E, Contact Information for Human Rights Officer, Title IX Coordinator, Section 504 Coordinator, and Civil Rights Agencies; Policy ADC, Tobacco Products; Policy GBA, Equal Opportunity Employment; Policy JLDBB, Suicide Prevention and Response; and Policy KDC, Public Gifts and Donations.

A motion was made by Mr. Gauthier and seconded by Mr. Mitchell to approve the proposed policies. Corrections were made to several policies. The Board voted unanimously to approve the policies as corrected.

C. Request for Placement of Out-of-District Student

A request was made by Allyson Vignola, director of student services in Barnstead, for a student to be tuitioned into the PES Flex Program. On a motion made by Mr. Wolfe and seconded by Mr. Mitchell, the Board unanimously rejected the proposal to accept a student from Barnstead.

D. 2020-2021 School Calendar

Dr. Freeman provided the Board with a proposed 2020-2021 school district calendar. He stated that it roughly mirrors the Concord School District calendar due to students' participation in Concord Regional Technical Center. On a motion made by Mr. Gauthier and seconded by Mr. Mitchell, the Board unanimously approved the 2020-2021 school calendar.

E. Letter of Resignation / Retirement

Dr. Freeman presented a letter of resignation due to retirement from Mr. William Mitchell, the PMHS art teacher. He is retiring after thirteen years in Pittsfield. On a motion made by Mr. Gauthier and seconded by Mr. Mitchell, the Board voted unanimously to approve the resignation with thanks, effective at the end of the school year. Ms. Harvey stated a retirement acknowledgement will be planned for the end of the year.

F. Deliberative Session

Dr. Freeman distributed a handout from last year's voting day and asked the Board if they would like to duplicate this for voting day this year. The Board responded in the affirmative.

G. Meeting with Select Board

Dr. Freeman reminded the Board that the meeting with the Select Board to discuss the position of School Resource Officer is scheduled for April 14, 2020.

H. Prospect Mountain High School

Dr. Freeman met recently with Prospect Mountain High School Superintendent Tim Broadrick at his invitation to tour the school and discuss possible collaboration. The Board confirmed their desire to have Mr. Broadrick come to a meeting to make a presentation and Dr. Freeman agreed to make arrangements.

I. Policy IGDJ, Eligibility Requirements

Dr. Freeman provided the Board with a copy of Policy IGDJ, Eligibility Requirements as the Board previously requested a discussion. Mr. Gauthier asked for a copy of the NHIAA regulations which impact this policy. The discussion was deferred to the next meeting.

J. Manifest Educational Hardship Placement

The Pembroke School Board approved the acceptance of a student for whom the Pittsfield Board had made a manifest educational hardship placement.

K. Coming Events

Dr. Freeman provided the Board with dates of events scheduled for the remainder of February and March.

XIII. SCHOOL BOARD

A. Good to Great Team SAU Audit

Mr. Mitchell confirmed that the Board members have received an email survey to be completed and returned to the committee. This survey is due before April 14, 2020.

XIV. PUBLIC SESSION (Second Session)

Dan Schroth distributed copies of a letter he is submitting to a newspaper. He stated his concern about the state of democracy in our country.

Ken Robb stated his opinion of democracy in our country.

XV. COMMITTEE ASSIGNMENTS

- A. Budget Committee - Ms. Asdot
- B. Drake Field & Facilities - Mr. Wolfe and Mr. Gauthier
- C. Negotiations – Ms. Asdot and Ms. Douglas
- D. Foss Family Scholarship Foundation – Mr. Mitchell

XVI. NEXT MEETING

The next meeting of the Board is scheduled for March 5, 2020 at 5:30 p.m. in the Pittsfield Middle High School media center.

XVII. ADJOURNMENT

On a motion made by Mr. Gauthier and seconded by Mr. Mitchell, the meeting was adjourned at 6:34 p.m.

Respectfully submitted,

Tobi Chassie
Recording Secretary

Pittsfield School District

To: Pittsfield School Board
From: Derek Hamilton, Dean of Operations
Subject: Board Meeting – March 6, 2020
Date: February 28, 2020

INFORMATION

1. PES Student Attendance Report. We have recently completed our quarterly review of student attendance. At Pittsfield Elementary School (PES) we have 19 students, or 6% of the K-6 population, with 5 or more unexcused absences from school. Fourteen of the 19 students have between five and eight unexcused absences. Attendance concern letters have been sent to the families of each student. Other action steps have included follow-up with classroom teachers or families to learn more about the cause of the absenteeism and three students were nominated to the progression of supports.
2. PMHS Student Attendance Report. At Pittsfield Middle High School (PMHS) we have 39 students, or 16% of the 7-12 population, with 5 or more unexcused absences. All families have received attendance concern letters. We are focused primarily on the 12 students with 15 or more unexcused absences from school. Action steps have included phone calls, home visits, intervention meetings, and referrals to the New Hampshire Division of Children, Youth and Families (DCYF). We have also developed alternative learning plans for two of the 12 students.
3. PES Student Behavior Report. We have recently completed our quarterly review of student behavior. At PES we experienced a considerable decline in average daily referrals during the month of December. We processed an average of 9.3 referrals per day in December, in comparison to 13.7 referrals per day over the first quarter. However, after returning from the Holiday Break, the average daily referral rate went up to 13.2 per day in January. The most common problem behavior is non-compliance and referrals for out of assigned area remain abnormally high (making up 21.2% of referrals). This type of behavior is primarily exhibited by four students, three of which have behavior plans or other supports in place. Although the behavior is occurring at a similar frequency to the first quarter, it is shorter in duration and less disruptive. Also, on a positive note, 71% of students at PES have not received a referral through the first semester of the school year.
4. PMHS Student Behavior Report. At PMHS we also saw a decline in average daily referrals in December. We processed an average of 2.8 referrals per day in December, in comparison to 5.1 referrals per day over the first quarter. Referrals per day in January increased in 4.7. The most common problem behaviors are out of assigned area, which includes skipping class, and inappropriate language. Our interventions are primarily focused on eighth graders. Referrals from eighth grade make up 44% of the total referrals. Lastly, it is noteworthy that 63% of PMHS students have not received a referral through the first semester of the school year.

Pittsfield School District

To: Pittsfield School Board
From: Melissa Brown
Subject: Board Meeting – March 5, 2020
Date: February 28, 2020

ACTION

1. The Board's approval and/or modifications to the 2020-2021 PMHS Program of Studies.

INFORMATION

1. Homeschooled Students. Since the beginning of this school year at PMHS, ten students have been withdrawn to be homeschooled. Several of them are of concern as to the quality and implementation of a homeschooled education.
2. National Honor Society. Twenty-two students in grades ten through twelve were notified that they met the grade point average (GPA) to apply to be accepted into the National Honor Society (NHS). Once all of the applications are reviewed by a five-member faculty council, an induction ceremony for those who meet the criteria will be held.

Pittsfield School District

To: Pittsfield School Board
From: John
Subject: Board Meeting – March 5, 2020
Date: March 2, 2020

Candidates Night will be held from 6:30 to 9:00 p.m. on Thursday, March 5, in the PMHS Lecture Hall. Ideally, the Board will conclude our meeting to allow participation.

ACTION

1. Public Hearing. The Board is scheduled to hold a public hearing on three potential grants from the Sanderson Trust:
 - Drake Field Summer Recreation Program, \$5,500.00
 - Ski and Snowboard Club (2021 season), \$6,000.00
 - Third Grade Artist-in-Residence, \$5377.26Your acceptance of these grants following your hearing is recommended.

2. Nomination. Enclosed you will find the resume of Lisa Gauthier, candidate for district social worker. As I believe that I had previously mentioned, we received interest from four candidates and interviewed two of those. Lisa is recommended following meeting with Melissa Brown and our school counselors, as well as meeting with me. Your election of Lisa to this new position is recommended.

3. Retirement. Enclosed you will find a letter of resignation for purposes of retirement from Lynette Rose, longtime student support specialist. Your acceptance with appreciation for service is recommended.

4. Firewall Purchase. The district went out to bid for firewall purchase, planning to use five-year E-Rate category 2 funds; this will cover 80% of the cost. Bids received:
 - Security 7, Hampton, NH: \$10,430.
 - Omicron Technologies, Lansdale, PA: did not comply with requirements; bid included additional items and options
 - Cytranet, Mobile, AL: did not comply with requirements; bid included additional items and optionsRecommend awarding bid to Security 7, with whom we have been working on recent technology projects.

INFORMATION

1. Youth Risk Behavior Survey. PMHS students participate in the biennial Youth Risk Behavior Survey. The results of the 2019 survey were received last week; a copy is enclosed.

2. Policy IGDJ and NHIAA Eligibility Requirements. The Board has asked to review Policy IGDJ, Eligibility Requirements and the NHIAA rules relative to eligibility. Enclosed is Policy IGDJ, and an excerpt from the NHIAA Handbook that addresses eligibility.

3. Communication Regarding Learning at PMHS. Thought Board members would appreciate the enclosed email message from Concord resident Mary Wilke. I met Mary during one of my trips to the legislature last spring and suggested resources for her group from our district website.

4. Coming Events. Looking ahead:
 - Tue Mar 10: Voting Day
 - Tue Mar 10: Good to Great Team meeting, 4:30 p.m.
 - Tue Mar 10: CRTC Parent Orientation, 5:30 to 7:30 p.m.
 - Thurs Mar 12: Title I Family Event, PES, 5:00 to 7:00 p.m.
 - Mon Mar 19: School Board Meeting, 5:30 p.m.
 - Thurs Apr 2: School Board Meeting, 5:30 p.m.
 - Sat Apr 4: Community Pottery Workshop, 8:30 a.m. to 12:00 noon

NON-PUBLIC SESSION

The need for a non-public session is not anticipated at this time.

Lisa Gauthier

Rochester, NH 03867

~~lisagauthier86_y3k@indeedemail.com~~

603-978-8728

lgauthier130@gmail.com

To obtain a position in the field of social service dealing with individuals and families. Great problem solving skills and strong work ethic with 11 years' experience in healthcare and social services ready to contribute my knowledge and experience to the field of social work.

CORE STRENGTHS

- Ability to analyze, discuss, detect, observe and solve difficult social issues
- Patience, love and keen interest in helping individuals and oppressed populations
- Ability to develop good relationships with clients
- Possess effective communication skills
- Ability to handle pressure and work independently
- Know-how to keep sensitive information confidential
- Ability to utilize theories and practice model appropriately
- Ability to work effectively and in a timely manner

FIELD EXPERIENCE

Hope on Haven Hill, Rochester NH

Counselor/Clinical Case Manager February 2017 to May 2017

- Provide clinical services such as intake/diagnostic evaluations, and crisis interventions
- Meet with new assigned clients for individual supportive counseling and create a counseling treatment plan to address measurable goals and objectives related to treating substance use and mental health disorders.
- Work with clients, families and children as needed to help address familial issues and teach communication and coping skills.
- Develop individual treatment plan for clients to address their needs
- Conduct Bio psychosocial, Financial assessments
- Utilize PHQ9, GAD 7 and Edinburgh PPD scale during treatment planning
- Treat co-occurring disorders using evidenced based treatment practices in individual and group formats.
- Provide individual and group counseling to women on an outpatient basis who are awaiting placement or have completed residential programming
- Maintain current and accurate records with adequate confidentiality
- Work with client to help them understand treatment options and make informed decisions

Woodman Park Elementary School- August 2016-November 2017

Dover NH

Provide individual counseling and group guidance to help students cope effectively personal, social, academic, career, and family concerns.

Consult with parents, teacher, administrators, and supporting agencies concerning the needs and abilities of students.

Update and maintain confidential student records, including cumulative transcripts and student files.

Identify students with special needs and make appropriate recommendations and referrals.

Assist with the activities of student organizations.
Attend and assist when necessary with school events such as musical programs, athletics, student recognition ceremonies, graduation, and open house.
See that district policies are observed during all activities.
Keep abreast of new information, innovative ideas and techniques.
Obtain advance approval of the Principal for all activities and expenditures.
Adhere to all district health and safety policies, including all precautions of the Bloodborne Pathogens Exposure Control Plan.
Other duties as assigned by the Principal, or other Administrative Staff
Help students attain an optimum level of personal and social adjustment.
Consult with parents, teachers, administrators, and supporting agencies concerning the needs and abilities of students.
Communicate effectively with all members of the school district and community.
Work effectively with community organizations.
React to change productively and handle other tasks as assigned.
Support the value of education.

Frisbie Memorial Hospital, Rochester, NH
Care Management Department, GeroPsychiatry
September, 2016 - April, 2017

- Communicate and collaborated with members of the healthcare team as well as patients to help plan for treatment
- Participated in patient and family meetings to resolve issues surrounding in-hospital and post-hospital care
- Conducted Admission Assessment on incoming patients and developed a treatment plan related to their social service issues
- Conducted group work with patients on the geropsychiatry unit utilizing Cognitive Behavioral Therapy techniques
- Worked in relation with other social service agencies throughout the state and some out of state agencies to acquire service and assistance that patients needed
- Participated in Care Coordination Rounds
- Provided education to patient and families in regards to social services that they have been set up with
- Maintained accurate, thorough, narrative documentation on patients
- Developed discharge plans for patients

Work Experience

Counselor/Clinical Case Manager

Hope on Haven Hill - Rochester, NH
February 2017 to June 2018

- Provide clinical services such as intake/diagnostic evaluations, and crisis interventions
- Meet with new assigned clients for individual supportive counseling and create a counseling treatment plan to address measurable goals and objectives related to treating substance use and mental health disorders.
- Work with clients, families and children as needed to help address familial issues and teach communication and coping skills.

- Develop individual treatment plan for clients to address their needs
- Conduct Bio psychosocial, Financial assessments
- Utilize PHQ9, GAD 7 and Edinburgh PPD scale during treatment planning
- Treat co-occurring disorders using evidenced based treatment practices in individual and group formats.
- Provide individual and group counseling to women on an outpatient basis who are awaiting placement or have completed residential programming
- Maintain current and accurate records with adequate confidentiality
- Work with client to help them understand treatment options and make informed decisions
- Work with community agencies to help establish a relationship with clients and provide services that are needed
- Meet with clients upon intake and create a case management treatment plan including medical, legal, financial, and spiritual goals.
- Assist clients in identifying their personal interest, goals, strengths and weaknesses.
- Meet weekly with case management clients to note progress towards measurable goals and objectives.
- Facilitate weekly in house therapeutic groups such as DBT, Mindfulness, CBT, Recovery skills
- Facilitate Intensive Outpatient Groups weekly
- Communication and relationship building with clients and all collateral partners (Medical Agencies, DCYF, Legal System)
- Conduct timely and effective documentation in accordance with agency policies and state regulations
- Engage in community outreach and work along state agencies such as DCYF, Probation (federal and local) and health agencies to ensure the best possible service for clients and meet their needs.
- Provide timely crises response and emergency safety planning
- Participate in on -call services

Education

Masters of Clinical Social Work in Clinical Social Work

University of New England - Biddeford, ME

May 2017

Bachelors of Science in Gerontology

Granite State College - Concord, NH

June 2009

Skills

- Mental Health
- Therapy
- Case Management
- Documentation
- Counseling



Pittsfield Middle High School

23 Oneida Street, Pittsfield, NH 03263

603/435/6701 Fax 603/435/7087

www.pittsfield.k12.nh.us

Accredited by



February 19, 2020

Mr. Derek Hamilton, Dean of Operations
Pittsfield Middle High School
Pittsfield, NH

Dear Derek:

After 18 years with the Pittsfield School District it is with mixed feelings that I have decided to retire as of June 30, 2020. I want to give notice in a timeframe that will allow for the district to have the best opportunity to find a replacement and I am more than happy to assist in training the new Student Support Specialist.

I have enjoyed my time at Pittsfield for the most part, and I know that the staff and administration are committed to providing the best possible services to the students of Pittsfield. At this point in my life I am ready to let go of the stress of dealing with misbehaving youth and focus on peace and tranquility for a healthier lifestyle.

I have enjoyed working with you in particular – I have always felt supported and appreciated by you. I see you as fair and consistent and always looking for the best interest of the students. Even when I have not agreed with a decision, I know that the decision was thoughtfully made with the best interest of the student at the forefront. Yours is not an easy job and I appreciate all you have done, not only for me, but for the district as a whole. I wish you the very best in your all of your future endeavors.

Sincerely,

A handwritten signature in cursive script that reads 'Lynette Rose'.

Lynette Rose, MS
Student Support Specialist

Pittsfield High School

2019 Youth Risk Behavior Survey Report

Time Trends by Sex and by Grade

Capital Public Health Region

Introduction

The 2019 Youth Risk Behavior Survey (YRBS) report presents data which demonstrate the association between health-risk behaviors by sex and grade. We hope this report is useful in understanding high school student behaviors and assists you in developing educational programs, curriculum and communication tools to encourage and support healthy behaviors among students in your communities.

School-level Estimates

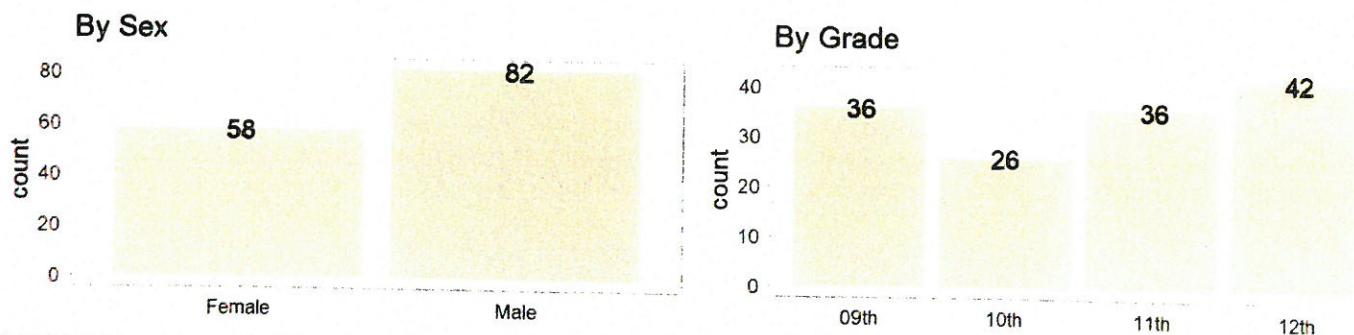
The 2019 survey response rate at Pittsfield High School was 92%, meaning 143 of 155 enrolled students took the survey¹. School-level estimates are unweighted and based on a convenience sample of students in attendance and not opting out of participation in the YRBS on a given date and time during the school year. Results could be less representative if specific classrooms or classroom types were not included in the survey. To account for this and provide risk-behavior estimates for the entire school, we extrapolated survey results using school enrollment data.

State and Regional Estimates

State and regional estimates were calculated from a random sample developed using scientific survey methods. These methods ensure the respondents are representative of students in the region in the state. The results account for student, classroom, school, and regional factors. The random sample is not designed to provide school-level estimates. Note: access to region-level results were first made available in 2015 and are not available prior to that year. Data that had a representative sample of students, appropriate documentation, and an overall response rate greater than or equal to 60%² were weighted.

This report is produced in a partnership with the NH Department of Education and the NH Department of Health and Human Services.

Responses by Sex and Grade*



*Total students in bar graphs may not reflect the total surveyed as some students may choose not to self-identify by sex or grade.

¹Total students in bar graphs may not reflect the total surveyed as some students may choose not to self-identify by sex or grade.

²Overall response rate is computed as (number of participating schools/number of eligible sampled schools) X (number of usable questionnaires/number of eligible students sampled in participating schools), rounded to the nearest integer.

Regional Public Health Network Substance Misuse Prevention Coordinators are available to assist schools in coordinating community projects that promote healthy behaviors and educate school officials and stakeholders. Coordinators may also assist schools in obtaining school and community grant funding.

Your contact is:

Capital Public Health Region: Annika Stanley-Smith;
Phone: 603-224-2595 X 224; email: annika.stanley-smith@graniteuw.org

Help and assistance

Questions on this report

Health Statistics and Data Management
Division of Public Health Services - State of NH
NH.YouthRiskBehaviorSurvey@dhhs.nh.gov; (603) 271-4988;

Additional technical assistance for YRBS related information

NH Center for Excellence
nhcenterforexcellence@jsi.com; (603) 573-3300
<http://nhcenterforexcellence.org/center-services/request-ta/>

Notes

You may find very small discrepancies between the 2017 estimates reported in this report and the results reported two years ago. The differences are caused by an improved data cleaning routine in the new survey. The results from this 2019 analysis and reports should be used if you find any discrepancies.

Change Log

v1.0: Final report released February 14th, 2020.

Category: Drug Use - Behaviors

Number and Percent of students who tried marijuana for the first time before age 13 years

School

7.8%

12 of 153 students*

Region

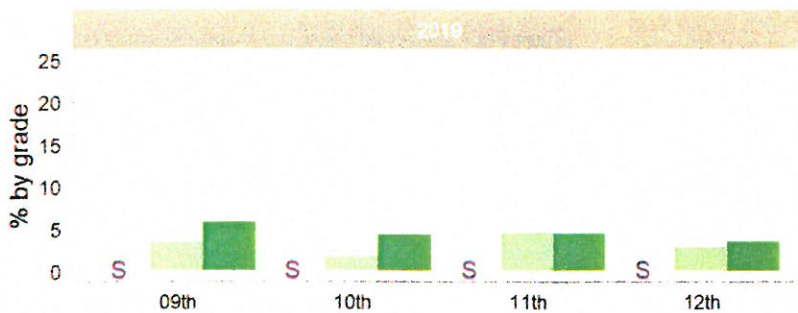
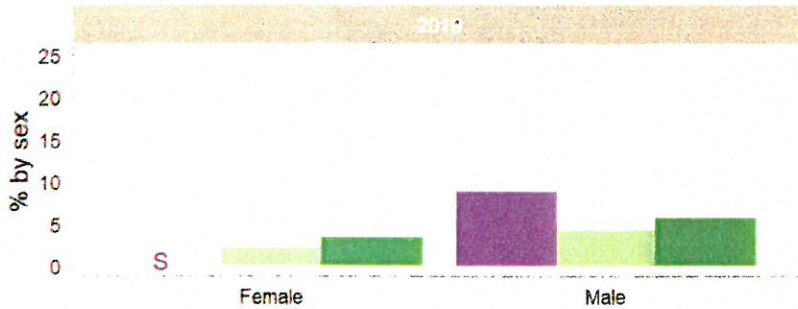
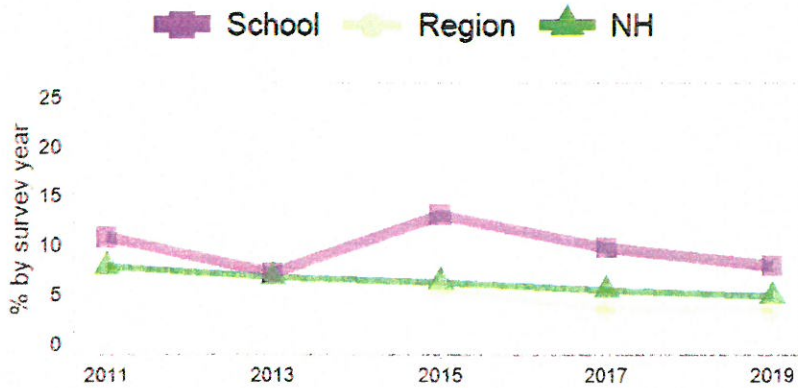
3.3%

201 of 6,044 students+

NH

4.7%

2,548 of 54,393 students+



	School*		Region		NH	
	#	%	#	%	#	%
Year						
2011	17	10.7	-	-	4,775	7.7
2013	12	7.0	-	-	3,858	6.6
2015	22	12.9	328	5.4	3,511	6.1
2017	16	9.6	205	3.4	2,929	5.3
2019	12	7.8	201	3.3	2,548	4.7
Sex						
Female	s	s	63	2.2	876	3.4
Male	8	8.8	135	4.3	1,596	5.7
Grade						
09th	s	s	57	3.4	810	5.7
10th	s	s	27	1.8	591	4.3
11th	s	s	67	4.5	570	4.4
12th	s	s	39	2.9	450	3.5

Notes

*: School results are calculated using non-scientific survey data. Numbers of students responding to question are adjusted to enrollment data.

+: Region and state results are calculated and weighted using the CDC scientific survey sample. Caution should be used when comparing the school results.

s: To protect confidentiality the data have been suppressed. Cells are suppressed when the denominator is less than 50 students or the numerator is between 1 and 4 students for sex and grade. Numerators that are zero not not suppressed.

How the question was actually asked: How old were you when you tried marijuana for the first time?

a: I have never tried marijuana; b: 8 years old or younger; c: 9 or 10 years old; d: 11 or 12 years old; e: 13 or 14 years old; f: 15 or 16 years old; g: 17 years old or older;

Numerator: bcd; denominator: abcdefg;

Question number: 2019q44; 2017q44; 2015q42; 2013q46; 2011q40;

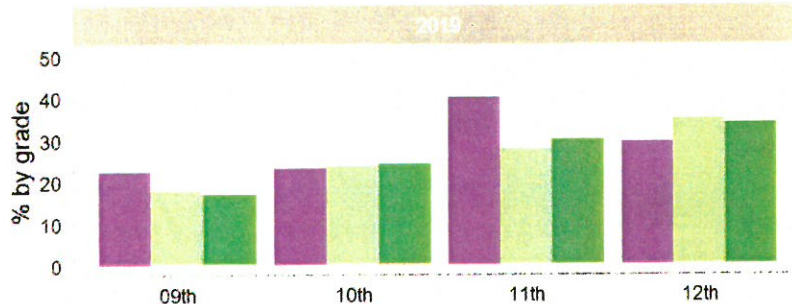
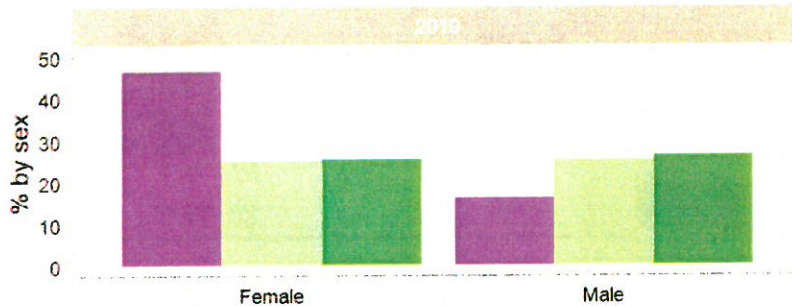
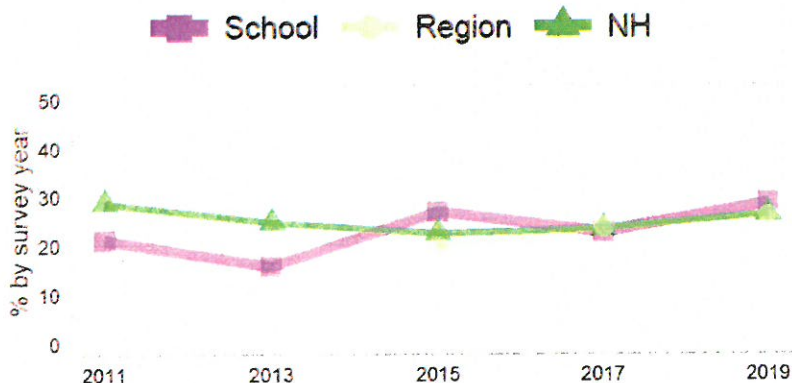
Category: Drug Use - Behaviors

Number and Percent of students who currently used marijuana (one or more times) during the past 30 days

School
28.4%
44 of 153 students*

Region
25.6%
1,538 of 6,021 students+

NH
26.1%
14,167 of 54,358 students+



	School*		Region		NH	
	#	%	#	%	#	%
Year						
2011	32	20.9	-	-	17,622	28.4
2013	27	15.6	-	-	14,331	24.4
2015	46	26.6	1,173	19.3	12,663	22.2
2017	37	22.4	1,427	23.6	12,659	23.1
2019	44	28.4	1,538	25.6	14,167	26.1
Sex						
Female	30	46.6	713	25.1	6,618	25.4
Male	14	16.2	798	25.4	7,308	26.3
Grade						
09th	9	22.2	293	17.6	2,362	16.7
10th	7	23.1	352	23.6	3,322	24.0
11th	15	40.0	411	27.6	3,895	29.8
12th	13	29.3	457	34.8	4,301	33.9

Notes

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- s: To protect confidentiality the data have been suppressed. Cells are suppressed when the denominator is less than 50 students or the numerator is between 1 and 4 students for sex and grade. Numerators that are zero not not suppressed.

How the question was actually asked: During the past 30 days, how many times did you use marijuana?

a: 0 times; b: 1 or 2 times; c: 3 to 9 times; d: 10 to 19 times; e: 20 to 39 times; f: 40 or more times;

Numerator: bcdef; denominator: abcdef;

Question number: 2019q45; 2017q45; 2015q43; 2013q47; 2011q41;

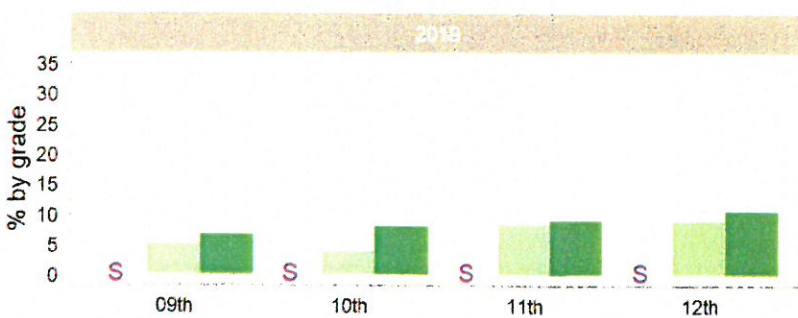
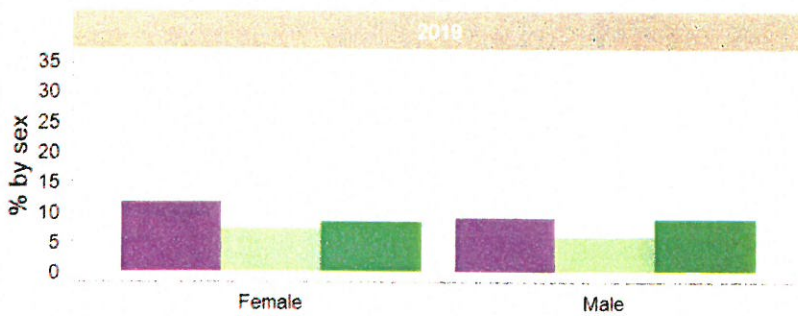
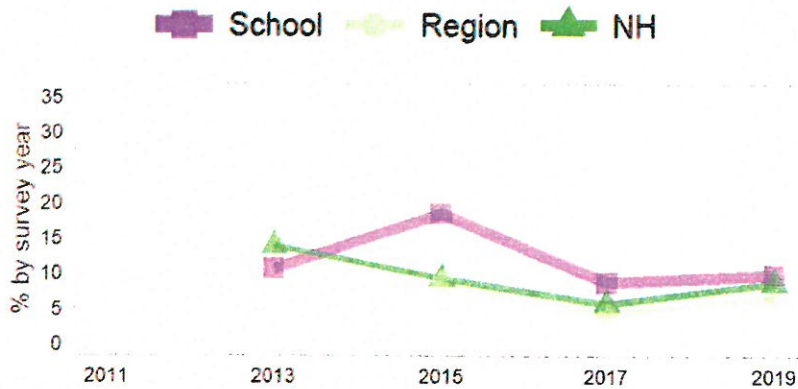
Category: Drug Use - Behaviors

Number and Percent of students who ever used synthetic marijuana (also called Spice, fake weed, K2, King Kong, Yucatan Fire, or Skunk) one or more times during their life

School
9.8%
 15 of 143 students*

Region
6.6%
 403 of 6,071 students+

NH
8.6%
 4,604 of 53,723 students+



Year	School*		Region		NH	
	#	%	#	%	#	%
2011	-	-	-	-	-	-
2013	18	10.6	-	-	8,097	13.8
2015	31	18.4	529	8.6	5,179	9.2
2017	14	8.7	261	4.3	3,071	5.6
2019	15	9.8	403	6.6	4,604	8.6
Sex						
Female	7	11.5	209	7.3	2,109	8.2
Male	8	9.0	185	5.8	2,396	8.7
Grade						
09th	s	s	84	5.0	918	6.6
10th	s	s	59	3.9	1,078	7.9
11th	s	s	125	8.4	1,144	8.9
12th	s	s	118	8.9	1,314	10.5

Notes

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- s: To protect confidentiality the data have been suppressed. Cells are suppressed when the denominator is less than 50 students or the numerator is between 1 and 4 students for sex and grade. Numerators that are zero not not suppressed.

How the question was actually asked: During your life, how many times have you used synthetic marijuana (also called Spice, fake weed, K2, King Kong, Yucatan Fire, or Skunk)?

a: 0 times; b: 1 or 2 times; c: 3 to 9 times; d: 10 to 19 times; e: 20 to 39 times; f: 40 or more times;

Numerator: bcdef; denominator: abcdefg;

Question number: 2019q46; 2017q49; 2015q50; 2013q48; 2011q999;

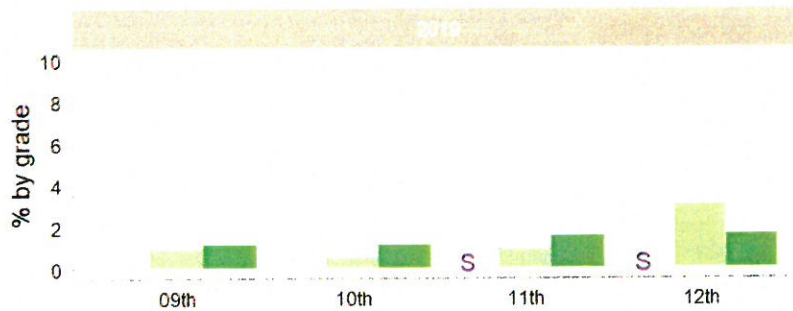
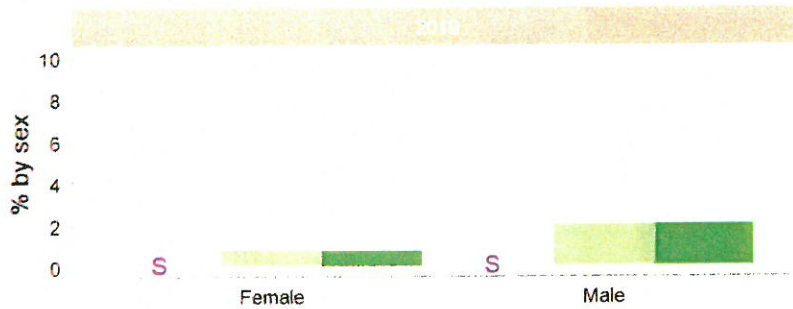
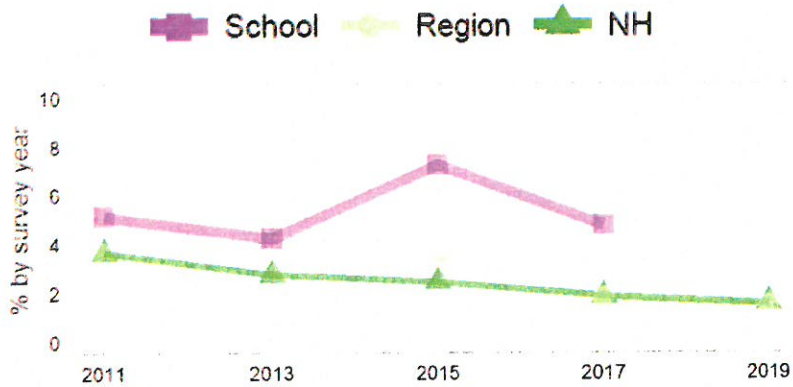
Category: Drug Use - Behaviors

Number and Percent of students who ever used heroin (also called smack, junk, or China White) one or more times during their life

School
NA
 NA of 138 students*

Region
1.4%
 88 of 6,074 students+

NH
1.5%
 801 of 54,649 students+



Year	School*		Region		NH	
	#	%	#	%	#	%
2011	8	5.1	-	-	2,216	3.6
2013	7	4.2	-	-	1,590	2.7
2015	12	7.2	210	3.4	1,387	2.4
2017	8	4.7	103	1.7	999	1.8
2019	s	s	88	1.4	801	1.5
Sex						
Female	s	s	22	0.8	184	0.7
Male	s	s	63	2.0	569	2.0
Grade						
09th	0	0.0	16	0.9	150	1.1
10th	0	0.0	8	0.5	154	1.1
11th	s	s	14	0.9	197	1.5
12th	s	s	40	3.0	199	1.6

Notes
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 +: Region and state results are calculated and weighted using the CDC scientific survey sample. Caution should be used when comparing the school results.
 s: To protect confidentiality the data have been suppressed. Cells are suppressed when the denominator is less than 50 students or the numerator is between 1 and 4 students for sex and grade. Numerators that are zero not not suppressed.

How the question was actually asked: During your life, how many times have you used heroin (also called smack, junk, or China White)?

a: 0 times; b: 1 or 2 times; c: 3 to 9 times; d: 10 to 19 times; e: 20 to 39 times; f: 40 or more times;

Numerator: bcdef; denominator: abcdef;

Question number: 2019q47; 2017q46; 2015q47; 2013q51; 2011q50;

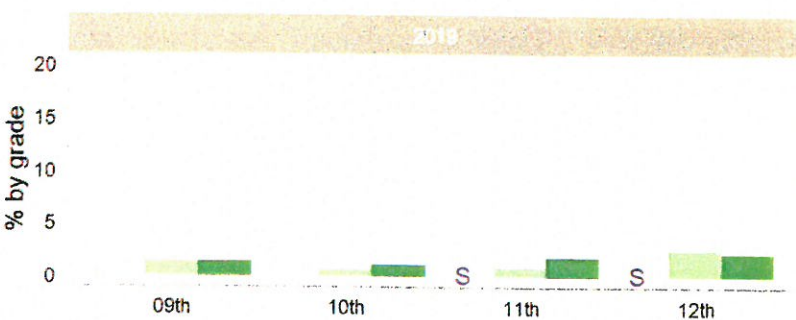
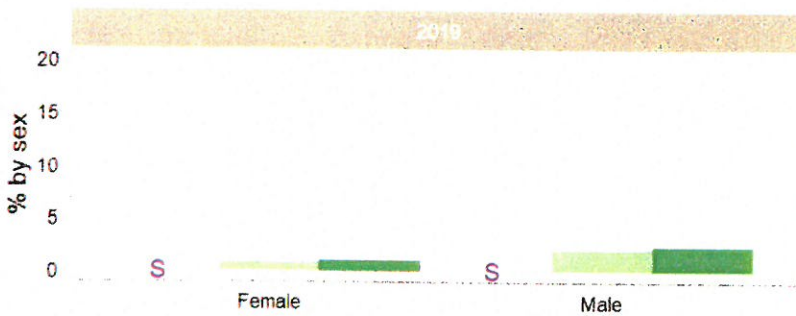
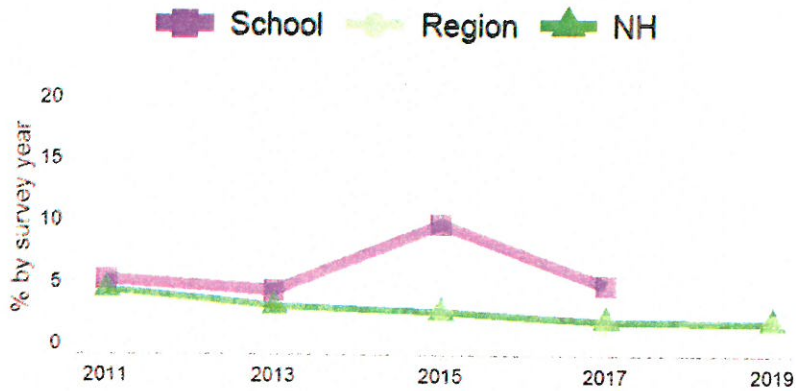
Category: Drug Use - Behaviors

Number and Percent of students who ever used methamphetamines (also called speed, crystal meth, crank, ice, or meth) one or more times during their life

School
NA
NA of 138 students*

Region
1.5%
91 of 6,077 students+

NH
1.7%
954 of 54,627 students+



	School*		Region		NH	
	#	%	#	%	#	%
Year						
2011	8	5.1	-	-	2,627	4.2
2013	7	4.2	-	-	1,677	2.9
2015	16	9.6	161	2.6	1,415	2.5
2017	8	4.7	91	1.5	994	1.8
2019	s	s	91	1.5	954	1.7
Sex						
Female	s	s	22	0.8	257	1.0
Male	s	s	66	2.1	658	2.4
Grade						
09th	0	0.0	24	1.4	189	1.3
10th	0	0.0	10	0.7	148	1.1
11th	s	s	14	0.9	239	1.8
12th	s	s	33	2.5	276	2.2

Notes

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- s: To protect confidentiality the data have been suppressed. Cells are suppressed when the denominator is less than 50 students or the numerator is between 1 and 4 students for sex and grade. Numerators that are zero not not suppressed.

How the question was actually asked: During your life, how many times have you used methamphetamines (also called speed, crystal meth, crank, ice, or meth)?

a: 0 times; b: 1 or 2 times; c: 3 to 9 times; d: 10 to 19 times; e: 20 to 39 times; f: 40 or more times;

Numerator: bcdef; denominator: abcdef;

Question number: 2019q48; 2017q47; 2015q48; 2013q52; 2011q51;

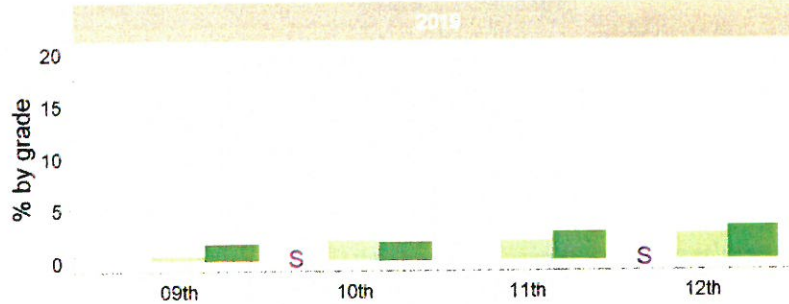
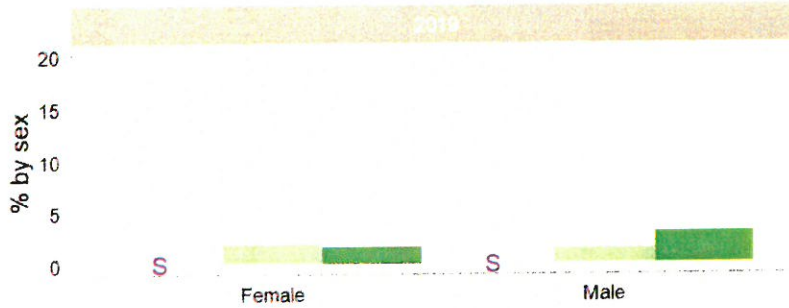
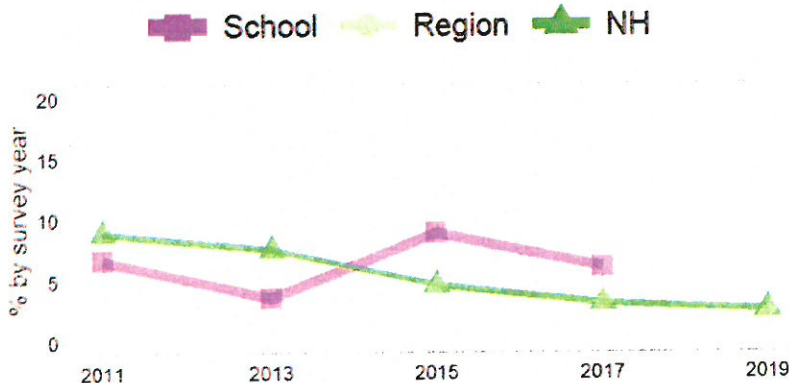
Category: Drug Use - Behaviors

Number and Percent of students who ever used ecstasy (also called MDMA) one or more times during their life

School
NA
 NA of 139 students*

Region
1.8%
 109 of 6,067 students+

NH
2.4%
 1,308 of 53,861 students+



Year	School*		Region		NH	
	#	%	#	%	#	%
2011	10	6.6	-	-	5,425	8.7
2013	6	3.5	-	-	4,329	7.4
2015	15	8.8	247	4.0	2,544	4.5
2017	10	6.0	199	3.3	1,652	3.0
2019	s	s	109	1.8	1,308	2.4
Sex						
Female	s	s	53	1.9	407	1.6
Male	s	s	48	1.5	833	3.0
Grade						
09th	0	0.0	9	0.5	228	1.6
10th	s	s	30	2.0	232	1.7
11th	0	0.0	28	1.9	348	2.7
12th	s	s	33	2.5	401	3.2

Notes

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- s: To protect confidentiality the data have been suppressed. Cells are suppressed when the denominator is less than 50 students or the numerator is between 1 and 4 students for sex and grade. Numerators that are zero not not suppressed.

How the question was actually asked: During your life, how many times have you used ecstasy (also called MDMA)?

a: 0 times; b: 1 or 2 times; c: 3 to 9 times; d: 10 to 19 times; e: 20 to 39 times; f: 40 or more times;

Numerator: bcdef; denominator: abcdef;

Question number: 2019q49; 2017q48; 2015q49; 2013q53; 2011q52;

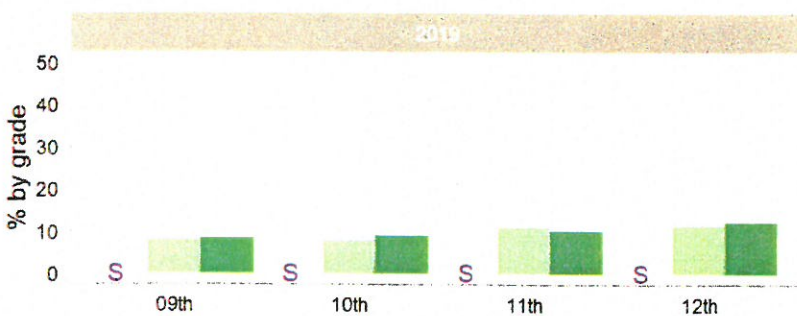
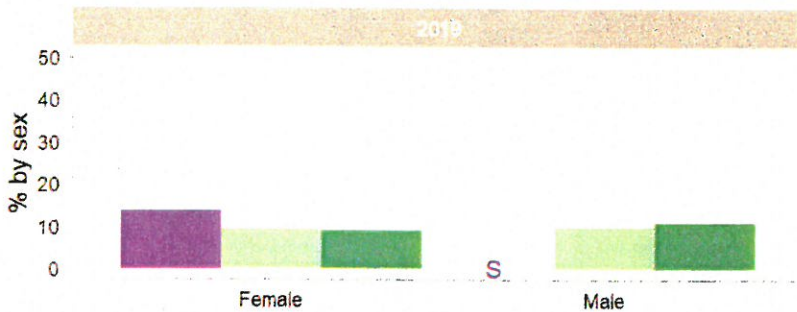
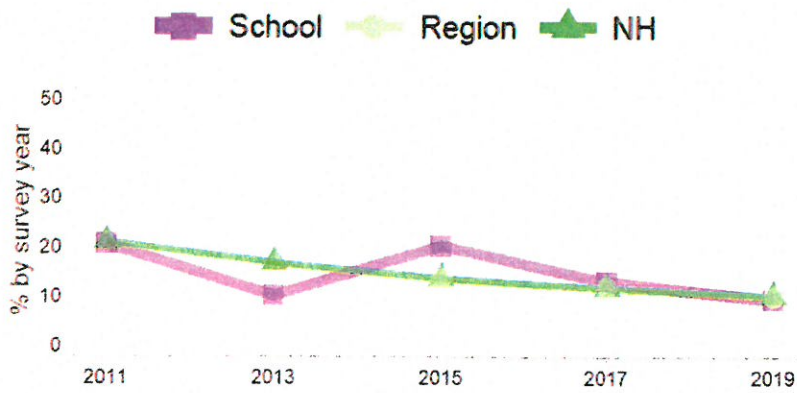
Category: Drug Use - Behaviors

Number and Percent of students who ever took prescription drugs without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) one or more times during their life

School
9.2%
14 of 154 students*

Region
9.8%
590 of 6,017 students+

NH
10.0%
5,364 of 53,449 students+



	School*		Region		NH	
	#	%	#	%	#	%
Year						
2011	32	20.4	-	-	12,936	20.8
2013	17	9.9	-	-	9,725	16.5
2015	34	20.0	819	13.4	7,591	13.4
2017	21	12.8	706	11.7	6,223	11.5
2019	14	9.2	590	9.8	5,364	10.0
Sex						
Female	9	13.8	264	9.3	2,269	8.9
Male	s	s	310	10.0	2,968	10.9
Grade						
09th	s	s	135	8.1	1,158	8.3
10th	s	s	119	7.9	1,218	9.0
11th	s	s	166	11.2	1,299	10.1
12th	s	s	152	11.6	1,523	12.2

Notes

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+: Region and state results are calculated and weighted using the CDC scientific survey sample. Caution should be used when comparing the school results.

s: To protect confidentiality the data have been suppressed. Cells are suppressed when the denominator is less than 50 students or the numerator is between 1 and 4 students for sex and grade. Numerators that are zero not not suppressed.

How the question was actually asked: During your life, how many times have you taken a prescription drug (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) without a doctor's prescription?

a: 0 times; b: 1 or 2 times; c: 3 to 9 times; d: 10 to 19 times; e: 20 to 39 times; f: 40 or more times;

Numerator: bcdef; denominator: abcdef;

Question number: 2019q50; 2017q50; 2015q51; 2013q54; 2011q45;

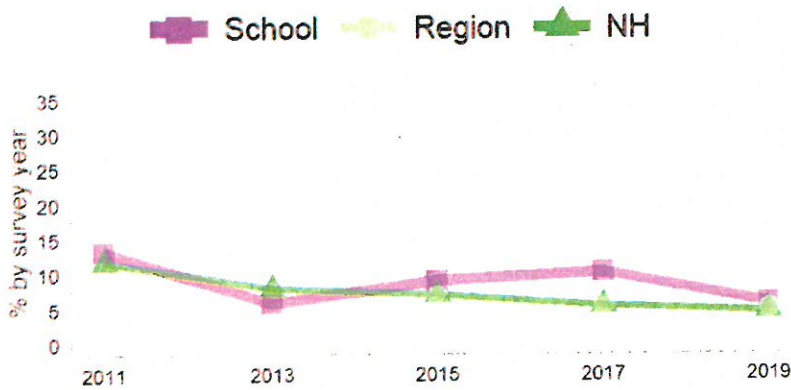
Category: Drug Use - Behaviors

Number and Percent of students who currently took a prescription drug without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax, one or more times) during the past 30 days

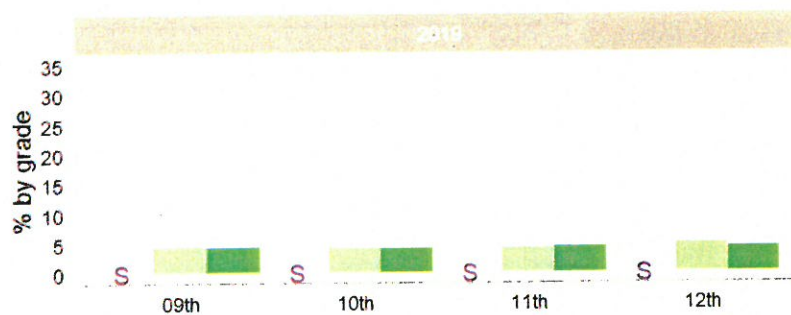
School
5.6%
9 of 155 students*

Region
4.7%
281 of 6,026 students+

NH
4.3%
2,288 of 53,407 students+



	School*		Region		NH	
	#	%	#	%	#	%
Year						
2011	20	13.1	-	-	7,187	11.5
2013	10	5.6	-	-	4,495	7.6
2015	15	8.8	402	6.6	3,840	6.8
2017	17	10.1	308	5.1	2,802	5.2
2019	9	5.6	281	4.7	2,288	4.3
Sex						
Female	5	8.6	144	5.1	860	3.4
Male	s	s	126	4.0	1,356	5.0
Grade						
09th	s	s	75	4.5	580	4.2
10th	s	s	62	4.1	547	4.0
11th	s	s	62	4.2	546	4.3
12th	s	s	64	4.9	513	4.1



Notes

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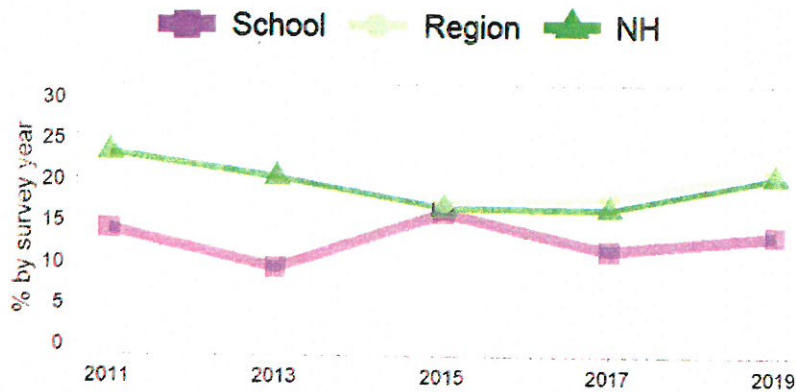
How the question was actually asked: During the past 30 days, how many times did you take a prescription drug (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) without a doctor's prescription?
a: 0 times; b: 1 or 2 times; c: 3 to 9 times; d: 10 to 19 times; e: 20 to 39 times; f: 40 or more times;
Numerator: bcdef; denominator: abcdef;
Question number: 2019q51; 2017q51; 2015q52; 2013q55; 2011q46;

Category: Drug Use - Behaviors
 Number and Percent of students who were offered, sold, or given an illegal drug on school property during the past 12 months

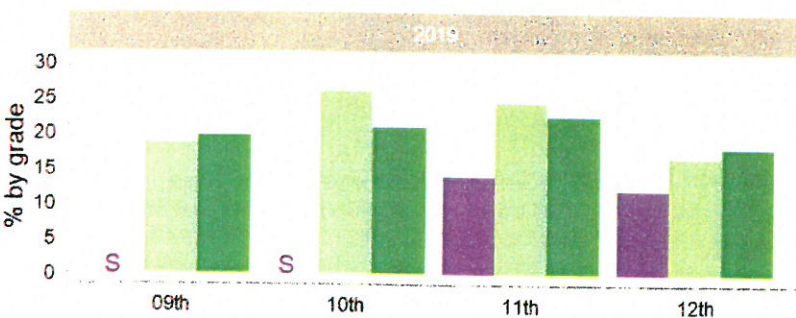
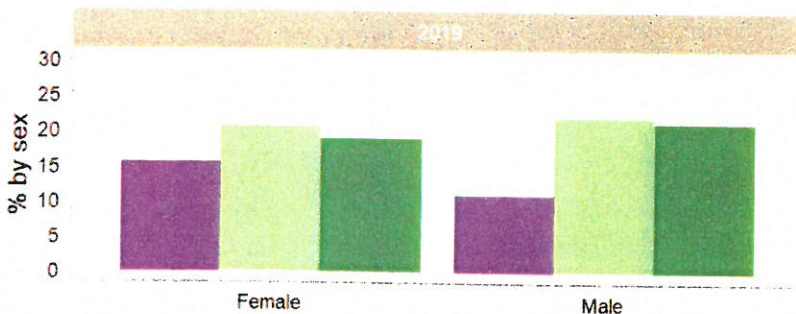
School
13.3%
 21 of 155 students*

Region
21.3%
 1,293 of 6,062 students+

NH
20.3%
 11,070 of 54,531 students+



	School*		Region		NH	
	#	%	#	%	#	%
Year						
2011	22	14.0	-	-	14,378	23.1
2013	16	9.2	-	-	11,779	20.1
2015	27	16.0	1,061	17.3	9,470	16.5
2017	19	11.4	1,079	17.8	8,956	16.3
2019	21	13.3	1,293	21.3	11,070	20.3
Sex						
Female	10	15.5	589	20.6	4,956	19.0
Male	10	11.0	696	22.1	5,934	21.3
Grade						
09th	s	s	310	18.6	2,787	19.6
10th	s	s	393	26.0	2,874	20.8
11th	5	13.9	365	24.4	2,917	22.3
12th	5	11.9	219	16.6	2,296	18.0



Notes

- *: School results are calculated using non-scientific survey data. Numbers of students responding to question are adjusted to enrollment data.
- +: Region and state results are calculated and weighted using the CDC scientific survey sample. Caution should be used when comparing the school results.
- s: To protect confidentiality the data have been suppressed. Cells are suppressed when the denominator is less than 50 students or the numerator is between 1 and 4 students for sex and grade. Numerators that are zero not not suppressed.

How the question was actually asked: During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?

a: Yes; b: No;

Numerator: a; denominator: ab;

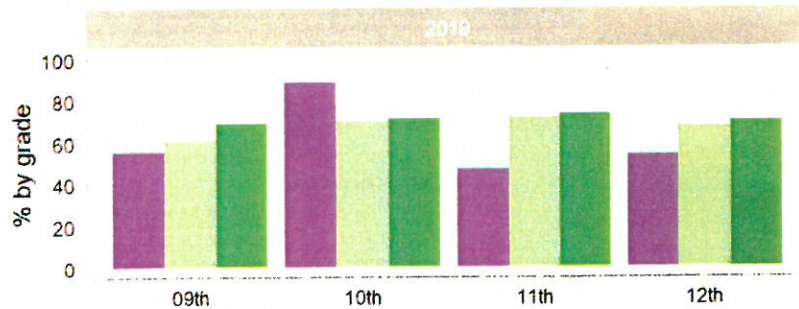
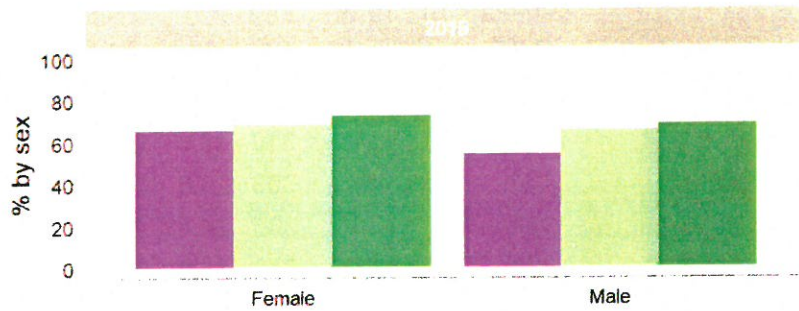
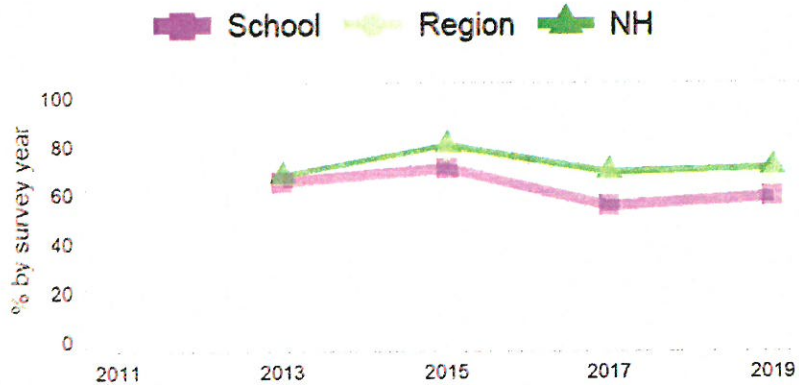
Question number: 2019q52; 2017q52; 2015q53; 2013q56; 2011q54;

Category: Drug Use - Perceptions
 Number and Percent of students who recall hearing, reading, or seeing a public message about avoiding alcohol or other illegal drugs during the past 12 months

School
58.5%
 91 of 154 students*

Region
67.0%
 4,045 of 6,042 students+

NH
70.2%
 37,778 of 53,788 students+



	School*		Region		NH	
	#	%	#	%	#	%
Year						
2011	-	-	-	-	-	-
2013	110	64.5	-	-	39,043	66.9
2015	120	70.2	4,756	78.2	44,698	79.6
2017	91	54.7	4,073	67.2	37,151	68.6
2019	91	58.5	4,045	67.0	37,778	70.2
Sex						
Female	41	65.5	1,949	68.4	18,583	72.4
Male	48	54.3	2,073	66.1	18,839	68.5
Grade						
09th	22	55.6	1,012	60.6	9,566	68.3
10th	25	88.5	1,048	69.6	9,660	70.9
11th	19	47.2	1,068	71.7	9,454	73.2
12th	24	53.7	882	67.1	8,743	69.5

Notes
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 +: Region and state results are calculated and weighted using the CDC scientific survey sample. Caution should be used when comparing the school results.
 s: To protect confidentiality the data have been suppressed. Cells are suppressed when the denominator is less than 50 students or the numerator is between 1 and 4 students for sex and grade. Numerators that are zero not not suppressed.

How the question was actually asked: During the past 12 months, do you recall hearing, reading, or seeing a public message about avoiding alcohol or other illegal drugs?

a: Yes; b: No; c: Not sure;

Numerator: a; denominator: abc;

Question number: 2019q53; 2017q53; 2015q78; 2013q99; 2011q999;

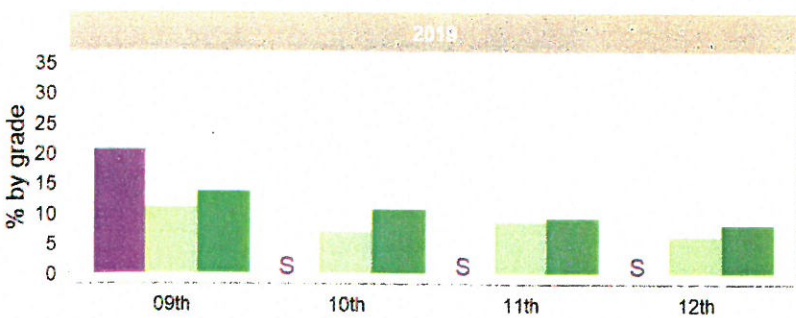
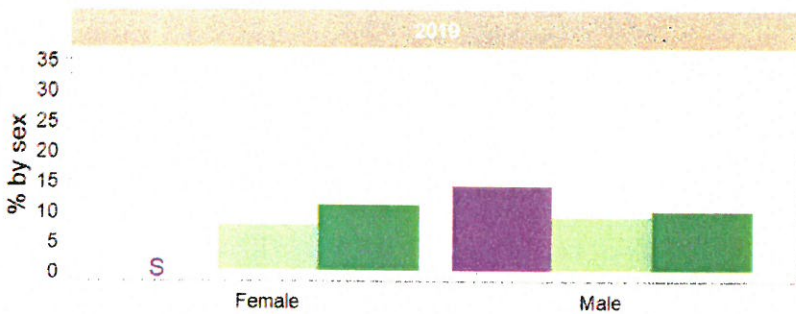
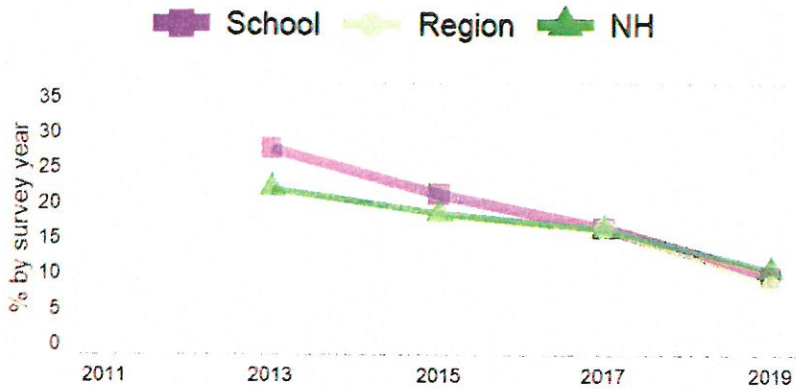
Category: Drug Use - Perceptions

Number and Percent of students who think people are at great risk of harming themselves (physically or in other ways) if they use marijuana once or twice a week

School
9.4%
15 of 150 students*

Region
8.3%
493 of 5,947 students+

NH
10.3%
5,440 of 52,767 students+



Year	School*		Region		NH	
	#	%	#	%	#	%
2011	-	-	-	-	-	-
2013	47	27.5	-	-	12,678	21.7
2015	36	21.1	1,077	17.7	10,245	18.3
2017	27	16.3	958	16.3	8,561	16.1
2019	15	9.4	493	8.3	5,440	10.3
Sex						
Female	s	s	215	7.7	2,746	10.9
Male	12	14.1	275	8.9	2,645	9.8
Grade						
09th	8	20.6	181	11.0	1,851	13.5
10th	s	s	101	6.9	1,397	10.5
11th	s	s	127	8.6	1,156	9.1
12th	s	s	78	6.1	974	7.9

Notes

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- +: Region and state results are calculated and weighted using the CDC scientific survey sample. Caution should be used when comparing the school results.
- s: To protect confidentiality the data have been suppressed. Cells are suppressed when the denominator is less than 50 students or the numerator is between 1 and 4 students for sex and grade. Numerators that are zero not not suppressed.

How the question was actually asked: How much do you think people risk harming themselves (physically or in other ways) if they use marijuana once or twice a week?

a: No risk; b: Slight risk; c: Moderate risk; d: Great risk;

Numerator: d; denominator: abcd;

Question number: 2019q89; 2017q86; 2015q85; 2013q83; 2011q999;

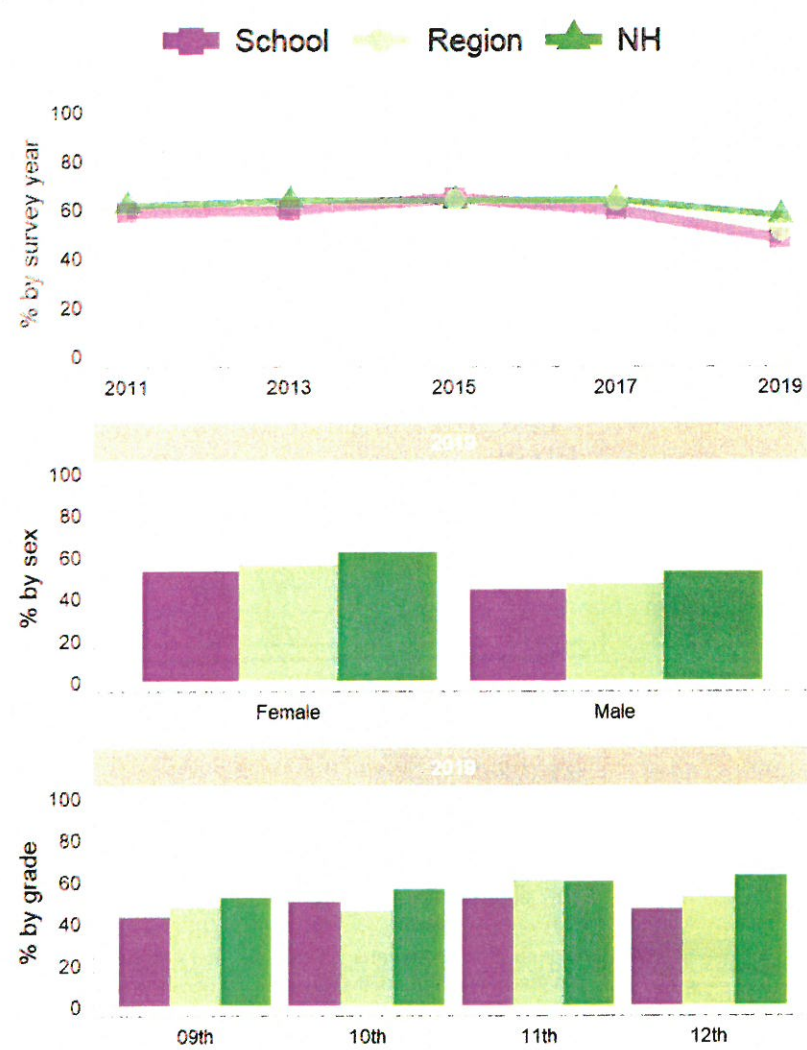
Category: Drug Use - Perceptions

Number and Percent of students who think people are at great risk of harming themselves (physically or in other ways) if they take a prescription drug without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax)

School
47.4%
74 of 148 students*

Region
50.9%
3,019 of 5,927 students+

NH
56.7%
29,879 of 52,672 students+



	School*		Region		NH	
	#	%	#	%	#	%
Year						
2011	91	58.4	-	-	37,816	60.9
2013	101	59.2	-	-	36,841	63.0
2015	110	64.2	3,862	63.6	35,154	62.8
2017	98	59.2	3,704	63.3	33,668	63.2
2019	74	47.4	3,019	50.9	29,879	56.7
Sex						
Female	34	52.6	1,553	55.4	15,534	61.5
Male	38	43.6	1,430	46.6	14,027	52.3
Grade						
09th	16	42.4	777	47.0	7,016	51.4
10th	15	50.0	663	45.2	7,386	55.4
11th	20	51.4	879	60.0	7,473	59.0
12th	21	46.3	663	51.8	7,693	62.1

Notes

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How the question was actually asked: How much do you think people risk harming themselves (physically or in other ways) if they take a prescription drug (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) without a doctor's prescription?

a: No risk; b: Slight risk; c: Moderate risk; d: Great risk;
 Numerator: d; denominator: abcd;
 Question number: 2019q90; 2017q87; 2015q86; 2013q84; 2011q85;

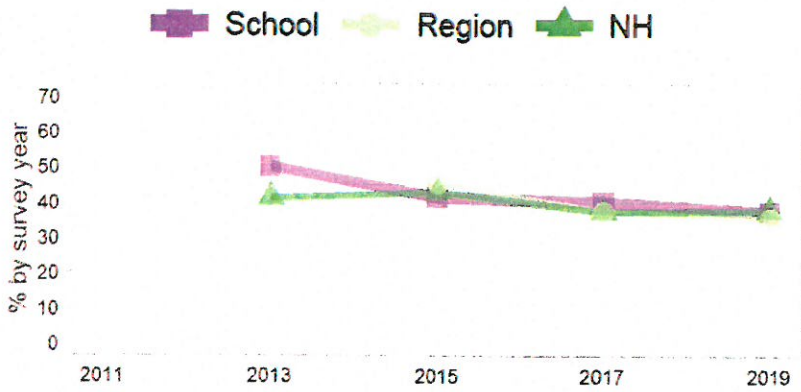
Category: Drug Use - Perceptions

Number and Percent of students who reported that their friends feel it would be wrong or very wrong for them to smoke marijuana

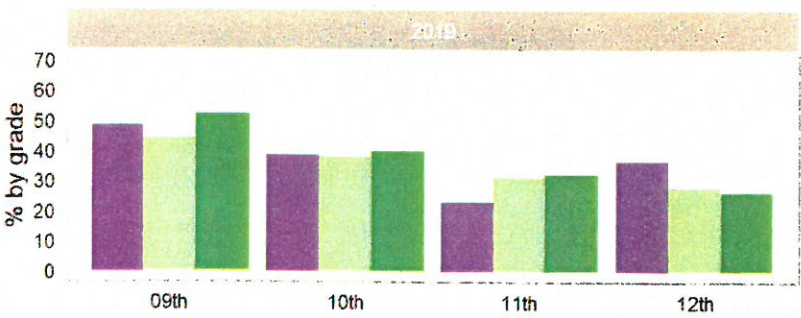
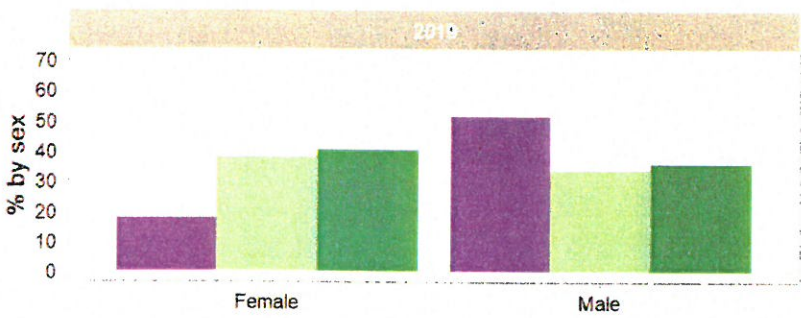
School
37.2%
58 of 148 students*

Region
35.5%
2,108 of 5,942 students+

NH
37.7%
19,939 of 52,823 students+



	School*		Region		NH	
	#	%	#	%	#	%
Year						
2011	-	-	-	-	-	-
2013	86	50.0	-	-	23,934	41.0
2015	71	41.5	2,748	45.2	24,023	42.9
2017	67	40.1	2,201	37.5	19,913	37.3
2019	58	37.2	2,108	35.5	19,939	37.7
Sex						
Female	11	17.5	1,063	38.0	10,173	40.2
Male	45	51.3	1,045	33.8	9,620	35.7
Grade						
09th	18	48.5	722	43.9	7,105	51.8
10th	11	38.5	561	38.1	5,320	39.8
11th	9	22.9	460	31.1	4,075	32.0
12th	17	36.6	358	27.7	3,247	26.2



Notes

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How the question was actually asked: How wrong do your friends feel it would be for you to smoke marijuana?

a: Very wrong; b: Wrong; c: A little bit wrong; d: Not at all wrong; e: Not sure;

Numerator: ab; denominator: abcde;

Question number: 2019q92; 2017q90; 2015q89; 2013q87; 2011q999;

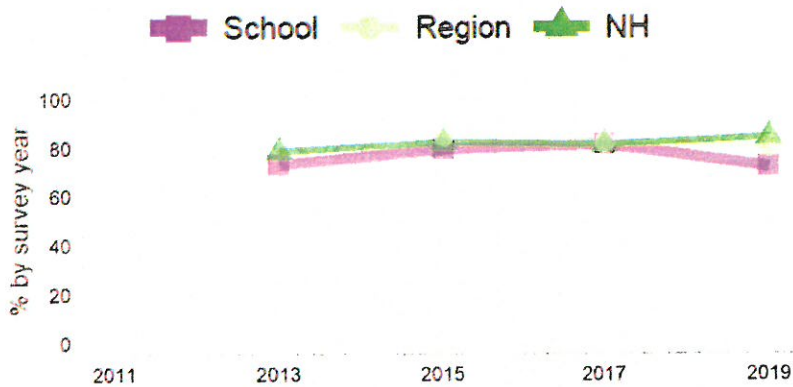
Category: Drug Use - Perceptions

Number and Percent of students who reported that their friends feel it would be wrong or very wrong for them to take a prescription drug without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax)

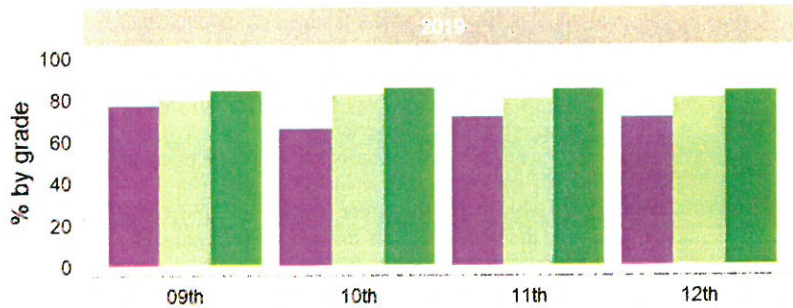
School
71.7%
111 of 150 students*

Region
79.9%
4,757 of 5,955 students+

NH
83.6%
44,144 of 52,797 students+



Year	School*		Region		NH	
	#	%	#	%	#	%
2011	-	-	-	-	-	-
2013	124	72.5	-	-	45,392	77.7
2015	135	78.9	5,102	84.0	45,635	81.4
2017	134	81.0	4,758	81.4	42,891	80.5
2019	111	71.7	4,757	79.9	44,144	83.6
Sex						
Female	46	71.9	2,360	83.8	22,169	87.6
Male	63	70.9	2,360	76.5	21,601	80.3
Grade						
09th	29	76.5	1,311	79.4	11,431	83.4
10th	19	65.4	1,202	81.8	11,290	84.5
11th	28	71.4	1,182	79.7	10,673	84.0
12th	33	70.7	1,032	80.0	10,317	83.2



Notes
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How the question was actually asked: How wrong do your friends feel it would be for you to take a prescription drug (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) without a doctor's prescription?

a: Very wrong; b: Wrong; c: A little bit wrong; d: Not at all wrong; e: Not sure;

Numerator: ab; denominator: abcde;

Question number: 2019q93; 2017q91; 2015q90; 2013q88; 2011q999;

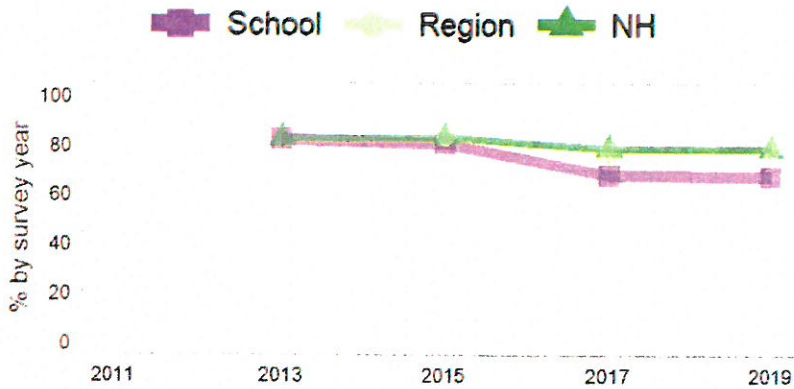
Category: Drug Use - Perceptions

Number and Percent of students who reported that their parents feel it would be wrong or very wrong for them to smoke marijuana

School
67.4%
104 of 150 students*

Region
79.1%
4,711 of 5,954 students+

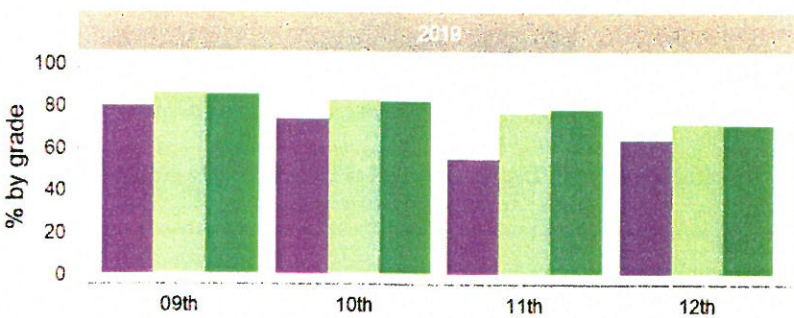
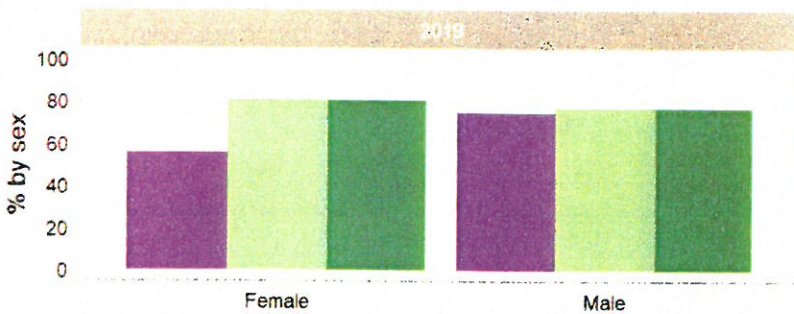
NH
78.5%
41,521 of 52,885 students+



Year	School*		Region		NH	
	#	%	#	%	#	%
2011	-	-	-	-	-	-
2013	141	82.4	-	-	48,011	82.4
2015	138	80.5	5,096	84.0	46,552	83.0
2017	113	68.0	4,501	77.0	42,017	78.8
2019	104	67.4	4,711	79.1	41,521	78.5

Sex	School*		Region		NH	
	#	%	#	%	#	%
Female	36	56.1	2,279	81.1	20,382	80.4
Male	66	74.7	2,396	77.5	20,751	77.1

Grade	School*		Region		NH	
	#	%	#	%	#	%
09th	30	79.4	1,404	85.3	11,619	84.6
10th	21	73.1	1,216	82.3	10,871	81.2
11th	21	54.3	1,129	76.1	9,864	77.6
12th	29	63.4	918	71.4	8,736	70.4



Notes

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How the question was actually asked: How wrong do your parents feel it would be for you to smoke marijuana?

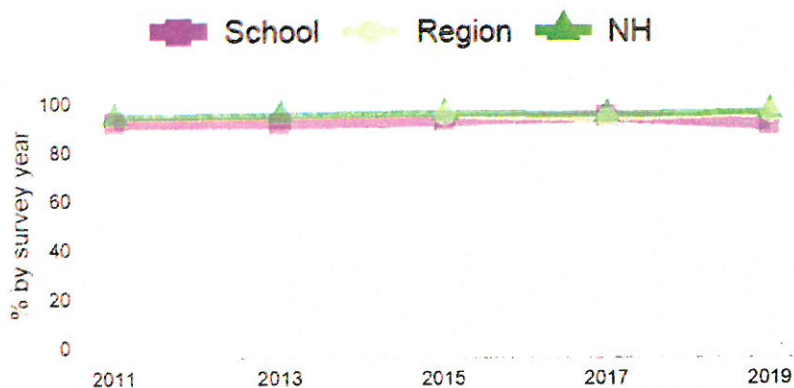
a: Very wrong; b: Wrong; c: A little bit wrong; d: Not at all wrong; e: Not sure;

Numerator: ab; denominator: abcde;

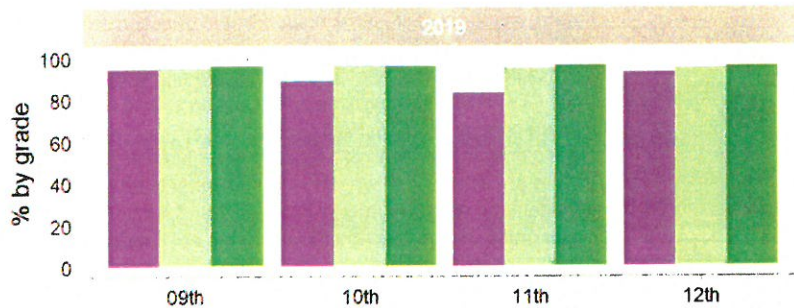
Question number: 2019q96; 2017q94; 2015q93; 2013q91; 2011q999;

Category: Drug Use - Perceptions
 Number and Percent of students who reported that their parents feel it would be wrong or very wrong for them to take a prescription drug without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax)

School	Region	NH
89.9%	94.9%	95.5%
139 of 150 students*	5,654 of 5,959 students+	50,492 of 52,881 students+



	School*		Region		NH	
	#	%	#	%	#	%
Year						
2011	141	91.1	-	-	57,568	93.3
2013	155	90.8	-	-	55,041	94.1
2015	157	91.9	5,727	94.2	53,132	94.9
2017	156	93.8	5,434	92.6	50,208	94.2
2019	139	89.9	5,654	94.9	50,492	95.5
Sex						
Female	60	93.0	2,696	95.7	24,544	96.8
Male	78	87.3	2,912	94.2	25,452	94.5
Grade						
09th	36	94.1	1,562	94.6	13,101	95.3
10th	26	88.5	1,420	96.1	12,801	95.7
11th	33	82.9	1,404	94.7	12,197	95.9
12th	43	92.7	1,219	94.8	11,883	95.7



Notes

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How the question was actually asked: How wrong do your parents feel it would be for you to take a prescription drug (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) without a doctor's prescription?

a: Very wrong; b: Wrong; c: A little bit wrong; d: Not at all wrong; e: Not sure;

Numerator: ab; denominator: abcde;

Question number: 2019q97; 2017q95; 2015q94; 2013q92; 2011q95;

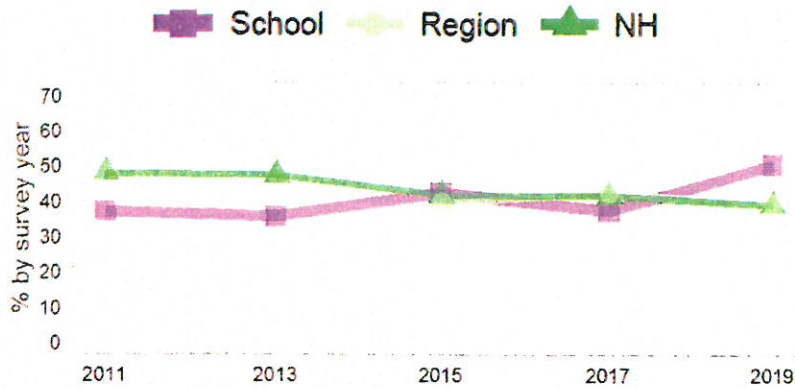
Category: Drug Use - Perceptions

Number and Percent of students who think it would be very easy for them to get some marijuana if they wanted to

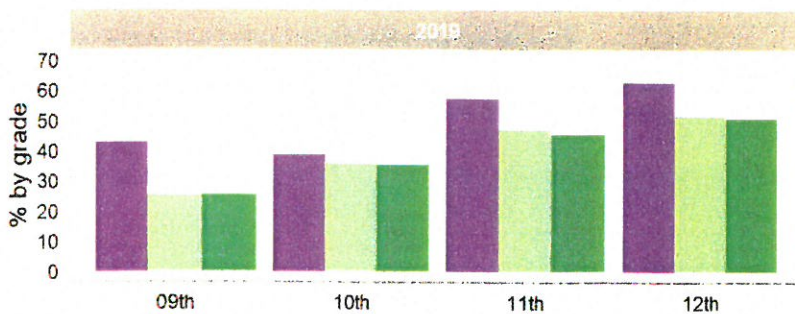
School
50.4%
78 of 151 students*

Region
39.3%
2,331 of 5,936 students+

NH
39.0%
20,510 of 52,654 students+



	School*		Region		NH	
	#	%	#	%	#	%
Year						
2011	57	37.0	-	-	29,322	47.7
2013	61	35.5	-	-	27,271	47.1
2015	72	42.3	2,391	39.5	23,199	41.6
2017	62	37.2	2,469	42.6	21,919	41.4
2019	78	50.4	2,331	39.3	20,510	39.0
Sex						
Female	40	65.5	1,057	38.0	9,374	37.2
Male	37	40.7	1,243	40.1	10,833	40.3
Grade						
09th	17	42.9	414	25.3	3,461	25.4
10th	11	38.5	527	35.7	4,687	35.2
11th	22	57.1	686	47.0	5,741	45.3
12th	28	62.5	672	51.6	6,269	50.6



Notes

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- s: To protect confidentiality the data have been suppressed. Cells are suppressed when the denominator is less than 50 students or the numerator is between 1 and 4 students for sex and grade. Numerators that are zero not not suppressed.

How the question was actually asked: If you wanted to get some marijuana, how hard or easy would it be for you to get some?
a: Very hard; b: Sort of hard; c: Sort of easy; d: Very easy;
Numerator: d; denominator: abcd;
Question number: 2019q99; 2017q98; 2015q98; 2013q96; 2011q98;

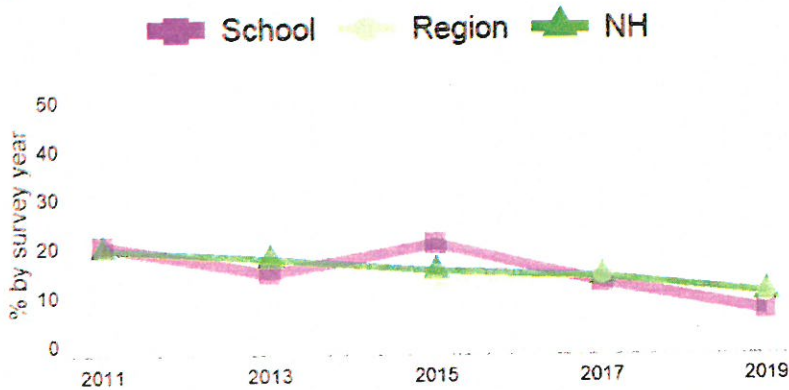
Category: Drug Use - Perceptions

Number and Percent of students who think it would be very easy for them to get some prescription drug without a doctor's prescription if they wanted to (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax)

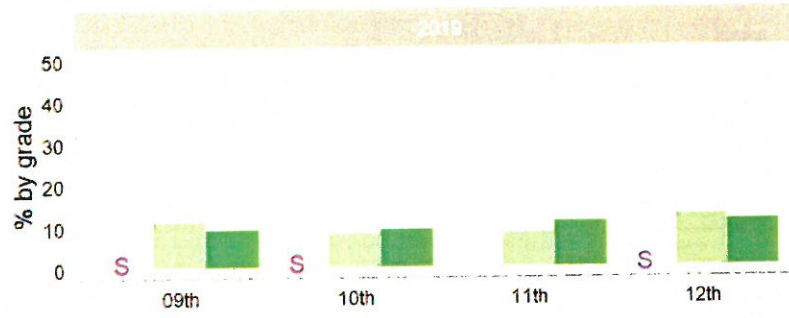
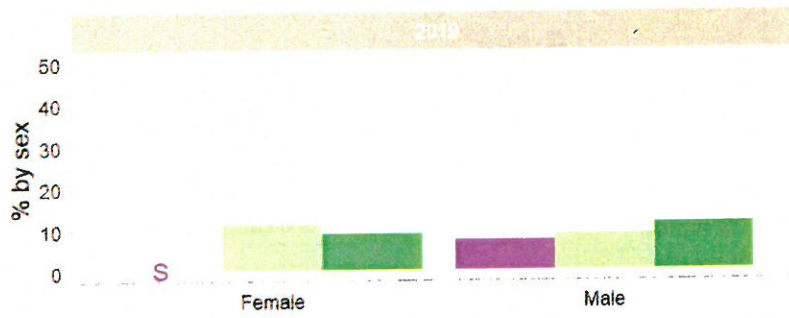
School
6.5%
10 of 151 students*

Region
10.1%
598 of 5,925 students+

NH
10.0%
5,265 of 52,573 students+



	School*		Region		NH	
	#	%	#	%	#	%
Year						
2011	31	20.0	-	-	11,770	19.2
2013	24	14.2	-	-	9,899	17.1
2015	35	20.3	727	12.0	8,164	14.7
2017	21	12.4	816	14.0	7,141	13.5
2019	10	6.5	598	10.1	5,265	10.0
Sex						
Female	s	s	311	11.2	2,181	8.7
Male	7	7.4	272	8.8	2,987	11.1
Grade						
09th	s	s	181	11.0	1,227	9.0
10th	s	s	118	8.1	1,200	9.0
11th	0	0.0	120	8.2	1,362	10.7
12th	s	s	159	12.3	1,343	10.9



Notes

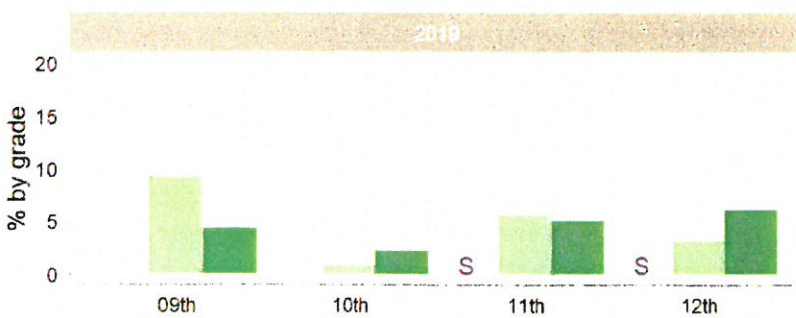
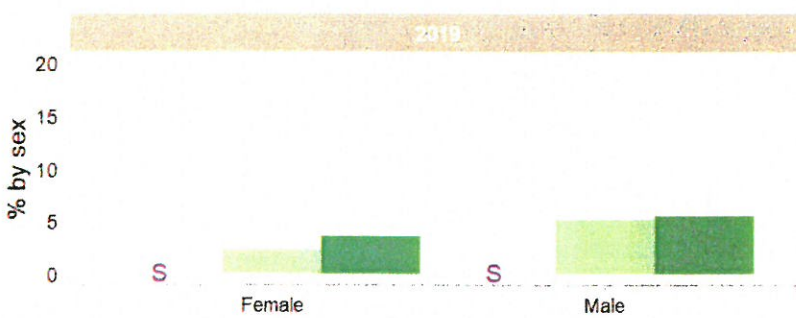
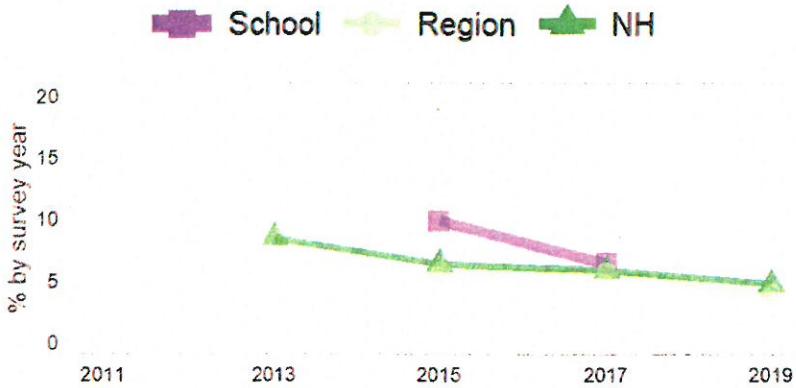
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How the question was actually asked: If you wanted to get a prescription drug (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) without a doctor's prescription, how hard or easy would it be for you to get some?
a: Very hard; b: Sort of hard; c: Sort of easy; d: Very easy;
Numerator: d; denominator: abcd;
Question number: 2019q100; 2017q99; 2015q99; 2013q98; 2011q99;

Category: Alcohol Use - Behaviors

Number and Percent of students who drove a car or other vehicle when they had been drinking alcohol (one or more times, among students who had driven a car or other vehicle) during the past 30 days

School	Region	NH
NA	3.9%	4.7%
NA of 102 students*	146 of 3,704 students+	1,586 of 33,581 students+



	School*		Region		NH	
	#	%	#	%	#	%
Year						
2011	-	-	-	-	-	-
2013	s	s	-	-	2,989	8.4
2015	9	9.8	205	5.7	2,164	6.3
2017	6	6.4	213	5.7	1,948	5.8
2019	s	s	146	3.9	1,586	4.7
Sex						
Female	s	s	42	2.4	587	3.6
Male	s	s	101	5.2	945	5.5
Grade						
09th	0	0.0	27	9.2	112	4.3
10th	0	0.0	8	0.8	208	2.2
11th	s	s	67	5.6	528	5.0
12th	s	s	37	3.2	655	6.1

Notes

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+: Region and state results are calculated and weighted using the CDC scientific survey sample. Caution should be used when comparing the school results.

s: To protect confidentiality the data have been suppressed. Cells are suppressed when the denominator is less than 50 students or the numerator is between 1 and 4 students for sex and grade. Numerators that are zero not not suppressed.

How the question was actually asked: During the past 30 days, how many times did you drive a car or other vehicle when you had been drinking alcohol?

a: I did not drive a car or other vehicle during the past 30 days; b: 0 times; c: 1 time; d: 2 or 3 times; e: 4 or 5 times; f: 6 or more times;

Numerator: cdef; denominator: bcdef;

Question number: 2019q13; 2017q13; 2015q13; 2013q13; 2011q999;

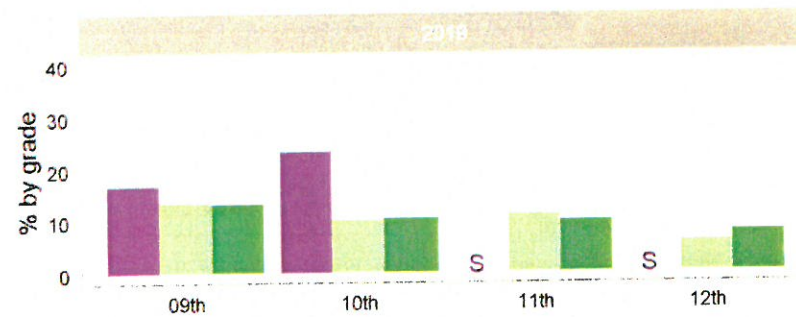
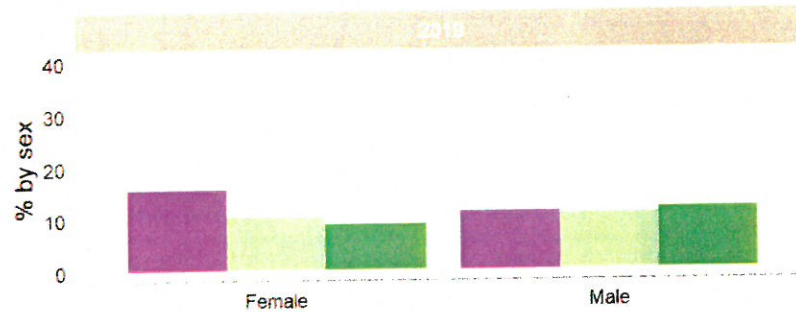
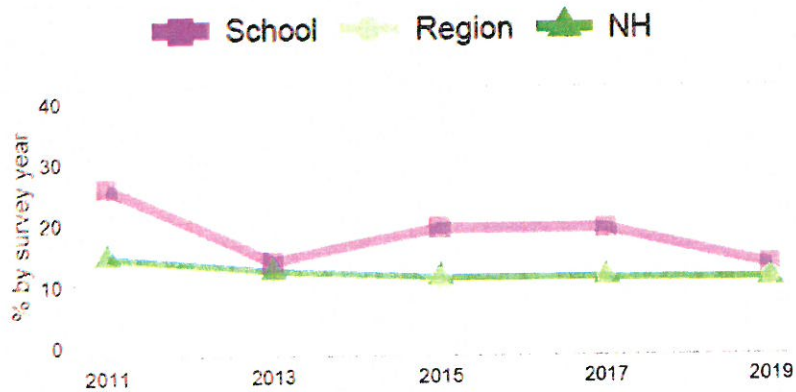
Category: Alcohol Use - Behaviors

Number and Percent of students who had their first drink of alcohol before age 13 years (other than a few sips)

School
12.8%
20 of 153 students*

Region
10.7%
638 of 5,990 students+

NH
10.4%
5,601 of 53,820 students+



Year	School*		Region		NH	
	#	%	#	%	#	%
2011	40	25.7	-	-	8,929	14.3
2013	23	13.5	-	-	6,984	11.9
2015	33	19.0	648	10.6	6,155	10.8
2017	31	18.8	660	11.0	5,826	10.7
2019	20	12.8	638	10.7	5,601	10.4
Sex						
Female	10	15.5	291	10.2	2,270	8.8
Male	10	11.2	331	10.7	3,218	11.7
Grade						
09th	7	16.7	222	13.5	1,807	13.0
10th	7	23.1	151	10.1	1,388	10.2
11th	s	s	165	11.1	1,267	9.8
12th	s	s	77	5.8	972	7.7

Notes

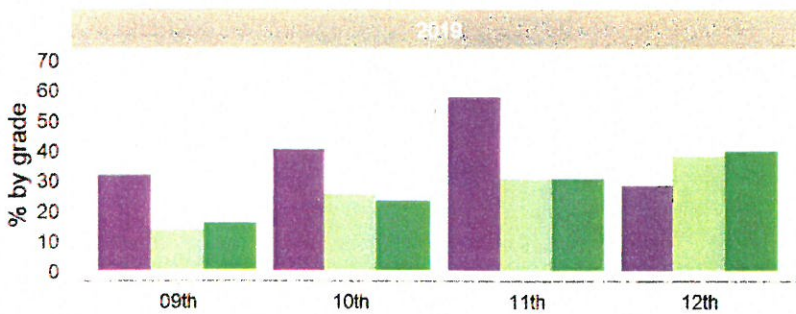
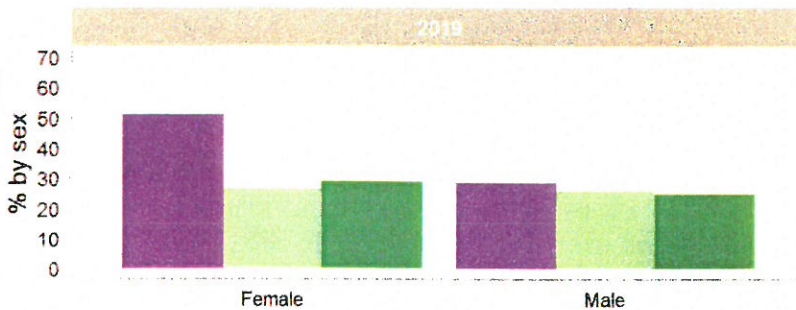
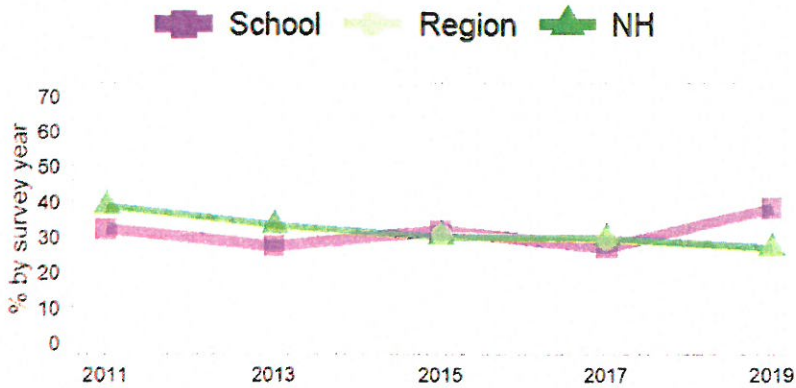
- *: School results are calculated using non-scientific survey data. Numbers of students responding to question are adjusted to enrollment data.
- +: Region and state results are calculated and weighted using the CDC scientific survey sample. Caution should be used when comparing the school results.
- s: To protect confidentiality the data have been suppressed. Cells are suppressed when the denominator is less than 50 students or the numerator is between 1 and 4 students for sex and grade. Numerators that are zero not not suppressed.

How the question was actually asked: How old were you when you had your first drink of alcohol other than a few sips?
a: I have never had a drink of alcohol other than a few sips; b: 8 years old or younger; c: 9 or 10 years old; d: 11 or 12 years old;
e: 13 or 14 years old; f: 15 or 16 years old; g: 17 years old or older;
Numerator: bcd; denominator: abcdefg;
Question number: 2019q40; 2017q40; 2015q38; 2013q40; 2011q34;

Category: Alcohol Use - Behaviors

Number and Percent of students who currently drank alcohol (at least one drink of alcohol, on at least 1 day) during the past 30 days

School 38.1% 59 of 145 students*	Region 26.2% 1,526 of 5,827 students+	NH 26.8% 14,083 of 52,478 students+
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	School*		Region		NH	
	#	%	#	%	#	%
Year						
2011	50	32.1	-	-	22,551	38.4
2013	46	27.1	-	-	18,043	32.9
2015	54	31.6	1,801	30.6	16,562	29.9
2017	45	27.0	1,733	29.4	15,841	29.6
2019	59	38.1	1,526	26.2	14,083	26.8
Sex						
Female	32	50.9	730	26.3	7,247	29.0
Male	25	28.6	775	25.8	6,644	24.7
Grade						
09th	13	31.4	216	13.3	2,125	15.4
10th	12	40.0	358	25.2	3,043	23.0
11th	22	57.6	445	30.4	3,835	30.4
12th	13	28.2	485	38.0	4,815	39.3

Notes

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s: To protect confidentiality the data have been suppressed. Cells are suppressed when the denominator is less than 50 students or the numerator is between 1 and 4 students for sex and grade. Numerators that are zero not not suppressed.

How the question was actually asked: During the past 30 days, on how many days did you have at least one drink of alcohol?
a: 0 days; b: 1 or 2 days; c: 3 to 5 days; d: 6 to 9 days; e: 10 to 19 days; f: 20 to 29 days; g: All 30 days;
Numerator: bcdefg; denominator: abcdefg;
Question number: 2019q41; 2017q41; 2015q39; 2013q41; 2011q35;

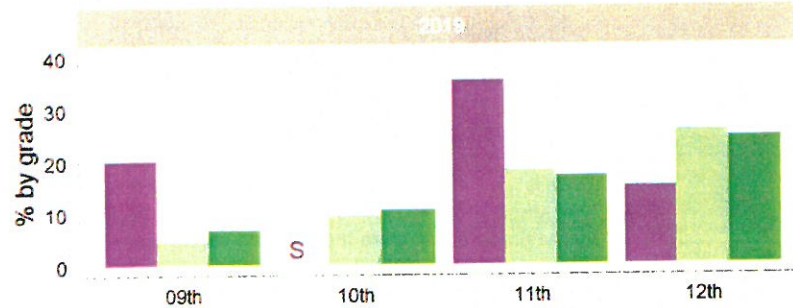
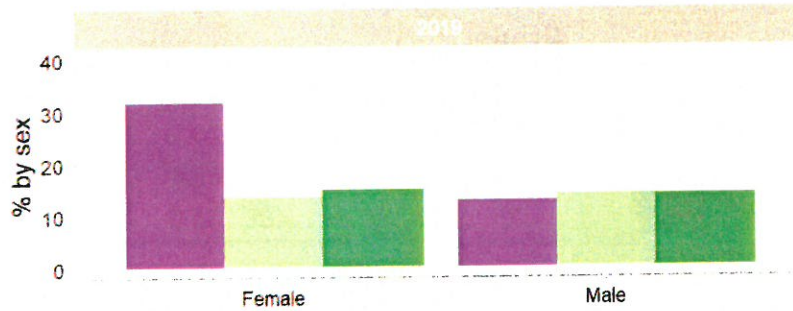
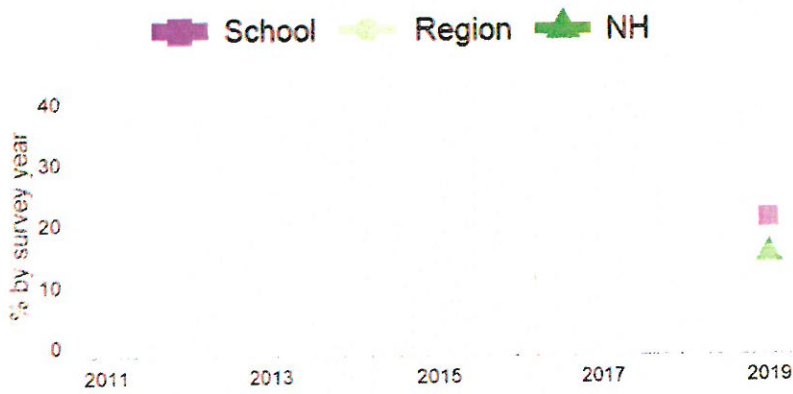
Category: Alcohol Use - Behaviors

Number and Percent of students who currently were binge drinking (had 4 or more drinks of alcohol in a row for female students or 5 or more drinks of alcohol in a row for male students, on at least 1 day) during the past 30 days

School
20.4%
32 of 148 students*

Region
14.0%
838 of 5,992 students+

NH
14.4%
7,813 of 54,080 students+



	School*		Region		NH	
	#	%	#	%	#	%
Year						
2011	-	-	-	-	-	-
2013	-	-	-	-	-	-
2015	-	-	-	-	-	-
2017	-	-	-	-	-	-
2019	32	20.4	838	14.0	7,813	14.4
Sex						
Female	20	31.6	382	13.4	3,844	14.8
Male	11	12.8	435	14.0	3,819	13.8
Grade						
09th	8	20.0	73	4.4	938	6.6
10th	s	s	141	9.4	1,434	10.4
11th	14	35.3	269	18.0	2,185	16.8
12th	7	15.0	332	25.6	3,065	24.3

Notes

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- s: To protect confidentiality the data have been suppressed. Cells are suppressed when the denominator is less than 50 students or the numerator is between 1 and 4 students for sex and grade. Numerators that are zero not not suppressed.

How the question was actually asked: During the past 30 days, on how many days did you have 4 or more drinks of alcohol in a row, that is, within a couple of hours (if you are female) or 5 or more drinks of alcohol in a row, that is, within a couple of hours (if you are male)?
 a: 0 days; b: 1 day; c: 2 days; d: 3 to 5 days; e: 6 to 9 days; f: 10 to 19 days; g: 20 or more days;
 Numerator: BCDEFG; denominator: ABCDEFG;
 Question number: 2019q42; 2017q999; 2015q999; 2013q999; 2011q999;

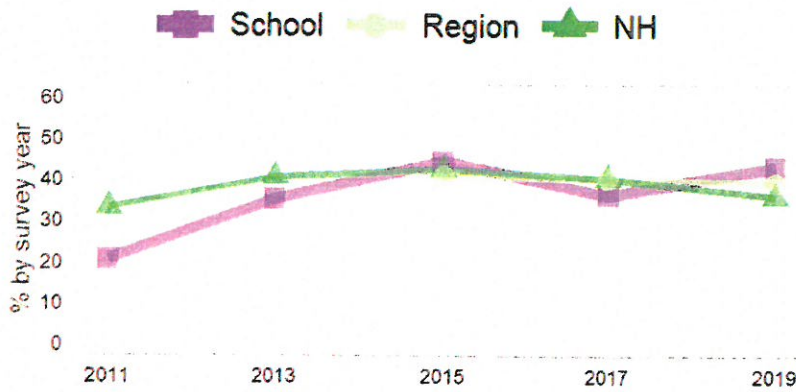
Category: Alcohol Use - Behaviors

Number and Percent of students who usually got the alcohol they drank by someone giving it to them (among students who currently drank alcohol) during the past 30 days

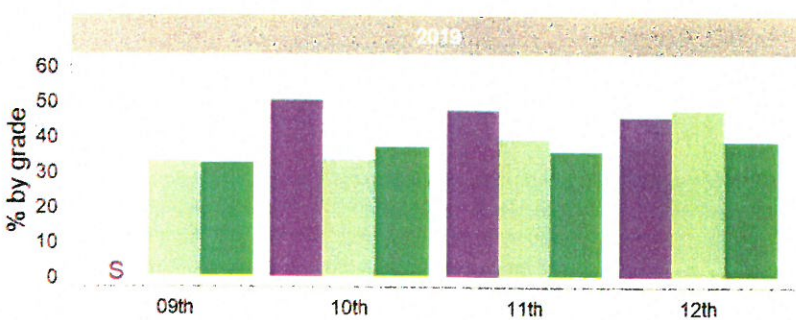
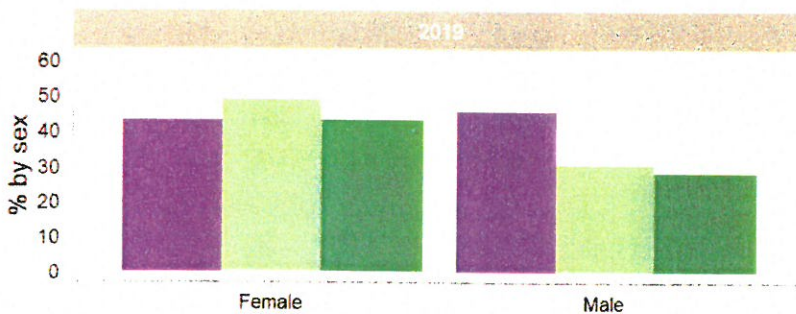
School
43.1%
26 of 55 students*

Region
39.1%
577 of 1,476 students+

NH
35.9%
4,795 of 13,354 students+



	School*		Region		NH	
	#	%	#	%	#	%
Year						
2011	10	20.5	-	-	7,314	33.0
2013	16	35.1	-	-	7,145	40.3
2015	24	44.4	721	40.9	6,860	42.3
2017	16	36.1	664	40.2	6,178	40.1
2019	26	43.1	577	39.1	4,795	35.9
Sex						
Female	14	42.9	346	48.8	2,967	43.1
Male	12	45.5	232	30.7	1,776	28.3
Grade						
09th	s	s	70	32.9	643	32.0
10th	6	50.0	113	33.1	1,065	36.7
11th	11	47.4	165	39.2	1,277	35.4
12th	6	45.5	230	47.3	1,760	38.4



Notes

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How the question was actually asked: During the past 30 days, how did you usually get the alcohol you drank?

a: I did not drink alcohol during the past 30 days; b: I bought it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station; c: I bought it at a restaurant, bar, or club; d: I bought it at a public event such as a concert or sporting event; e: I gave someone else money to buy it for me; f: Someone gave it to me; g: I took it from a store or family member; h: I got it some other way;

Numerator: f; denominator: bcdefgh;

Question number: 2019q43; 2017q43; 2015q41; 2013q44; 2011q37;

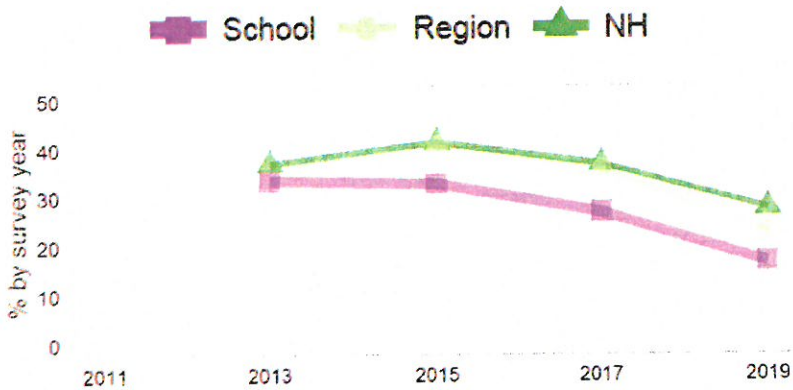
Category: Alcohol Use - Perceptions

Number and Percent of students who think people are at great risk of harming themselves (physically or in other ways) if they have five or more drinks of alcohol once or twice a week (beer, wine, or liquor)

School
16.5%
26 of 151 students*

Region
22.6%
1,343 of 5,932 students+

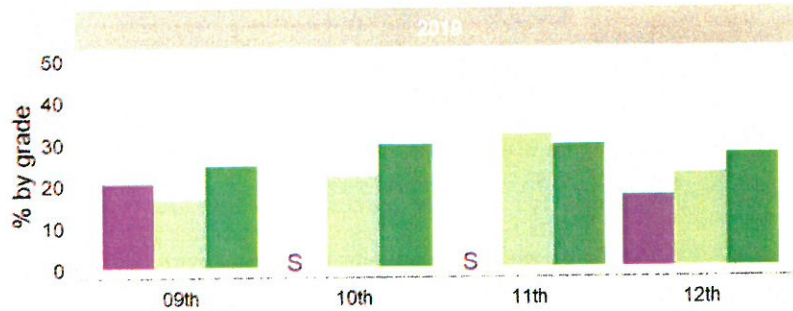
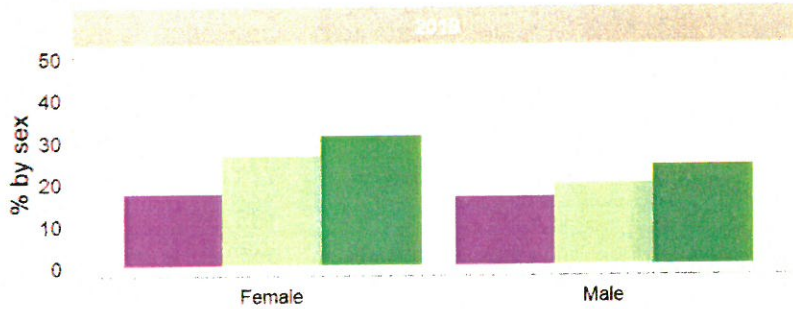
NH
27.3%
14,401 of 52,781 students+



Year	School*		Region		NH	
	#	%	#	%	#	%
2011	-	-	-	-	-	-
2013	57	33.1	-	-	21,369	36.5
2015	56	32.5	2,449	40.2	22,940	40.9
2017	44	26.7	2,086	35.5	19,448	36.5
2019	26	16.5	1,343	22.6	14,401	27.3

Sex	School*		Region		NH	
	#	%	#	%	#	%
Female	11	17.2	736	26.3	7,837	31.0
Male	14	16.5	604	19.6	6,420	23.9

Grade	School*		Region		NH	
	#	%	#	%	#	%
09th	8	20.0	268	16.3	3,300	24.1
10th	s	s	318	21.6	3,908	29.2
11th	s	s	465	31.7	3,689	29.1
12th	8	17.1	286	22.3	3,350	27.0



Notes

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s: To protect confidentiality the data have been suppressed. Cells are suppressed when the denominator is less than 50 students or the numerator is between 1 and 4 students for sex and grade. Numerators that are zero not not suppressed.

How the question was actually asked: How much do you think people risk harming themselves (physically or in other ways) if they have five or more drinks of alcohol (beer, wine, or liquor) once or twice a week?

a: No risk; b: Slight risk; c: Moderate risk; d: Great risk;

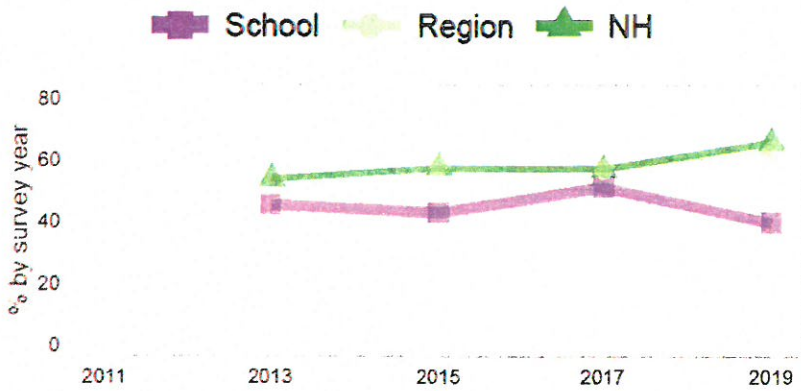
Numerator: d; denominator: abcd;

Question number: 2019q88; 2017q85; 2015q84; 2013q82; 2011q999;

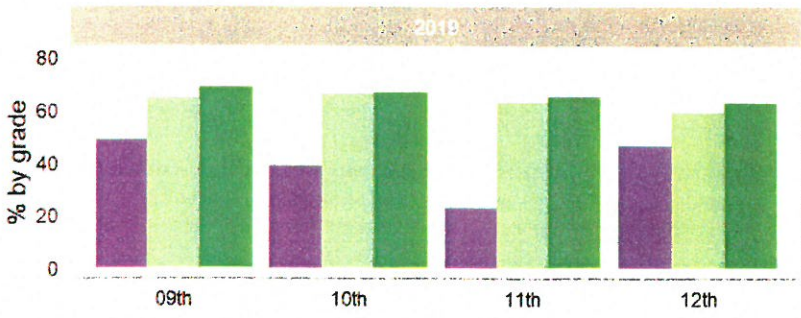
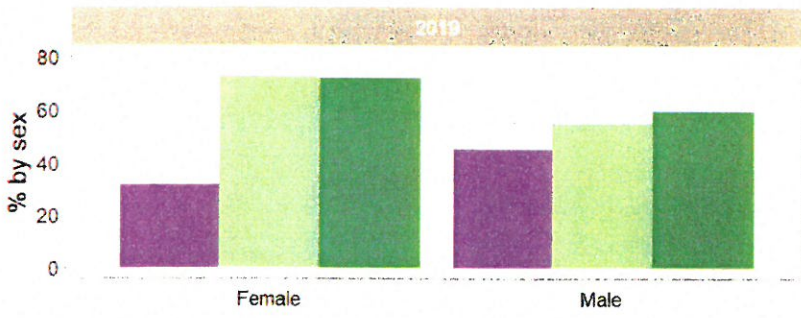
Category: Alcohol Use - Perceptions

Number and Percent of students who reported that their friends feel it would be wrong or very wrong for them to have one or two drinks of an alcoholic beverage nearly every day (beer, wine, or liquor)

School 39.4% 61 of 148 students*	Region 62.9% 3,735 of 5,935 students+	NH 65.4% 34,538 of 52,808 students+
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	School*		Region		NH	
	#	%	#	%	#	%
Year						
2011	-	-	-	-	-	-
2013	77	45.1	-	-	31,119	53.3
2015	73	42.6	3,504	57.9	31,928	57.1
2017	85	51.0	3,344	57.0	30,264	56.7
2019	61	39.4	3,735	62.9	34,538	65.4
Sex						
Female	20	31.6	2,037	72.5	18,238	72.0
Male	40	44.9	1,680	54.7	15,979	59.4
Grade						
09th	18	48.5	1,057	64.4	9,375	68.3
10th	11	38.5	965	65.9	8,868	66.5
11th	9	22.9	930	62.9	8,213	64.8
12th	21	46.3	762	59.0	7,747	62.4



Notes

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+: Region and state results are calculated and weighted using the CDC scientific survey sample. Caution should be used when comparing the school results.

s: To protect confidentiality the data have been suppressed. Cells are suppressed when the denominator is less than 50 students or the numerator is between 1 and 4 students for sex and grade. Numerators that are zero not not suppressed.

How the question was actually asked: How wrong do your friends feel it would be for you to have one or two drinks of an alcoholic beverage (beer, wine, or liquor) nearly every day?

a: Very wrong; b: Wrong; c: A little bit wrong; d: Not at all wrong; e: Not sure;
 Numerator: ab; denominator: abcde;

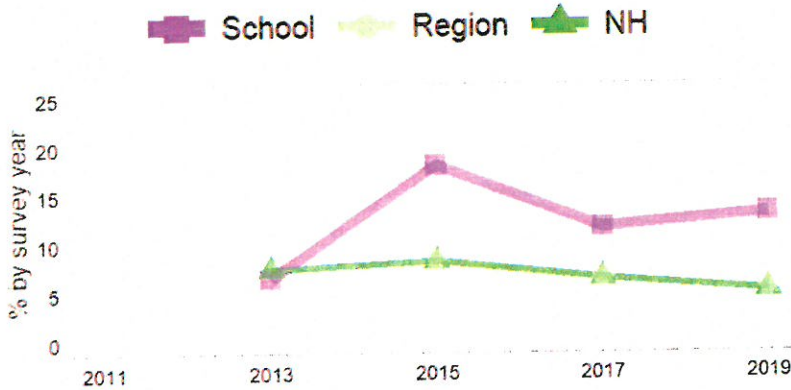
Question number: 2019q91; 2017q89; 2015q88; 2013q86; 2011q999;

Category: Alcohol Use - Perceptions
 Number and Percent of students who approve or strongly approve of someone their age having one or two drinks of alcohol nearly every day (beer, wine, or liquor)

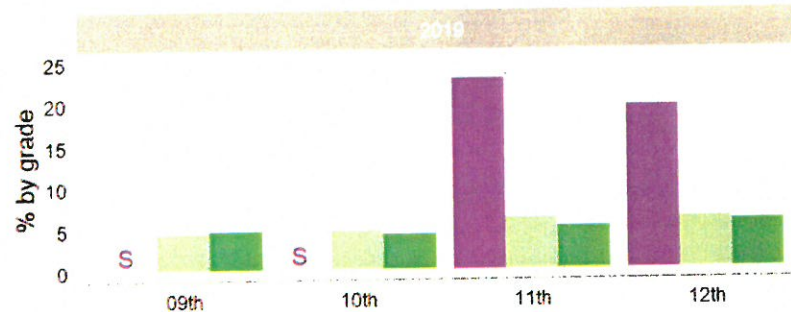
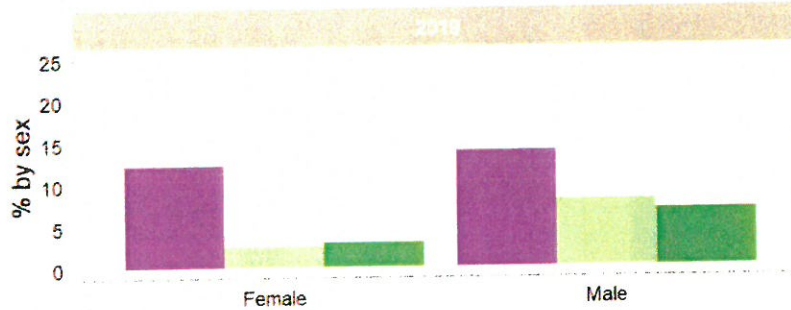
School
13.0%
 20 of 150 students*

Region
5.5%
 324 of 5,921 students+

NH
5.0%
 2,658 of 52,809 students+



	School*		Region		NH	
	#	%	#	%	#	%
Year						
2011	-	-	-	-	-	-
2013	11	6.4	-	-	4,225	7.3
2015	31	18.0	497	8.2	4,554	8.1
2017	19	11.6	377	6.5	3,341	6.3
2019	20	13.0	324	5.5	2,658	5.0
Sex						
Female	8	12.3	74	2.6	770	3.0
Male	12	13.9	245	8.0	1,828	6.8
Grade						
09th	s	s	73	4.4	633	4.6
10th	s	s	69	4.7	568	4.2
11th	9	22.9	89	6.1	631	5.0
12th	9	19.5	77	6.1	700	5.7



Notes

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- s: To protect confidentiality the data have been suppressed. Cells are suppressed when the denominator is less than 50 students or the numerator is between 1 and 4 students for sex and grade. Numerators that are zero not not suppressed.

How the question was actually asked: How do you feel about someone your age having one or two drinks of alcohol (beer, wine, or liquor) nearly every day?

a: Strongly approve; b: Approve; c: Neither approve nor disapprove; d: Disapprove; e: Strongly disapprove;

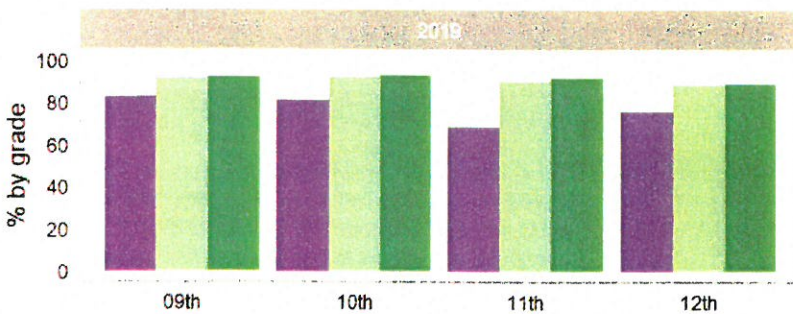
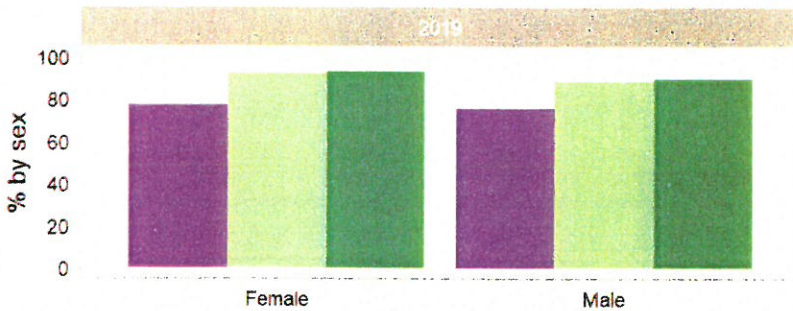
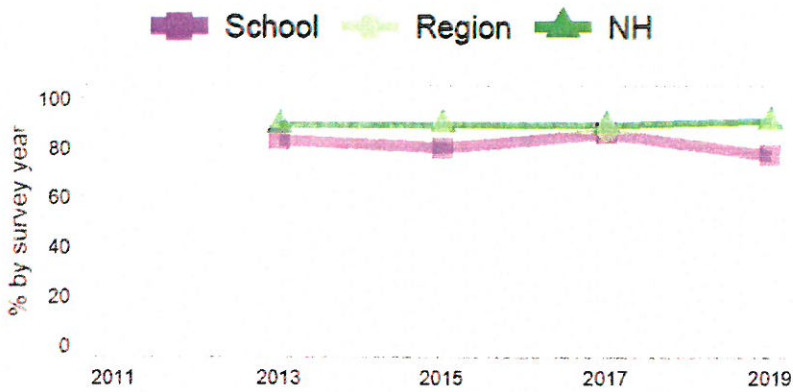
Numerator: ab; denominator: abcde;

Question number: 2019q94; 2017q92; 2015q95; 2013q93; 2011q999;

Category: Alcohol Use - Perceptions

Number and Percent of students who reported that their parents feel it would be wrong or very wrong for them to have one or two drinks of an alcoholic beverage nearly every day (beer, wine or liquor)

School 76.8% 119 of 150 students*	Region 90.1% 5,356 of 5,945 students+	NH 90.9% 48,037 of 52,824 students+
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	School*		Region		NH	
	#	%	#	%	#	%
Year						
2011	-	-	-	-	-	-
2013	142	83.1	-	-	51,812	88.7
2015	136	79.7	5,431	89.4	50,109	89.3
2017	142	85.8	5,086	87.0	47,508	89.1
2019	119	76.8	5,356	90.1	48,037	90.9
Sex						
Female	49	77.2	2,589	92.1	23,548	93.0
Male	67	75.9	2,730	88.6	24,029	89.3
Grade						
09th	31	82.4	1,506	91.5	12,590	91.7
10th	24	80.8	1,355	92.0	12,356	92.5
11th	27	68.6	1,327	89.7	11,625	91.4
12th	35	75.6	1,133	88.1	10,990	88.7

Notes

*: School results are calculated using non-scientific survey data. Numbers of students responding to question are adjusted to enrollment data.

+: Region and state results are calculated and weighted using the CDC scientific survey sample. Caution should be used when comparing the school results.

s: To protect confidentiality the data have been suppressed. Cells are suppressed when the denominator is less than 50 students or the numerator is between 1 and 4 students for sex and grade. Numerators that are zero not not suppressed.

How the question was actually asked: How wrong do your parents feel it would be for you to have one or two drinks of an alcoholic beverage (beer, wine, or liquor) nearly every day?

a: Very wrong; b: Wrong; c: A little bit wrong; d: Not at all wrong; e: Not sure;
 Numerator: ab; denominator: abcde;

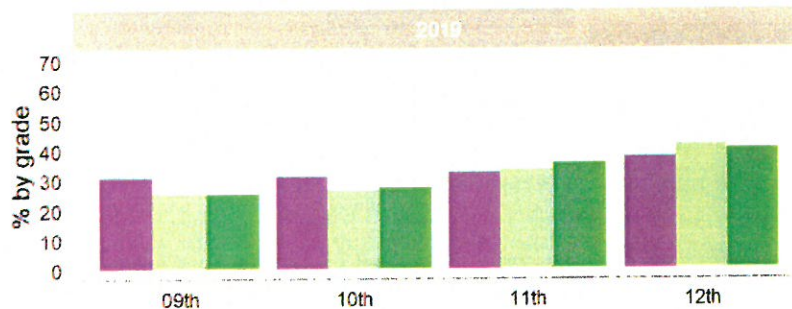
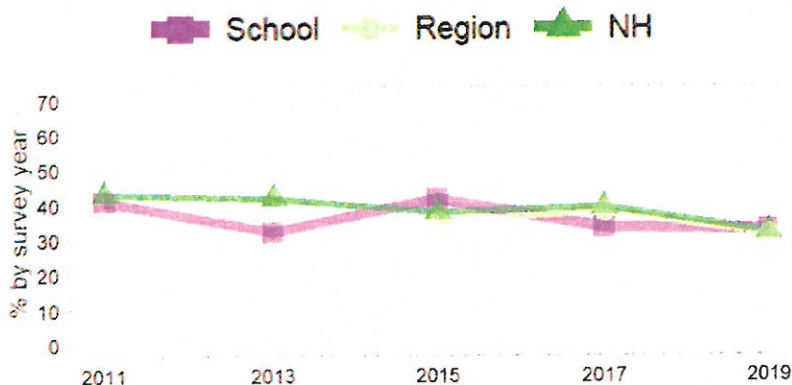
Question number: 2019q95; 2017q93; 2015q92; 2013q90; 2011q999;

Category: Alcohol Use - Perceptions
 Number and Percent of students who think it would be very easy for them to get some alcohol if they wanted to (beer, wine, or liquor)

School
32.4%
 50 of 151 students*

Region
31.1%
 1,847 of 5,940 students+

NH
31.6%
 16,631 of 52,687 students+



	School*		Region		NH	
	#	%	#	%	#	%
Year						
2011	63	40.7	-	-	26,137	42.5
2013	55	31.9	-	-	24,146	41.5
2015	71	41.5	2,101	34.8	20,990	37.6
2017	55	33.1	2,186	37.7	20,593	38.9
2019	50	32.4	1,847	31.1	16,631	31.6
Sex						
Female	22	35.7	871	31.2	7,574	30.1
Male	27	30.0	961	31.0	8,818	32.7
Grade						
09th	12	30.6	409	24.9	3,358	24.6
10th	9	30.8	387	26.2	3,597	27.0
11th	12	32.4	487	33.3	4,456	35.1
12th	17	37.5	540	41.5	4,958	40.0

Notes

- *: School results are calculated using non-scientific survey data. Numbers of students responding to question are adjusted to enrollment data.
- +: Region and state results are calculated and weighted using the CDC scientific survey sample. Caution should be used when comparing the school results.
- s: To protect confidentiality the data have been suppressed. Cells are suppressed when the denominator is less than 50 students or the numerator is between 1 and 4 students for sex and grade. Numerators that are zero not not suppressed.

How the question was actually asked: If you wanted to get some alcohol (beer, wine, or liquor) how hard or easy would it be for you to get some?

a: Very hard; b: Sort of hard; c: Sort of easy; d: Very easy;
 Numerator: d; denominator: abcd;
 Question number: 2019q98; 2017q97; 2015q97; 2013q95; 2011q97;

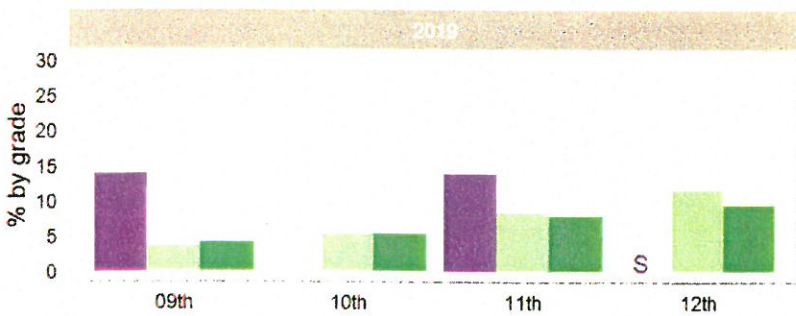
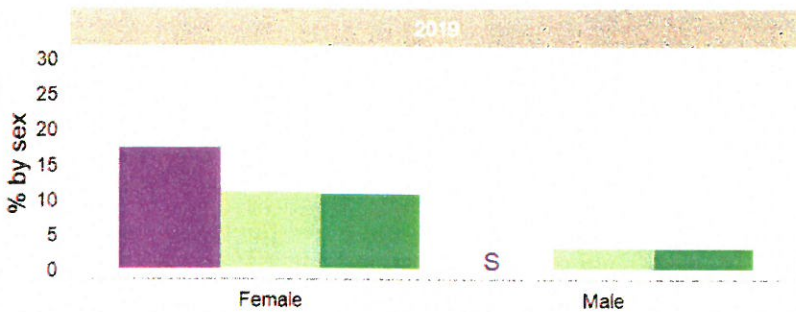
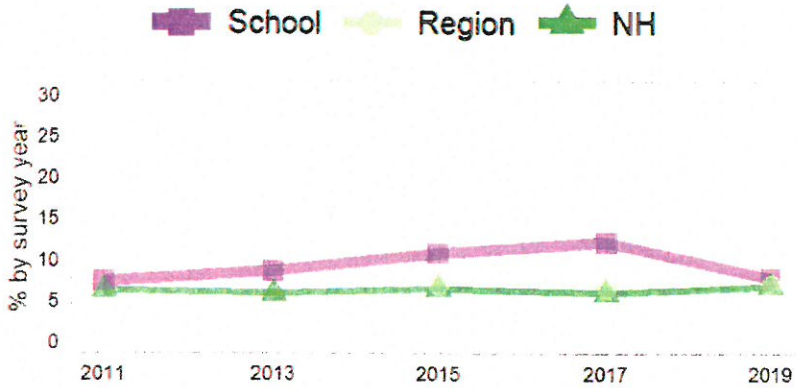
Category: Sexual and Dating Violence

Number and Percent of students who were ever physically forced to have sexual intercourse when they did not want to

School
7.7%
12 of 155 students*

Region
6.9%
417 of 6,058 students+

NH
6.7%
3,618 of 53,715 students+



	School*		Region		NH	
	#	%	#	%	#	%
Year						
2011	11	7.3	-	-	3,809	6.1
2013	15	8.5	-	-	3,333	5.7
2015	18	10.7	419	6.9	3,610	6.3
2017	20	12.0	388	6.4	3,176	5.8
2019	12	7.7	417	6.9	3,618	6.7
Sex						
Female	11	17.2	315	11.0	2,697	10.6
Male	s	s	99	3.1	819	3.0
Grade						
09th	5	13.9	60	3.6	580	4.1
10th	0	0.0	79	5.2	726	5.3
11th	5	13.9	124	8.3	1,002	7.8
12th	s	s	154	11.6	1,185	9.4

Notes

- *: School results are calculated using non-scientific survey data. Numbers of students responding to question are adjusted to enrollment data.
- +: Region and state results are calculated and weighted using the CDC scientific survey sample. Caution should be used when comparing the school results.
- s: To protect confidentiality the data have been suppressed. Cells are suppressed when the denominator is less than 50 students or the numerator is between 1 and 4 students for sex and grade. Numerators that are zero not not suppressed.

How the question was actually asked: Have you ever been physically forced to have sexual intercourse when you did not want to?

a: Yes; b: No;

Numerator: a; denominator: ab;

Question number: 2019q20; 2017q20; 2015q18; 2013q18; 2011q20;

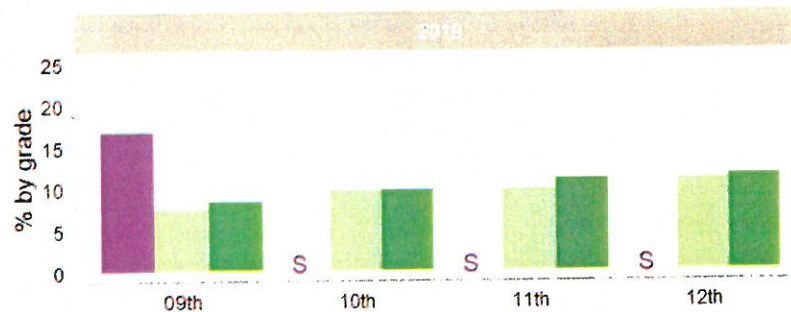
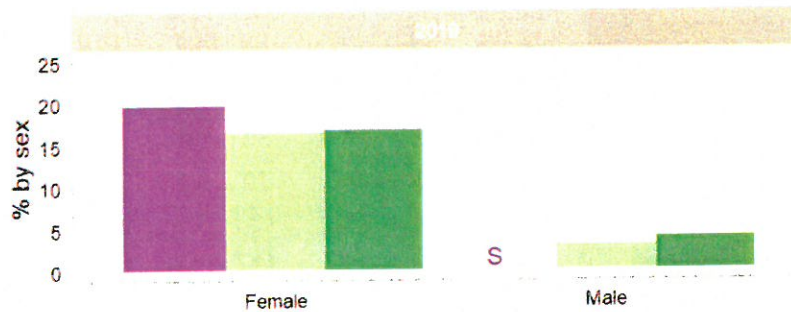
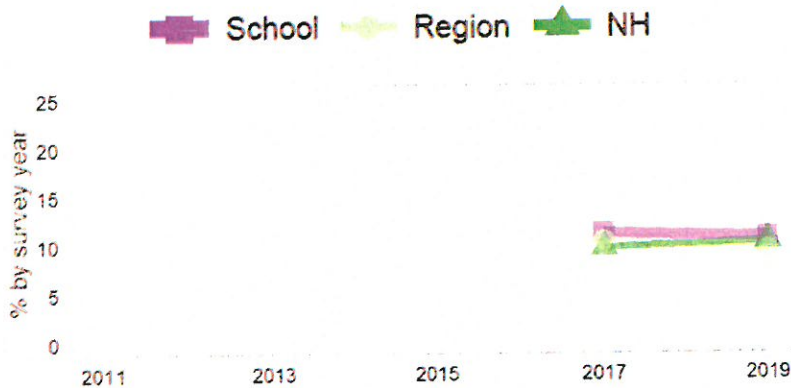
Category: Sexual and Dating Violence

Number and Percent of students who experienced sexual violence (being forced by anyone to do sexual things that they did not want to, one or more times) during the past 12 months

School
10.6%
 16 of 153 students*

Region
9.3%
 552 of 5,929 students+

NH
10.1%
 5,309 of 52,695 students+



	School*		Region		NH	
	#	%	#	%	#	%
Year						
2011	-	-	-	-	-	-
2013	-	-	-	-	-	-
2015	-	-	-	-	-	-
2017	18	11.1	611	10.3	5,044	9.5
2019	16	10.6	552	9.3	5,309	10.1
Sex						
Female	12	19.6	456	16.5	4,156	16.7
Male	s	s	93	3.0	1,054	3.9
Grade						
09th	7	16.7	120	7.3	1,131	8.2
10th	s	s	142	9.6	1,279	9.6
11th	s	s	142	9.7	1,378	10.9
12th	s	s	141	10.9	1,395	11.3

Notes

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 s: To protect confidentiality the data have been suppressed. Cells are suppressed when the denominator is less than 50 students or the numerator is between 1 and 4 students for sex and grade. Numerators that are zero not not suppressed.

How the question was actually asked: During the past 12 months, how many times did anyone force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)

a: 0 times; b: 1 time; c: 2 or 3 times; d: 4 or 5 times; e: 6 or more times;

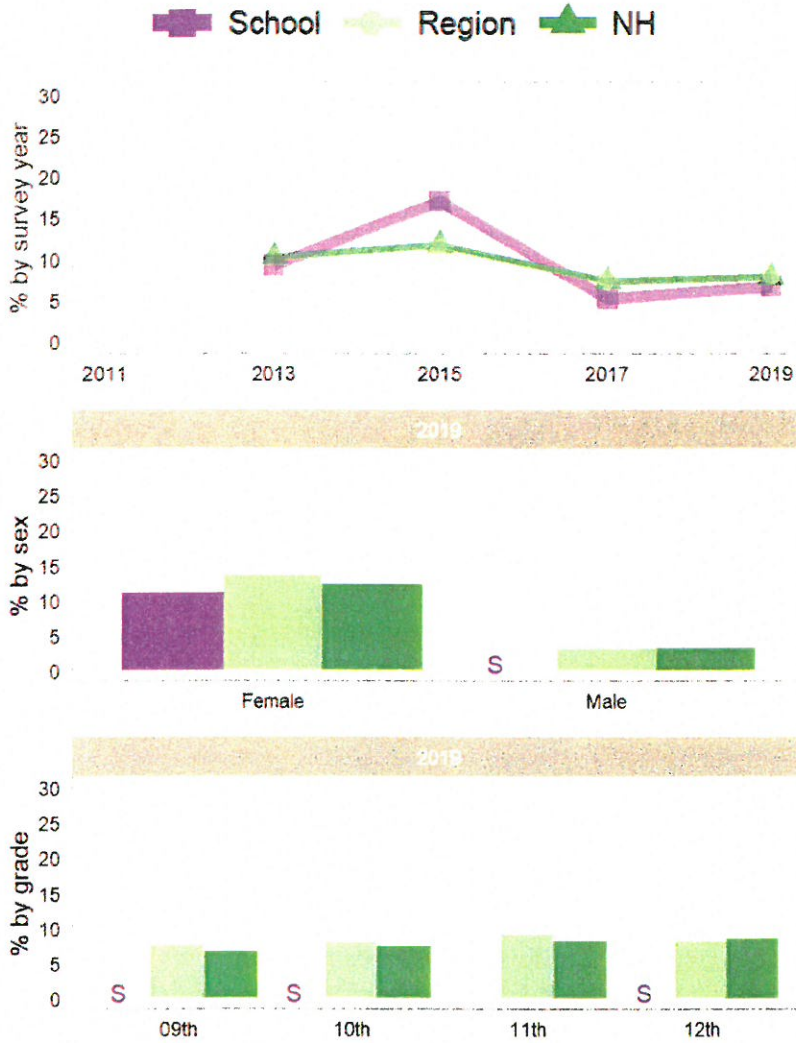
Numerator: bcde; denominator: abcde;

Question number: 2019q21; 2017q21; 2015q999; 2013q999; 2011q999;

Category: Sexual and Dating Violence

Number and Percent of students who experienced sexual dating violence (one or more times, among students who dated or went out with someone during the past 12 months)

School 6.7% 8 of 113 students*	Region 8.2% 318 of 3,877 students+	NH 7.8% 2,612 of 33,485 students+
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	School*		Region		NH	
	#	%	#	%	#	%
Year						
2011	-	-	-	-	-	-
2013	11	9.2	-	-	4,154	10.2
2015	21	17.0	450	11.2	4,324	11.7
2017	6	5.2	288	7.6	2,476	7.3
2019	8	6.7	318	8.2	2,612	7.8
Sex						
Female	6	11.1	251	13.6	2,007	12.3
Male	s	s	63	3.2	545	3.2
Grade						
09th	s	s	68	7.6	486	6.6
10th	s	s	76	7.9	598	7.3
11th	0	0.0	90	9.0	680	8.1
12th	s	s	78	8.0	764	8.4

Notes

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+: Region and state results are calculated and weighted using the CDC scientific survey sample. Caution should be used when comparing the school results.

s: To protect confidentiality the data have been suppressed. Cells are suppressed when the denominator is less than 50 students or the numerator is between 1 and 4 students for sex and grade. Numerators that are zero not not suppressed.

How the question was actually asked: During the past 12 months, how many times did someone you were dating or going out with force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)

a: I did not date or go out with anyone during the past 12 months; b: 0 times; c: 1 time; d: 2 or 3 times; e: 4 or 5 times; f: 6 or more times;

Numerator: cdef; denominator: bcdef;

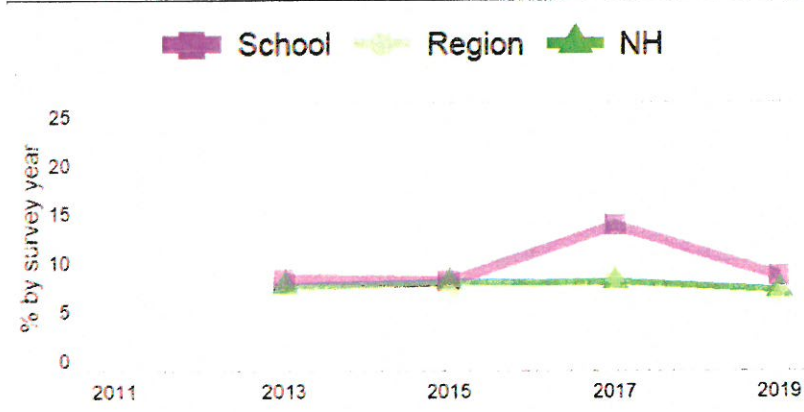
Question number: 2019q22; 2017q22; 2015q19; 2013q20; 2011q999;

Category: Sexual and Dating Violence
 Number and Percent of students who experienced physical dating violence (one or more times, among students who dated or went out with someone) during the past 12 months

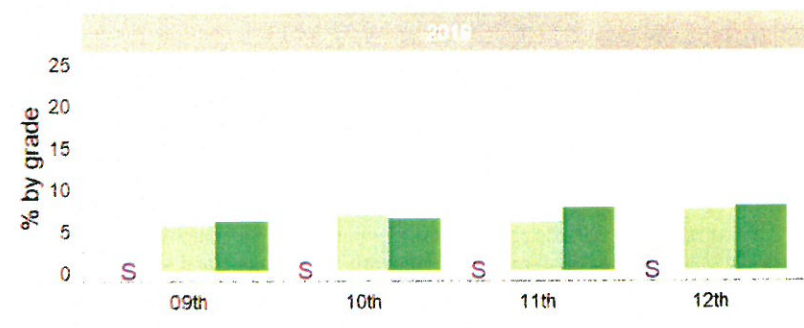
School
8.5%
 10 of 115 students*

Region
6.3%
 251 of 3,982 students+

NH
7.0%
 2,443 of 35,022 students+



	School*		Region		NH	
	#	%	#	%	#	%
Year						
2011	-	-	-	-	-	-
2013	10	8.2	-	-	3,018	7.4
2015	10	8.0	267	6.6	2,939	7.8
2017	16	13.7	334	8.5	2,778	7.9
2019	10	8.5	251	6.3	2,443	7.0
Sex						
Female	s	s	150	7.8	1,266	7.3
Male	5	8.8	98	4.9	1,092	6.3
Grade						
09th	s	s	50	5.5	457	5.9
10th	s	s	67	6.7	531	6.2
11th	s	s	61	5.9	661	7.5
12th	s	s	73	7.4	726	7.7



Notes

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+: Region and state results are calculated and weighted using the CDC scientific survey sample. Caution should be used when comparing the school results.

s: To protect confidentiality the data have been suppressed. Cells are suppressed when the denominator is less than 50 students or the numerator is between 1 and 4 students for sex and grade. Numerators that are zero not not suppressed.

How the question was actually asked: During the past 12 months, how many times did someone you were dating or going out with physically hurt you on purpose? (Count such things as being hit, slammed into something, or injured with an object or weapon.)

a: I did not date or go out with anyone during the past 12 months; b: 0 times; c: 1 time; d: 2 or 3 times; e: 4 or 5 times; f: 6 or more times;
 Numerator: cdef; denominator: bcdef;
 Question number: 2019q23; 2017q23; 2015q21; 2013q19; 2011q999;

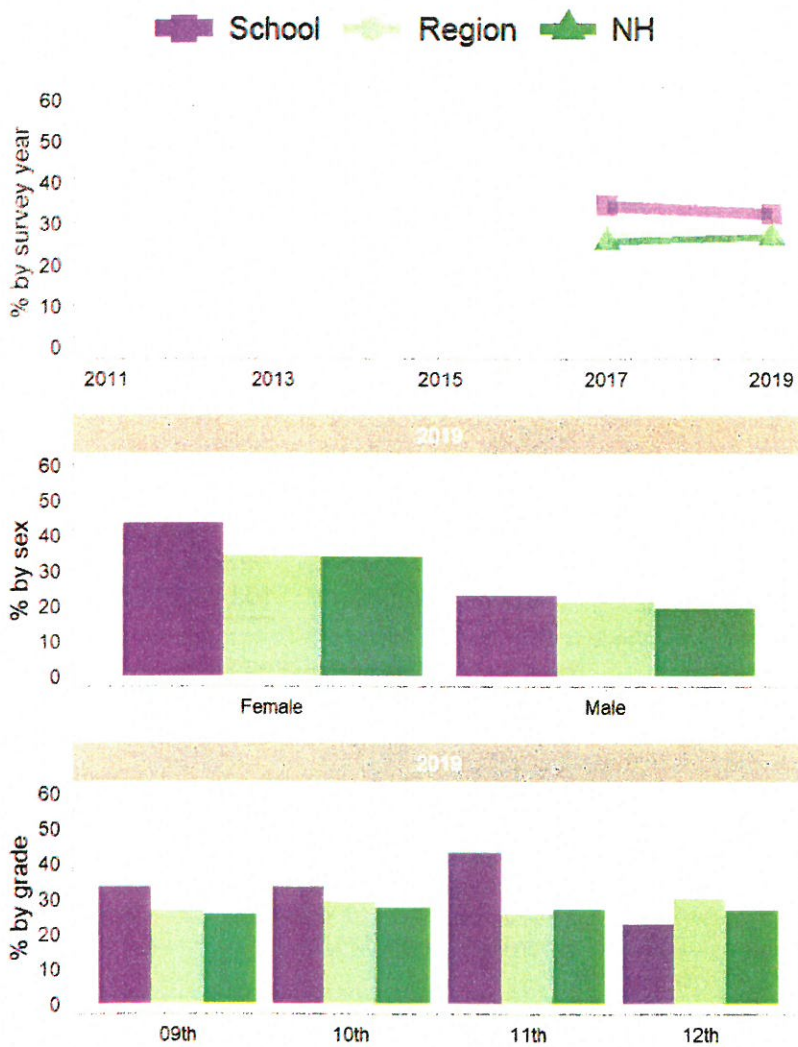
Category: Sexual and Dating Violence

Number and Percent of students who reported someone they were dating or going out with purposely tried to control them or emotionally hurt them one or more times (among students who dated or went out with someone) during the past 12 months

School 32.4%
37 of 114 students*

Region 27.5%
1,108 of 4,025 students+

NH 26.5%
9,333 of 35,165 students+



	School*		Region		NH	
	#	%	#	%	#	%
Year						
2011	-	-	-	-	-	-
2013	-	-	-	-	-	-
2015	-	-	-	-	-	-
2017	40	34.3	1,074	27.0	8,871	25.5
2019	37	32.4	1,108	27.5	9,333	26.5
Sex						
Female	22	43.5	677	34.3	5,842	33.7
Male	14	22.8	428	21.3	3,370	19.3
Grade						
09th	9	33.3	246	26.5	2,002	25.4
10th	8	33.3	293	29.0	2,352	27.3
11th	13	42.9	266	25.6	2,338	26.7
12th	8	22.6	298	29.8	2,516	26.5

Notes

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+: Region and state results are calculated and weighted using the CDC scientific survey sample. Caution should be used when comparing the school results.

s: To protect confidentiality the data have been suppressed. Cells are suppressed when the denominator is less than 50 students or the numerator is between 1 and 4 students for sex and grade. Numerators that are zero not not suppressed.

How the question was actually asked: During the past 12 months, how many times did someone you were dating or going out with purposely try to control you or emotionally hurt you? (Count such things as being told who you could and could not spend time with, being humiliated in front of others, or being threatened if you did not do what they wanted.)

a: I did not date or go out with anyone during the past 12 months; b: 0 times; c: 1 time; d: 2 or 3 times; e: 4 or 5 times; f: 6 or more times;

Numerator: cdef; denominator: bcdef;

Question number: 2019q24; 2017q24; 2015q999; 2013q999; 2011q999;

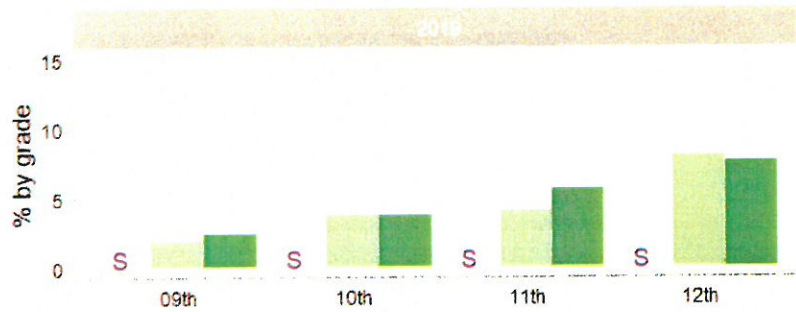
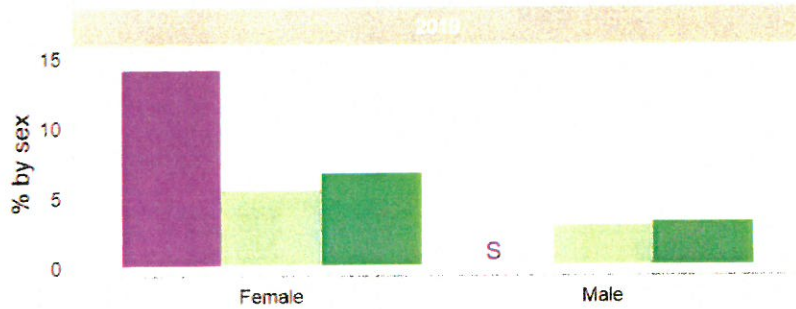
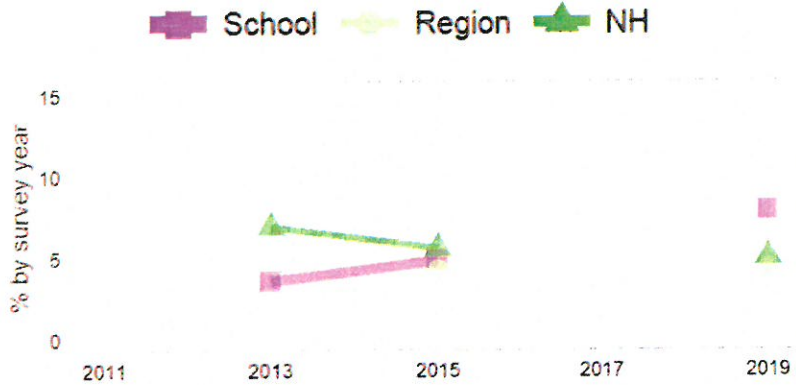
Category: Sexual and Dating Violence

Number and Percent of students who have experienced an unwanted sexual advance because of another student's drinking (one or more times) during the past 12 months

School
7.8%
12 of 153 students*

Region
4.2%
254 of 5,993 students+

NH
4.9%
2,614 of 53,604 students+



	School*		Region		NH	
	#	%	#	%	#	%
Year						
2011	-	-	-	-	-	-
2013	6	3.5	-	-	3,982	6.8
2015	8	4.8	259	4.2	3,131	5.5
2017	-	-	-	-	-	-
2019	12	7.8	254	4.2	2,614	4.9
Sex						
Female	9	14.0	154	5.4	1,677	6.6
Male	s	s	91	2.9	863	3.1
Grade						
09th	s	s	31	1.9	337	2.4
10th	s	s	57	3.8	500	3.7
11th	s	s	60	4.1	726	5.6
12th	s	s	105	8.0	950	7.6

Notes

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s: To protect confidentiality the data have been suppressed. Cells are suppressed when the denominator is less than 50 students or the numerator is between 1 and 4 students for sex and grade. Numerators that are zero not not suppressed.

How the question was actually asked: During the past 12 months, how many times have you experienced an unwanted sexual advance because of another student's drinking?

a: I did not experience an unwanted sexual advance during the past 12 months; b: 0 times; c: 1 time; d: 2 or 3 times; e: 4 or 5 times; f: 6 or more times;

Numerator: cdef; denominator: abcdef;

Question number: 2019q25; 2017q999; 2015q20; 2013q21; 2011q999;

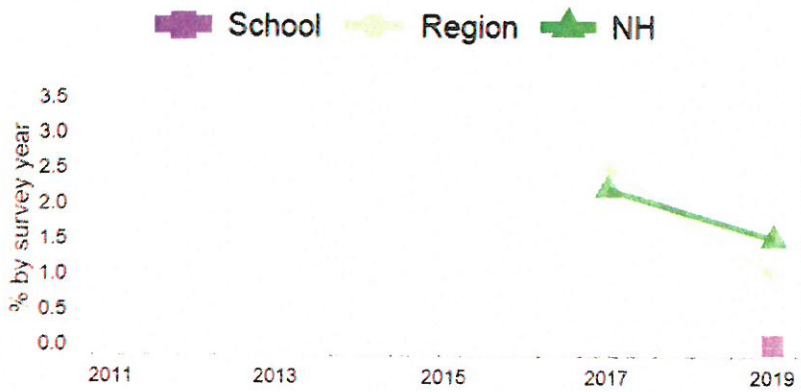
Category: Sexual and Dating Violence

Number and Percent of students who forced someone they were dating or going out with to do sexual things that they did not want to do (among students who dated or went out with someone) during the past 12 months

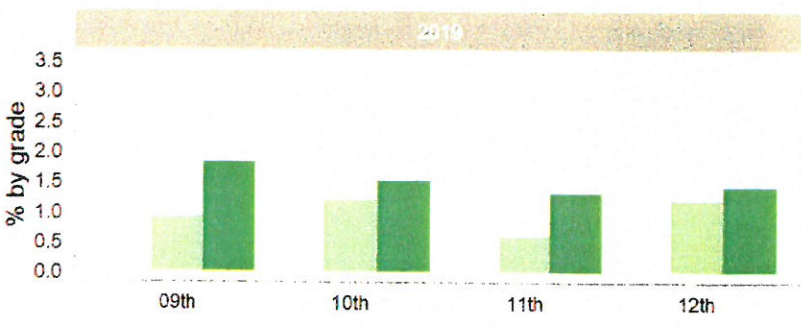
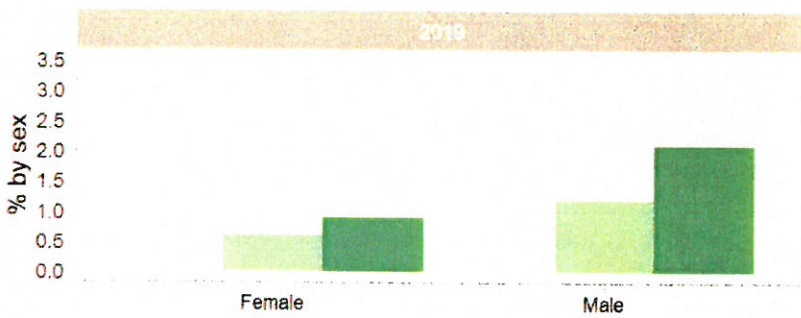
School
0.0%
0 of 112 students*

Region
1.0%
40 of 4,030 students+

NH
1.5%
536 of 34,706 students+



	School*		Region		NH	
	#	%	#	%	#	%
Year						
2011	-	-	-	-	-	-
2013	-	-	-	-	-	-
2015	-	-	-	-	-	-
2017	s	s	99	2.5	769	2.2
2019	0	0.0	40	1.0	536	1.5
Sex						
Female	0	0.0	11	0.6	149	0.9
Male	0	0.0	25	1.2	356	2.1
Grade						
09th	0	0.0	9	0.9	142	1.8
10th	0	0.0	12	1.2	124	1.5
11th	0	0.0	7	0.6	108	1.3
12th	0	0.0	12	1.2	128	1.4



Notes

*: School results are calculated using non-scientific survey data. Numbers of students responding to question are adjusted to enrollment data.

+: Region and state results are calculated and weighted using the CDC scientific survey sample. Caution should be used when comparing the school results.

s: To protect confidentiality the data have been suppressed. Cells are suppressed when the denominator is less than 50 students or the numerator is between 1 and 4 students for sex and grade. Numerators that are zero not not suppressed.

How the question was actually asked: During the past 12 months, did you ever force someone you were dating or going out with to do sexual things that they did not want to do? (Count such things as kissing, touching, or physically forcing them to have sexual intercourse.)

a: I did not date or go out with anyone during the past 12 months; b: Yes; c: No;

Numerator: b; denominator: bc;

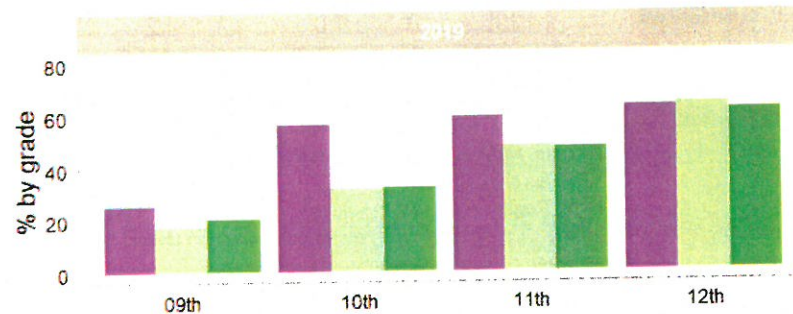
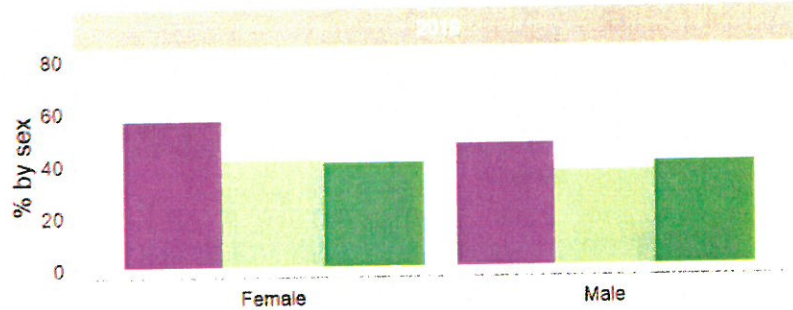
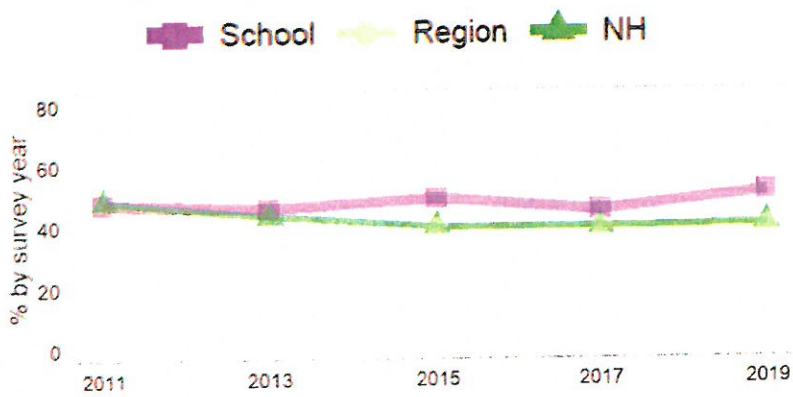
Question number: 2019q26; 2017q25; 2015q999; 2013q999; 2011q999;

Category: Sexual Risk - Behaviors
 Number and Percent of students who ever had sexual intercourse

School
50.4%
 78 of 140 students*

Region
38.8%
 2,259 of 5,827 students+

NH
39.8%
 20,575 of 51,689 students+



Year	School*		Region		NH	
	#	%	#	%	#	%
2011	73	46.9	-	-	28,721	47.5
2013	77	45.3	-	-	24,390	42.8
2015	83	48.7	2,311	38.7	21,662	39.4
2017	74	44.6	2,250	39.0	20,201	38.9
2019	78	50.4	2,259	38.8	20,575	39.8
Sex						
Female	38	56.1	1,142	41.1	9,950	40.0
Male	40	47.1	1,098	36.6	10,329	39.4
Grade						
09th	11	25.7	280	17.2	2,693	20.0
10th	16	56.5	460	31.8	4,208	32.2
11th	23	59.4	698	47.8	5,860	47.2
12th	29	63.2	801	64.2	7,510	61.6

Notes

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- +: Region and state results are calculated and weighted using the CDC scientific survey sample. Caution should be used when comparing the school results.
- s: To protect confidentiality the data have been suppressed. Cells are suppressed when the denominator is less than 50 students or the numerator is between 1 and 4 students for sex and grade. Numerators that are zero not not suppressed.

How the question was actually asked: Have you ever had sexual intercourse?

a: Yes; b: No;

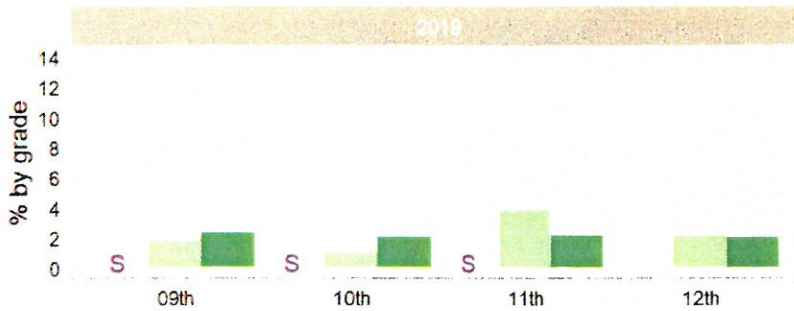
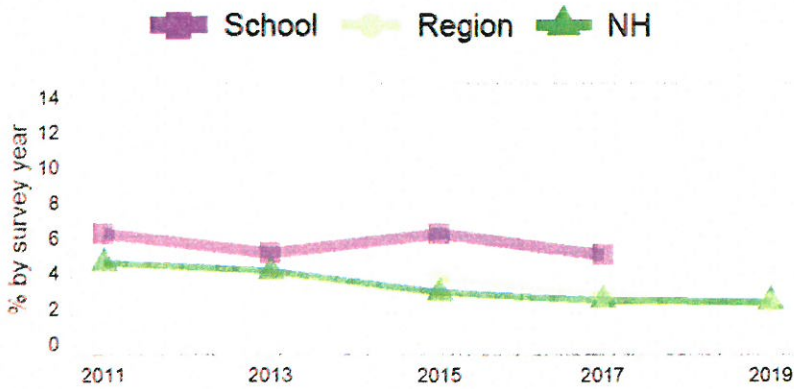
Numerator: a; denominator: ab;

Question number: 2019q54; 2017q54; 2015q54; 2013q57; 2011q55;

Category: Sexual Risk - Behaviors

Number and Percent of students who had sexual intercourse for the first time before age 13 years

School	Region	NH
NA	2.2%	2.3%
NA of 140 students*	126 of 5,845 students+	1,185 of 52,412 students+



	School*		Region		NH	
	#	%	#	%	#	%
Year						
2011	10	6.2	-	-	2,719	4.5
2013	9	5.1	-	-	2,287	4.0
2015	11	6.2	220	3.7	1,552	2.8
2017	8	5.0	155	2.7	1,269	2.4
2019	s	s	126	2.2	1,185	2.3
Sex						
Female	s	s	44	1.6	399	1.6
Male	s	s	82	2.7	726	2.7
Grade						
09th	s	s	30	1.8	320	2.3
10th	s	s	15	1.0	271	2.0
11th	s	s	55	3.8	259	2.1
12th	0	0.0	26	2.1	252	2.0

Notes

*: School results are calculated using non-scientific survey data. Numbers of students responding to question are adjusted to enrollment data.

+: Region and state results are calculated and weighted using the CDC scientific survey sample. Caution should be used when comparing the school results.

s: To protect confidentiality the data have been suppressed. Cells are suppressed when the denominator is less than 50 students or the numerator is between 1 and 4 students for sex and grade. Numerators that are zero not not suppressed.

How the question was actually asked: How old were you when you had sexual intercourse for the first time?
a: I have never had sexual intercourse; b: 11 years old or younger; c: 12 years old; d: 13 years old; e: 14 years old; f: 15 years old; g: 16 years old; h: 17 years old or older;
Numerator: bc; denominator: abcdefgh;
Question number: 2019q55; 2017q55; 2015q55; 2013q58; 2011q56;

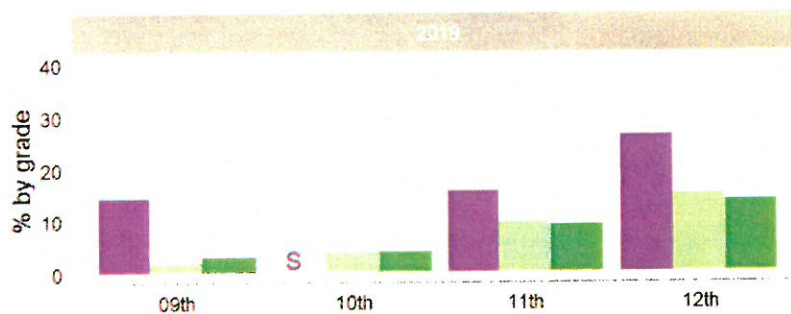
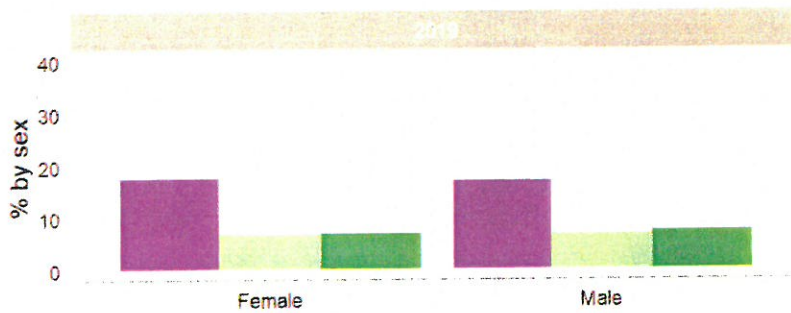
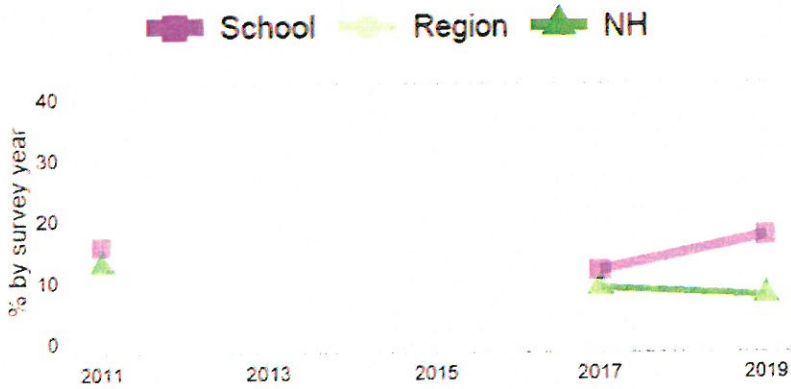
Category: Sexual Risk - Behaviors

Number and Percent of students who had sexual intercourse with four or more persons during their life

School
17.1%
26 of 140 students*

Region
6.9%
403 of 5,823 students+

NH
7.2%
3,759 of 52,315 students+



	School*		Region		NH	
	#	%	#	%	#	%
Year						
2011	24	15.5	-	-	7,504	12.4
2013	-	-	-	-	-	-
2015	-	-	-	-	-	-
2017	19	11.5	474	8.2	4,536	8.6
2019	26	17.1	403	6.9	3,759	7.2
Sex						
Female	12	17.5	190	6.8	1,711	6.8
Male	14	17.1	208	6.9	1,958	7.4
Grade						
09th	6	14.3	26	1.6	358	2.6
10th	s	s	54	3.7	495	3.7
11th	6	15.6	139	9.6	1,113	8.9
12th	12	26.3	185	14.9	1,692	13.7

Notes

*: School results are calculated using non-scientific survey data. Numbers of students responding to question are adjusted to enrollment data.
 +: Region and state results are calculated and weighted using the CDC scientific survey sample. Caution should be used when comparing the school results.
 s: To protect confidentiality the data have been suppressed. Cells are suppressed when the denominator is less than 50 students or the numerator is between 1 and 4 students for sex and grade. Numerators that are zero not not suppressed.

How the question was actually asked: During your life, with how many people have you had sexual intercourse?

a: I have never had sexual intercourse; b: 1 person; c: 2 people; d: 3 people; e: 4 people; f: 5 people; g: 6 or more people;

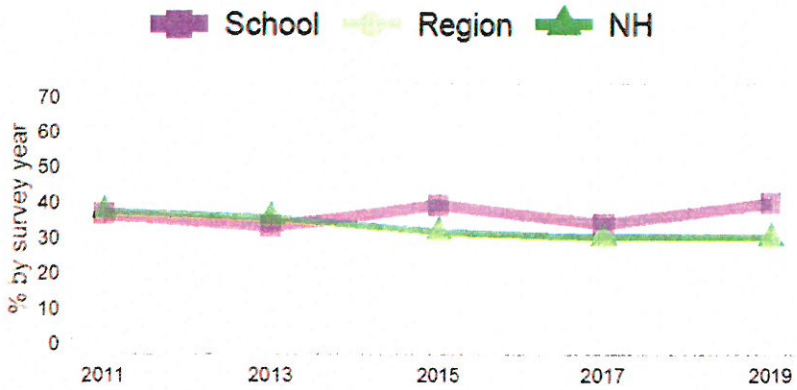
Numerator: efg; denominator: abcdefg;

Question number: 2019q56; 2017q56; 2015q999; 2013q999; 2011q57;

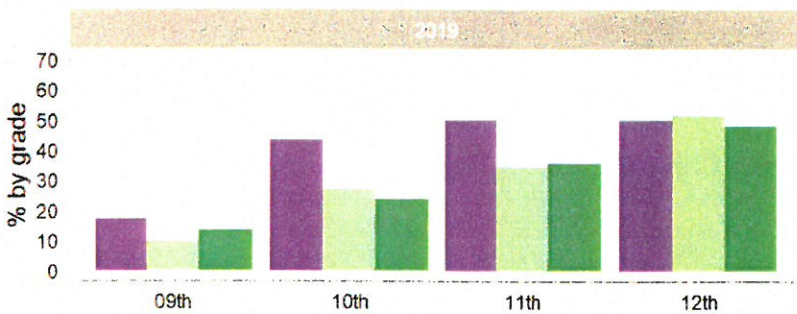
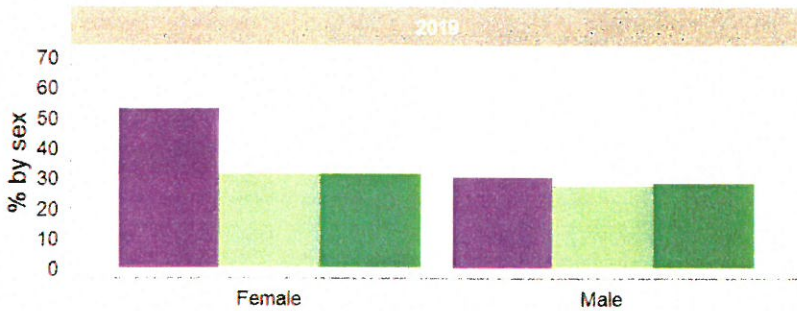
Category: Sexual Risk - Behaviors

Number and Percent of students who were currently sexually active (had sexual intercourse with at least one person) during the past 3 months

School	Region	NH
39.5%	29.3%	29.7%
61 of 140 students*	1,707 of 5,821 students+	15,500 of 52,191 students+



	School*		Region		NH	
	#	%	#	%	#	%
Year						
2011	56	36.4	-	-	22,448	37.1
2013	56	32.8	-	-	20,017	35.2
2015	67	38.9	1,824	30.5	17,380	31.3
2017	56	33.6	1,688	29.2	15,713	29.8
2019	61	39.5	1,707	29.3	15,500	29.7
Sex						
Female	36	52.6	872	31.3	7,820	31.1
Male	25	30.0	815	27.2	7,467	28.2
Grade						
09th	7	17.1	158	9.6	1,811	13.3
10th	12	43.5	392	27.0	3,116	23.6
11th	19	50.0	498	34.4	4,455	35.5
12th	23	50.0	639	51.6	5,891	47.8



Notes

- *: School results are calculated using non-scientific survey data. Numbers of students responding to question are adjusted to enrollment data.
- +: Region and state results are calculated and weighted using the CDC scientific survey sample. Caution should be used when comparing the school results.
- s: To protect confidentiality the data have been suppressed. Cells are suppressed when the denominator is less than 50 students or the numerator is between 1 and 4 students for sex and grade. Numerators that are zero not not suppressed.

How the question was actually asked: During the past 3 months, with how many people did you have sexual intercourse?
a: I have never had sexual intercourse; b: I have had sexual intercourse, but not during the past 3 months; c: 1 person; d: 2 people; e: 3 people; f: 4 people; g: 5 people; h: 6 or more people;
Numerator: cdefgh; denominator: abcdefgh;
Question number: 2019q57; 2017q57; 2015q56; 2013q59; 2011q58;

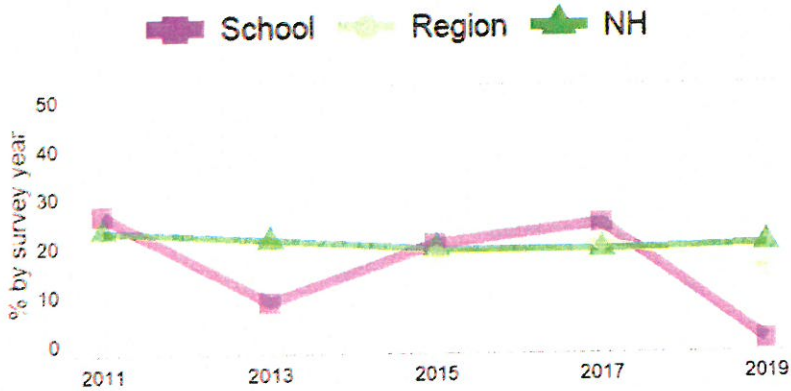
Category: Sexual Risk - Behaviors

Number and Percent of students who drank alcohol or used drugs before last sexual intercourse (among students who were currently sexually active)

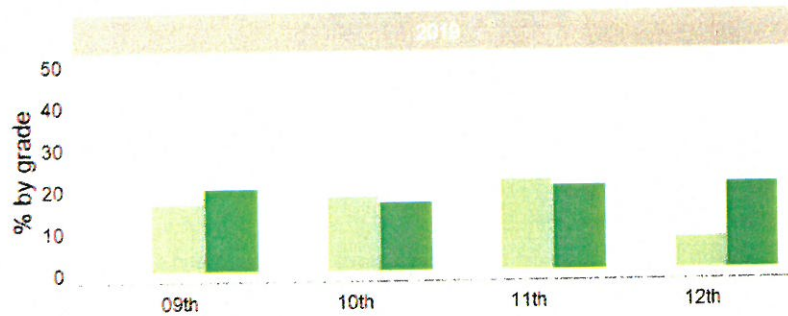
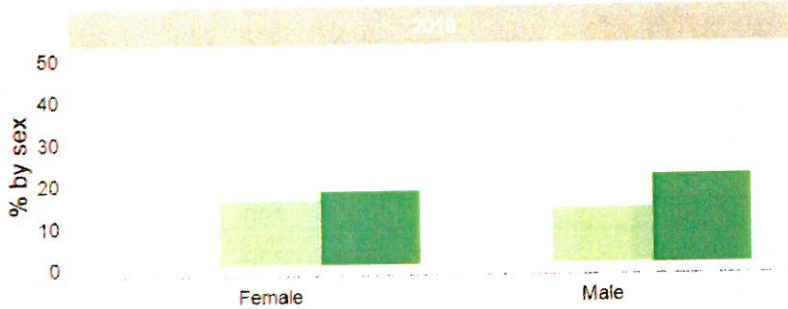
School
0.0%
0 of 56 students*

Region
14.7%
252 of 1,707 students+

NH
19.6%
3,028 of 15,487 students+



	School*		Region		NH	
	#	%	#	%	#	%
Year						
2011	19	26.2	-	-	5,081	22.7
2013	6	8.1	-	-	4,140	20.7
2015	17	20.0	319	17.5	3,277	18.9
2017	18	24.2	340	20.2	2,927	18.7
2019	0	0.0	252	14.7	3,028	19.6
Sex						
Female	0	0.0	137	15.7	1,373	17.6
Male	0	0.0	110	13.5	1,581	21.2
Grade						
09th	0	0.0	26	16.2	356	19.7
10th	0	0.0	70	17.8	505	16.2
11th	0	0.0	108	21.6	892	20.1
12th	0	0.0	49	7.6	1,205	20.5



Notes

- *: School results are calculated using non-scientific survey data. Numbers of students responding to question are adjusted to enrollment data.
- +: Region and state results are calculated and weighted using the CDC scientific survey sample. Caution should be used when comparing the school results.
- s: To protect confidentiality the data have been suppressed. Cells are suppressed when the denominator is less than 50 students or the numerator is between 1 and 4 students for sex and grade. Numerators that are zero not not suppressed.

How the question was actually asked: Did you drink alcohol or use drugs before you had sexual intercourse the last time?

a: I have never had sexual intercourse; b: Yes; c: No;

Numerator: b; denominator: bc;

Question number: 2019q58; 2017q58; 2015q57; 2013q60; 2011q59;

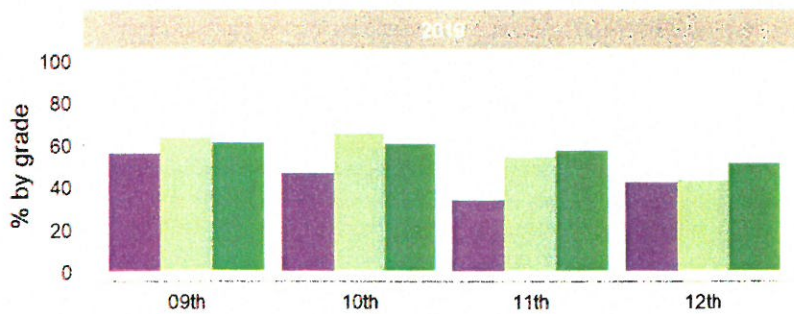
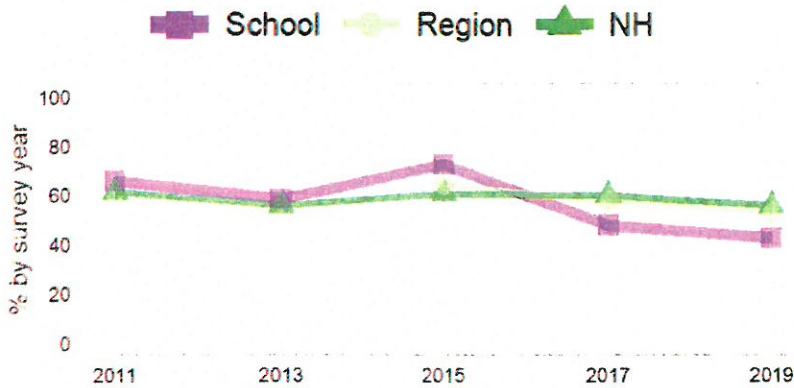
Category: Sexual Risk - Behaviors

Number and Percent of students who used a condom during last sexual intercourse (among students who were currently sexually active)

School
42.2%
33 of 69 students*

Region
52.7%
887 of 1,682 students+

NH
55.3%
8,450 of 15,284 students+



	School*		Region		NH	
	#	%	#	%	#	%
Year						
2011	48	65.6	-	-	13,490	60.8
2013	45	58.1	-	-	10,905	55.2
2015	60	72.2	1,158	63.9	10,377	60.2
2017	35	47.5	961	57.2	9,290	59.5
2019	33	42.2	887	52.7	8,450	55.3
Sex						
Female	15	37.5	411	48.3	3,974	51.4
Male	18	46.9	470	58.0	4,382	59.5
Grade						
09th	6	55.6	95	63.3	1,058	60.4
10th	7	46.2	253	65.2	1,848	60.1
11th	7	33.3	261	53.8	2,481	56.6
12th	12	41.7	272	42.6	2,956	50.5

Notes

*: School results are calculated using non-scientific survey data. Numbers of students responding to question are adjusted to enrollment data.

+: Region and state results are calculated and weighted using the CDC scientific survey sample. Caution should be used when comparing the school results.

s: To protect confidentiality the data have been suppressed. Cells are suppressed when the denominator is less than 50 students or the numerator is between 1 and 4 students for sex and grade. Numerators that are zero not not suppressed.

How the question was actually asked: The last time you had sexual intercourse, did you or your partner use a condom?
a: I have never had sexual intercourse; b: Yes; c: No;
Numerator: b; denominator: bc;
Question number: 2019q59; 2017q59; 2015q58; 2013q61; 2011q60;

Category: Sexual Risk - Behaviors

Number and Percent of students who used birth control pills before last sexual intercourse (to prevent pregnancy, among students who were currently sexually active)

School

29.7%

23 of 69 students*

Region

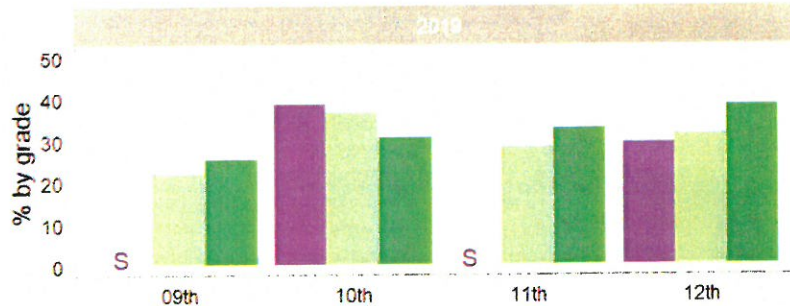
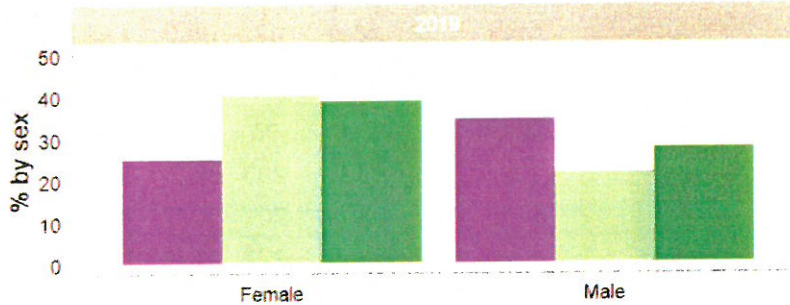
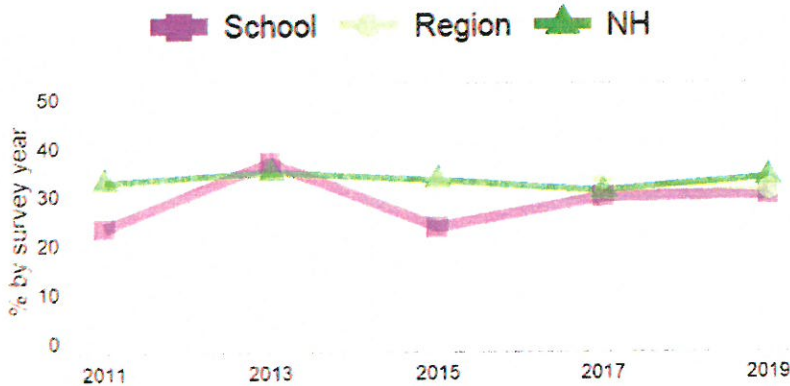
30.7%

507 of 1,649 students+

NH

33.2%

4,932 of 14,873 students+



	School*		Region		NH	
	#	%	#	%	#	%
Year						
2011	17	23.0	-	-	6,889	32.4
2013	28	36.5	-	-	6,555	34.4
2015	19	23.1	564	32.9	5,404	32.7
2017	21	29.3	541	32.9	4,591	30.4
2019	23	29.7	507	30.7	4,932	33.2
Sex						
Female	10	25.0	333	40.0	2,924	38.6
Male	13	34.4	173	21.7	1,955	27.5
Grade						
09th	s	s	31	21.9	423	25.2
10th	6	38.5	139	36.5	913	30.4
11th	s	s	133	28.1	1,387	32.5
12th	8	29.2	197	31.2	2,177	38.1

Notes

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 s: To protect confidentiality the data have been suppressed. Cells are suppressed when the denominator is less than 50 students or the numerator is between 1 and 4 students for sex and grade. Numerators that are zero not not suppressed.

How the question was actually asked: The last time you had sexual intercourse, what one method did you or your partner use to prevent pregnancy? (Select only one response.)

a: I have never had sexual intercourse; b: No method was used to prevent pregnancy; c: Birth control pills; d: Condoms; e: An IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon); f: A shot (such as Depo-Provera), patch (such as Ortho Evra), or birth control ring (such as NuvaRing); g: Withdrawal or some other method; h: Not sure;

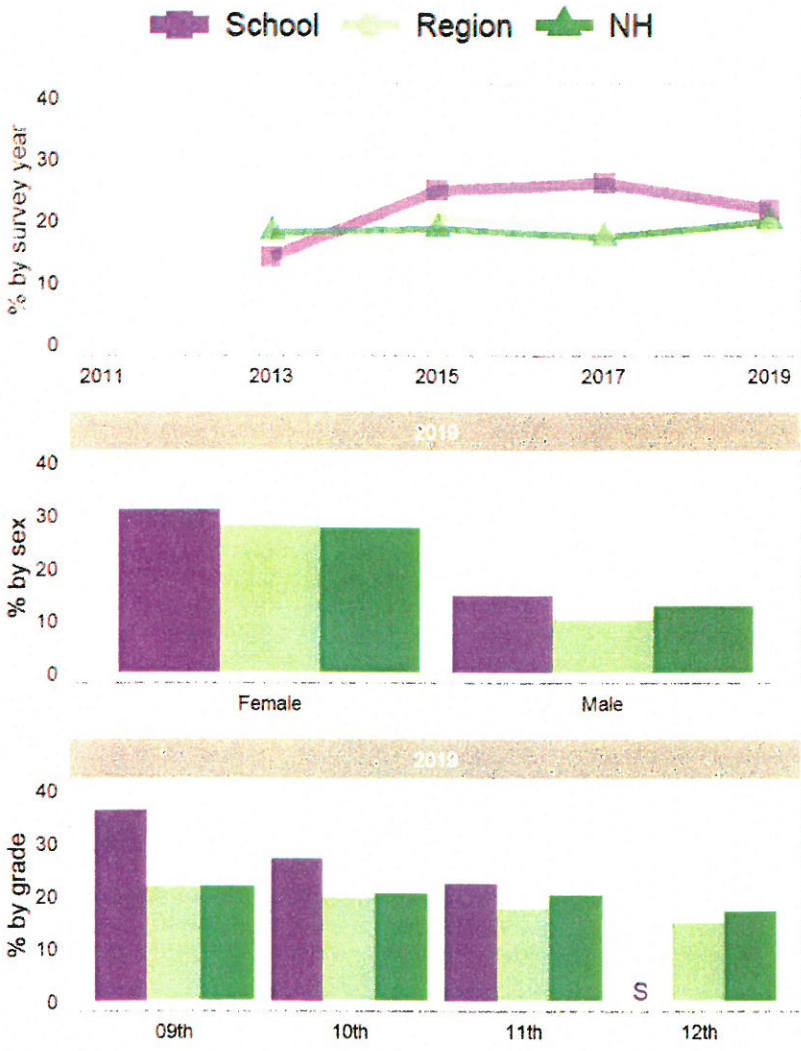
Numerator: c; denominator: bcdefgh;

Question number: 2019q60; 2017q60; 2015q59; 2013q62; 2011q61;

Category: Suicide, Sadness and Helplessness

Number and Percent of students who purposely hurt themselves without wanting to die (one or more times) during the past 12 months

School 21.7% 34 of 155 students*	Region 18.8% 1,138 of 6,069 students+	NH 19.8% 10,818 of 54,541 students+
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	School*		Region		NH	
	#	%	#	%	#	%
Year						
2011	-	-	-	-	-	-
2013	24	14.0	-	-	10,580	17.9
2015	42	24.8	1,250	20.5	10,565	18.5
2017	43	26.0	1,079	17.7	9,412	17.1
2019	34	21.7	1,138	18.8	10,818	19.8
Sex						
Female	20	31.0	793	27.8	7,096	27.3
Male	13	14.6	318	10.1	3,515	12.6
Grade						
09th	14	36.1	361	21.5	3,049	21.5
10th	8	26.9	295	19.5	2,790	20.2
11th	9	22.2	260	17.4	2,628	20.0
12th	s	s	194	14.7	2,147	16.8

Notes

*: School results are calculated using non-scientific survey data. Numbers of students responding to question are adjusted to enrollment data.

+: Region and state results are calculated and weighted using the CDC scientific survey sample. Caution should be used when comparing the school results.

s: To protect confidentiality the data have been suppressed. Cells are suppressed when the denominator is less than 50 students or the numerator is between 1 and 4 students for sex and grade. Numerators that are zero not not suppressed.

How the question was actually asked: During the past 12 months, how many times did you do something to purposely hurt yourself without wanting to die, such as cutting or burning yourself on purpose?

a: 0 times; b: 1 time; c: 2 or 3 times; d: 4 or 5 times; e: 6 or more times;
 Numerator: bcde; denominator: abcde;
 Question number: 2019q29; 2017q28; 2015q25; 2013q24; 2011q999;

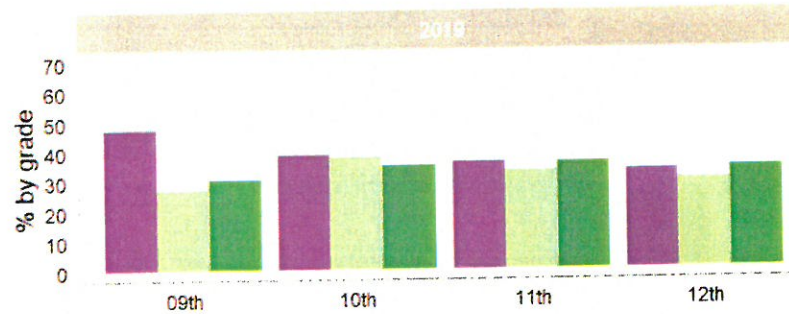
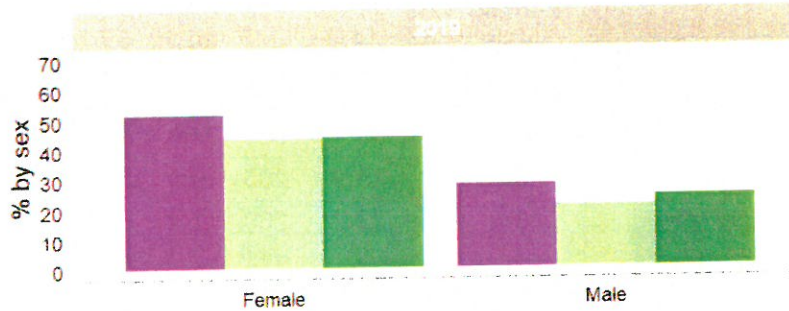
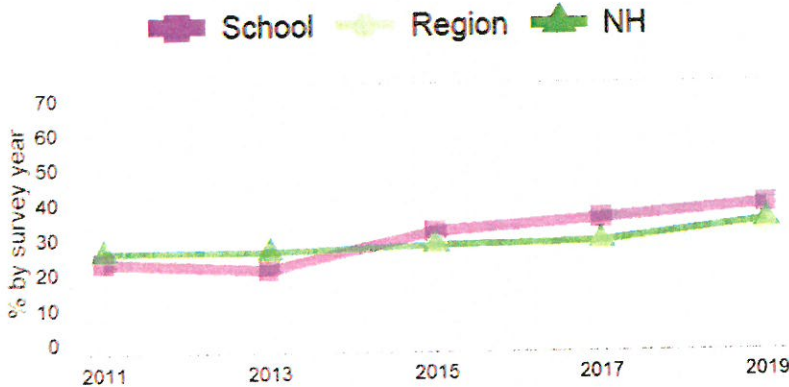
Category: Suicide, Sadness and Helplessness

Number and Percent of students who ever felt sad or hopeless (almost every day for 2 or more weeks in a row so that they stopped doing some usual activities) during the past 12 months

School
38.5%
 60 of 155 students*

Region
31.8%
 1,926 of 6,051 students+

NH
33.6%
 18,316 of 54,496 students+



	School*		Region		NH	
	#	%	#	%	#	%
Year						
2011	35	22.6	-	-	15,692	25.2
2013	35	20.3	-	-	14,996	25.4
2015	53	31.2	1,671	27.4	15,578	27.2
2017	58	34.7	1,666	27.3	15,457	28.0
2019	60	38.5	1,926	31.8	18,316	33.6
Sex						
Female	33	51.7	1,245	43.7	11,406	43.9
Male	25	28.0	652	20.7	6,641	23.8
Grade						
09th	18	47.2	449	27.0	4,281	30.2
10th	11	38.5	568	37.6	4,765	34.5
11th	14	36.1	492	32.9	4,680	35.7
12th	15	33.3	395	29.9	4,319	33.9

Notes

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 +: Region and state results are calculated and weighted using the CDC scientific survey sample. Caution should be used when comparing the school results.
 s: To protect confidentiality the data have been suppressed. Cells are suppressed when the denominator is less than 50 students or the numerator is between 1 and 4 students for sex and grade. Numerators that are zero not not suppressed.

How the question was actually asked: During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?

a: Yes; b: No;

Numerator: a; denominator: ab;

Question number: 2019q30; 2017q29; 2015q26; 2013q25; 2011q23;

Category: Suicide, Sadness and Helplessness

Number and Percent of students who ever seriously considered attempting suicide during the past 12 months

School

26.8%

41 of 154 students*

Region

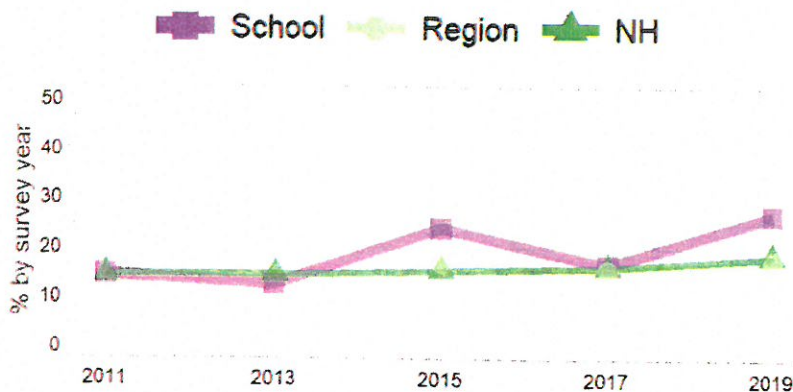
17.3%

1,037 of 6,007 students+

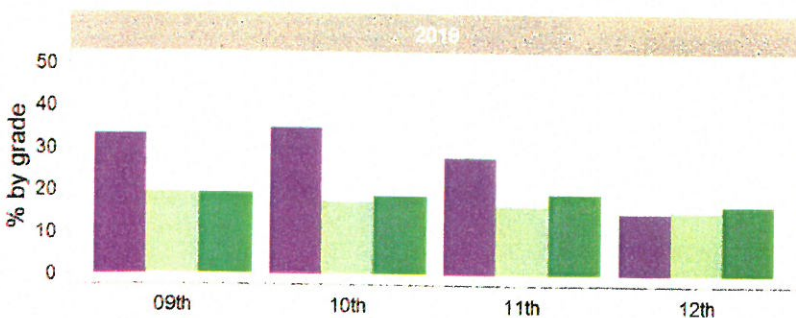
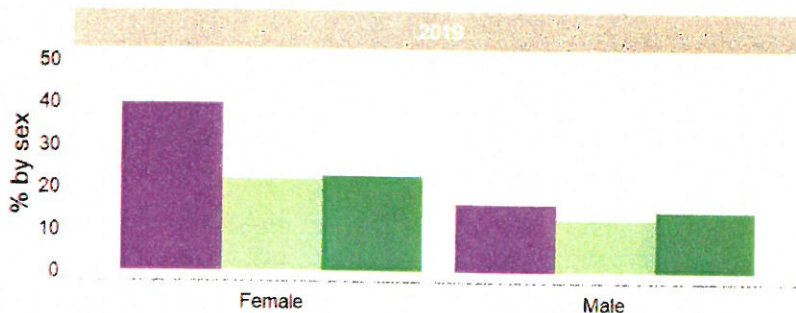
NH

18.4%

9,872 of 53,524 students+



	School*		Region		NH	
	#	%	#	%	#	%
Year						
2011	23	14.6	-	-	8,892	14.3
2013	22	12.6	-	-	8,430	14.4
2015	41	24.0	1,022	16.8	8,666	15.3
2017	27	16.6	943	15.5	8,748	16.1
2019	41	26.8	1,037	17.3	9,872	18.4
Sex						
Female	25	39.7	621	21.9	5,735	22.5
Male	14	16.0	389	12.5	3,944	14.4
Grade						
09th	13	33.3	319	19.2	2,652	19.1
10th	10	34.6	256	17.1	2,514	18.5
11th	11	27.8	243	16.3	2,456	19.1
12th	7	14.6	196	15.0	2,070	16.5



Notes

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+: Region and state results are calculated and weighted using the CDC scientific survey sample. Caution should be used when comparing the school results.

s: To protect confidentiality the data have been suppressed. Cells are suppressed when the denominator is less than 50 students or the numerator is between 1 and 4 students for sex and grade. Numerators that are zero not not suppressed.

How the question was actually asked: During the past 12 months, did you ever seriously consider attempting suicide?

a: Yes; b: No;

Numerator: a; denominator: ab;

Question number: 2019q31; 2017q30; 2015q27; 2013q26; 2011q24;

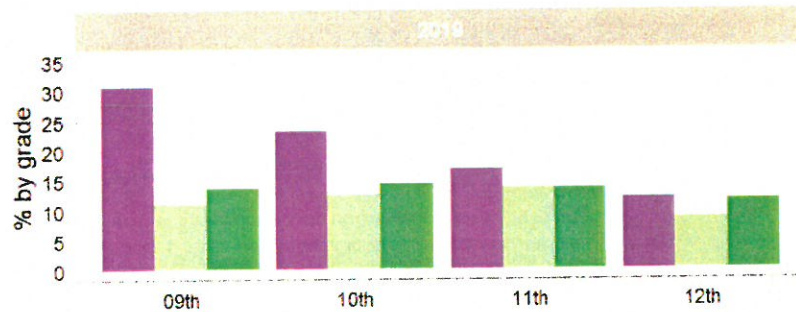
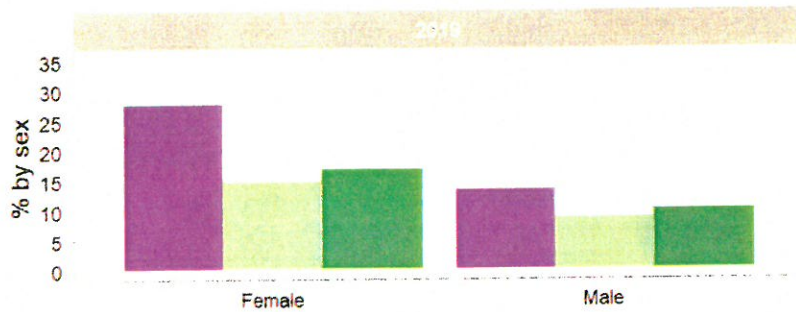
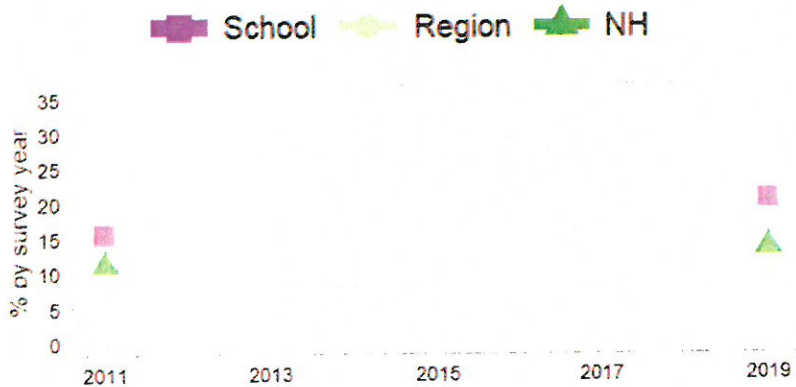
Category: Suicide, Sadness and Helplessness

Number and Percent of students who made a plan about how they would attempt suicide during the past 12 months

School
20.3%
31 of 155 students*

Region
11.7%
706 of 6,027 students+

NH
13.3%
7,237 of 54,318 students+



	School*		Region		NH	
	#	%	#	%	#	%
Year						
2011	24	15.4	-	-	6,856	11.0
2013	-	-	-	-	-	-
2015	-	-	-	-	-	-
2017	-	-	-	-	-	-
2019	31	20.3	706	11.7	7,237	13.3
Sex						
Female	17	27.6	417	14.7	4,316	16.7
Male	12	13.4	272	8.7	2,771	10.0
Grade						
09th	12	30.6	184	11.0	1,902	13.5
10th	7	23.1	183	12.3	1,952	14.2
11th	7	16.7	202	13.6	1,759	13.5
12th	5	11.9	113	8.6	1,471	11.5

Notes

- *: School results are calculated using non-scientific survey data. Numbers of students responding to question are adjusted to enrollment data.
- +: Region and state results are calculated and weighted using the CDC scientific survey sample. Caution should be used when comparing the school results.
- s: To protect confidentiality the data have been suppressed. Cells are suppressed when the denominator is less than 50 students or the numerator is between 1 and 4 students for sex and grade. Numerators that are zero not not suppressed.

How the question was actually asked: During the past 12 months, did you make a plan about how you would attempt suicide?

a: Yes; b: No;

Numerator: a; denominator: ab;

Question number: 2019q32; 2017q999; 2015q999; 2013q999; 2011q25;

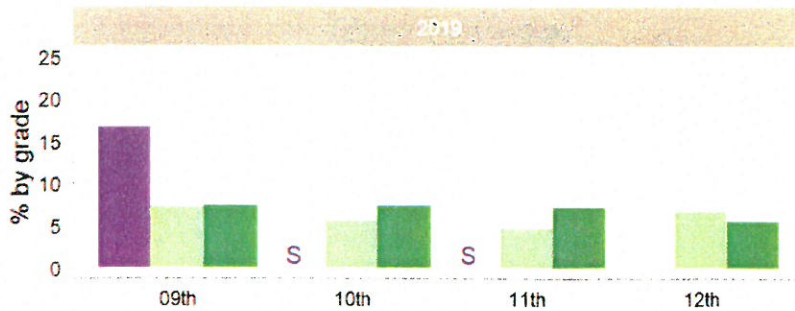
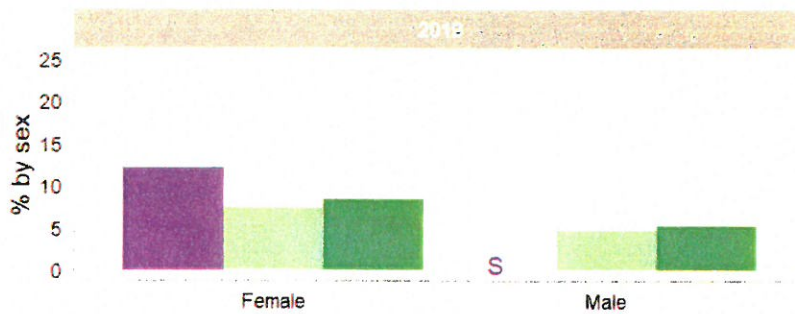
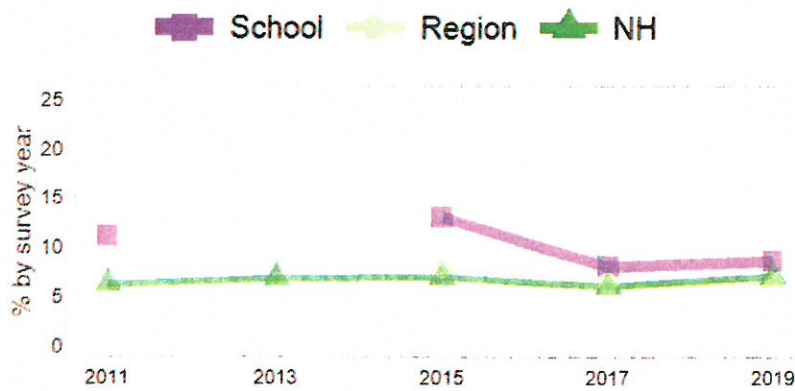
Category: Suicide, Sadness and Helplessness

Number and Percent of students who attempted suicide (one or more times) during the past 12 months

School
8.6%
13 of 126 students*

Region
6.2%
341 of 5,511 students+

NH
7.0%
3,489 of 50,096 students+



	School*		Region		NH	
	#	%	#	%	#	%
Year						
2011	17	11.0	-	-	3,632	6.1
2013	s	s	-	-	3,776	6.7
2015	22	13.0	452	7.8	3,655	6.8
2017	13	8.0	348	6.3	2,983	5.9
2019	13	8.6	341	6.2	3,489	7.0
Sex						
Female	8	12.2	197	7.4	2,054	8.4
Male	s	s	136	4.8	1,333	5.3
Grade						
09th	7	16.7	115	7.2	964	7.3
10th	s	s	77	5.6	923	7.3
11th	s	s	62	4.7	858	7.1
12th	0	0.0	78	6.7	648	5.5

Notes

*: School results are calculated using non-scientific survey data. Numbers of students responding to question are adjusted to enrollment data.

+: Region and state results are calculated and weighted using the CDC scientific survey sample. Caution should be used when comparing the school results.

s: To protect confidentiality the data have been suppressed. Cells are suppressed when the denominator is less than 50 students or the numerator is between 1 and 4 students for sex and grade. Numerators that are zero not not suppressed.

How the question was actually asked: During the past 12 months, how many times did you actually attempt suicide?

a: 0 times; b: 1 time; c: 2 or 3 times; d: 4 or 5 times; e: 6 or more times;

Numerator: bcde; denominator: abcde;

Question number: 2019q33; 2017q31; 2015q28; 2013q27; 2011q26;

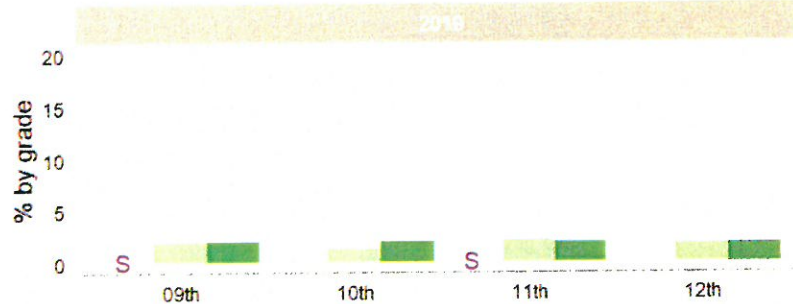
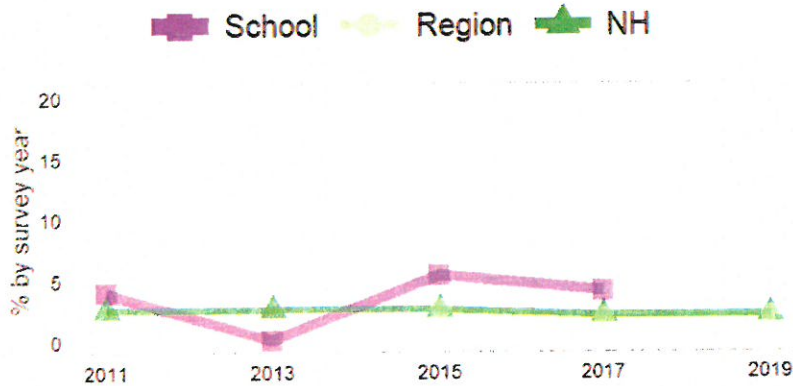
Category: Suicide, Sadness and Helplessness

Number and Percent of students who had a suicide attempt that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse during the past 12 months

School
NA
 NA of 124 students*

Region
1.9%
 102 of 5,473 students+

NH
2.0%
 977 of 49,067 students+



	School*		Region		NH	
	#	%	#	%	#	%
Year						
2011	6	3.9	-	-	1,416	2.4
2013	0	0.0	-	-	1,408	2.5
2015	9	5.3	151	2.6	1,336	2.5
2017	7	4.0	92	1.7	991	2.0
2019	s	s	102	1.9	977	2.0
Sex						
Female	s	s	75	2.9	604	2.5
Male	s	s	23	0.8	328	1.3
Grade						
09th	s	s	32	2.0	253	2.0
10th	0	0.0	18	1.3	244	2.0
11th	s	s	27	2.1	228	1.9
12th	0	0.0	21	1.8	192	1.7

Notes

*: School results are calculated using non-scientific survey data. Numbers of students responding to question are adjusted to enrollment data.
 +: Region and state results are calculated and weighted using the CDC scientific survey sample. Caution should be used when comparing the school results.
 s: To protect confidentiality the data have been suppressed. Cells are suppressed when the denominator is less than 50 students or the numerator is between 1 and 4 students for sex and grade. Numerators that are zero not not suppressed.

How the question was actually asked: If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?

a: I did not attempt suicide during the past 12 months; b: Yes; c: No;

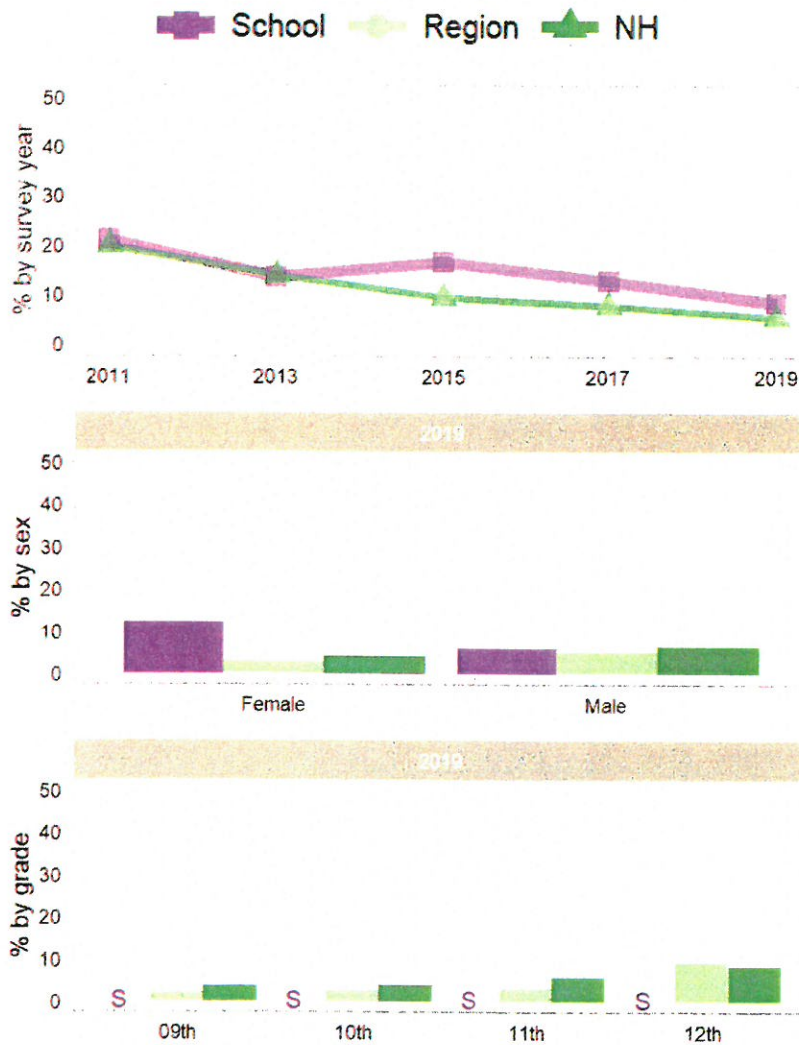
Numerator: b; denominator: abc;

Question number: 2019q34; 2017q32; 2015q29; 2013q28; 2011q27;

Category: Tobacco Use - Behaviors

Number and Percent of students who currently smoked cigarettes (on at least 1 day) during the past 30 days

School 8.5% 13 of 153 students*	Region 4.5% 270 of 6,067 students+	NH 5.5% 3,001 of 54,424 students+
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	School*		Region		NH	
	#	%	#	%	#	%
Year						
2011	33	21.2	-	-	12,385	19.8
2013	23	13.7	-	-	8,036	13.8
2015	29	16.8	633	10.4	5,230	9.3
2017	22	13.0	471	7.8	4,279	7.8
2019	13	8.5	270	4.5	3,001	5.5
Sex						
Female	8	12.1	85	3.0	1,063	4.1
Male	5	6.2	169	5.4	1,834	6.6
Grade						
09th	s	s	36	2.1	513	3.6
10th	s	s	42	2.7	517	3.7
11th	s	s	46	3.1	750	5.7
12th	s	s	124	9.3	1,069	8.4

Notes

*: School results are calculated using non-scientific survey data. Numbers of students responding to question are adjusted to enrollment data.

+: Region and state results are calculated and weighted using the CDC scientific survey sample. Caution should be used when comparing the school results.

s: To protect confidentiality the data have been suppressed. Cells are suppressed when the denominator is less than 50 students or the numerator is between 1 and 4 students for sex and grade. Numerators that are zero not not suppressed.

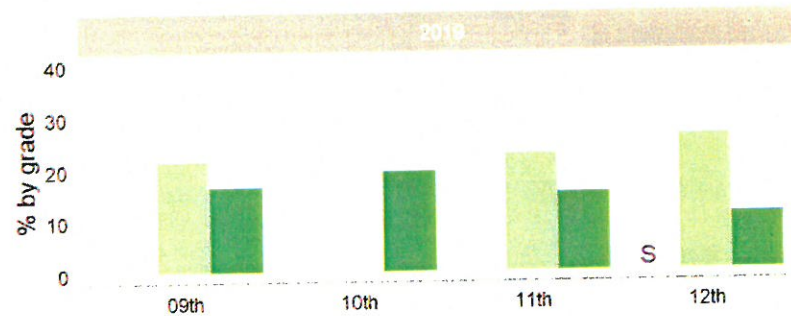
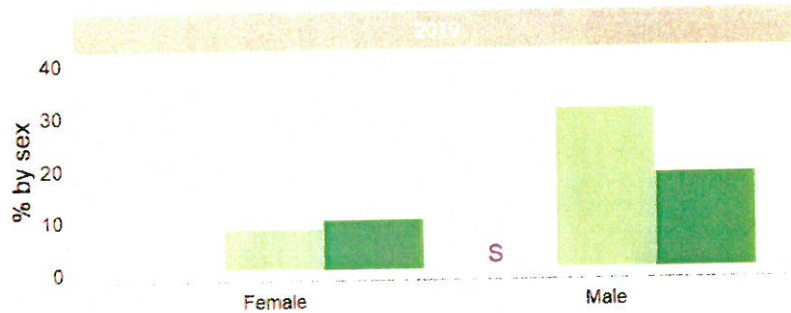
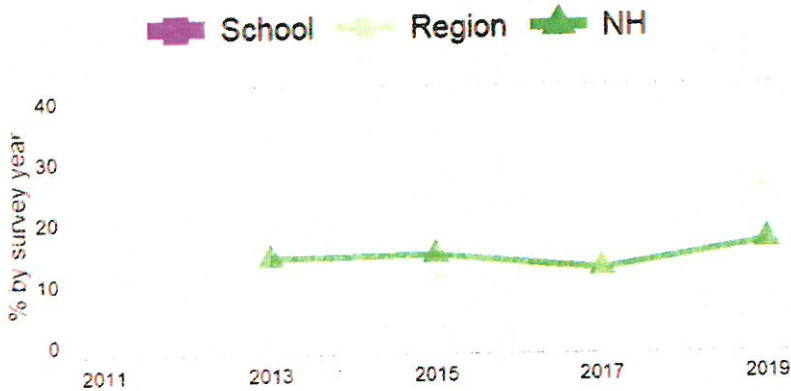
How the question was actually asked: During the past 30 days, on how many days did you smoke cigarettes?
a: 0 days; b: 1 or 2 days; c: 3 to 5 days; d: 6 to 9 days; e: 10 to 19 days; f: 20 to 29 days; g: All 30 days;
Numerator: bcdefg; denominator: abcdefg;
Question number: 2019q35; 2017q34; 2015q31; 2013q30; 2011q30;

Category: Tobacco Use - Behaviors
 Number and Percent of students who smoked more than 10 cigarettes per day (among students who currently smoked cigarettes) during the past 30 days

School
NA
 NA of 13 students*

Region
25.4%
 67 of 263 students+

NH
16.1%
 482 of 2,987 students+



	School*		Region		NH	
	#	%	#	%	#	%
Year						
2011	-	-	-	-	-	-
2013	s	s	-	-	1,088	13.7
2015	s	s	67	10.7	739	14.2
2017	s	s	60	12.9	503	11.8
2019	s	s	67	25.4	482	16.1
Sex						
Female	0	0.0	7	8.0	102	9.6
Male	s	s	49	30.6	331	18.1
Grade						
09th	0	0.0	7	21.4	82	16.2
10th	0	0.0	0	0.0	99	19.2
11th	0	0.0	10	22.5	111	14.9
12th	s	s	32	25.9	116	10.8

Notes

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- s: To protect confidentiality the data have been suppressed. Cells are suppressed when the denominator is less than 50 students or the numerator is between 1 and 4 students for sex and grade. Numerators that are zero not not suppressed.

How the question was actually asked: During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?

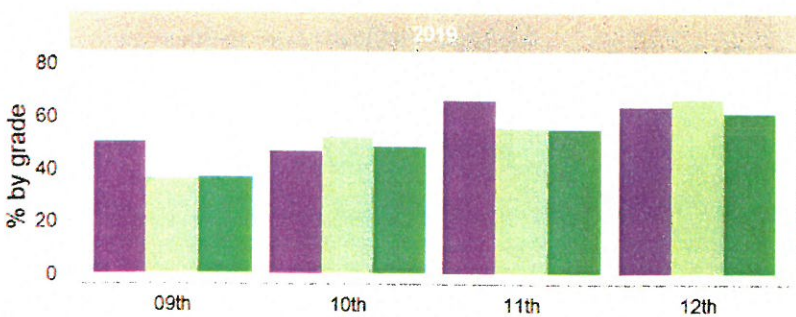
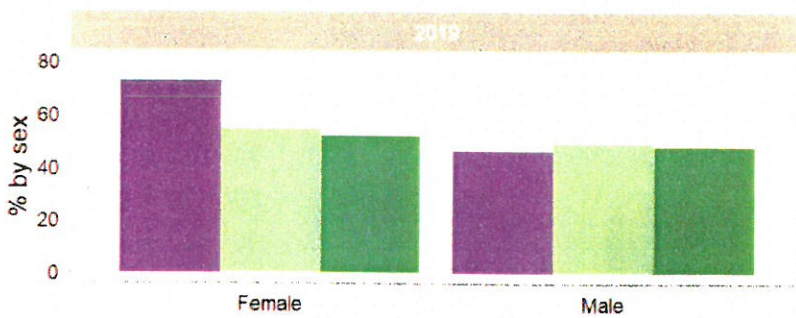
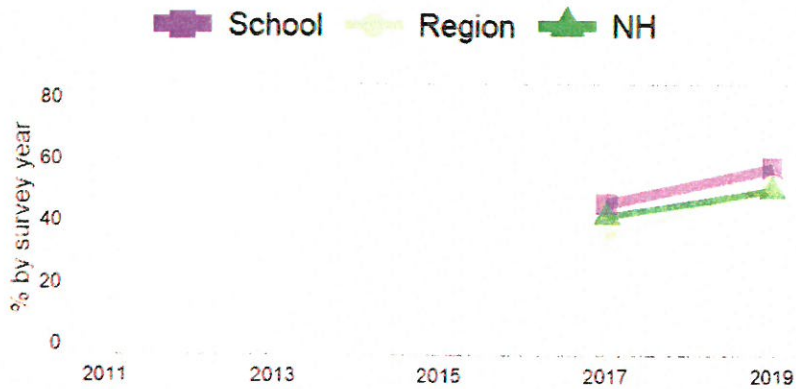
a: I did not smoke cigarettes during the past 30 days; b: Less than 1 cigarette per day; c: 1 cigarette per day; d: 2 to 5 cigarettes per day; e: 6 to 10 cigarettes per day; f: 11 to 20 cigarettes per day; g: More than 20 cigarettes per day;

Numerator: fg; denominator: bcdefg;

Question number: 2019q36; 2017q35; 2015q32; 2013q31; 2011q999;

Category: Tobacco Use - Behaviors
 Number and Percent of students who ever used an electronic vapor product

School	Region	NH
57.1%	51.7%	49.8%
89 of 152 students*	3,129 of 6,050 students+	27,093 of 54,365 students+



	School*		Region		NH	
	#	%	#	%	#	%
Year						
2011	-	-	-	-	-	-
2013	-	-	-	-	-	-
2015	-	-	-	-	-	-
2017	75	45.3	2,088	34.8	22,080	41.1
2019	89	57.1	3,129	51.7	27,093	49.8
Sex						
Female	46	72.4	1,545	54.3	13,491	51.9
Male	41	46.2	1,556	49.4	13,270	47.8
Grade						
09th	20	50.0	593	35.9	5,144	36.4
10th	13	46.2	780	51.7	6,591	47.8
11th	25	65.7	831	55.3	7,175	54.9
12th	29	63.4	883	66.5	7,754	60.9

Notes

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+: Region and state results are calculated and weighted using the CDC scientific survey sample. Caution should be used when comparing the school results.

s: To protect confidentiality the data have been suppressed. Cells are suppressed when the denominator is less than 50 students or the numerator is between 1 and 4 students for sex and grade. Numerators that are zero not not suppressed.

How the question was actually asked: Have you ever used an electronic vapor product?

a: Yes; b: No;

Numerator: a; denominator: ab;

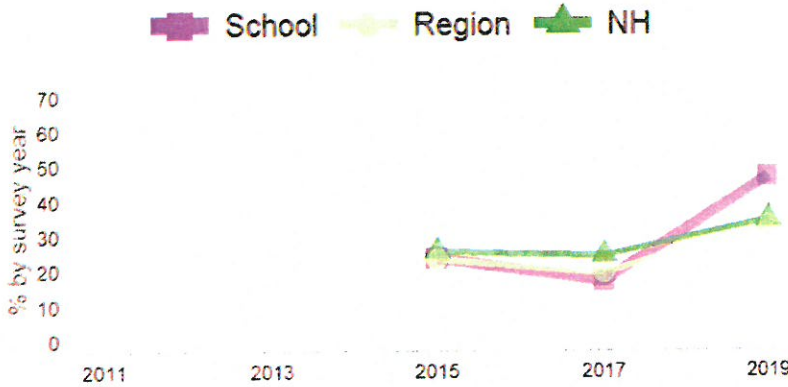
Question number: 2019q37; 2017q36; 2015q999; 2013q999; 2011q999;

Category: Tobacco Use - Behaviors
 Number and Percent of students who currently used an electronic vapor product (on at least 1 day) during the past 30 days

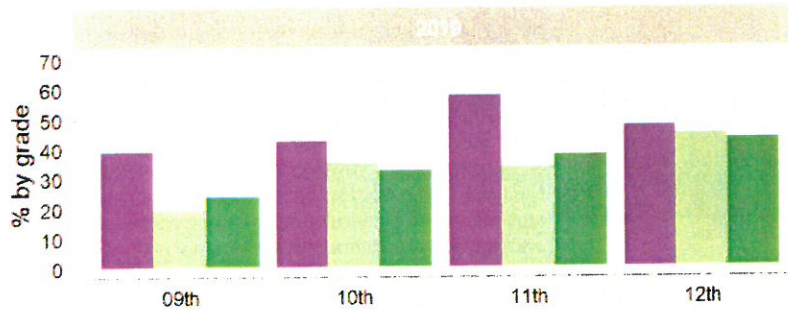
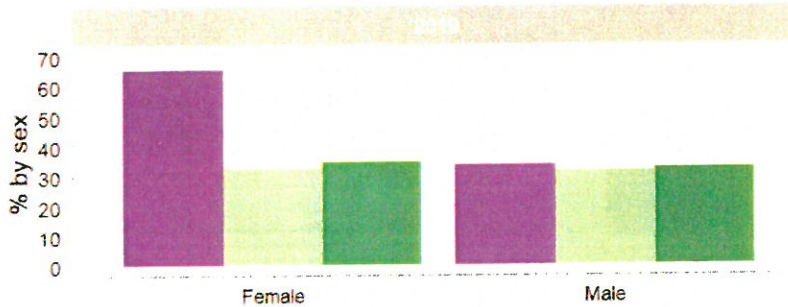
School
46.3%
 72 of 145 students*

Region
32.3%
 1,883 of 5,822 students+

NH
33.8%
 17,928 of 53,009 students+



	School*		Region		NH	
	#	%	#	%	#	%
Year						
2011	-	-	-	-	-	-
2013	-	-	-	-	-	-
2015	40	23.2	1,421	23.1	14,336	25.0
2017	27	16.4	1,089	18.8	12,319	23.8
2019	72	46.3	1,883	32.3	17,928	33.8
Sex						
Female	42	65.5	889	32.6	8,778	34.7
Male	30	33.8	966	31.7	8,866	32.7
Grade						
09th	16	38.9	303	19.1	3,234	23.4
10th	13	42.3	505	34.8	4,330	32.2
11th	22	57.6	484	33.4	4,733	37.4
12th	21	47.4	566	44.5	5,299	42.7



Notes

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- s: To protect confidentiality the data have been suppressed. Cells are suppressed when the denominator is less than 50 students or the numerator is between 1 and 4 students for sex and grade. Numerators that are zero not not suppressed.

How the question was actually asked: During the past 30 days, on how many days did you use an electronic vapor product?
 a: 0 days; b: 1 or 2 days; c: 3 to 5 days; d: 6 to 9 days; e: 10 to 19 days; f: 20 to 29 days; g: All 30 days;
 Numerator: bcdefg; denominator: abcdefg;
 Question number: 2019q38; 2017q37; 2015q37; 2013q999; 2011q999;

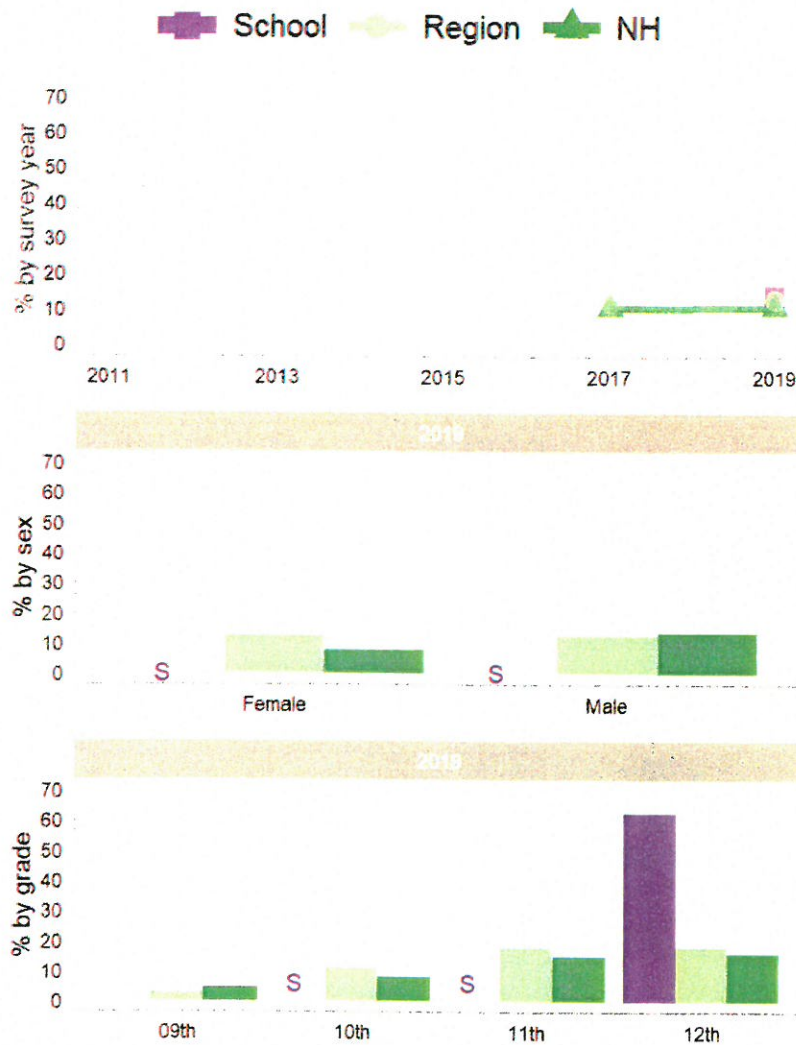
Category: Tobacco Use - Behaviors

Number and Percent of students who usually got their own electronic vapor products by buying them in a store (among students who currently used electronic vapor products and who were aged less than 18 years) during the past 30 days

School
14.0%
8 of 54 students*

Region
12.9%
193 of 1,491 students+

NH
10.6%
1,529 of 14,361 students+



	School*		Region		NH	
	#	%	#	%	#	%
Year						
2011	-	-	-	-	-	-
2013	-	-	-	-	-	-
2015	-	-	-	-	-	-
2017	s	s	104	11.8	997	10.3
2019	8	14.0	193	12.9	1,529	10.6
Sex						
Female	s	s	83	12.6	568	7.8
Male	s	s	107	12.9	953	13.7
Grade						
09th	0	0.0	9	2.9	136	4.3
10th	s	s	54	11.0	340	8.0
11th	s	s	82	17.8	676	14.9
12th	6	62.5	42	18.1	356	15.9

Notes

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How the question was actually asked: During the past 30 days, how did you usually get your own electronic vapor products? (Select only one response.)

- a: I did not use any electronic vapor products during the past 30 days; b: I bought them in a store such as a convenience store, supermarket, discount store, gas station, or vape store; c: I got them on the Internet; d: I gave someone else money to buy them for me; e: I borrowed them from someone else; f: A person who can legally buy these products gave them to me; g: I took them from a store or another person; h: I got them some other way.;

Numerator: b; denominator: bcdefgh;

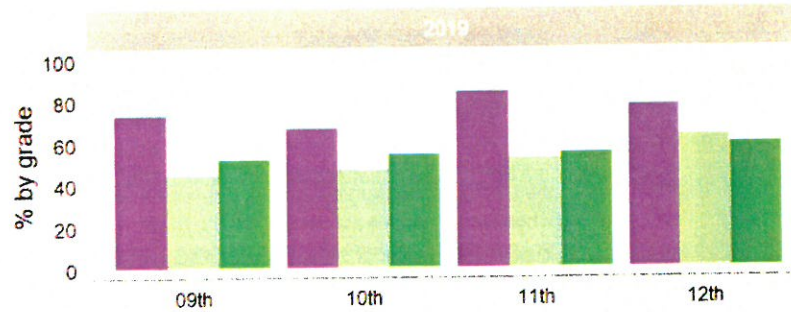
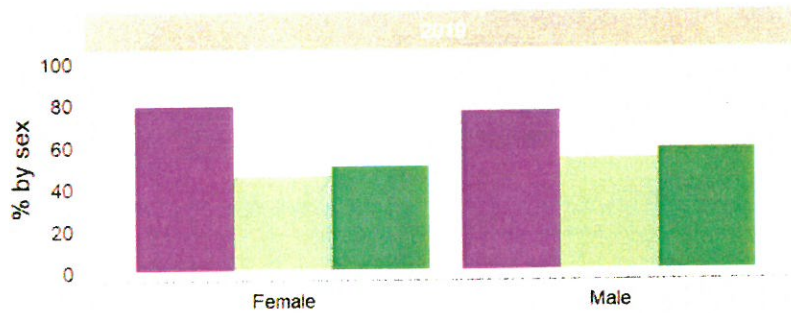
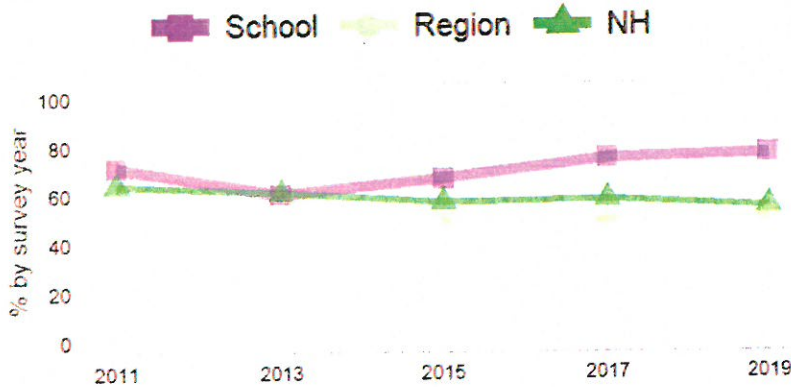
Question number: 2019q39; 2017q38; 2015q999; 2013q999; 2011q999;

Category: Vehicle and Bicycle Safety
 Number and Percent of students who rarely or never wore a bicycle helmet (among students who had ridden a bicycle) during the past 12 months

School
76.2%
 69 of 91 students*

Region
50.3%
 2,069 of 4,111 students+

NH
54.4%
 19,121 of 35,165 students+



	School*		Region		NH	
	#	%	#	%	#	%
Year						
2011	70	70.9	-	-	25,783	63.2
2013	59	59.8	-	-	22,801	60.0
2015	62	66.2	1,936	48.4	21,208	56.3
2017	72	74.4	1,979	48.9	20,616	57.4
2019	69	76.2	2,069	50.3	19,121	54.4
Sex						
Female	24	78.6	725	44.8	7,328	49.6
Male	44	75.9	1,324	53.5	11,561	57.8
Grade						
09th	24	73.3	563	44.1	5,412	51.3
10th	11	66.7	540	46.8	5,248	53.8
11th	17	84.2	499	52.3	4,260	54.7
12th	15	77.8	446	63.3	3,925	59.0

Notes

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- +: Region and state results are calculated and weighted using the CDC scientific survey sample. Caution should be used when comparing the school results.
- s: To protect confidentiality the data have been suppressed. Cells are suppressed when the denominator is less than 50 students or the numerator is between 1 and 4 students for sex and grade. Numerators that are zero not not suppressed.

How the question was actually asked: When you rode a bicycle during the past 12 months, how often did you wear a helmet?
 a: I did not ride a bicycle during the past 12 months; b: Never wore a helmet; c: Rarely wore a helmet; d: Sometimes wore a helmet; e: Most of the time wore a helmet; f: Always wore a helmet;
 Numerator: bc; denominator: bcdef;
 Question number: 2019q9; 2017q9; 2015q9; 2013q9; 2011q9;

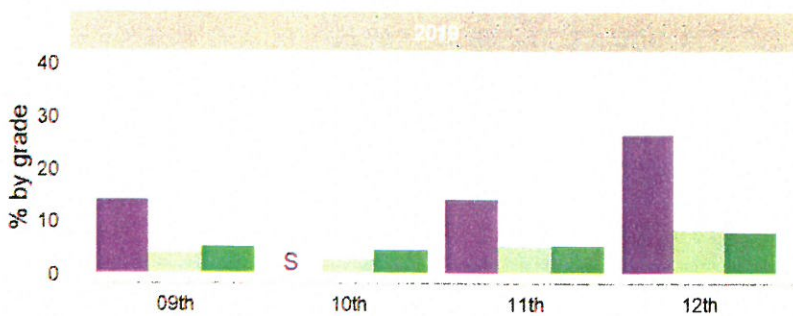
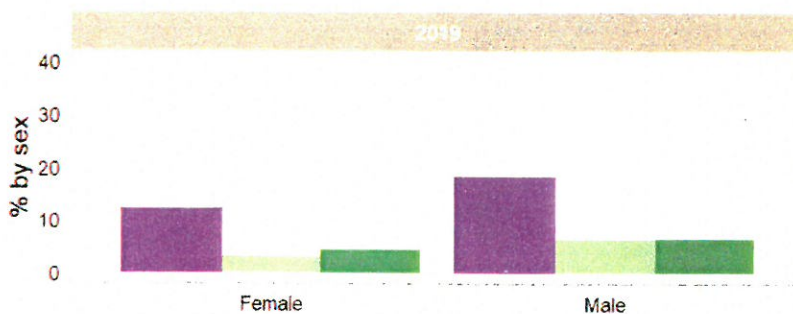
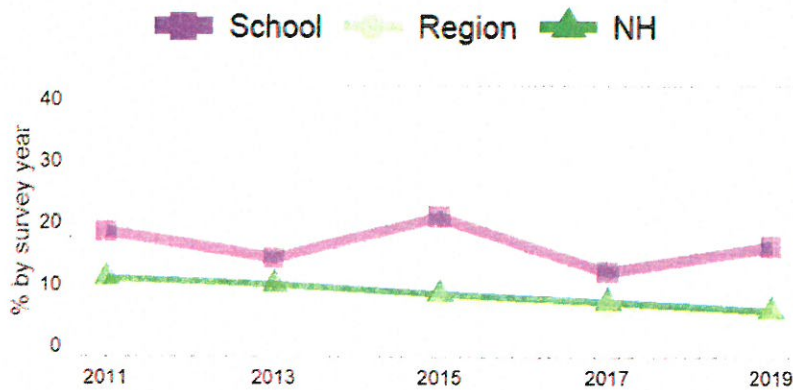
Category: Vehicle and Bicycle Safety

Number and Percent of students who rarely or never wore a seat belt (when riding in a car driven by someone else)

School
16.1%
25 of 155 students*

Region
5.0%
302 of 6,084 students+

NH
5.6%
3,043 of 54,073 students+



Year	School*		Region		NH	
	#	%	#	%	#	%
2011	28	18.4	-	-	6,702	10.7
2013	24	14.1	-	-	5,716	9.7
2015	36	20.8	440	7.2	4,619	8.2
2017	20	11.9	380	6.2	3,766	6.9
2019	25	16.1	302	5.0	3,043	5.6
Sex						
Female	8	12.1	90	3.1	1,135	4.4
Male	16	18.3	209	6.6	1,813	6.5
Grade						
09th	5	13.9	67	4.0	693	4.9
10th	s	s	40	2.6	570	4.2
11th	5	13.9	76	5.0	654	5.0
12th	12	26.2	109	8.2	966	7.7

Notes

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- s: To protect confidentiality the data have been suppressed. Cells are suppressed when the denominator is less than 50 students or the numerator is between 1 and 4 students for sex and grade. Numerators that are zero not not suppressed.

How the question was actually asked: How often do you wear a seat belt when riding in a car driven by someone else?

a: Never; b: Rarely; c: Sometimes; d: Most of the time; e: Always;

Numerator: ab; denominator: abcde;

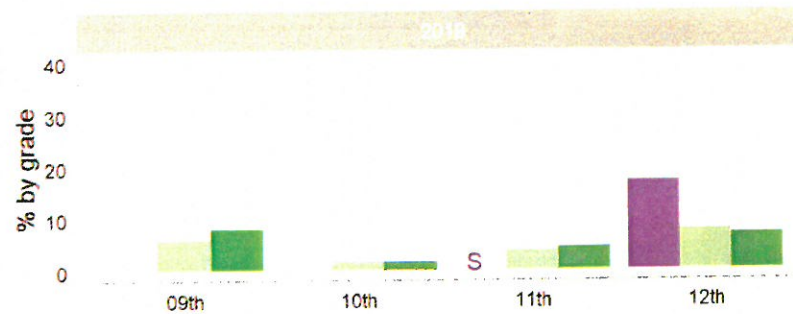
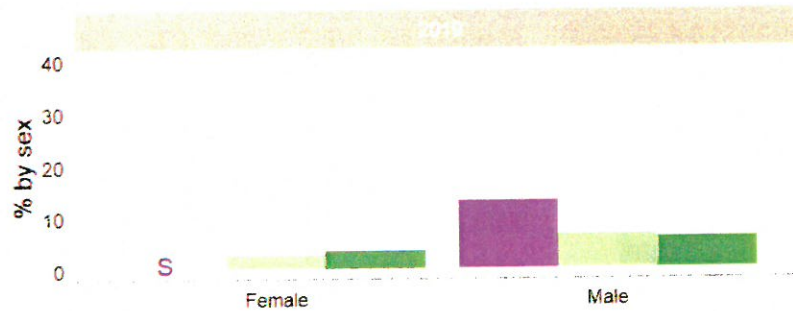
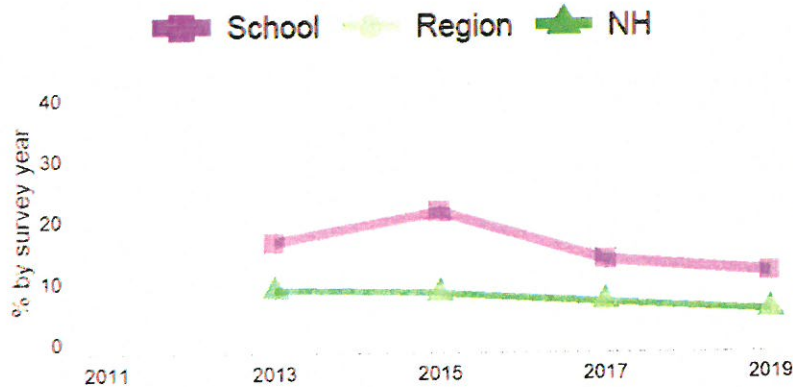
Question number: 2019q10; 2017q11; 2015q11; 2013q11; 2011q10;

Category: Vehicle and Bicycle Safety
 Number and Percent of students who rarely or never wear a seat belt when driving (among students who drive a car)

School
11.2%
 12 of 106 students*

Region
4.7%
 188 of 3,982 students+

NH
4.8%
 1,756 of 36,362 students+



	School*		Region		NH	
	#	%	#	%	#	%
Year						
2011	-	-	-	-	-	-
2013	20	16.2	-	-	3,475	8.3
2015	23	21.2	321	7.3	3,156	7.7
2017	14	13.3	252	5.8	2,484	6.3
2019	12	11.2	188	4.7	1,756	4.8
Sex						
Female	s	s	50	2.7	574	3.3
Male	8	13.0	135	6.5	1,097	5.9
Grade						
09th	0	0.0	18	5.8	218	7.8
10th	0	0.0	18	1.6	153	1.5
11th	s	s	48	3.7	481	4.2
12th	7	17.1	94	7.7	790	6.8

Notes

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- s: To protect confidentiality the data have been suppressed. Cells are suppressed when the denominator is less than 50 students or the numerator is between 1 and 4 students for sex and grade. Numerators that are zero not not suppressed.

How the question was actually asked: How often do you wear a seat belt when driving a car?

a: I do not drive a car; b: Never; c: Rarely; d: Sometimes; e: Most of the time; f: Always;

Numerator: bc; denominator: bcdef;

Question number: 2019q11; 2017q10; 2015q10; 2013q10; 2011q999;

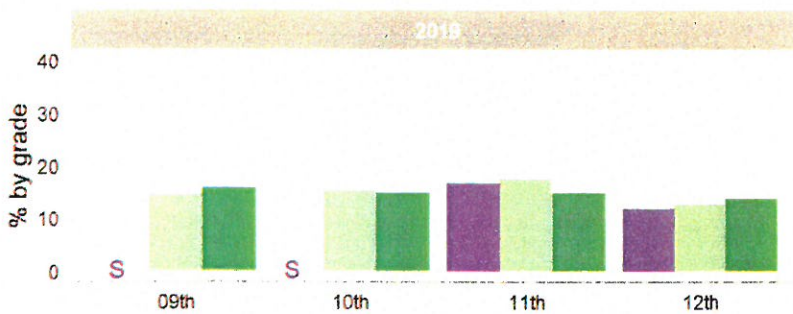
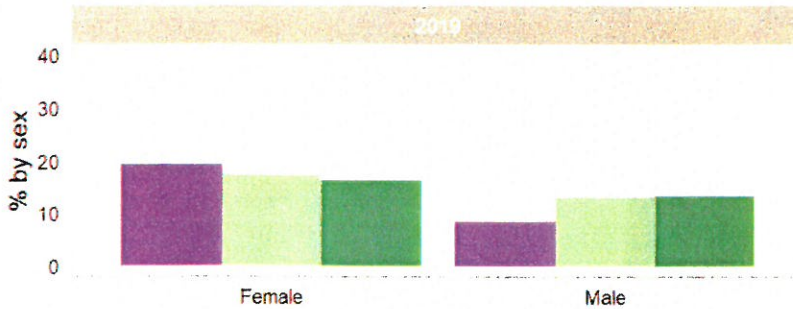
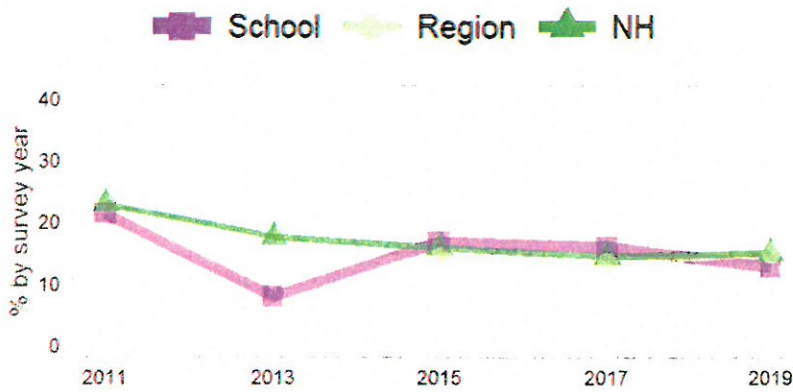
Category: Vehicle and Bicycle Safety

Number and Percent of students who rode with a driver who had been drinking alcohol (in a car or other vehicle, one or more times) during the past 30 days

School
12.7%
20 of 154 students*

Region
15.1%
912 of 6,060 students+

NH
14.9%
8,120 of 54,645 students+



	School*		Region		NH	
	#	%	#	%	#	%
Year						
2011	33	21.3	-	-	14,156	22.7
2013	13	7.8	-	-	10,249	17.4
2015	28	16.7	867	14.2	9,082	15.8
2017	26	15.9	813	13.3	7,966	14.4
2019	20	12.7	912	15.1	8,120	14.9
Sex						
Female	12	19.3	495	17.4	4,255	16.3
Male	8	8.5	414	13.1	3,727	13.3
Grade						
09th	s	s	242	14.5	2,200	15.5
10th	s	s	230	15.3	2,039	14.7
11th	7	16.7	263	17.5	1,931	14.7
12th	5	11.9	167	12.6	1,750	13.7

Notes

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- +: Region and state results are calculated and weighted using the CDC scientific survey sample. Caution should be used when comparing the school results.
- s: To protect confidentiality the data have been suppressed. Cells are suppressed when the denominator is less than 50 students or the numerator is between 1 and 4 students for sex and grade. Numerators that are zero not not suppressed.

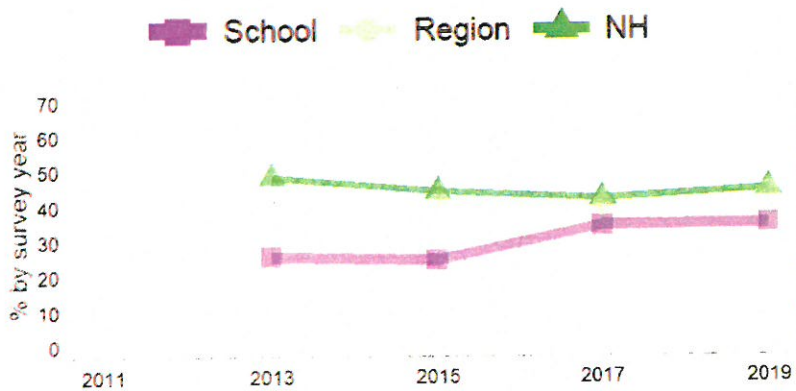
How the question was actually asked: During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?

a: 0 times; b: 1 time; c: 2 or 3 times; d: 4 or 5 times; e: 6 or more times;
 Numerator: bcde; denominator: abcde;
 Question number: 2019q12; 2017q12; 2015q12; 2013q12; 2011q11;

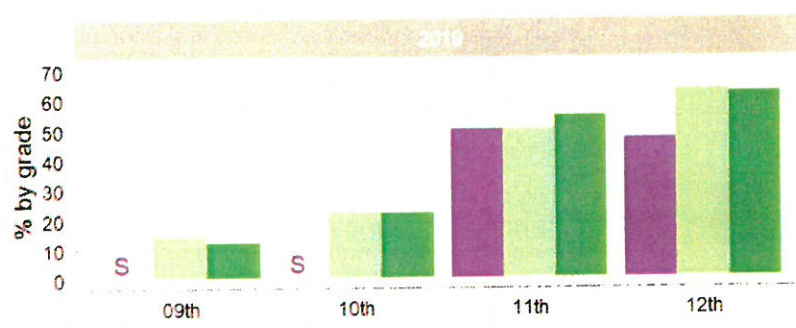
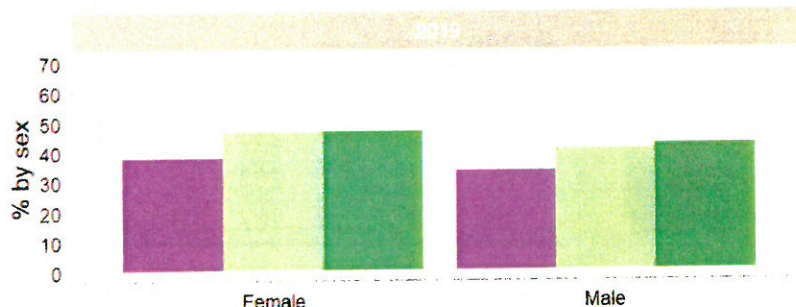
Category: Vehicle and Bicycle Safety

Number and Percent of students who texted or e-mailed while driving a car or other vehicle (on at least 1 day during the past 30 days, among students who had driven a car or other vehicle) during the past 30 days

School 34.4% 38 of 104 students*	Region 43.3% 1,614 of 3,730 students+	NH 44.2% 15,012 of 33,935 students+
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	School*		Region		NH	
	#	%	#	%	#	%
Year						
2011	-	-	-	-	-	-
2013	27	25.3	-	-	17,162	47.7
2015	23	24.2	1,483	40.8	15,126	43.7
2017	33	33.8	1,504	39.8	14,079	41.7
2019	38	34.4	1,614	43.3	15,012	44.2
Sex						
Female	16	37.8	825	46.6	7,566	46.4
Male	22	33.3	780	40.5	7,256	42.0
Grade						
09th	s	s	41	14.2	319	11.8
10th	s	s	228	22.0	2,010	21.5
11th	16	50.0	591	49.5	5,723	54.0
12th	17	46.9	733	63.0	6,712	61.7



Notes

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+: Region and state results are calculated and weighted using the CDC scientific survey sample. Caution should be used when comparing the school results.

s: To protect confidentiality the data have been suppressed. Cells are suppressed when the denominator is less than 50 students or the numerator is between 1 and 4 students for sex and grade. Numerators that are zero not not suppressed.

How the question was actually asked: During the past 30 days, on how many days did you text or e-mail while driving a car or other vehicle?

a: I did not drive a car or other vehicle during the past 30 days; b: 0 days; c: 1 or 2 days; d: 3 to 5 days; e: 6 to 9 days; f: 10 to 19 days; g: 20 to 29 days; h: All 30 days;

Numerator: cdefgh; denominator: bcdefgh;
 Question number: 2019q14; 2017q14; 2015q14; 2013q14; 2011q999;

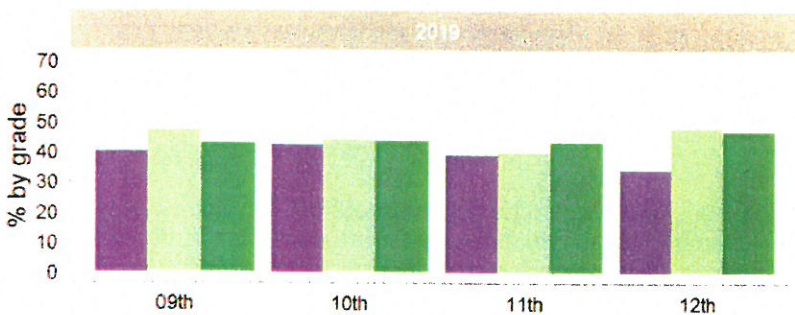
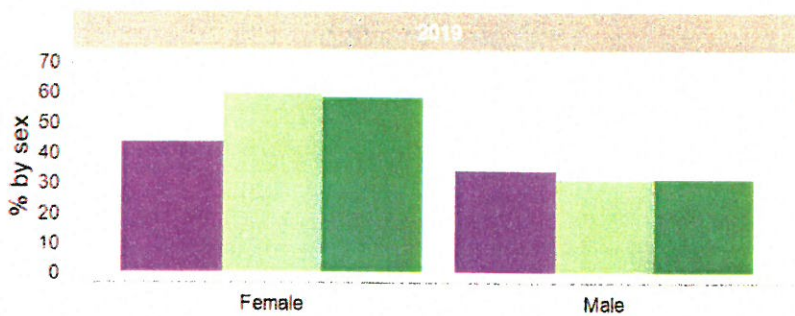
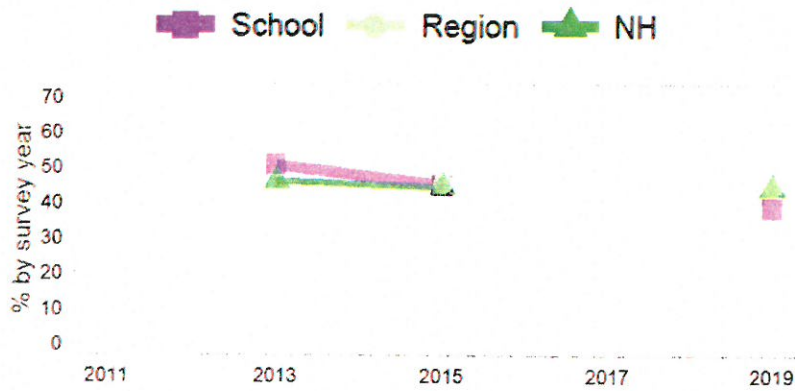
Category: Physical Inactivity and Unhealthy Dietary Behaviors

Number and Percent of students who were trying to lose weight

School
38.3%
59 of 153 students*

Region
44.7%
2,681 of 5,996 students+

NH
43.9%
23,739 of 54,053 students+



	School*		Region		NH	
	#	%	#	%	#	%
Year						
2011	-	-	-	-	-	-
2013	86	50.4	-	-	26,829	45.7
2015	76	44.7	2,764	45.3	25,143	44.1
2017	-	-	-	-	-	-
2019	59	38.3	2,681	44.7	23,739	43.9
Sex						
Female	27	43.1	1,680	59.1	14,933	57.7
Male	30	33.8	964	31.0	8,544	30.9
Grade						
09th	15	40.0	779	47.0	5,974	42.4
10th	12	42.3	655	43.9	5,950	43.4
11th	15	38.9	587	39.6	5,602	43.2
12th	15	34.1	627	48.0	5,925	46.8

Notes

- *: School results are calculated using non-scientific survey data. Numbers of students responding to question are adjusted to enrollment data.
- +: Region and state results are calculated and weighted using the CDC scientific survey sample. Caution should be used when comparing the school results.
- s: To protect confidentiality the data have been suppressed. Cells are suppressed when the denominator is less than 50 students or the numerator is between 1 and 4 students for sex and grade. Numerators that are zero not not suppressed.

How the question was actually asked: Which of the following are you trying to do about your weight?

a: Lose weight; b: Gain weight; c: Stay the same weight; d: I am not trying to do anything about my weight;

Numerator: a; denominator: abcd;

Question number: 2019q63; 2017q999; 2015q60; 2013q65; 2011q999;

Category: Physical Inactivity and Unhealthy Dietary Behaviors
 Number and Percent of students who went without eating for 24 hours or more to lose weight or to keep from gaining weight (also called fasting) during the past 30 days

School
22.0%
 34 of 153 students*

Region
15.6%
 938 of 6,023 students+

NH
14.6%
 7,794 of 53,356 students+



	School*		Region		NH	
	#	%	#	%	#	%
Year						
2011	-	-	-	-	-	-
2013	-	-	-	-	-	-
2015	-	-	-	-	-	-
2017	-	-	-	-	-	-
2019	34	22.0	938	15.6	7,794	14.6
Sex						
Female	21	32.8	673	23.5	5,406	21.2
Male	11	12.5	252	8.1	2,244	8.2
Grade						
09th	10	25.7	276	16.6	2,116	15.2
10th	7	23.1	280	18.8	1,910	14.1
11th	8	19.4	170	11.4	1,893	14.8
12th	9	19.5	189	14.4	1,692	13.5

Notes

*: School results are calculated using non-scientific survey data. Numbers of students responding to question are adjusted to enrollment data.

+: Region and state results are calculated and weighted using the CDC scientific survey sample. Caution should be used when comparing the school results.

s: To protect confidentiality the data have been suppressed. Cells are suppressed when the denominator is less than 50 students or the numerator is between 1 and 4 students for sex and grade. Numerators that are zero not not suppressed.

How the question was actually asked: During the past 30 days, did you go without eating for 24 hours or more (also called fasting) to lose weight or to keep from gaining weight?

a: Yes; b: No;

Numerator: a; denominator: ab;

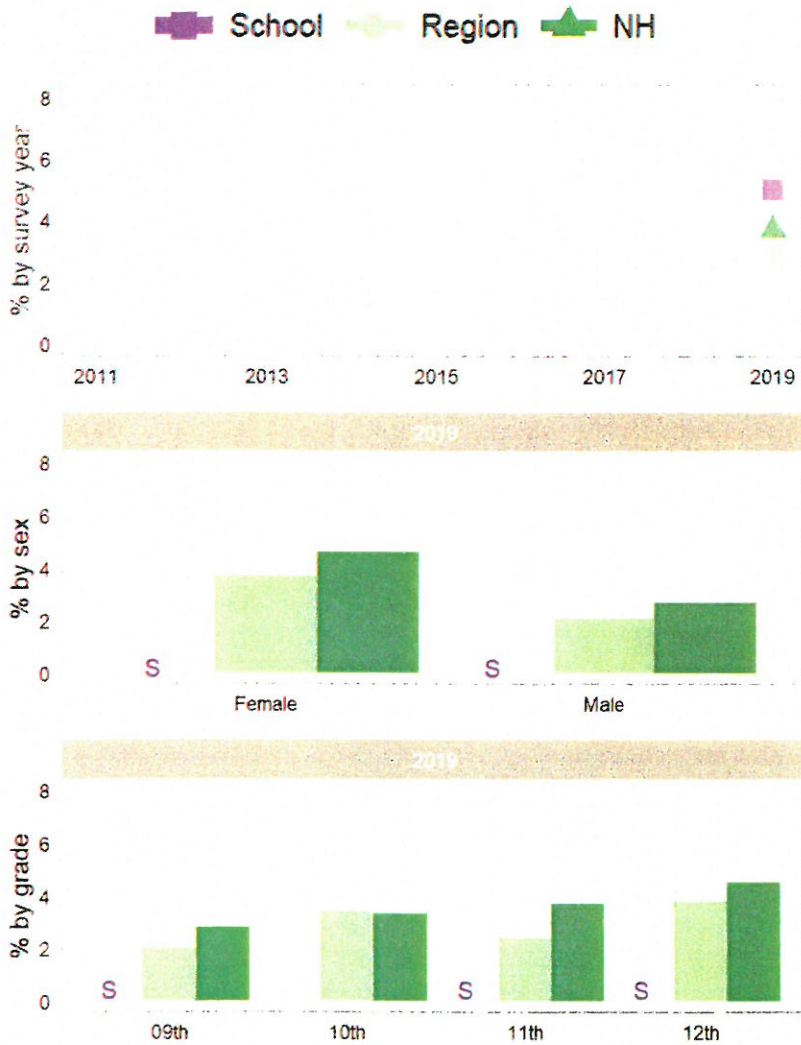
Question number: 2019q64; 2017q999; 2015q999; 2013q999; 2011q999;

Category: Physical Inactivity and Unhealthy Dietary Behaviors
 Number and Percent of students who took some diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight during the past 30 days

School
5.0%
 8 of 153 students*

Region
3.0%
 180 of 6,023 students+

NH
3.7%
 1,974 of 53,290 students+



	School*		Region		NH	
	#	%	#	%	#	%
Year						
2011	-	-	-	-	-	-
2013	-	-	-	-	-	-
2015	-	-	-	-	-	-
2017	-	-	-	-	-	-
2019	8	5.0	180	3.0	1,974	3.7
Sex						
Female	s	s	107	3.7	1,172	4.6
Male	s	s	67	2.1	728	2.7
Grade						
09th	s	s	34	2.0	395	2.8
10th	0	0.0	52	3.4	439	3.3
11th	s	s	35	2.4	475	3.7
12th	s	s	50	3.8	557	4.5

Notes

- *: School results are calculated using non-scientific survey data. Numbers of students responding to question are adjusted to enrollment data.
- +: Region and state results are calculated and weighted using the CDC scientific survey sample. Caution should be used when comparing the school results.
- s: To protect confidentiality the data have been suppressed. Cells are suppressed when the denominator is less than 50 students or the numerator is between 1 and 4 students for sex and grade. Numerators that are zero not not suppressed.

How the question was actually asked: During the past 30 days, did you take any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight? (Do not include meal replacement products such as Slim Fast.)

a: Yes; b: No;

Numerator: a; denominator: ab;

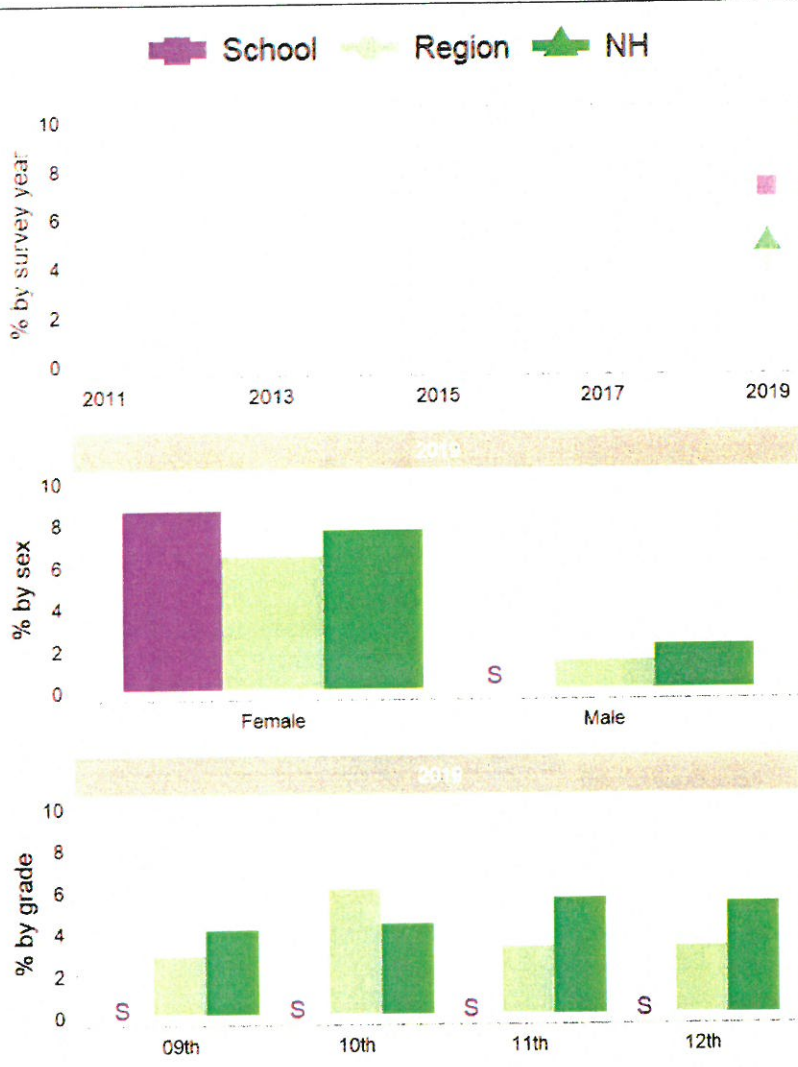
Question number: 2019q65; 2017q999; 2015q999; 2013q999; 2011q999;

Category: Physical Inactivity and Unhealthy Dietary Behaviors
 Number and Percent of students who vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days

School
7.1%
 11 of 153 students*

Region
3.9%
 233 of 6,019 students+

NH
4.8%
 2,585 of 53,338 students+



	School*		Region		NH	
	#	%	#	%	#	%
Year						
2011	-	-	-	-	-	-
2013	-	-	-	-	-	-
2015	-	-	-	-	-	-
2017	-	-	-	-	-	-
2019	11	7.1	233	3.9	2,585	4.8
Sex						
Female	5	8.6	184	6.4	1,949	7.6
Male	s	s	44	1.4	584	2.1
Grade						
09th	s	s	47	2.8	558	4.0
10th	s	s	90	6.0	576	4.3
11th	s	s	48	3.2	702	5.5
12th	s	s	42	3.2	656	5.3

Notes

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- +: Region and state results are calculated and weighted using the CDC scientific survey sample. Caution should be used when comparing the school results.
- s: To protect confidentiality the data have been suppressed. Cells are suppressed when the denominator is less than 50 students or the numerator is between 1 and 4 students for sex and grade. Numerators that are zero not not suppressed.

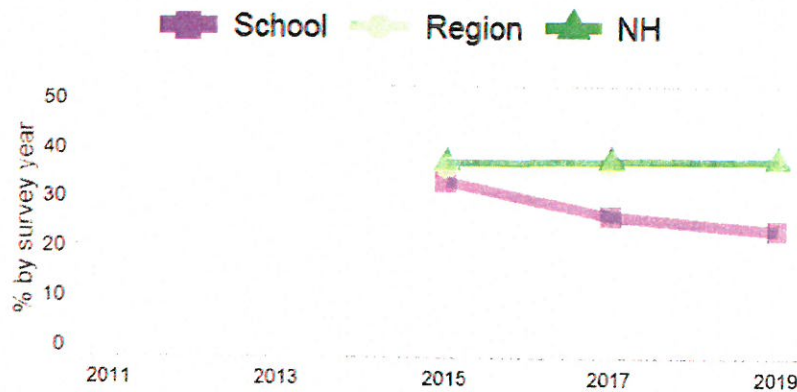
How the question was actually asked: During the past 30 days, did you vomit or take laxatives to lose weight or to keep from gaining weight?
 a: Yes; b: No;
 Numerator: a; denominator: ab;
 Question number: 2019q66; 2017q999; 2015q999; 2013q999; 2011q999;

Category: Physical Inactivity and Unhealthy Dietary Behaviors
 Number and Percent of students who did not drink a can, bottle, or glass of soda or pop (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop) during the past 7 days

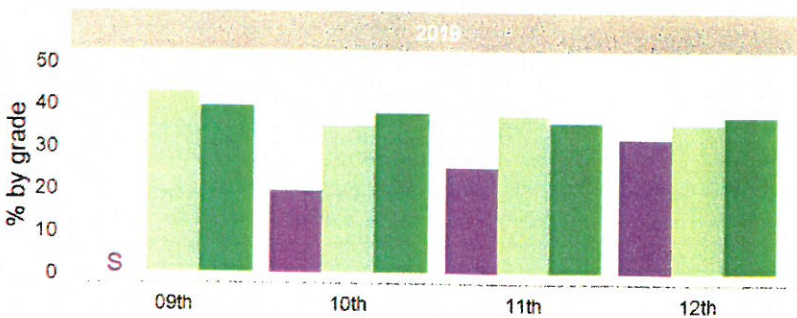
School
23.4%
 36 of 153 students*

Region
37.9%
 2,283 of 6,022 students+

NH
37.4%
 19,973 of 53,384 students+



	School*		Region		NH	
	#	%	#	%	#	%
Year						
2011	-	-	-	-	-	-
2013	-	-	-	-	-	-
2015	57	33.1	2,197	36.1	21,164	37.0
2017	43	26.2	2,166	36.0	20,526	37.4
2019	36	23.4	2,283	37.9	19,973	37.4
Sex						
Female	10	15.5	1,315	46.0	11,782	46.0
Male	25	28.7	950	30.5	7,991	29.4
Grade						
09th	s	s	718	43.0	5,469	39.2
10th	5	19.2	521	34.9	5,095	37.7
11th	10	25.0	557	37.4	4,570	35.7
12th	14	31.7	465	35.5	4,635	37.1



Notes

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- +: Region and state results are calculated and weighted using the CDC scientific survey sample. Caution should be used when comparing the school results.
- s: To protect confidentiality the data have been suppressed. Cells are suppressed when the denominator is less than 50 students or the numerator is between 1 and 4 students for sex and grade. Numerators that are zero not not suppressed.

How the question was actually asked: During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not count diet soda or diet pop.)

a: 1 did not drink soda or pop during the past 7 days; b: 1 to 3 times during the past 7 days; c: 4 to 6 times during the past 7 days; d: 1 time per day; e: 2 times per day; f: 3 times per day; g: 4 or more times per day;

Numerator: a; denominator: abcdefg;

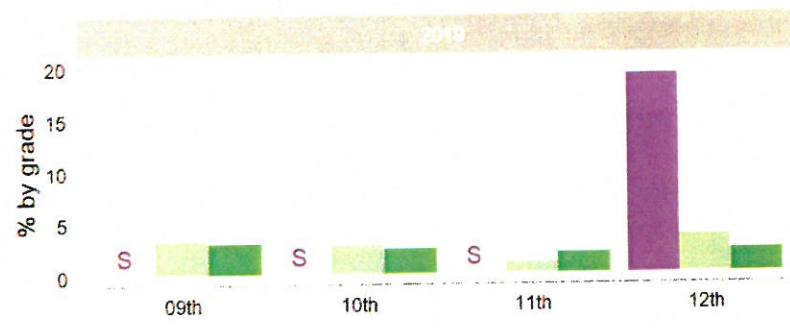
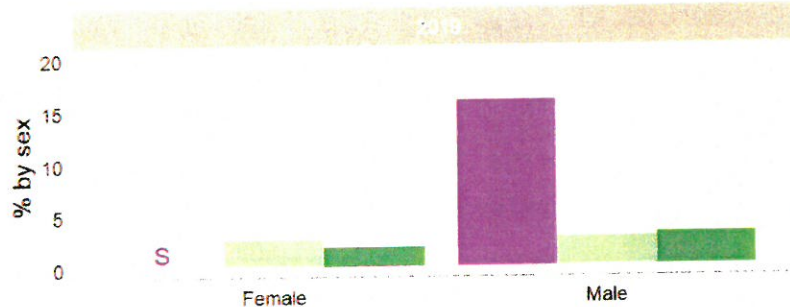
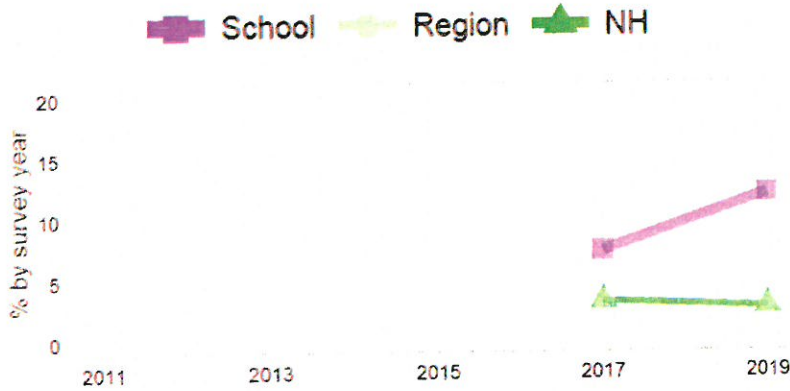
Question number: 2019q67; 2017q67; 2015q62; 2013q999; 2011q999;

Category: Physical Inactivity and Unhealthy Dietary Behaviors
 Number and Percent of students who did not drink a bottle or glass of plain water during the past 7 days

School
11.9%
 18 of 155 students*

Region
2.7%
 164 of 6,044 students+

NH
2.6%
 1,385 of 54,255 students+



	School*		Region		NH	
	#	%	#	%	#	%
Year						
2011	-	-	-	-	-	-
2013	-	-	-	-	-	-
2015	-	-	-	-	-	-
2017	12	7.3	184	3.1	1,705	3.1
2019	18	11.9	164	2.7	1,385	2.6
Sex						
Female	s	s	75	2.6	459	1.8
Male	14	15.9	89	2.8	864	3.1
Grade						
09th	s	s	55	3.3	406	2.9
10th	s	s	42	2.8	337	2.4
11th	s	s	16	1.1	262	2.0
12th	9	19.0	47	3.6	282	2.2

Notes

- *: School results are calculated using non-scientific survey data. Numbers of students responding to question are adjusted to enrollment data.
- +: Region and state results are calculated and weighted using the CDC scientific survey sample. Caution should be used when comparing the school results.
- s: To protect confidentiality the data have been suppressed. Cells are suppressed when the denominator is less than 50 students or the numerator is between 1 and 4 students for sex and grade. Numerators that are zero not not suppressed.

How the question was actually asked: During the past 7 days, how many times did you drink a bottle or glass of plain water? (Count tap, bottled, and unflavored sparkling water.)

a: I did not drink water during the past 7 days; b: 1 to 3 times during the past 7 days; c: 4 to 6 times during the past 7 days; d: 1 time per day; e: 2 times per day; f: 3 times per day; g: 4 or more times per day;

Numerator: a; denominator: abcdefg;

Question number: 2019q68; 2017q68; 2015q999; 2013q999; 2011q999;

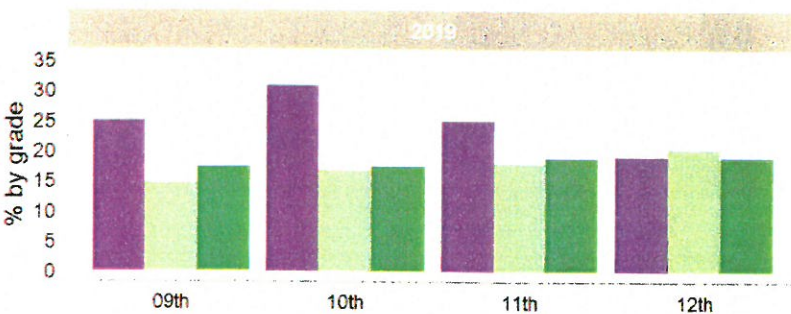
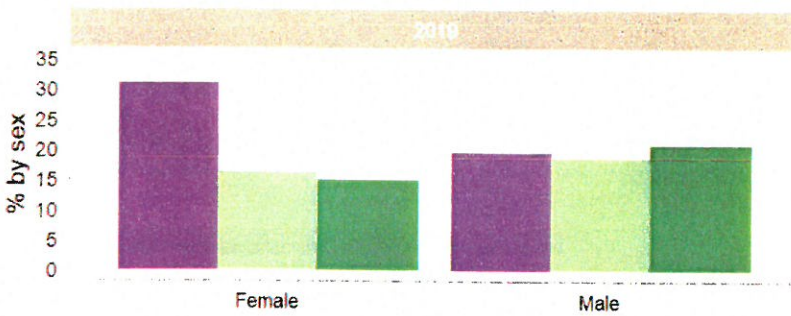
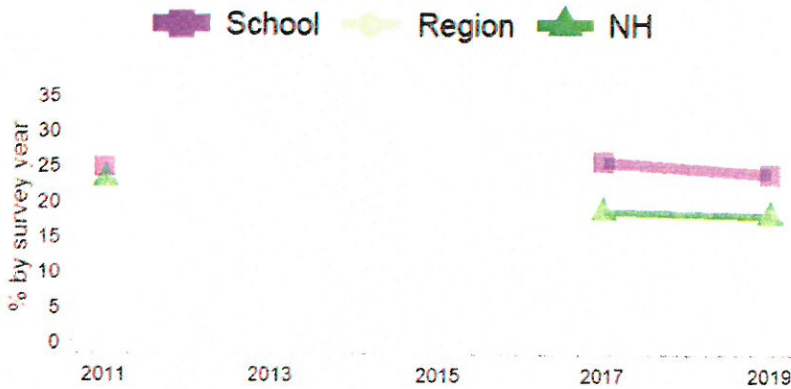
Category: Physical Inactivity and Unhealthy Dietary Behaviors

Number and Percent of students who drank a can, bottle, or glass of a sugar-sweetened beverage (such as sports drinks, energy drinks, lemonade, sweetened tea or coffee drinks, flavored milk, Snapple, or Sunny Delight, not counting soda or pop, one or more times per day) during the past 7 days

School
23.9%
 37 of 154 students*

Region
17.4%
 1,053 of 6,037 students+

NH
18.0%
 9,638 of 53,461 students+



	School*		Region		NH	
	#	%	#	%	#	%
Year						
2011	38	24.8	-	-	14,238	22.9
2013	-	-	-	-	-	-
2015	-	-	-	-	-	-
2017	43	25.7	1,095	18.3	10,128	18.6
2019	37	23.9	1,053	17.4	9,638	18.0
Sex						
Female	20	31.0	462	16.2	3,811	14.9
Male	17	19.5	584	18.7	5,693	20.9
Grade						
09th	10	25.0	244	14.6	2,375	17.1
10th	9	30.8	252	16.7	2,345	17.3
11th	10	25.0	267	17.9	2,392	18.7
12th	9	19.0	267	20.3	2,358	18.8

Notes

- *: School results are calculated using non-scientific survey data. Numbers of students responding to question are adjusted to enrollment data.
- +: Region and state results are calculated and weighted using the CDC scientific survey sample. Caution should be used when comparing the school results.
- s: To protect confidentiality the data have been suppressed. Cells are suppressed when the denominator is less than 50 students or the numerator is between 1 and 4 students for sex and grade. Numerators that are zero not not suppressed.

How the question was actually asked: During the past 7 days, how many times did you drink a can, bottle, or glass of a sugar-sweetened beverage such as sports drinks (for example, Gatorade or PowerAde), energy drinks (for example, Red Bull or Jolt), lemonade, sweetened tea or coffee drinks, flavored milk, Snapple, or Sunny Delight? (Do not count soda or pop.)

a: I did not drink these sugarsweetened beverages during the past 7 days; b: 1 to 3 times during the past 7 days; c: 4 to 6 times during the past 7 days; d: 1 time per day; e: 2 times per day; f: 3 times per day; g: 4 or more times per day;

Numerator: defg; denominator: abcdefg;

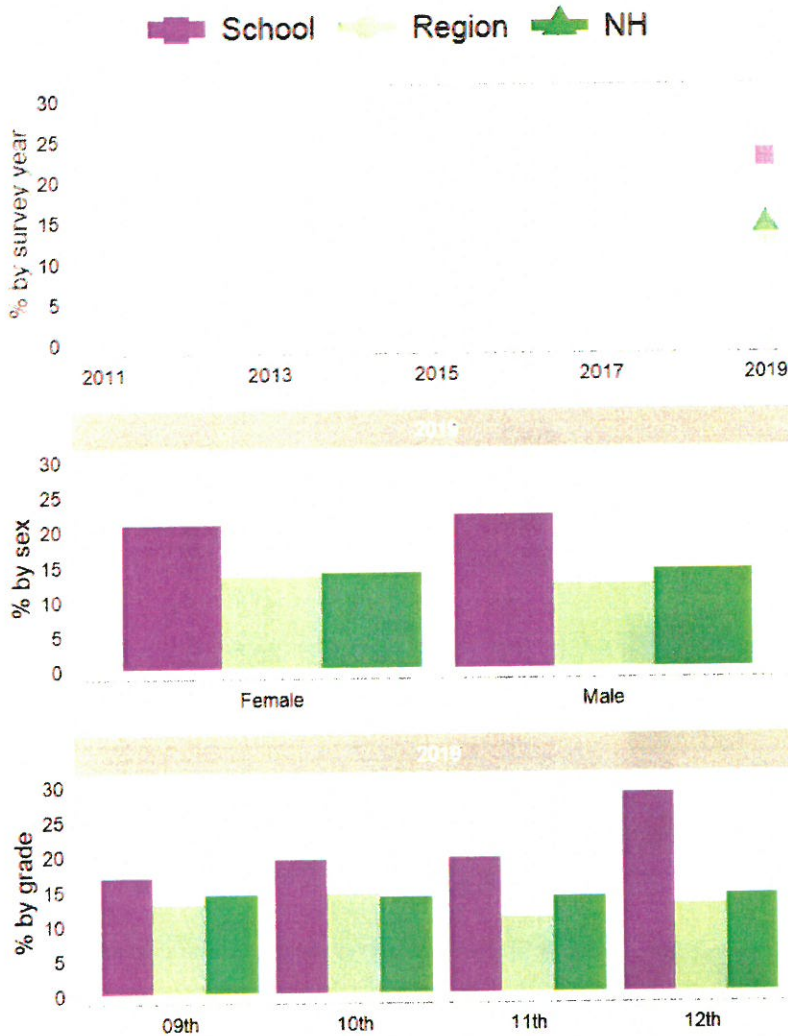
Question number: 2019q69; 2017q66; 2015q999; 2013q999; 2011q69;

Category: Physical Inactivity and Unhealthy Dietary Behaviors
 Number and Percent of students who did not eat breakfast during the past 7 days

School
22.4%
 35 of 155 students*

Region
12.8%
 771 of 6,036 students+

NH
14.1%
 7,615 of 54,157 students+



	School*		Region		NH	
	#	%	#	%	#	%
Year						
2011	-	-	-	-	-	-
2013	-	-	-	-	-	-
2015	-	-	-	-	-	-
2017	-	-	-	-	-	-
2019	35	22.4	771	12.8	7,615	14.1
Sex						
Female	13	20.7	378	13.3	3,580	13.8
Male	20	22.0	380	12.1	3,888	14.1
Grade						
09th	7	16.7	213	12.8	1,985	14.1
10th	5	19.2	214	14.2	1,873	13.7
11th	8	19.4	161	10.8	1,793	13.8
12th	13	28.6	166	12.7	1,774	14.0

Notes

- *: School results are calculated using non-scientific survey data. Numbers of students responding to question are adjusted to enrollment data.
- +: Region and state results are calculated and weighted using the CDC scientific survey sample. Caution should be used when comparing the school results.
- s: To protect confidentiality the data have been suppressed. Cells are suppressed when the denominator is less than 50 students or the numerator is between 1 and 4 students for sex and grade. Numerators that are zero not not suppressed.

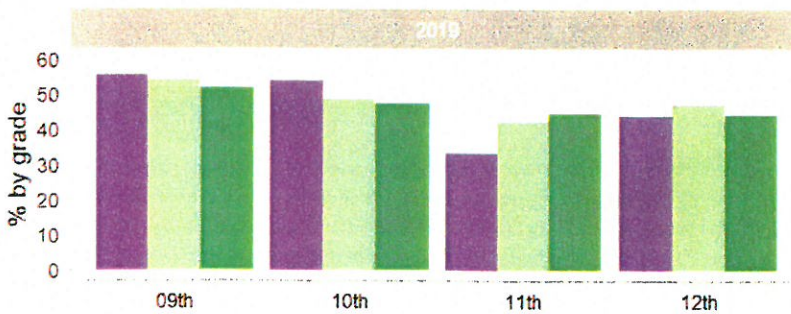
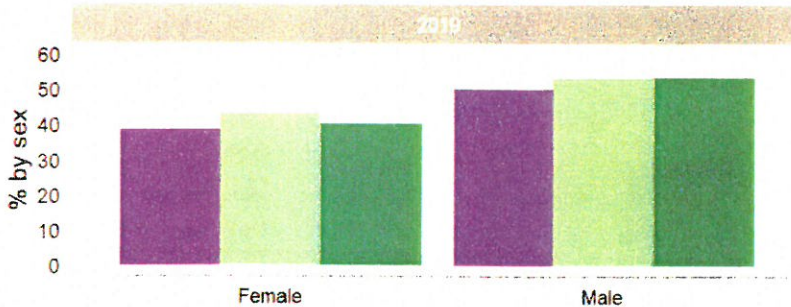
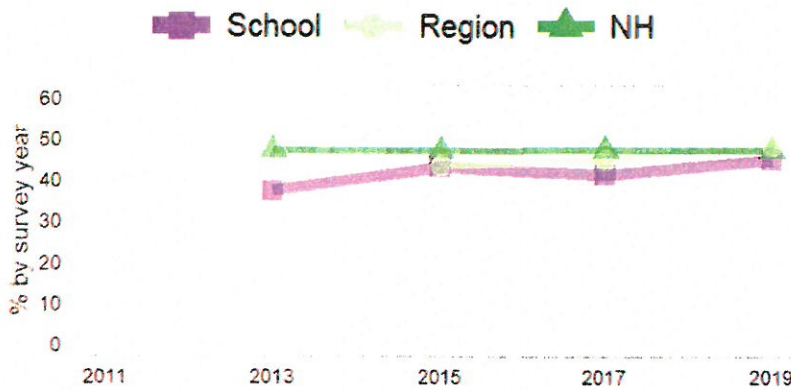
How the question was actually asked: During the past 7 days, on how many days did you eat breakfast?
 a: 0 days; b: 1 day; c: 2 days; d: 3 days; e: 4 days; f: 5 days; g: 6 days; h: 7 days;
 Numerator: A; denominator: ABCDEFGH;
 Question number: 2019q70; 2017q999; 2015q999; 2013q999; 2011q999;

Category: Physical Inactivity and Unhealthy Dietary Behaviors
 Number and Percent of students who were physically active at least 60 minutes per day on 5 or more days during the past 7 days

School
45.1%
 70 of 154 students*

Region
48.4%
 2,905 of 6,000 students+

NH
47.1%
 25,420 of 53,944 students+



	School*		Region		NH	
	#	%	#	%	#	%
Year						
2011	-	-	-	-	-	-
2013	64	37.3	-	-	27,560	47.0
2015	74	43.2	2,652	43.5	26,779	46.9
2017	69	41.3	2,688	44.9	25,806	47.2
2019	70	45.1	2,905	48.4	25,420	47.1
Sex						
Female	24	38.6	1,227	43.2	10,398	40.3
Male	45	50.0	1,660	53.4	14,710	53.4
Grade						
09th	22	55.6	898	54.1	7,262	51.8
10th	15	53.8	721	48.6	6,460	47.3
11th	13	33.3	628	42.3	5,759	44.5
12th	20	43.9	618	47.1	5,609	44.3

Notes

- *: School results are calculated using non-scientific survey data. Numbers of students responding to question are adjusted to enrollment data.
- +: Region and state results are calculated and weighted using the CDC scientific survey sample. Caution should be used when comparing the school results.
- s: To protect confidentiality the data have been suppressed. Cells are suppressed when the denominator is less than 50 students or the numerator is between 1 and 4 students for sex and grade. Numerators that are zero not not suppressed.

How the question was actually asked: During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)

a: 0 days; b: 1 day; c: 2 days; d: 3 days; e: 4 days; f: 5 days; g: 6 days; h: 7 days;

Numerator: fgh; denominator: abcdefgh;

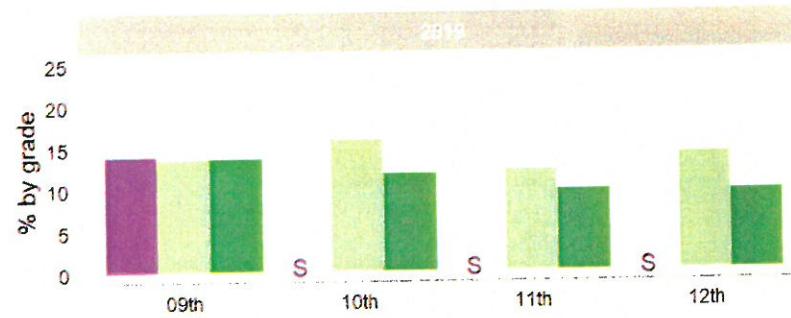
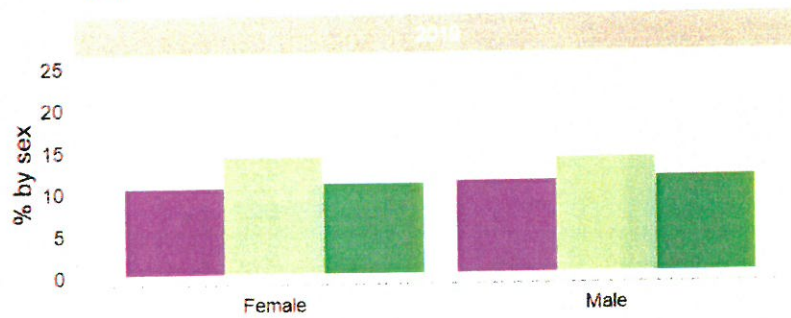
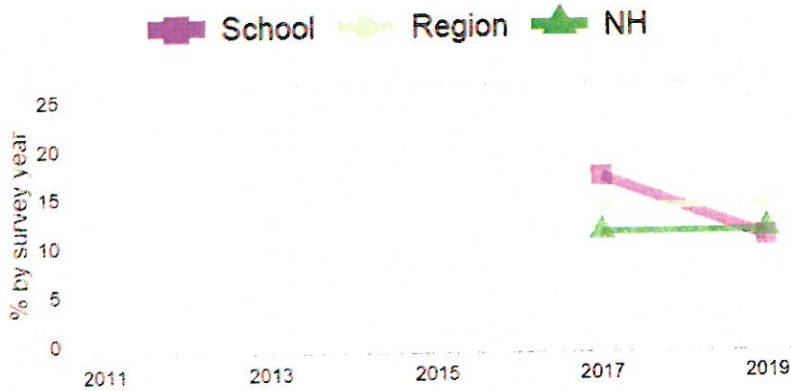
Question number: 2019q71; 2017q69; 2015q63; 2013q69; 2011q999;

Category: Physical Inactivity and Unhealthy Dietary Behaviors
 Number and Percent of students who reported that some of their classroom teachers provide short physical activity breaks during regular class time (not counting their physical education teacher)

School
10.5%
 16 of 155 students*

Region
13.8%
 831 of 6,018 students+

NH
11.1%
 5,961 of 53,466 students+



	School*		Region		NH	
	#	%	#	%	#	%
Year						
2011	-	-	-	-	-	-
2013	-	-	-	-	-	-
2015	-	-	-	-	-	-
2017	28	16.8	810	13.6	5,918	11.0
2019	16	10.5	831	13.8	5,961	11.1
Sex						
Female	7	10.3	402	14.1	2,744	10.7
Male	10	11.0	429	13.8	3,145	11.5
Grade						
09th	5	13.9	225	13.5	1,890	13.5
10th	s	s	236	15.8	1,581	11.7
11th	s	s	181	12.1	1,232	9.6
12th	s	s	184	14.0	1,176	9.4

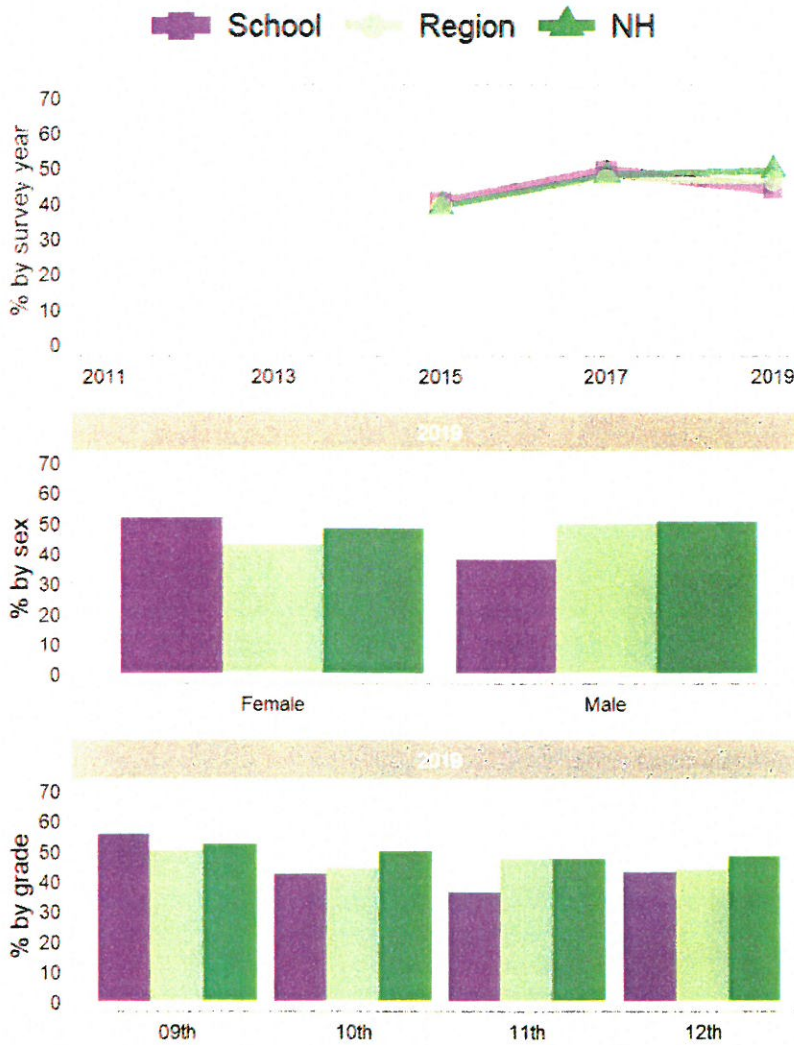
Notes

- *: School results are calculated using non-scientific survey data. Numbers of students responding to question are adjusted to enrollment data.
- +: Region and state results are calculated and weighted using the CDC scientific survey sample. Caution should be used when comparing the school results.
- s: To protect confidentiality the data have been suppressed. Cells are suppressed when the denominator is less than 50 students or the numerator is between 1 and 4 students for sex and grade. Numerators that are zero not not suppressed.

How the question was actually asked: Do any of your classroom teachers provide short physical activity breaks during regular class time? (Do not count your physical education teacher.)
 a: Yes; b: No;
 Numerator: a; denominator: ab;
 Question number: 2019q72; 2017q70; 2015q999; 2013q999; 2011q999;

Category: Physical Inactivity and Unhealthy Dietary Behaviors
 Number and Percent of students who played video or computer games or used a computer 3 or more hours per day on an average school day

School 44.1% 68 of 155 students*	Region 46.5% 2,796 of 6,007 students+	NH 49.2% 26,594 of 54,079 students+
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	School*		Region		NH	
	#	%	#	%	#	%
Year						
2011	-	-	-	-	-	-
2013	-	-	-	-	-	-
2015	69	40.2	2,371	38.9	21,868	38.9
2017	81	49.0	2,793	46.7	25,757	47.8
2019	68	44.1	2,796	46.5	26,594	49.2
Sex						
Female	33	51.7	1,220	42.9	12,363	47.8
Male	34	37.8	1,545	49.6	13,862	50.2
Grade						
09th	22	55.6	827	49.8	7,313	51.8
10th	12	42.3	660	44.3	6,813	49.7
11th	14	36.1	702	47.3	6,080	47.0
12th	20	42.9	575	43.8	6,052	47.8

Notes

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- +: Region and state results are calculated and weighted using the CDC scientific survey sample. Caution should be used when comparing the school results.
- s: To protect confidentiality the data have been suppressed. Cells are suppressed when the denominator is less than 50 students or the numerator is between 1 and 4 students for sex and grade. Numerators that are zero not not suppressed.

How the question was actually asked: On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Count time spent playing games, watching videos, texting, or using social media on your smartphone, computer, Xbox, PlayStation, iPad, or other tablet.)

a: I do not play video or computer games or use a computer for something that is not school work; b: Less than 1 hour per day; c: 1 hour per day; d: 2 hours per day; e: 3 hours per day; f: 4 hours per day; g: 5 or more hours per day;

Numerator: efg; denominator: abcdefg;

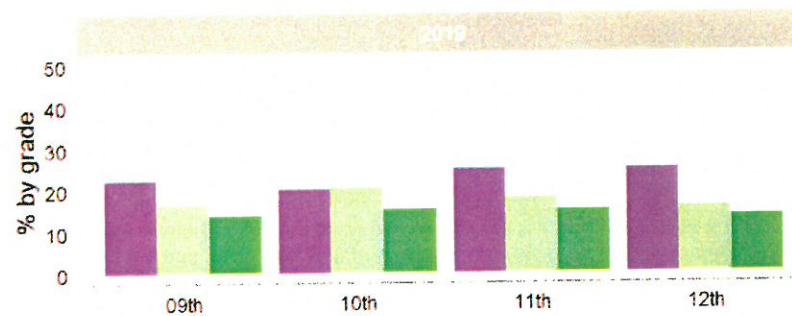
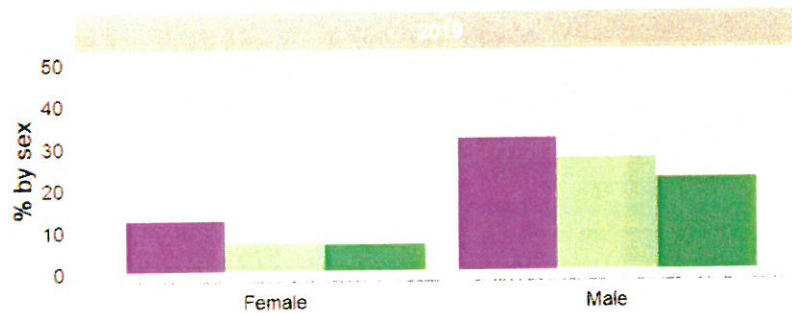
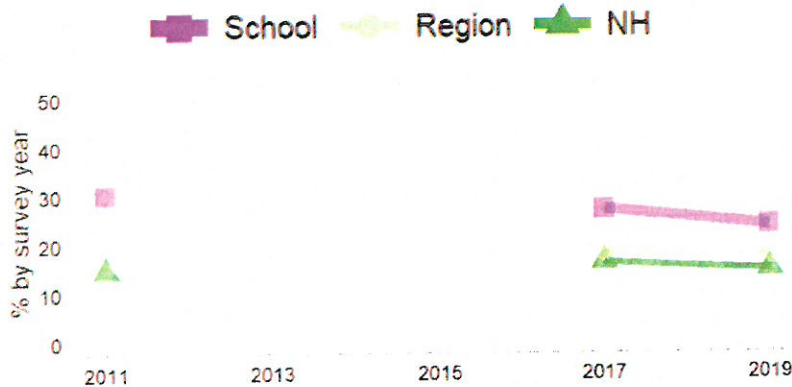
Question number: 2019q73; 2017q72; 2015q65; 2013q999; 2011q999;

Category: Bullying, Electronic Bullying and Fighting
 Number and Percent of students who carried a weapon (such as a gun, knife, or club, on at least 1 day) during the past 30 days

School
23.6%
 37 of 152 students*

Region
17.5%
 1,057 of 6,041 students+

NH
14.4%
 7,760 of 53,823 students+



	School*		Region		NH	
	#	%	#	%	#	%
Year						
2011	47	30.1	-	-	9,097	14.5
2013	-	-	-	-	-	-
2015	-	-	-	-	-	-
2017	45	26.9	1,106	18.2	8,696	16.0
2019	37	23.6	1,057	17.5	7,760	14.4
Sex						
Female	8	12.1	199	7.0	1,615	6.3
Male	28	31.6	845	26.9	6,016	21.9
Grade						
09th	9	22.2	272	16.3	1,904	13.6
10th	6	20.0	306	20.2	2,046	15.0
11th	10	25.0	265	17.8	1,928	14.9
12th	11	25.0	205	15.6	1,699	13.5

Notes

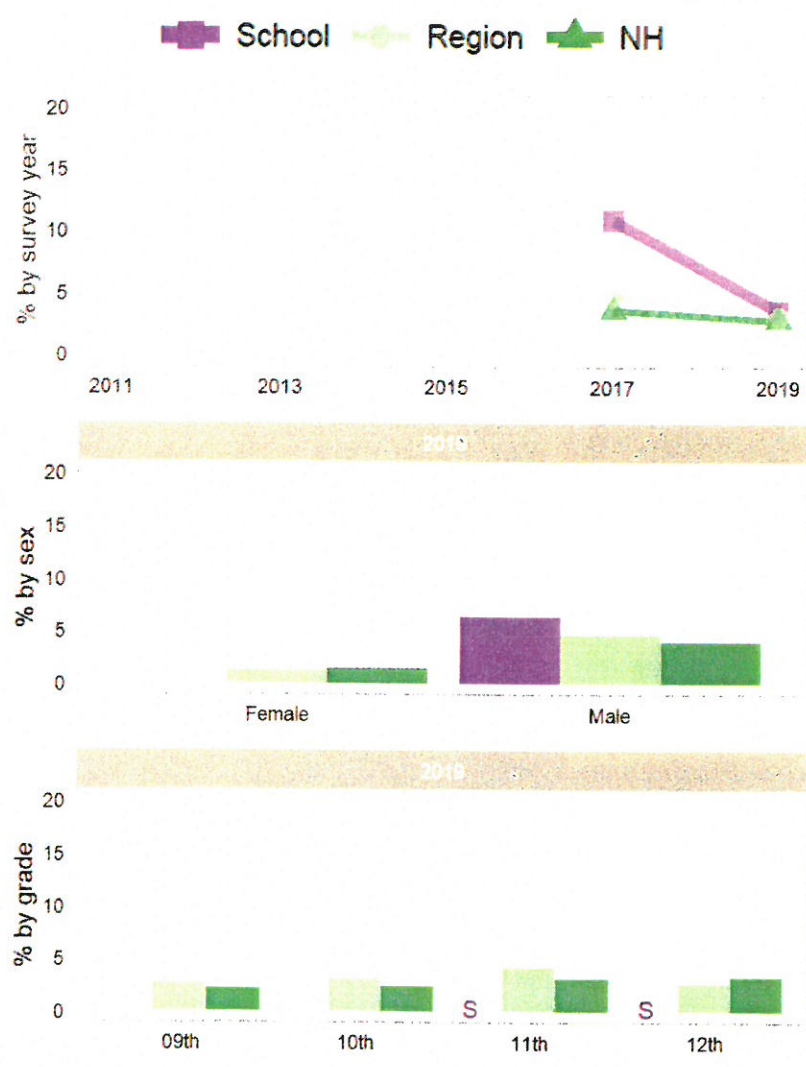
- *: School results are calculated using non-scientific survey data. Numbers of students responding to question are adjusted to enrollment data.
- +: Region and state results are calculated and weighted using the CDC scientific survey sample. Caution should be used when comparing the school results.
- s: To protect confidentiality the data have been suppressed. Cells are suppressed when the denominator is less than 50 students or the numerator is between 1 and 4 students for sex and grade. Numerators that are zero not not suppressed.

How the question was actually asked: During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club?

a: 0 days; b: 1 day; c: 2 or 3 days; d: 4 or 5 days; e: 6 or more days;
 Numerator: bcde; denominator: abcde;
 Question number: 2019q15; 2017q15; 2015q999; 2013q999; 2011q13;

Category: Bullying, Electronic Bullying and Fighting
 Number and Percent of students who carried a weapon on school property (such as a gun, knife, or club, on at least 1 day) during the past 30 days

School	Region	NH
3.6%	3.1%	2.8%
6 of 152 students*	189 of 6,057 students+	1,543 of 54,614 students+



	School*		Region		NH	
	#	%	#	%	#	%
Year						
2011	-	-	-	-	-	-
2013	-	-	-	-	-	-
2015	-	-	-	-	-	-
2017	18	10.9	290	4.8	2,000	3.6
2019	6	3.6	189	3.1	1,543	2.8
Sex						
Female	0	0.0	38	1.3	370	1.4
Male	6	6.3	148	4.7	1,125	4.0
Grade						
09th	0	0.0	45	2.7	294	2.1
10th	0	0.0	46	3.1	336	2.4
11th	s	s	63	4.2	399	3.1
12th	s	s	36	2.7	421	3.3

Notes

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+: Region and state results are calculated and weighted using the CDC scientific survey sample. Caution should be used when comparing the school results.

s: To protect confidentiality the data have been suppressed. Cells are suppressed when the denominator is less than 50 students or the numerator is between 1 and 4 students for sex and grade. Numerators that are zero not not suppressed.

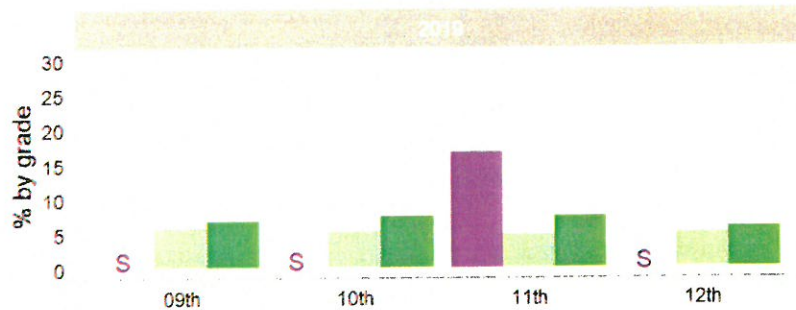
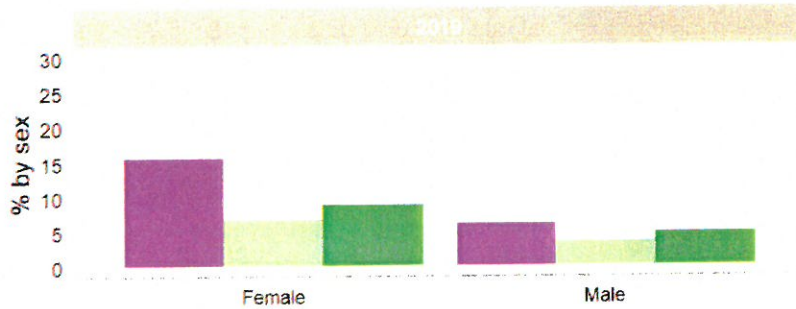
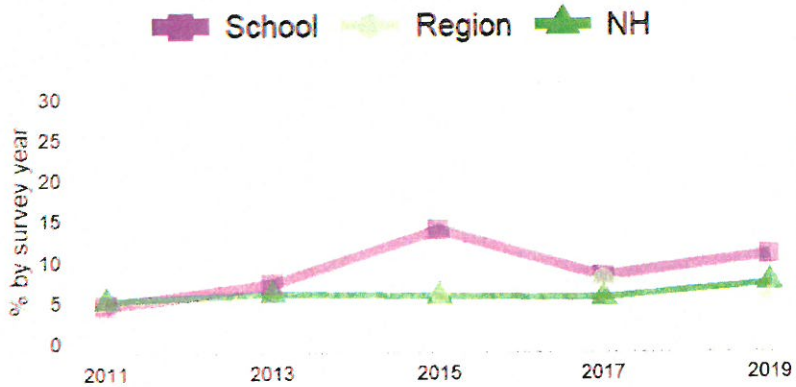
How the question was actually asked: During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?
 a: 0 days; b: 1 day; c: 2 or 3 days; d: 4 or 5 days; e: 6 or more days;
 Numerator: bcde; denominator: abcde;
 Question number: 2019q16; 2017q16; 2015q999; 2013q999; 2011q999;

Category: Bullying, Electronic Bullying and Fighting
 Number and Percent of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day) during the past 30 days

School
10.5%
 16 of 155 students*

Region
5.2%
 315 of 6,068 students+

NH
6.9%
 3,758 of 54,807 students+



	School*		Region		NH	
	#	%	#	%	#	%
Year						
2011	7	4.4	-	-	3,047	4.9
2013	12	7.0	-	-	3,351	5.7
2015	23	13.6	354	5.8	3,091	5.4
2017	13	7.9	461	7.5	2,863	5.2
2019	16	10.5	315	5.2	3,758	6.9
Sex						
Female	10	15.5	192	6.7	2,296	8.8
Male	5	6.1	114	3.6	1,348	4.8
Grade						
09th	s	s	97	5.8	948	6.6
10th	s	s	79	5.2	1,014	7.3
11th	7	16.7	72	4.8	953	7.3
12th	s	s	66	5.0	724	5.7

Notes

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- s: To protect confidentiality the data have been suppressed. Cells are suppressed when the denominator is less than 50 students or the numerator is between 1 and 4 students for sex and grade. Numerators that are zero not not suppressed.

How the question was actually asked: During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?

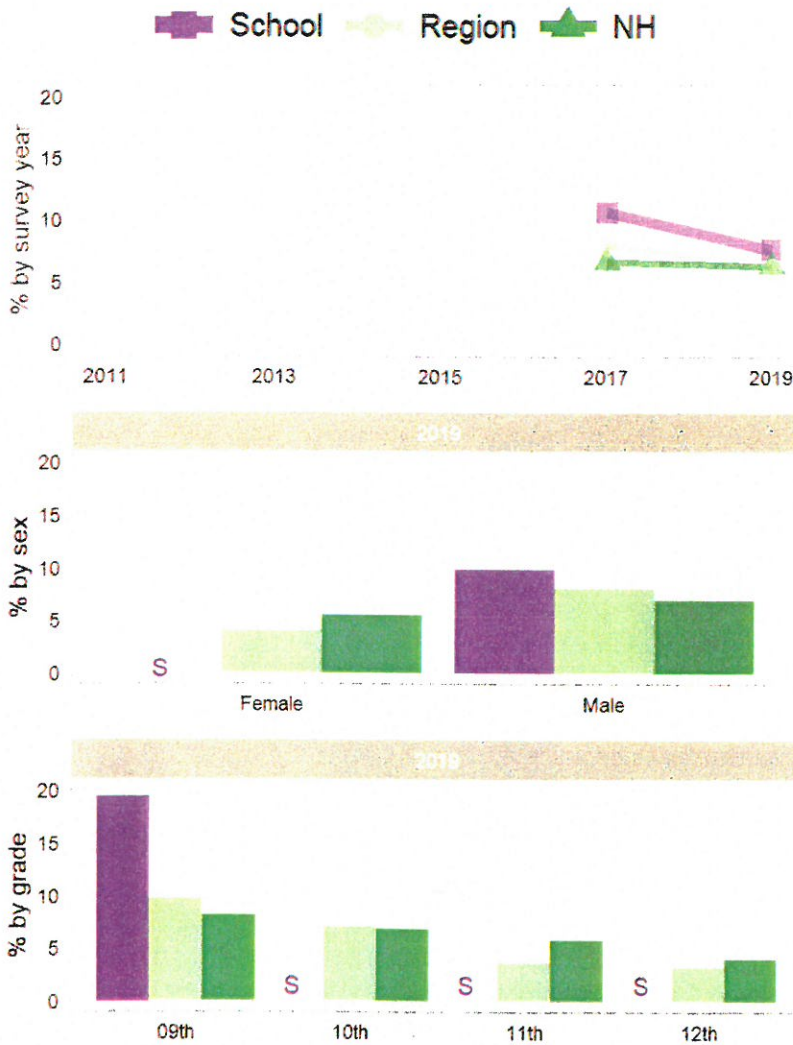
a: 0 days; b: 1 day; c: 2 or 3 days; d: 4 or 5 days; e: 6 or more days;
 Numerator: bcde; denominator: abcde;
 Question number: 2019q17; 2017q17; 2015q15; 2013q15; 2011q14;

Category: Bullying, Electronic Bullying and Fighting
 Number and Percent of students who were threatened or injured with a weapon on school property (such as a gun, knife, or club, one or more times) during the past 12 months

School
 7.7%
 12 of 154 students*

Region
 6.2%
 374 of 6,059 students+

NH
 6.4%
 3,516 of 54,747 students+



	School*		Region		NH	
	#	%	#	%	#	%
Year						
2011	-	-	-	-	-	-
2013	-	-	-	-	-	-
2015	-	-	-	-	-	-
2017	18	10.7	497	8.1	3,704	6.7
2019	12	7.7	374	6.2	3,516	6.4
Sex						
Female	s	s	117	4.1	1,444	5.5
Male	9	9.9	254	8.1	1,964	7.0
Grade						
09th	8	19.4	162	9.7	1,159	8.1
10th	s	s	107	7.1	946	6.8
11th	s	s	55	3.7	762	5.8
12th	s	s	44	3.3	510	4.0

Notes

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+: Region and state results are calculated and weighted using the CDC scientific survey sample. Caution should be used when comparing the school results.

s: To protect confidentiality the data have been suppressed. Cells are suppressed when the denominator is less than 50 students or the numerator is between 1 and 4 students for sex and grade. Numerators that are zero not not suppressed.

How the question was actually asked: During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?

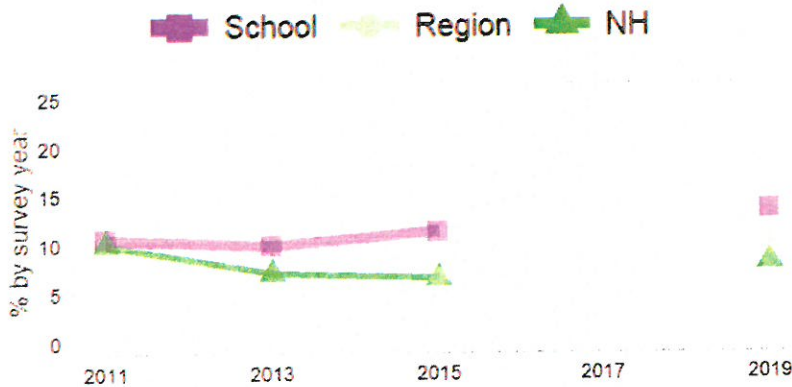
a: 0 times; b: 1 time; c: 2 or 3 times; d: 4 or 5 times; e: 6 or 7 times; f: 8 or 9 times; g: 10 or 11 times; h: 12 or more times;
 Numerator: bcdefgh; denominator: abcdefgh;
 Question number: 2019q18; 2017q18; 2015q999; 2013q999; 2011q999;

Category: Bullying, Electronic Bullying and Fighting
 Number and Percent of students who were in a physical fight on school property (one or more times) during the past 12 months

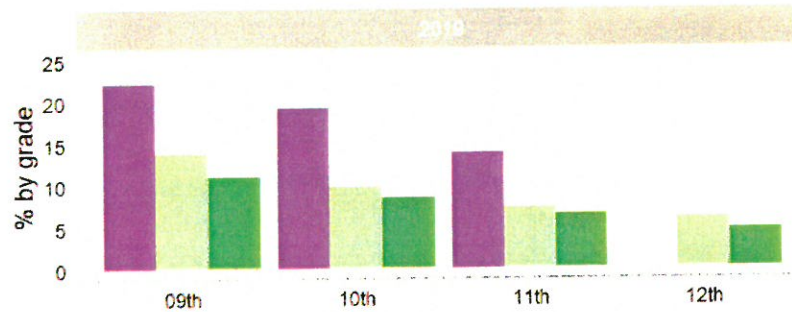
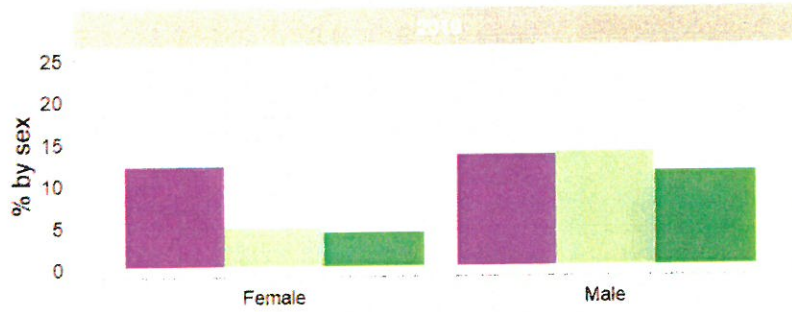
School
13.3%
 21 of 155 students*

Region
9.6%
 581 of 6,078 students+

NH
7.9%
 4,262 of 53,996 students+



	School*		Region		NH	
	#	%	#	%	#	%
Year						
2011	16	10.5	-	-	6,134	9.9
2013	17	9.8	-	-	4,080	6.9
2015	19	11.2	393	6.4	3,671	6.4
2017	-	-	-	-	-	-
2019	21	13.3	581	9.6	4,262	7.9
Sex						
Female	8	12.1	134	4.7	1,061	4.1
Male	12	13.4	432	13.7	3,086	11.2
Grade						
09th	9	22.2	232	13.8	1,530	10.9
10th	5	19.2	148	9.7	1,155	8.4
11th	5	13.9	108	7.2	833	6.4
12th	0	0.0	80	6.0	578	4.6



Notes

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How the question was actually asked: During the past 12 months, how many times were you in a physical fight on school property?

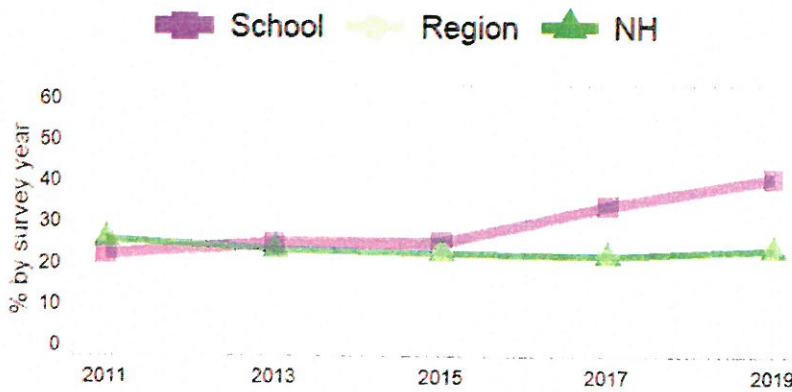
a: 0 times; b: 1 time; c: 2 or 3 times; d: 4 or 5 times; e: 6 or 7 times; f: 8 or 9 times; g: 10 or 11 times; h: 12 or more times;
 Numerator: bcdefgh; denominator: abcdefgh;
 Question number: 2019q19; 2017q999; 2015q17; 2013q17; 2011q17;

Category: Bullying, Electronic Bullying and Fighting
 Number and Percent of students who were ever bullied on school property during the past 12 months

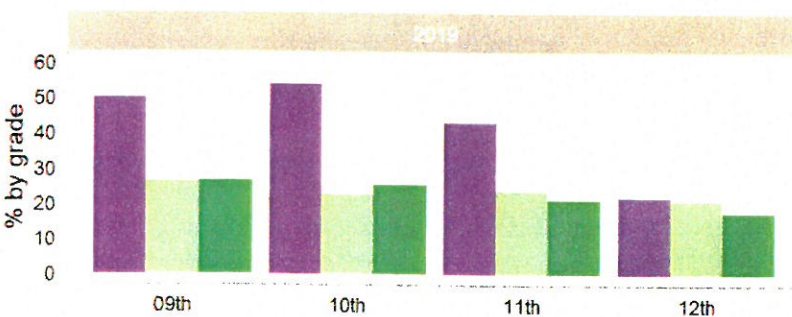
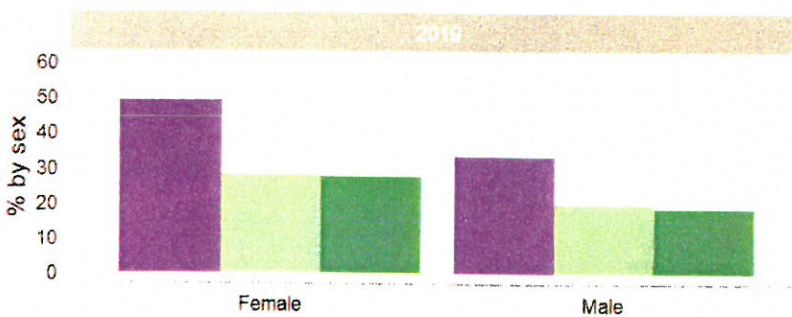
School
40.4%
 63 of 153 students*

Region
23.7%
 1,429 of 6,027 students+

NH
23.0%
 12,351 of 53,726 students+



	School*		Region		NH	
	#	%	#	%	#	%
Year						
2011	34	21.9	-	-	15,856	25.3
2013	42	24.5	-	-	13,401	22.8
2015	42	24.8	1,366	22.3	12,489	22.1
2017	56	33.6	1,326	21.9	11,581	21.4
2019	63	40.4	1,429	23.7	12,351	23.0
Sex						
Female	31	49.1	801	28.0	7,088	27.6
Male	30	33.3	614	19.7	5,094	18.5
Grade						
09th	20	50.0	435	26.3	3,716	26.6
10th	15	53.8	342	22.7	3,452	25.3
11th	16	42.9	351	23.5	2,753	21.3
12th	10	22.0	277	21.0	2,206	17.5



Notes

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How the question was actually asked: During the past 12 months, have you ever been bullied on school property?

a: Yes; b: No;

Numerator: a; denominator: ab;

Question number: 2019q27; 2017q26; 2015q23; 2013q22; 2011q21;

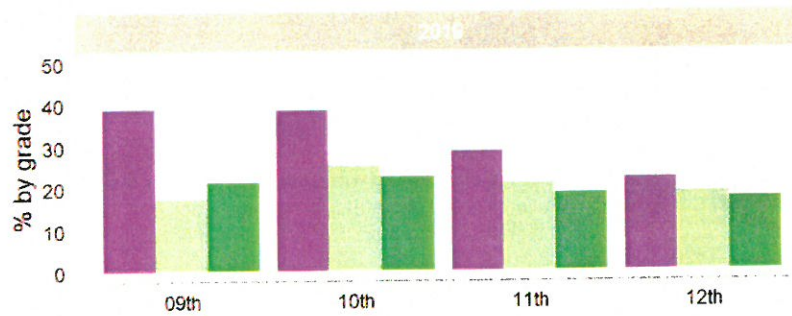
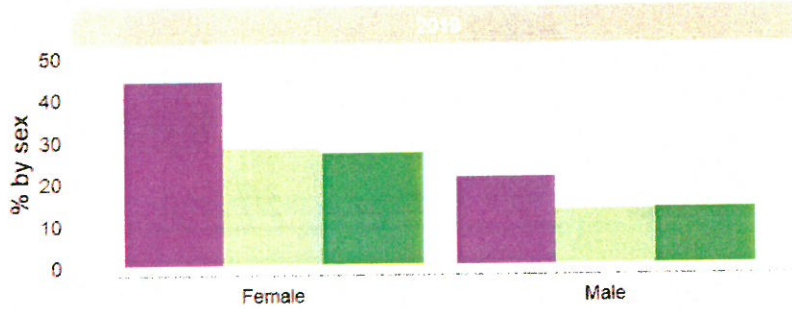
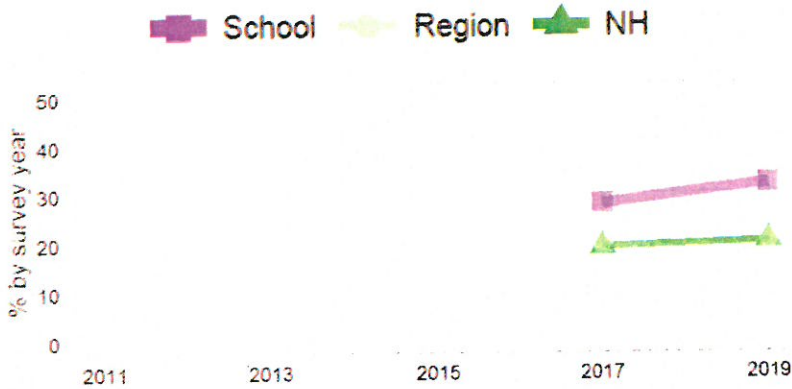
Category: Bullying, Electronic Bullying and Fighting

Number and Percent of students who were ever electronically bullied (counting being bullied through texting, Instagram, Facebook, or other social media) during the past 12 months

School
31.9%
49 of 153 students*

Region
20.4%
1,233 of 6,032 students+

NH
20.1%
10,932 of 54,516 students+



	School*		Region		NH	
	#	%	#	%	#	%
Year						
2011	-	-	-	-	-	-
2013	-	-	-	-	-	-
2015	-	-	-	-	-	-
2017	46	27.9	1,231	20.3	10,488	19.0
2019	49	31.9	1,233	20.4	10,932	20.1
Sex						
Female	27	43.9	802	28.0	6,982	26.8
Male	19	21.0	412	13.2	3,750	13.4
Grade						
09th	15	38.9	285	17.2	2,985	21.0
10th	11	38.5	379	25.2	3,080	22.3
11th	11	28.6	310	20.8	2,418	18.5
12th	10	22.0	245	18.6	2,211	17.3

Notes

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 +: Region and state results are calculated and weighted using the CDC scientific survey sample. Caution should be used when comparing the school results.
 s: To protect confidentiality the data have been suppressed. Cells are suppressed when the denominator is less than 50 students or the numerator is between 1 and 4 students for sex and grade. Numerators that are zero not not suppressed.

How the question was actually asked: During the past 12 months, have you ever been electronically bullied? (Count being bullied through texting, Instagram, Facebook, or other social media.)

a: Yes; b: No;

Numerator: a; denominator: ab;

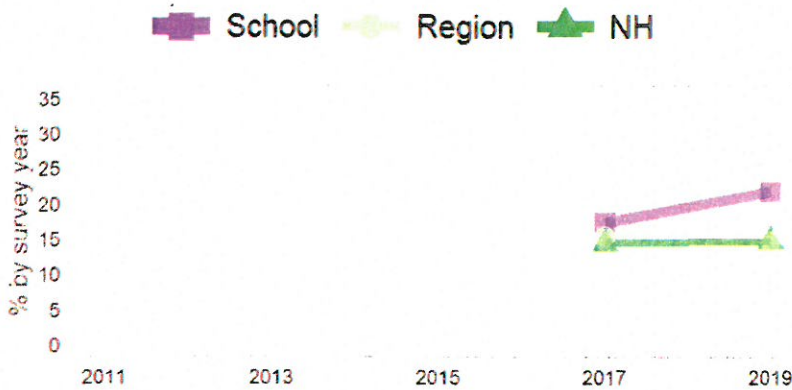
Question number: 2019q28; 2017q27; 2015q999; 2013q999; 2011q999;

Category: Bullying, Electronic Bullying and Fighting
 Number and Percent of students who had a concussion from playing a sport or being physically active
 (one or more times) during the past 12 months

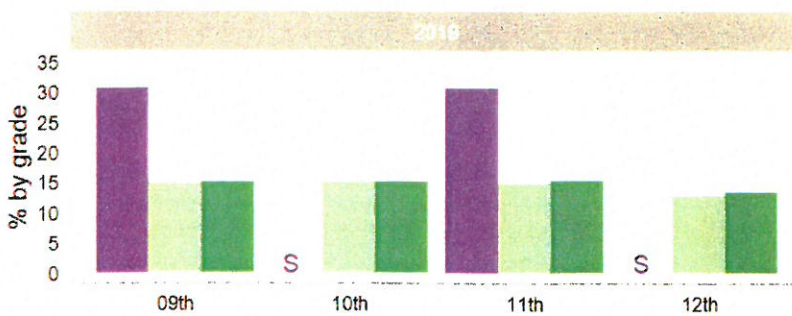
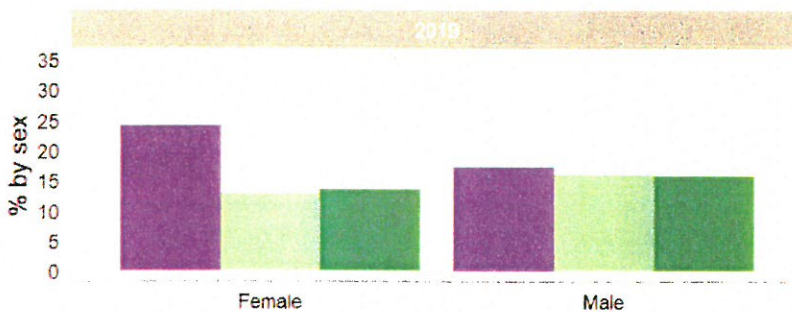
School
21.8%
 34 of 154 students*

Region
14.6%
 882 of 6,036 students+

NH
14.7%
 8,002 of 54,265 students+



	School*		Region		NH	
	#	%	#	%	#	%
Year						
2011	-	-	-	-	-	-
2013	-	-	-	-	-	-
2015	-	-	-	-	-	-
2017	29	17.3	926	15.4	7,906	14.4
2019	34	21.8	882	14.6	8,002	14.7
Sex						
Female	15	24.1	365	12.8	3,501	13.5
Male	15	17.3	502	16.0	4,353	15.7
Grade						
09th	12	30.6	244	14.7	2,110	14.9
10th	s	s	229	15.1	2,060	15.0
11th	12	30.6	220	14.8	1,978	15.2
12th	s	s	168	12.8	1,699	13.4



Notes

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- +: Region and state results are calculated and weighted using the CDC scientific survey sample. Caution should be used when comparing the school results.
- s: To protect confidentiality the data have been suppressed. Cells are suppressed when the denominator is less than 50 students or the numerator is between 1 and 4 students for sex and grade. Numerators that are zero not not suppressed.

How the question was actually asked: During the past 12 months, how many times did you have a concussion from playing a sport or being physically active?

a: 0 times; b: 1 time; c: 2 times; d: 3 times; e: 4 or more times;

Numerator: bcde; denominator: abcde;

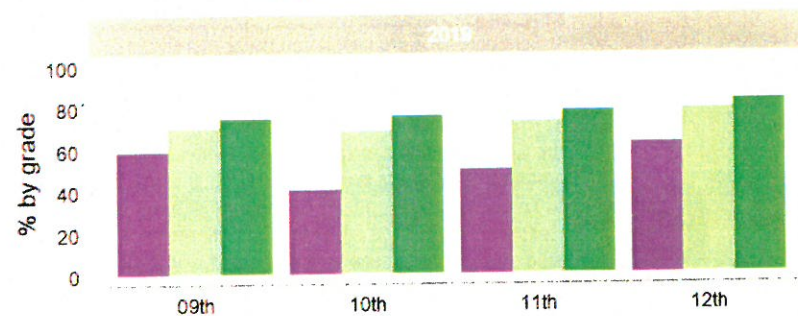
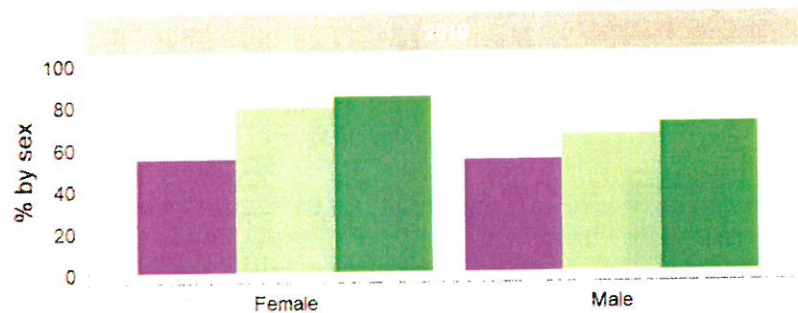
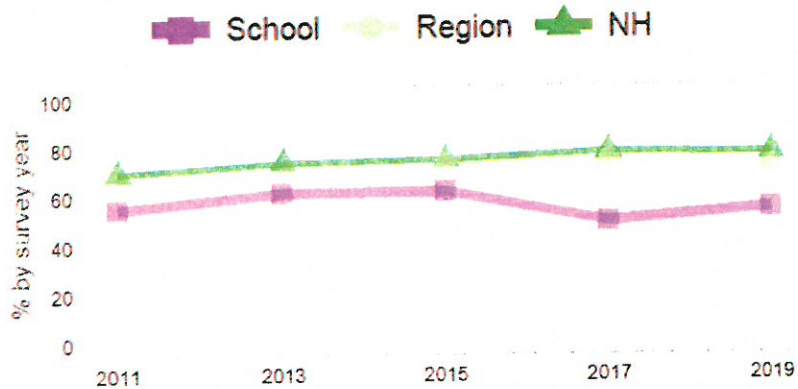
Question number: 2019q74; 2017q73; 2015q999; 2013q999; 2011q999;

Category: Other Health Risks
 Number and Percent of students who described their grades in school as mostly A's or B's during the past 12 months

School
54.5%
 84 of 145 students*

Region
72.0%
 4,200 of 5,833 students+

NH
77.0%
 40,255 of 52,295 students+



	School*		Region		NH	
	#	%	#	%	#	%
Year						
2011	85	54.8	-	-	42,678	69.1
2013	105	61.3	-	-	43,137	73.4
2015	106	62.0	4,268	72.8	40,970	74.5
2017	82	49.3	4,320	74.6	40,716	77.6
2019	84	54.5	4,200	72.0	40,255	77.0
Sex						
Female	35	54.5	2,200	79.0	21,010	83.6
Male	49	53.8	1,999	65.7	19,051	70.9
Grade						
09th	23	58.8	1,134	70.0	9,981	73.9
10th	12	40.0	990	68.4	10,033	75.3
11th	20	50.0	1,058	72.8	9,801	77.6
12th	29	62.5	1,007	78.6	10,253	82.4

Notes

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- +: Region and state results are calculated and weighted using the CDC scientific survey sample. Caution should be used when comparing the school results.
- s: To protect confidentiality the data have been suppressed. Cells are suppressed when the denominator is less than 50 students or the numerator is between 1 and 4 students for sex and grade. Numerators that are zero not not suppressed.

How the question was actually asked: During the past 12 months, how would you describe your grades in school?
 a: Mostly A's; b: Mostly B's; c: Mostly C's; d: Mostly D's; e: Mostly F's; f: None of these grades; g: Not sure;
 Numerator: ab; denominator: abcdefg;
 Question number: 2019q8; 2017q8; 2015q8; 2013q8; 2011q8;

Category: Other Health Risks

Number and Percent of students who were ever tested for human immunodeficiency virus (HIV) (not counting tests done if they donated blood)

School
14.1%
22 of 154 students*

Region
8.3%
499 of 6,032 students+

NH
8.3%
4,495 of 54,204 students+



	School*		Region		NH	
	#	%	#	%	#	%
Year						
2011	-	-	-	-	-	-
2013	-	-	-	-	-	-
2015	-	-	-	-	-	-
2017	-	-	-	-	-	-
2019	22	14.1	499	8.3	4,495	8.3
Sex						
Female	11	17.2	281	9.8	2,330	9.0
Male	9	9.9	209	6.7	2,093	7.6
Grade						
09th	s	s	53	3.2	717	5.1
10th	s	s	62	4.1	790	5.8
11th	s	s	141	9.5	1,141	8.8
12th	10	21.4	222	16.9	1,725	13.6

Notes

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- +: Region and state results are calculated and weighted using the CDC scientific survey sample. Caution should be used when comparing the school results.
- s: To protect confidentiality the data have been suppressed. Cells are suppressed when the denominator is less than 50 students or the numerator is between 1 and 4 students for sex and grade. Numerators that are zero not not suppressed.

How the question was actually asked: Have you ever been tested for HIV, the virus that causes AIDS? (Do not count tests done if you donated blood.)

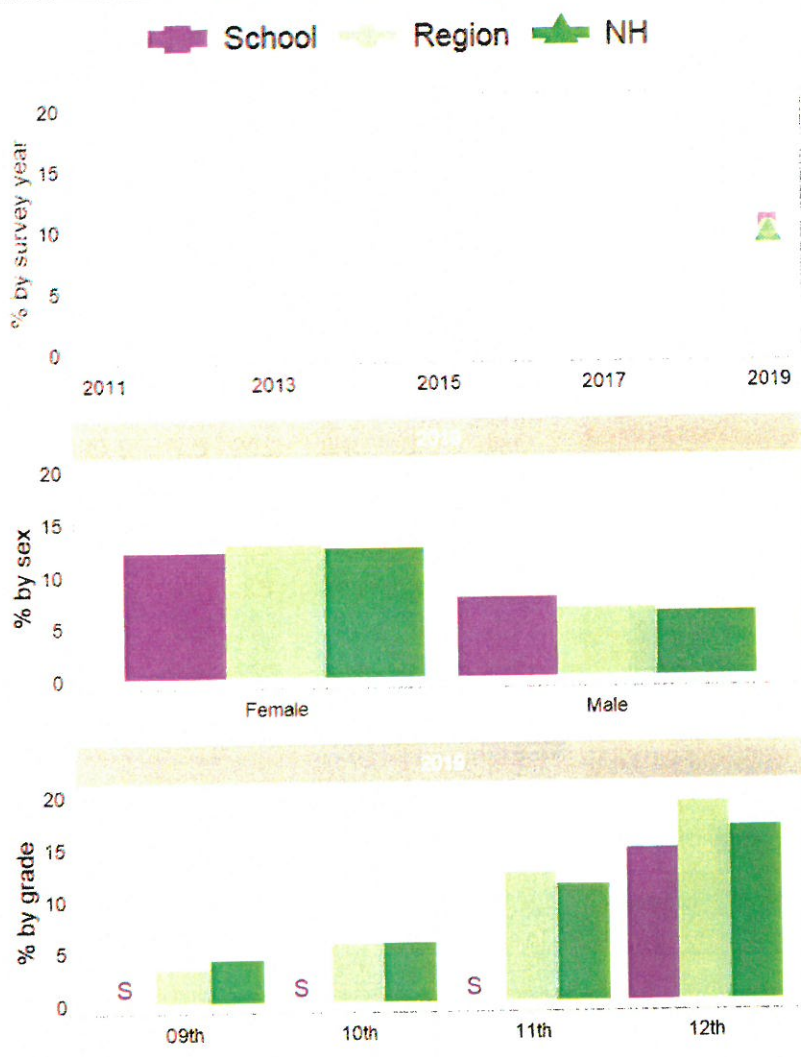
a: Yes; b: No; c: Not sure;

Numerator: A; denominator: ABC;

Question number: 2019q75; 2017q999; 2015q999; 2013q999; 2011q999;

Category: Other Health Risks
 Number and Percent of students who were tested for a sexually transmitted disease (STD) other than HIV, such as chlamydia or gonorrhea during the past 12 months

School	Region	NH
10.1%	9.6%	9.2%
16 of 151 students*	571 of 5,973 students+	4,988 of 53,980 students+



	School*		Region		NH	
	#	%	#	%	#	%
Year						
2011	-	-	-	-	-	-
2013	-	-	-	-	-	-
2015	-	-	-	-	-	-
2017	-	-	-	-	-	-
2019	16	10.1	571	9.6	4,988	9.2
Sex						
Female	8	12.1	360	12.8	3,206	12.4
Male	7	7.6	206	6.6	1,720	6.2
Grade						
09th	s	s	54	3.3	576	4.1
10th	s	s	83	5.6	767	5.6
11th	s	s	182	12.3	1,436	11.1
12th	7	14.6	245	19.0	2,104	16.6

Notes

*: School results are calculated using non-scientific survey data. Numbers of students responding to question are adjusted to enrollment data.

+: Region and state results are calculated and weighted using the CDC scientific survey sample. Caution should be used when comparing the school results.

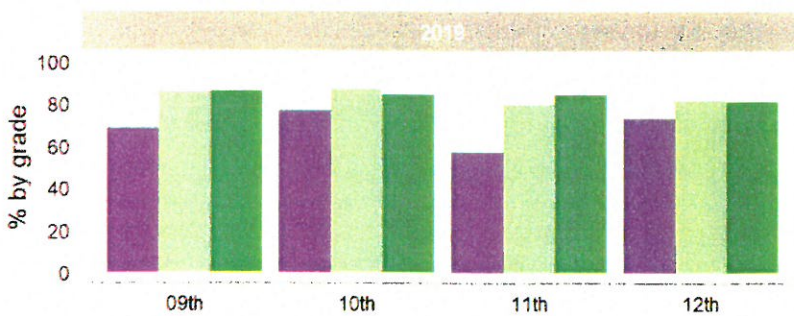
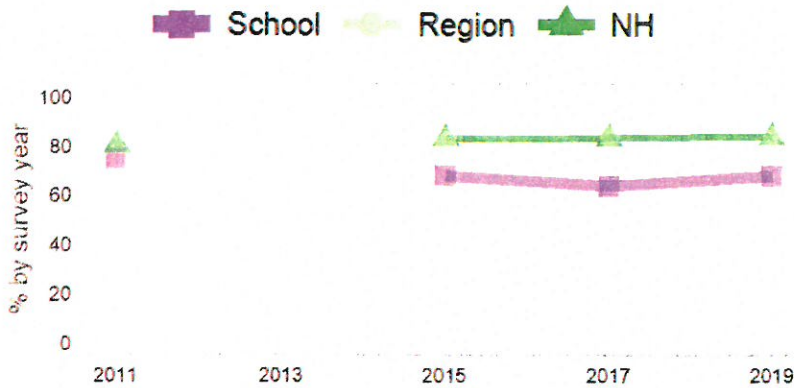
s: To protect confidentiality the data have been suppressed. Cells are suppressed when the denominator is less than 50 students or the numerator is between 1 and 4 students for sex and grade. Numerators that are zero not not suppressed.

How the question was actually asked: During the past 12 months, have you been tested for a sexually transmitted disease (STD) other than HIV, such as chlamydia or gonorrhea?
 a: Yes; b: No; c: Not sure;
 Numerator: A; denominator: ABC;
 Question number: 2019q76; 2017q999; 2015q999; 2013q999; 2011q999;

Category: Other Health Risks

Number and Percent of students who saw a dentist (for a check-up, exam, teeth cleaning, or other dental work) during the past 12 months

School 67.6% 105 of 151 students*	Region 83.6% 4,991 of 5,970 students+	NH 83.6% 44,550 of 53,316 students+
--	--	--



	School*		Region		NH	
	#	%	#	%	#	%
Year						
2011	115	74.3	-	-	49,561	79.6
2013	-	-	-	-	-	-
2015	116	67.7	4,940	81.1	46,625	82.7
2017	105	63.5	4,989	83.6	44,608	82.8
2019	105	67.6	4,991	83.6	44,550	83.6
Sex						
Female	46	70.7	2,412	85.4	21,587	84.6
Male	59	67.1	2,561	82.7	22,508	82.7
Grade						
09th	27	68.6	1,421	86.0	11,879	85.7
10th	22	76.9	1,299	87.1	11,366	84.1
11th	22	57.1	1,186	79.9	10,741	84.1
12th	33	73.2	1,049	81.6	10,096	80.8

Notes

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- s: To protect confidentiality the data have been suppressed. Cells are suppressed when the denominator is less than 50 students or the numerator is between 1 and 4 students for sex and grade. Numerators that are zero not not suppressed.

How the question was actually asked: When was the last time you saw a dentist for a check-up, exam, teeth cleaning, or other dental work?

a: During the past 12 months; b: Between 12 and 24 months ago; c: More than 24 months ago; d: Never; e: Not sure;

Numerator: a, denominator: abcde;

Question number: 2019q77; 2017q75; 2015q68; 2013q999; 2011q75;

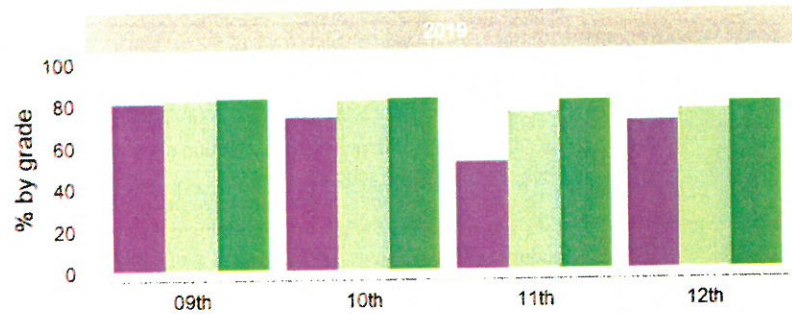
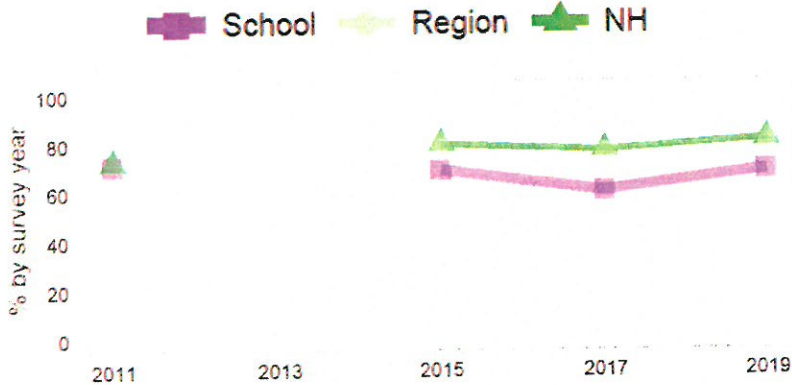
Category: Other Health Risks

Number and Percent of students who saw a doctor or nurse (for a check-up or physical exam when they were not sick or injured) during the past 12 months

School
68.3%
106 of 151 students*

Region
78.6%
4,685 of 5,961 students+

NH
80.7%
43,001 of 53,258 students+



	School*		Region		NH	
	#	%	#	%	#	%
Year						
2011	110	70.8	-	-	44,582	71.8
2013	-	-	-	-	-	-
2015	118	68.8	4,705	77.2	44,685	79.3
2017	100	60.0	4,505	75.4	41,411	76.8
2019	106	68.3	4,685	78.6	43,001	80.7
Sex						
Female	41	63.8	2,345	83.2	20,863	81.7
Male	62	70.9	2,315	74.8	21,713	79.9
Grade						
09th	31	80.0	1,344	81.5	11,304	81.6
10th	21	73.1	1,205	81.3	11,033	81.8
11th	20	51.4	1,115	75.0	10,269	80.4
12th	32	70.7	978	76.0	9,940	79.5

Notes

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 +: Region and state results are calculated and weighted using the CDC scientific survey sample. Caution should be used when comparing the school results.
 s: To protect confidentiality the data have been suppressed. Cells are suppressed when the denominator is less than 50 students or the numerator is between 1 and 4 students for sex and grade. Numerators that are zero not not suppressed.

How the question was actually asked: When was the last time you saw a doctor or nurse for a check-up or physical exam when you were not sick or injured?

a: During the past 12 months; b: Between 12 and 24 months ago; c: More than 24 months ago; d: Never; e: Not sure;

Numerator: a; denominator: abcde;

Question number: 2019q78; 2017q74; 2015q69; 2013q999; 2011q74;

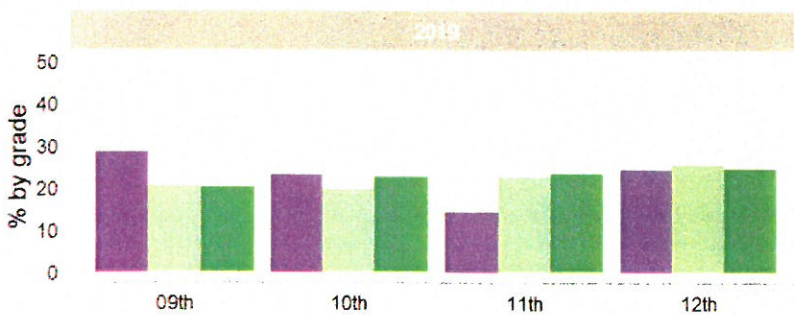
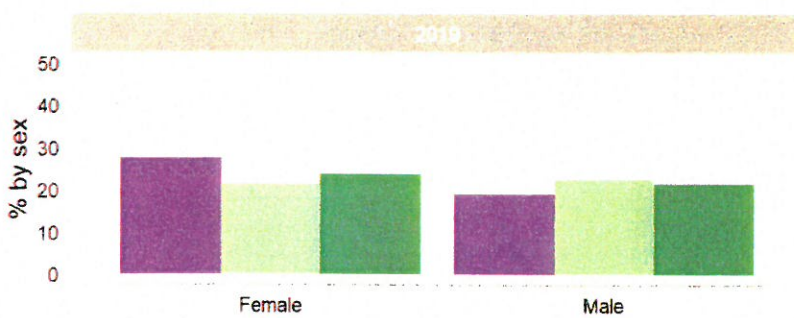
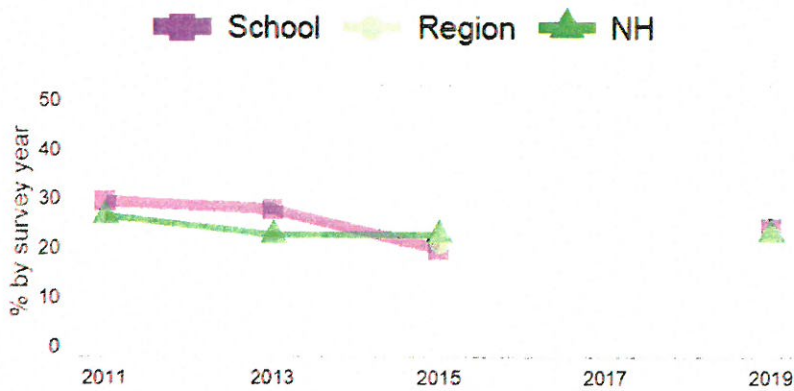
Category: Other Health Risks

Number and Percent of students who had ever been told by a doctor or nurse that they had asthma

School
23.7%
37 of 151 students*

Region
22.2%
1,326 of 5,979 students+

NH
22.6%
12,058 of 53,284 students+



	School*		Region		NH	
	#	%	#	%	#	%
Year						
2011	45	29.2	-	-	16,237	26.1
2013	47	27.5	-	-	12,955	22.1
2015	33	19.5	1,260	20.7	12,576	22.3
2017	-	-	-	-	-	-
2019	37	23.7	1,326	22.2	12,058	22.6
Sex						
Female	18	27.6	605	21.4	6,075	23.8
Male	17	19.0	702	22.6	5,829	21.4
Grade						
09th	11	28.6	338	20.4	2,785	20.1
10th	7	23.1	291	19.6	3,040	22.5
11th	6	14.3	340	22.8	2,975	23.3
12th	11	24.4	331	25.6	3,064	24.5

Notes

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+: Region and state results are calculated and weighted using the CDC scientific survey sample. Caution should be used when comparing the school results.

s: To protect confidentiality the data have been suppressed. Cells are suppressed when the denominator is less than 50 students or the numerator is between 1 and 4 students for sex and grade. Numerators that are zero not not suppressed.

How the question was actually asked: Has a doctor or nurse ever told you that you have asthma?

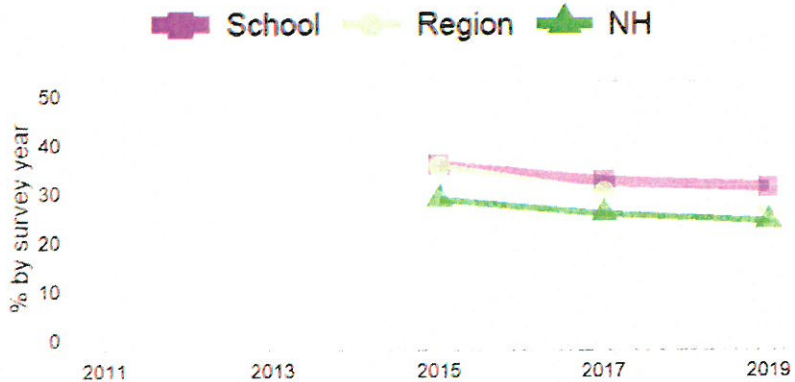
a: Yes; b: No; c: Not sure;

Numerator: a; denominator: abc;

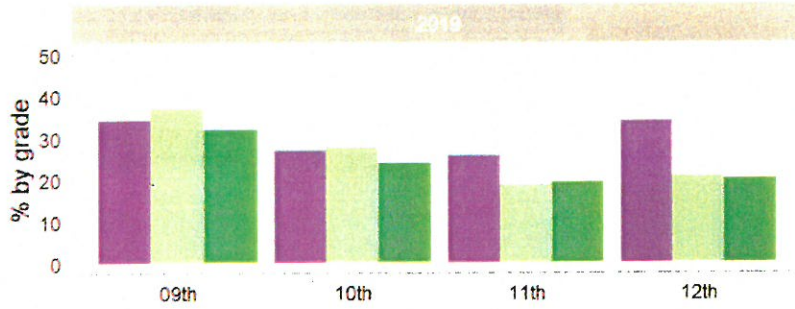
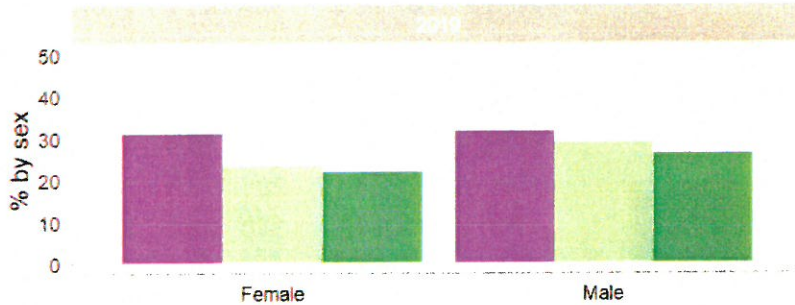
Question number: 2019q79; 2017q999; 2015q70; 2013q72; 2011q72;

Category: Other Health Risks
 Number and Percent of students who got 8 or more hours of sleep on an average school night

School	Region	NH
30.9%	26.3%	23.9%
48 of 151 students*	1,565 of 5,954 students+	12,662 of 52,932 students+



	School*		Region		NH	
	#	%	#	%	#	%
Year						
2011	-	-	-	-	-	-
2013	-	-	-	-	-	-
2015	61	35.5	2,151	35.3	15,921	28.4
2017	53	32.2	1,767	29.9	13,622	25.5
2019	48	30.9	1,565	26.3	12,662	23.9
Sex						
Female	20	31.0	662	23.4	5,520	21.7
Male	28	31.6	891	28.9	7,031	26.1
Grade						
09th	13	34.3	603	37.0	4,348	31.8
10th	8	26.9	411	27.5	3,205	23.8
11th	10	25.7	276	18.6	2,457	19.3
12th	16	34.1	266	20.6	2,497	20.1



Notes

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+: Region and state results are calculated and weighted using the CDC scientific survey sample. Caution should be used when comparing the school results.

s: To protect confidentiality the data have been suppressed. Cells are suppressed when the denominator is less than 50 students or the numerator is between 1 and 4 students for sex and grade. Numerators that are zero not not suppressed.

How the question was actually asked: On an average school night, how many hours of sleep do you get?

a: 4 or less hours; b: 5 hours; c: 6 hours; d: 7 hours; e: 8 hours; f: 9 hours; g: 10 or more hours;

Numerator: efg; denominator: abcdefg;

Question number: 2019q80; 2017q76; 2015q71; 2013q999; 2011q999;

Category: Other Health Risks

Number and Percent of students who strongly agree or agree that their parents or other adults in their family have clear rules and consequences for their behavior

School

71.2%

110 of 151 students*

Region

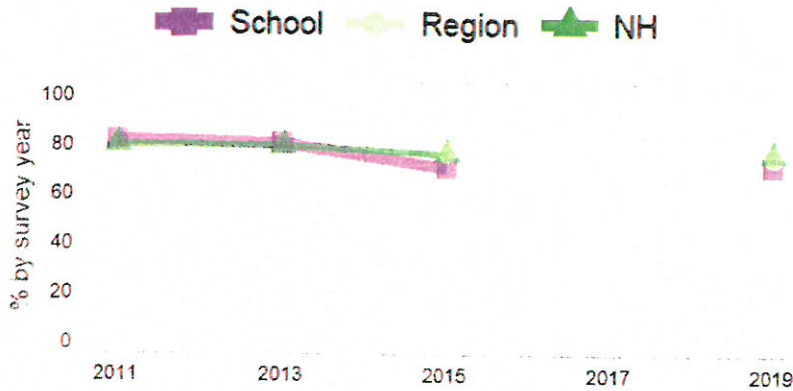
75.8%

4,522 of 5,966 students+

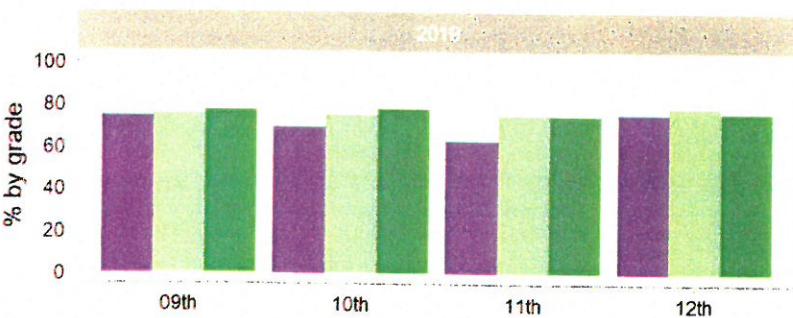
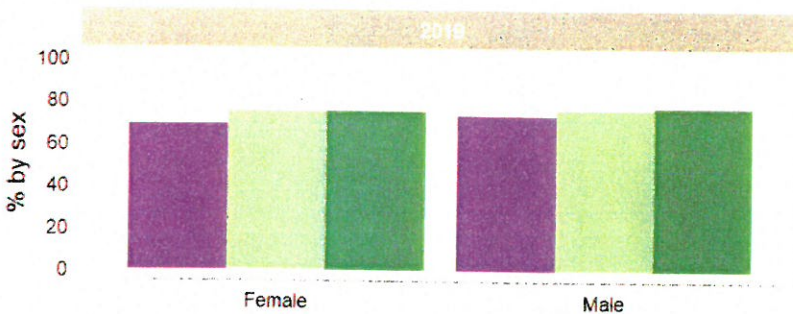
NH

76.4%

40,489 of 53,030 students+



	School*		Region		NH	
	#	%	#	%	#	%
Year						
2011	127	81.8	-	-	49,451	79.7
2013	137	80.3	-	-	46,103	79.0
2015	121	70.5	4,685	77.1	42,782	76.2
2017	-	-	-	-	-	-
2019	110	71.2	4,522	75.8	40,489	76.4
Sex						
Female	45	69.0	2,126	75.2	19,113	75.2
Male	65	73.4	2,359	76.4	20,961	77.5
Grade						
09th	29	74.3	1,240	75.3	10,613	77.1
10th	20	69.2	1,115	75.0	10,445	77.7
11th	25	62.9	1,108	74.9	9,450	74.3
12th	35	75.6	1,016	78.4	9,518	76.3



Notes

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How the question was actually asked: Do you agree or disagree that your parents or other adults in your family have clear rules and consequences for your behavior?

a: Strongly agree; b: Agree; c: Not sure; d: Disagree; e: Strongly disagree;

Numerator: ab; denominator: abcde;

Question number: 2019q81; 2017q999; 2015q74; 2013q76; 2011q77;

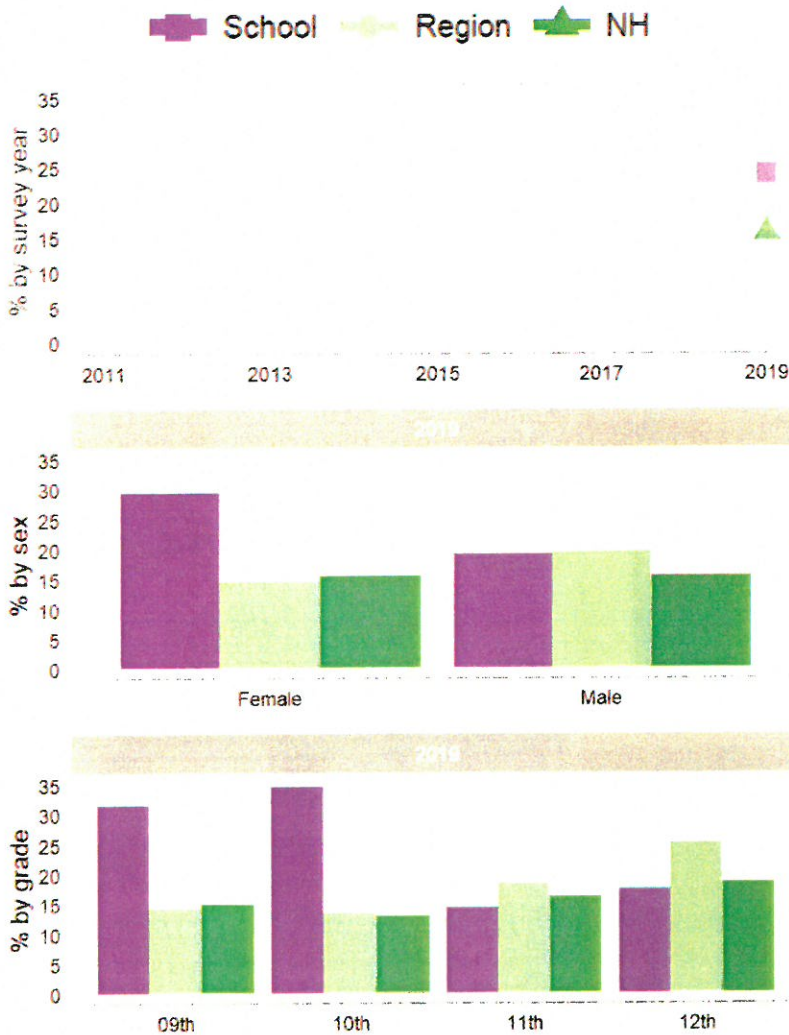
Category: Other Health Risks

Number and Percent of students who reported that parents or other adults in their family never or rarely talk with them about what they are doing in school

School
23.9%
 37 of 150 students*

Region
17.2%
 1,027 of 5,962 students+

NH
15.5%
 8,243 of 53,022 students+



	School*		Region		NH	
	#	%	#	%	#	%
Year						
2011	-	-	-	-	-	-
2013	-	-	-	-	-	-
2015	-	-	-	-	-	-
2017	-	-	-	-	-	-
2019	37	23.9	1,027	17.2	8,243	15.5
Sex						
Female	19	29.3	413	14.6	3,916	15.4
Male	17	19.2	607	19.6	4,182	15.5
Grade						
09th	12	31.4	231	14.0	2,047	14.8
10th	10	34.6	197	13.3	1,716	12.8
11th	6	14.3	271	18.3	2,036	16.0
12th	8	17.5	325	25.1	2,293	18.4

Notes

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- s: To protect confidentiality the data have been suppressed. Cells are suppressed when the denominator is less than 50 students or the numerator is between 1 and 4 students for sex and grade. Numerators that are zero not not suppressed.

How the question was actually asked: How often do your parents or other adults in your family talk with you about what you are doing in school?

a: Never; b: Rarely; c: Sometimes; d: Most of the time; e: Always;
 Numerator: ab; denominator: abcde;
 Question number: 2019q82; 2017q999; 2015q999; 2013q999; 2011q999;

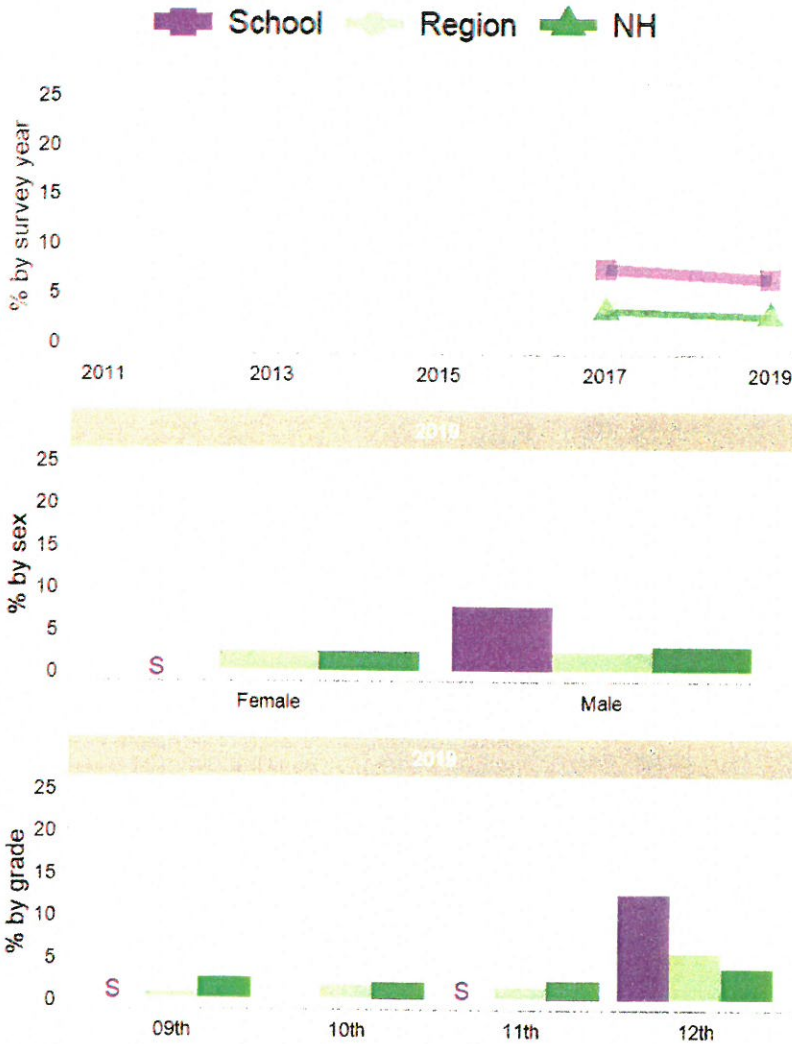
Category: Other Health Risks

Number and Percent of students who did not usually sleep in their parent's or guardian's home during the past 30 days

School
6.5%
10 of 150 students*

Region
2.4%
140 of 5,943 students+

NH
2.7%
1,448 of 52,968 students+



	School*		Region		NH	
	#	%	#	%	#	%
Year						
2011	-	-	-	-	-	-
2013	-	-	-	-	-	-
2015	-	-	-	-	-	-
2017	13	7.5	237	4.0	1,758	3.2
2019	10	6.5	140	2.4	1,448	2.7
Sex						
Female	s	s	67	2.4	583	2.3
Male	7	7.7	73	2.4	809	3.0
Grade						
09th	s	s	12	0.7	340	2.5
10th	0	0.0	25	1.7	267	2.0
11th	s	s	22	1.5	281	2.2
12th	6	12.5	70	5.5	455	3.7

Notes

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- s: To protect confidentiality the data have been suppressed. Cells are suppressed when the denominator is less than 50 students or the numerator is between 1 and 4 students for sex and grade. Numerators that are zero not not suppressed.

How the question was actually asked: During the past 30 days, where did you usually sleep?
 a: In my parent's or guardian's home; b: In the home of a friend, family member, or other person because I had to leave my home or my parent or guardian cannot afford housing; c: In a shelter or emergency housing; d: In a motel or hotel; e: In a car, park, campground, or other public place; f: I do not have a usual place to sleep; g: Somewhere else;
 Numerator: BCDEFG; denominator: ABCDEFG;
 Question number: 2019q83; 2017q82; 2015q999; 2013q999; 2011q999;

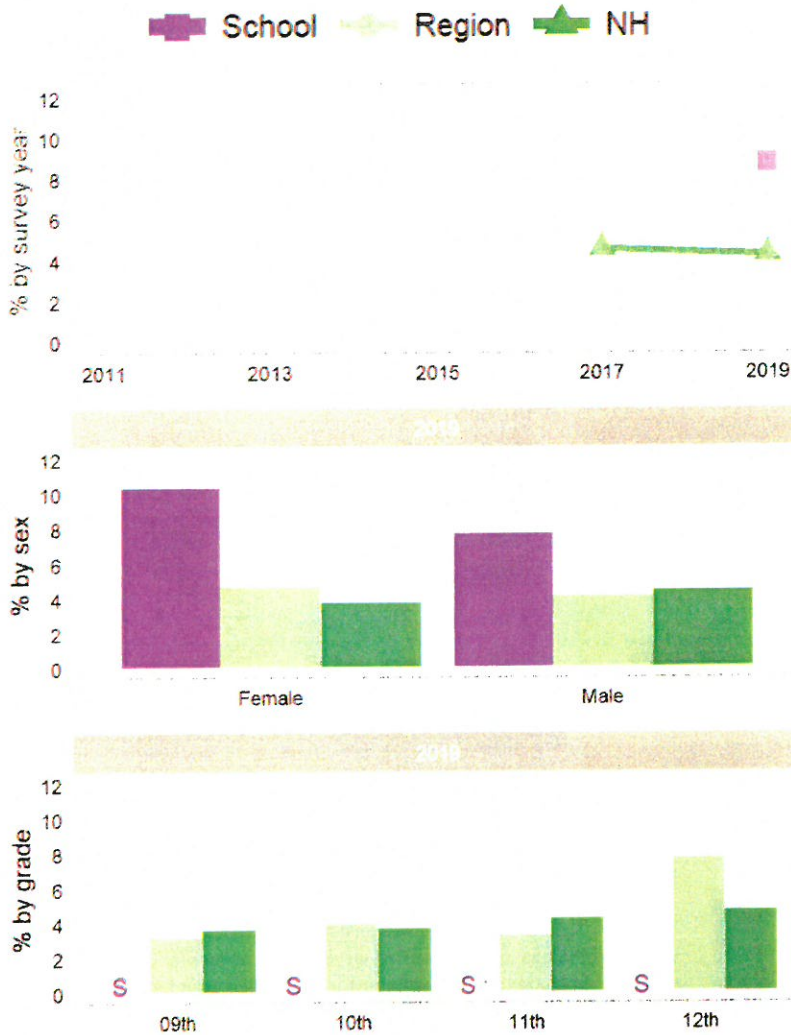
Category: Other Health Risks

Number and Percent of students who have ever slept away from their parents or guardians because they were kicked out, ran away, or were abandoned during the past 30 days

School
8.7%
13 of 150 students*

Region
4.3%
259 of 5,958 students+

NH
4.2%
2,230 of 53,736 students+



	School*		Region		NH	
	#	%	#	%	#	%
Year						
2011	-	-	-	-	-	-
2013	-	-	-	-	-	-
2015	-	-	-	-	-	-
2017	s	s	274	4.7	2,356	4.5
2019	13	8.7	259	4.3	2,230	4.2
Sex						
Female	7	10.3	130	4.6	965	3.7
Male	7	7.7	126	4.1	1,196	4.4
Grade						
09th	s	s	51	3.1	494	3.5
10th	s	s	58	3.9	492	3.6
11th	s	s	47	3.2	545	4.2
12th	s	s	100	7.7	580	4.6

Notes

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 s: To protect confidentiality the data have been suppressed. Cells are suppressed when the denominator is less than 50 students or the numerator is between 1 and 4 students for sex and grade. Numerators that are zero not not suppressed.

How the question was actually asked: During the past 30 days, did you ever sleep away from your parents or guardians because you were kicked out, ran away, or were abandoned?

a: Yes; b: No;

Numerator: a; denominator: ab;

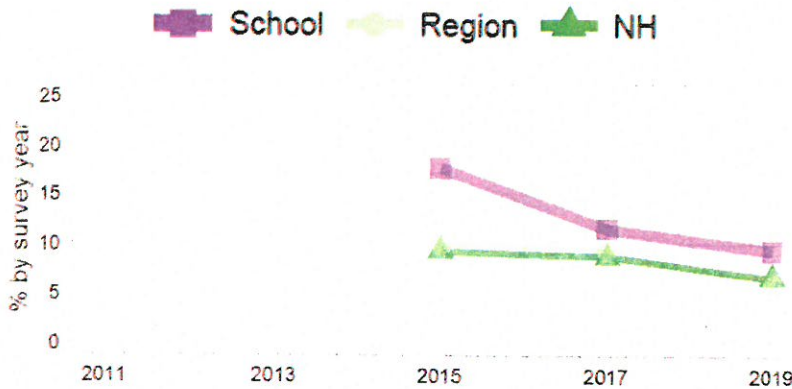
Question number: 2019q84; 2017q83; 2015q999; 2013q999; 2011q999;

Category: Other Health Risks
 Number and Percent of students who reported that either of their parents or other adults in their family had been in jail or in prison (during the past 12 months)

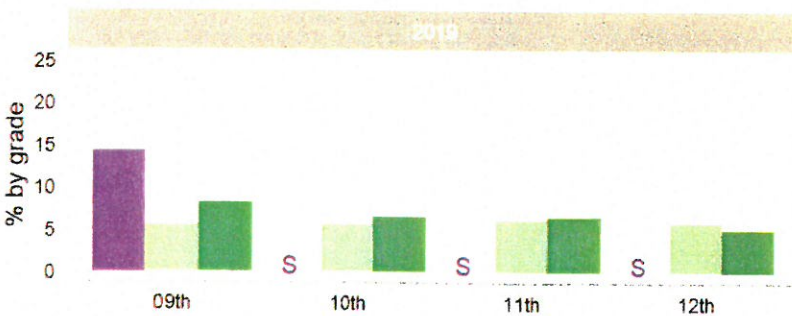
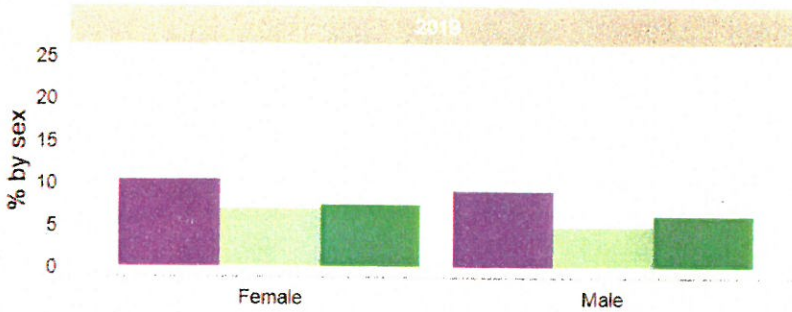
School
9.4%
 15 of 150 students*

Region
6.0%
 356 of 5,961 students+

NH
6.7%
 3,560 of 53,006 students+



	School*		Region		NH	
	#	%	#	%	#	%
Year						
2011	-	-	-	-	-	-
2013	-	-	-	-	-	-
2015	30	17.7	607	9.9	5,228	9.3
2017	19	11.6	560	9.4	4,759	8.8
2019	15	9.4	356	6.0	3,560	6.7
Sex						
Female	7	10.3	195	6.9	1,846	7.3
Male	8	9.0	149	4.8	1,656	6.1
Grade						
09th	6	14.3	91	5.5	1,117	8.1
10th	s	s	83	5.6	876	6.5
11th	s	s	93	6.2	829	6.5
12th	s	s	76	5.9	631	5.1



Notes

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 +: Region and state results are calculated and weighted using the CDC scientific survey sample. Caution should be used when comparing the school results.
 s: To protect confidentiality the data have been suppressed. Cells are suppressed when the denominator is less than 50 students or the numerator is between 1 and 4 students for sex and grade. Numerators that are zero not not suppressed.

How the question was actually asked: During the past 12 months, have either of your parents or other adults in your family been in jail or in prison?

a: Yes; b: No; c: Not sure;

Numerator: a; denominator: abc;

Question number: 2019q85; 2017q77; 2015q73; 2013q999; 2011q999;

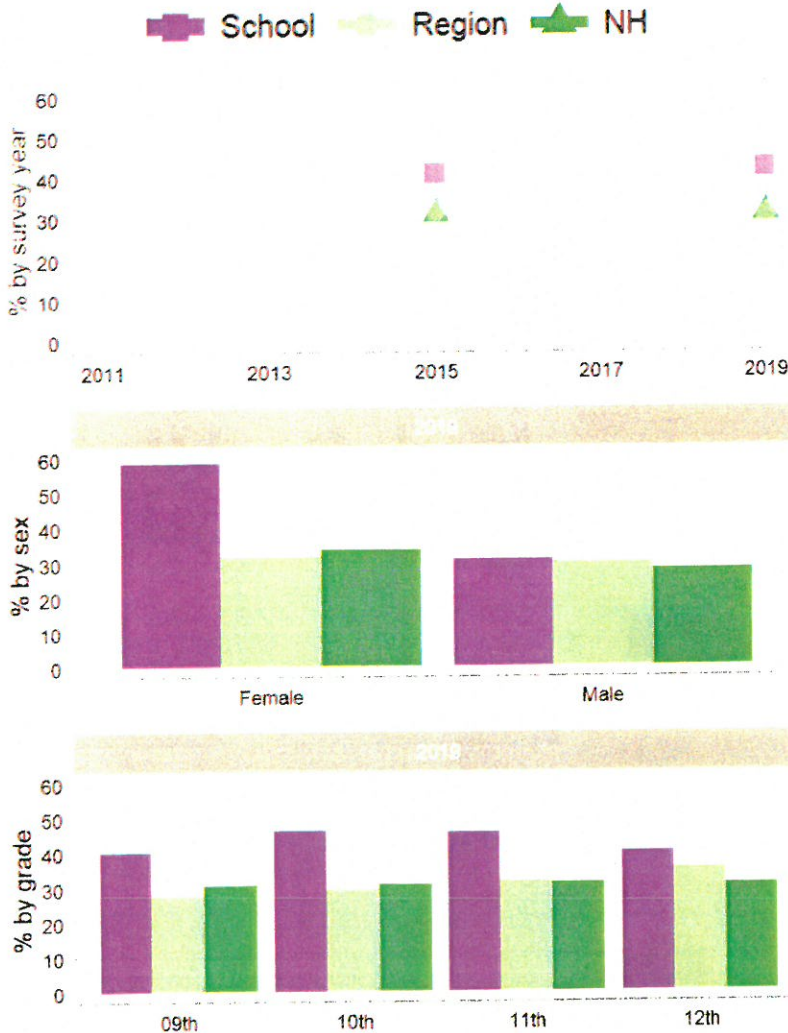
Category: Other Health Risks

Number and Percent of students who have ever lived with someone who had a problem with alcohol or drugs

School
42.0%
65 of 150 students*

Region
30.8%
1,840 of 5,966 students+

NH
30.7%
16,289 of 52,990 students+



	School*		Region		NH	
	#	%	#	%	#	%
Year						
2011	-	-	-	-	-	-
2013	-	-	-	-	-	-
2015	70	40.7	1,933	31.7	17,229	30.7
2017	-	-	-	-	-	-
2019	65	42.0	1,840	30.8	16,289	30.7
Sex						
Female	38	58.6	891	31.6	8,508	33.5
Male	27	30.8	921	29.8	7,571	28.0
Grade						
09th	16	40.0	453	27.6	4,193	30.5
10th	13	46.2	435	29.2	4,127	30.7
11th	18	45.7	470	31.7	3,940	31.0
12th	18	40.0	456	35.2	3,805	30.6

Notes

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- +: Region and state results are calculated and weighted using the CDC scientific survey sample. Caution should be used when comparing the school results.
- s: To protect confidentiality the data have been suppressed. Cells are suppressed when the denominator is less than 50 students or the numerator is between 1 and 4 students for sex and grade. Numerators that are zero not not suppressed.

How the question was actually asked: Have you ever lived with anyone who had a problem with alcohol or drugs?

a: Yes; b: No; c: Not sure;

Numerator: a; denominator: abc;

Question number: 2019q86; 2017q999; 2015q76; 2013q999; 2011q999;

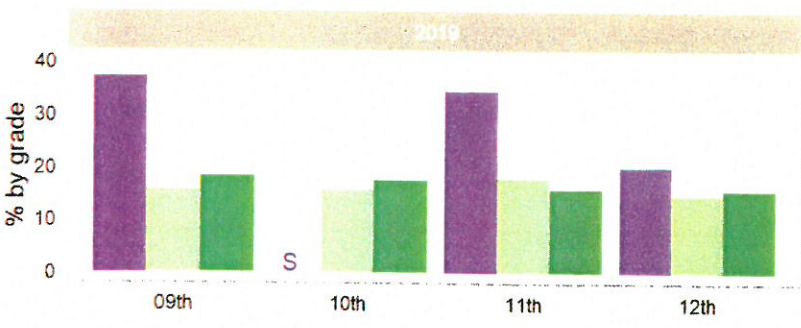
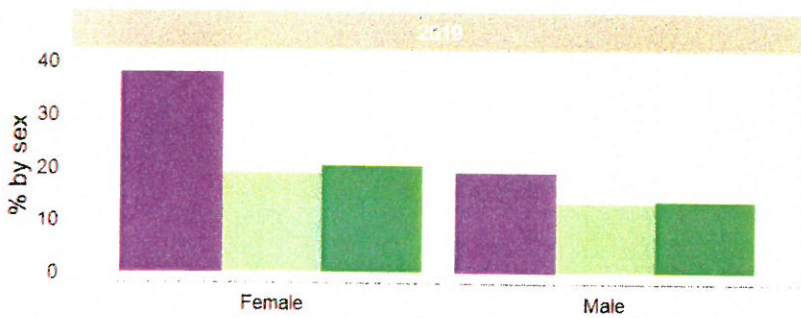
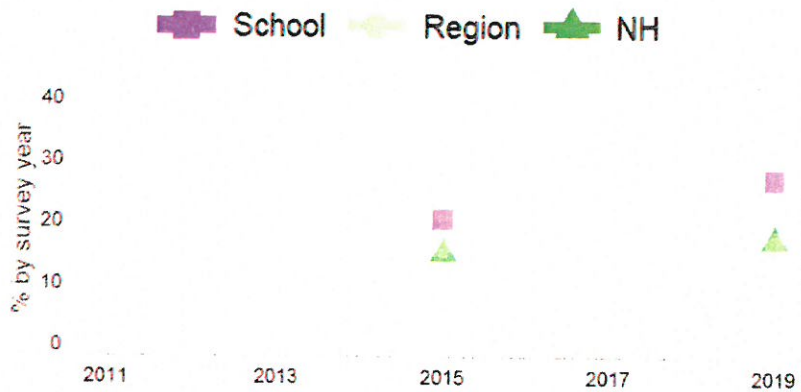
Category: Other Health Risks

Number and Percent of students who ever saw or heard adults in their home slap, hit, kick, punch, or hurt each other

School
26.8%
42 of 150 students*

Region
16.2%
965 of 5,945 students+

NH
17.0%
8,977 of 52,861 students+



	School*		Region		NH	
	#	%	#	%	#	%
Year						
2011	-	-	-	-	-	-
2013	-	-	-	-	-	-
2015	35	20.3	960	15.8	8,364	14.8
2017	-	-	-	-	-	-
2019	42	26.8	965	16.2	8,977	17.0
Sex						
Female	25	37.9	531	18.8	5,128	20.3
Male	17	19.2	409	13.3	3,663	13.6
Grade						
09th	15	37.1	256	15.6	2,502	18.2
10th	s	s	228	15.5	2,334	17.4
11th	13	34.3	264	17.9	2,007	15.8
12th	9	20.0	190	14.7	1,940	15.6

Notes

*: School results are calculated using non-scientific survey data. Numbers of students responding to question are adjusted to enrollment data.

+: Region and state results are calculated and weighted using the CDC scientific survey sample. Caution should be used when comparing the school results.

s: To protect confidentiality the data have been suppressed. Cells are suppressed when the denominator is less than 50 students or the numerator is between 1 and 4 students for sex and grade. Numerators that are zero not not suppressed.

How the question was actually asked: Have you ever seen or heard adults in your home slap, hit, kick, punch, or hurt each other?

a: Yes; b: No;

Numerator: a; denominator: ab;

Question number: 2019q87; 2017q999; 2015q22; 2013q999; 2011q999;

Pittsfield School District

ELIGIBILITY REQUIREMENTS

Participating in extra-curricular and co-curricular activities may demand a large portion of a student's out-of-school time. It is necessary for students to demonstrate that they can afford to devote the time necessary for participation in these activities.

Extra-Curricular Participation Guidelines:

1. Eligibility Requirements. To be eligible to participate in any extra-curricular activity, the student must be passing a minimum of four credit-bearing courses (not including driver education, ELO's, learning studios, or advisory) during the previous PMHS reporting period. An "incomplete" does not qualify as a passing grade.

For on-line courses to be applied to eligibility, they must meet the following criteria:

- A. Student must be "passing" the course;
- B. For a semester (.5 credit) course, student must be:
 - 40% course completed by mid-semester (first or third progress report);
 - 100% course completed by end-of-semester.
- C. For full-year (1 credit) course, the student must be:
 - 20% course completed by first progress report;
 - 40% course completed by second progress report;
 - 60% course completed by third progress report;
 - 100% course completed by fourth progress report.

"Passing" is defined by the granting of credit by the responsible institution. The progress report "snapshot" is taken at 8:00 a.m. on the "snapshot date" determined by the school administration.

2. Ineligibility. A student who is considered ineligible may not participate or attend any activity, meeting, practice, or team event until the subsequent reporting period or the beginning of the subsequent season.
3. Summertime Competency Recovery. Students must meet eligibility requirements at least one week prior to the fall season start date to be considered eligible.

Co-Curricular Participation Guidelines:

1. Students are expected to be in good academic standing to be eligible for participation. Club advisors are expected to review each student's academic performance to ensure that good standing is maintained. Due to the missed instructional time required for participation in the ski club, members must meet the extra-curricular requirement by the first scheduled ski activity.

Adopted: August 4, 1997
Reviewed: March 16, 2006
Amended: April 6, 2006
Amended: March 3, 2016
Reviewed: September 20, 2018

BY-LAW ARTICLE II Eligibility

Preface

Eligibility regulations of the NHIAA apply to each category of interscholastic participation: Varsity and sub-varsity levels. Students entering grade nine in the fall for the first time do not have to meet the Scholastic Standing requirements of By-Law Article II, Sect. 2. Subsequent to their initial entry during the first fall marking period of their grade nine year they must meet the minimum requirement for Scholastic Standing. All other standards for eligibility must be met. **In order to represent a member school in interscholastic athletics, a student must be in attendance as a full time student in the district where his/her parents/guardians legally reside.** (Exception: Charter, Home Educated and Non Public Students – Sect. 13). No students will represent their school in an interscholastic athletic event unless the principal of that school has certified the student's eligibility through the official Eligibility Affidavit as filed with the NHIAA.

The sole responsibility for determining athletic eligibility rests with the principal of the high school. The principal is the official representative of the school at all hearings and appeals. This responsibility cannot be delegated unless prior approval from the NHIAA has been granted.

Sect. 1: Age of Contestants

A student who has reached the age of 19 on or after September 1st may represent the school in any interscholastic athletic contest during that school year.

Rationale for Age of Contestants Rule: An age limitation requirement: provides commonality between student-athletes and schools in interscholastic competition; inhibits "redshirting," allows the participation of younger and less experienced players; enhances the opportunity for more students to participate; promotes equality of competition; avoids over-emphasis on athletics, and helps to diminish the risk of injury associated with participation in interscholastic athletics.

To ensure equality of competition and opportunity, a standard must be established at some point to determine the cut-off date for age eligibility. Use of a specific cut-off date gives notice to all parties involved in interscholastic athletics and maintains equality of participant eligibility among schools.

Sect. 2: Scholastic Standing

- A. No pupil who has failed to pass four (4) units of work* during the school's previous grading period** shall represent the school in any interscholastic contest. A minimum of four (4) units of work per grading period is required for participation in interscholastic athletics. Schools utilizing alternative scheduling formats like block scheduling or trimesters should calculate and equate their system to meet the intent of passing four (4) units of work in a traditional format (i.e. in a 4 x 4 block program the student would need to pass a minimum of two (2) subjects to meet the standard). Recognizing that schools are increasingly moving away from the Carnegie Unit/seat time hours for instruction and grading, it is expected that the school principal will follow the intent of the By-Law when certifying academic eligibility for student athletes. For example, a student could meet this requirement through a virtual school, off site real world learning, on-line classes, etc. as long as the school officially recognizes and certifies the activities to be academically legitimate and part of the school's educational program.

Definitions:

1. Grading Period: Not less than six (6) weeks.
2. Previous Grading Period: Indicates the last prior grading quarter of the school year (not semester grades)
3. Passing Grade: As determined by the NHIAA individual member high schools.

* A unit of work reflects a course that meets the equivalent of five (5) times per week in a traditional Carnegie Unit format.

** This is interpreted as the school's previous grading period, not the student's previous grading period.

- B. **Academic Make-Ups**: A student may regain eligibility by making up academic deficiencies, failures, or incompletes of the regular school year through academic/credit recovery programs completed prior to the first date to play in a sport as listed in By-Law Article XXXVIII of the NHIAA Handbook. Individual schools may adopt more restrictive policies relative to academic make-up based on the school district philosophy and/or resources.
- C. **Incompletes**: Incompletes are not to be considered passing grades for purposes of eligibility.
- D. **Special Education Students**: Students receiving service under I.D.E.A., 89:313, R.S.A. 186: C and related State Board of Education regulations, to include students receiving service pursuant to Section 504 of the Federal Rehabilitation Act of 1973, may be declared academically eligible by their principal provided that all other eligibility requirements are met.
- E. It should be noted that the NHIAA Scholastic Standing By-Law defines minimum standards only. There is no prohibition on schools adopting higher academic standards in determining academic eligibility.
- F. Below grade nine students who have been granted a below grade nine waiver will be expected to maintain the same academic standards set for high school students.

Rationale for the Scholastic Standing Rule: The primary purpose of high schools is to academically prepare students for productive contributions in their future lives. Interscholastic activity programs are an extension of the classroom, and academic standards help ensure the balance between participation in the activity and appropriate academic performance. In addition, interscholastic activity programs assist in the educational development of all participants. Academic standards also promote the objective of graduation from the institution and that student participants are truly representing their academic institution. Overall, academic standards promote educational standards, underscore the education values of participating in activities, encourage appropriate academic performance and allow the use of interscholastic participation as a motivator for classroom performance.

Sect. 3: Semester Rule

A student is eligible for competition, whether or not he/she competes in interscholastic athletics, for no more than eight (8) consecutive semesters beyond the eighth grade; the eight consecutive semester rule begins upon the initial enrollment date in ninth grade. Approved participation by seventh and eighth graders does not count toward the eight (8) allowed semesters. Also, if a student terminates at one school he/she may not transfer to another school to increase eligibility.

Rationale for the Semester Rule: A maximum participation requirement: promotes timely progress toward graduation by discouraging students from delaying or interrupting their high school education; disallows students to enroll for one (1) semester each school year to increase athletic ability and skill; promotes equality of competition; diminishes risks stemming from unequal competition, and places emphasis on the academic mission of the school.

A maximum participation requirement promotes harmony and fair competition among member schools by maintaining equality of eligibility. Each student is afforded the same number of semesters of athletic eligibility, which increases the number of students who will have an opportunity to participate in interscholastic athletics.

A maximum participation requirement is conducive to the prevention of redshirting; helps avoid exploitation by coaches or boosters who otherwise might seek to obtain transfers or to delay a student's normal progress through school, and prevents displacement of younger student-athletes by older student-athletes wishing to protract unfairly their high school athletic careers.

Sect. 4: Transfer Rule

- A. A student who transfers enrollment with a corresponding move into a new school district by his/her parents or guardians shall be declared eligible immediately if all other eligibility requirements are met. A change of residence under this By-Law shall consist of the moving of all household properties to the new address and the parents and student(s) actually living there. A second family residence shall not meet the requirements of this standard. The term "parents" shall mean the student's 1) natural parents, 2) adoptive parents, 3) foster parents, if the student is placed in a foster home after becoming a ward of the court, 4) custodial parent, if parents are divorced, 5) legal guardian but only in the case where neither parent is living or legally competent, or 6) a family whom a student has been living with for at least 365 days.
- B. Residence is defined as the place where the student's parents have established their permanent home. This means that the family regularly eats and sleeps in a specific place of lodging. It is a place where the student and his/her parents are habitually present and to which when departing, they intend to return directly.
- C. A student who transfers enrollment without a corresponding move into a new school district by his/her parents or guardians shall be required to be in attendance in the new school for one (1) year from the date of enrollment in order to establish athletic eligibility. This includes those students who transfer from a non-member school (i.e. prep school, etc.) back to the local school and those students who change schools as a result of change in guardianship (i.e. move to live with different parent/guardian without parent/guardian changing residence).
- D. A student transferring to an NHIAA member school without a parental/guardian change in legal residence may not be added to the roster of a sports team (at any level) after the opening of a sports season (first date to practice) in that sport as listed in By-Law Article XXXVIII of the NHIAA Handbook.
- E. A student who transfers to a new school within one (1) calendar year of the relocation of his/her coach to that school without a corresponding change in residence is considered to have transferred for athletic reasons and is not eligible to participate in sports coached by that coach for one (1) calendar year from the date of enrollment in the new school.
- F. Other:
 - 1. Eighteen year old emancipated individuals and homeless students who change their legal residence and school in compliance with local board of education residency requirements are ineligible for 365 days. Requests for waivers may be submitted to the Executive Director. Upon receipt of a Transfer Rule Affidavit from the school principal, the Executive Director will review each case on an individual basis. Only one (1) transfer in 12 months will be permitted.
 - 2. Students placed in a school by outside agencies (i.e. courts, State Department of Welfare, other school districts, medical referrals) become eligible upon registration and enrollment in the receiving school provided all other eligibility requirements are met. The principal is to verify eligibility to the Executive Director.

These requirements may be waived, if all the following conditions are met:

1. The student has not transferred for the purpose of participating in interscholastic athletics and there has been no recruiting of the student for athletic purposes.
2. The Transfer Rule Affidavit is completed and submitted to the NHIAA and approved in writing by the Executive Director.
3. All other eligibility requirements are met.

DEFINITION OF TRANSFER FOR PRIMARILY ATHLETIC PURPOSES:

A transfer for primarily athletic reasons includes, but is not limited to:

1. A transfer to obtain the athletic advantage of a superior, or inferior, athletic team, a superior athletic facility, or a superior coach or coaching staff;
2. A transfer to obtain relief from a conflict with the philosophy or action of an administrator, teacher, or coach, relative to athletics;
3. A transfer seeking a team consistent with the student's athletic abilities;
4. A transfer to obtain a means to nullify action by the previous school.

Rationale for the Transfer Rule: A transfer/residency requirement: assists in the prevention of students switching schools in conjunction with the change of athletic season for athletic purposes; impairs recruitment and reduces the opportunity for undue influence to be exerted by persons seeking to benefit from a student-athlete's prowess.

A transfer/residency requirement: promotes stability and harmony among member schools by maintaining the amateur standing of high school athletics; by not letting individuals other than enrolled students participate and by upholding the principle that a student should attend the high school in the district where the student's parent(s) guardian(s) reside.

Sect. 5: Athletic Recruitment/Proselytizing of Students

It is a violation of NHIAA policy to offer, either directly or indirectly, any inducement to a student of any member school to sever connections with that school and transfer to another member school for athletic purposes; "to include volunteers" etc. shall be deemed to be recruitment. Similarly, efforts at persuasion, including but not limited to visits to students' homes, invitations to visit the school, invitations to the student to train with the school, for the purpose of inducing a student to transfer for athletic participation shall be deemed to be recruitment.

NOTE: This definition also applies to students below grade nine who are contemplating enrolling in an NHIAA member school.

Policy on Recruiting:

A. General Principles

1. Recruiting is the use of undue influence and/or special inducement by anyone associated with a school in an attempt to encourage a prospective student to attend or remain at that school for the purpose of participating in interscholastic athletics.
2. Recruitment of students or attempted recruitment of students for athletic purposes, regardless of their residence, is a gross violation of the By-Laws of the NHIAA and is expressly forbidden.
3. Member schools are responsible for any violation committed by any person associated with the school including principals, assistant principals, athletic directors, coaches, teachers, any other staff members or employees, students, parents or any organization, such as booster clubs, having connection to the school. Member schools also are responsible for any violation committed by any person acting at the direction of the school or anyone associated with the school to include volunteers.

B. Undue Influence

1. The use of undue influence, which is the use of direct or indirect communication by anyone associated with a school with a prospective student-athlete in an attempt to solicit or encourage the enrollment of a prospective student-athlete in that school, is prohibited. Additionally, no one associated with a school may request any third party to solicit or encourage the enrollment of a prospective student-athlete in that school, for in that case the third party becomes associated with that school.
2. Undue influences includes, but is not limited to:
 - a) Initiating or arranging telephone or written contact such as questionnaires, cards or letters, with a prospective student-athlete or member of his/her family for the purpose and intent of soliciting or encouraging the enrollment of the student in a school.
 - b) Visiting or entertaining a prospective student-athlete or member of his/her family for the purpose and intent of soliciting or encouraging the enrollment of the student in a school.
 - c) Providing transportation to a prospective student-athlete or member of his/her family to visit a school or to meet with anyone associated with a school for the purpose and intent of soliciting or encouraging the enrollment of the student in that school.
 - d) Attending grade school, junior high or middle school games for the purpose of evaluating and recruiting specific prospective student-athletes.
 - e) Requesting booster club members, students, parents or alumni from a school to discuss the merits of the school's athletic program with a prospective student-athlete or member of his/her family by phone, in person or through letters or other written communication.
 - f) Any other contact with a prospective student-athlete or member of his/her family for the purpose and intent of soliciting or encouraging the enrollment of the student in a school.
3. No member school and no one acting on behalf of any member school may give a speech or give any slide, film or tape presentation or distribute any written material, including advertisement in newspapers, magazines or other publications, which states that a member school's athletic program is better than the athletic program of any other member school or that it would be more advantageous for any prospective student-athlete to participate in athletics at the member school as opposed to any other school.
4. When a student at a junior high, middle school or other high school, or the parent(s) or guardian(s) of that student contacts a coach about attending the coach's school, the coach must immediately refer the student, parent(s) or guardian(s) to the principal or other appropriate school personnel, who have the responsibility of seeking and processing prospective students.
5. It is not considered a violation for a coach to have normal community contact with a student who attends a junior high or middle school of the same system which is a feeder to the high school at which the coach is employed.

C. Special Inducement

1. A student-athlete may not receive or be offered any remuneration of any kind or receive or be offered any special inducement of any kind which is not made available to all students who enroll in or apply to a school.
2. Special inducements include, but are not limited to:
 - a) Offer or acceptance of money or other valuable consideration such as free or reduced tuition during the regular school year or summer school by any person associated with a school.
 - b) Offer or acceptance of room, board, textbooks or clothing, or financial allotment for textbooks or clothing.
 - c) Offer or acceptance of pay for work that is not performed or that is in excess of the amount regularly paid for such service.
 - d) Offer or acceptance of free transportation by any person associated with a school.

- e) Offer or acceptance of a residence with any person associated with a school.
- f) Offer or acceptance of any privilege not afforded to non-athletes.
- g) Offer or acceptance of free or reduced rent for parents or guardians.
- h) Offer or acceptance of payment of moving expenses of parents or guardians or assistance with the moving of parents or guardians.
- i) Offer or acceptance of employment of parents or guardians in order to entice the family to move to a certain community if any person associate with the school makes the offer.
- j) Offer or acceptance of help in securing a college athletic scholarship.

D. Academic Recruitment Programs

This policy is not intended to prevent a member school from conducting academic recruitment programs or recruitment programs designed to attract students based upon the school's overall educational and extracurricular programs. However, such recruitment programs must be designed to present the overall educational and extracurricular programs of the school and not be used as a subterfuge for recruiting students for athletic purposes. Such general recruitment programs permissible under this article must be carried out under the following guidelines.

1. With the permission of the principal, member schools may present speeches, slides, film, tape or other similar programs at elementary, junior high or middle school with grades below ninth from which the member school can normally expect enrollment.
2. Member schools may present speeches, slides, film, tape or other similar programs to students at elementary, junior high or middle schools with grades below the ninth from which the member school can normally expect enrollment so long as said speeches. Slides, tape, or other presentations are designed to attract students to attend the member school and are based upon the overall educational programs and not presented solely for the purpose of recruiting prospective athletes. Any mention of athletics said in speeches, films, slides, films, tapes or other such presentations or in a any written material handed out at such presentations must be limited to listing the various interscholastic athletic programs in which that school participates and to a description of the athletic facilities available at said school. No information can be distributed through such programs by the use of speech, slides, films, tapes or written material which in any way implies that the member school's athletic program is better than any other member school's athletic program or that it would be more advantageous for a prospective student-athlete if he/she participated at that member school as opposed to any other member school.
3. Recruiting programs of any kind cannot be conducted by coaches or any member of the school's athletic staff.
4. Member schools may conduct open houses, but information presented at said open houses or in advertisements for said open houses concerning the school's athletic program must be limited to a listing of the sports in which that school participates in interscholastic athletics and to a description of the schools facilities. No information distributed at the school's open house through any speech, slide, film, tape or written material can imply that the school's athletic program is better than any other member school's athletic program or that it would be more advantageous for a prospective student-athlete if he/she participated at that member school.

E. Financial Assistance Programs

Evaluation of the student needs for financial assistance must be completed by the person(s) identified in the school who has the responsibility for financial assistance policies and procedures.

Funds which have been donated to the schools by organizations and individuals may be given as financial assistance to students through the normal financial assistance program of the school for all students, without regard to athletic potential.

F. Penalties

1. A member school found to be in violation of any provision of this policy: a) will be required to forfeit all contests won in which a recruited student(s) participates and/or all points earned in any contest by a recruited student(s); b) may be placed on probation and denied participation in the NHIAA State Championship Series for a period of not less than one year in the sport(s) in which the violation(s) occurred; c) may be placed on suspension and denied any participation with any member school for a period of not less than one year in the sport(s) in which the violation(s) occurred; and/or d) may be suspended from membership in the NHIAA for a period of not less than one (1) year.
2. A student who is found to be in violation of this policy: a) will be declared permanently ineligible for interscholastic competition at the school to which he/she was recruited; and b) may be declared ineligible for interscholastic competition for a period not to exceed one (1) year at any NHIAA member school.

Rationale for Recruiting Rule: A recruiting/undue influence prohibition discourages exploitation of students; prevents over-emphasis of athletics; gives average student-athletes more opportunity to participate; discourages adults from jeopardizing a student's eligibility, and prevents misuse of athletic programs.

Sect. 6: Amateur Status

An amateur athlete is one who participates in athletics solely for the physical, mental, social and educational benefits derived from such participation. The amateur athlete treats all athletic activities in which he/she participates as a vocational endeavor. One who takes or has taken pay, or has accepted the promise of pay, in any form, for participation in athletics, or has directly or indirectly used his/her athletic skill for pay, in any form, shall not be considered an amateur and will be in violation of this By-Law. The following are the basic interpretations of the principles involved in the amateur code, which may lead to the loss of an athlete's eligibility:

- A. Participating in any athletic activity under an assumed name.
- B. Accepting awards other than those considered being symbolic in nature. Examples of such include letters, sweaters, jackets, pins, trophies, other similar type awards, and rings or watches, which are properly inscribed.
- C. Participating on an amateur sports team in which the student athlete receives, directly or indirectly, any salary, incentive payment, gratuity or expense allowance other than actual and necessary travel allowances, and room/board expenses for practice and games.
- D. Signing a contract or verbally commit with an agent or a professional sports organization.
- E. Participating on a professional team or against professional athletes.
- F. Working as a counselor in a summer camp without affecting his/her eligibility. Under the terms of this principle, he/she may work in a tennis or golf shop provided he/she does not give instruction for compensation. He/she may obtain employment with a recreation department and his/her duties may include some officiating or coaching responsibilities.
- G. Appearing on radio or television related in any way to his/her athletic ability or prestige; the athlete may not under any circumstance receive remuneration for his/her appearance. Under such circumstance, however, an athlete may appear on a sponsored radio or television program or have his/her name appear in newsprint ads or in player of the week, month, year advertisement promoting products provided he/she does not endorse or implicitly endorse any commercial product.

Rationale for Amateur Status Rule: An amateur/awards limitation promotes amateurism; stimulates participation for the sake of the game itself; prevents exploitation of students, and encourages students to engage in athletic competition for physical, mental and social benefits.

Sect. 7: Non-School Competition

A. A member of a school team is a student athlete who is regularly present for, and actively participates in, team tryouts, practices and competitions. Bona fide members, as of the first date to practice in that sport as listed in By-Law Article XXXVIII of the NHIAA Handbook, of a school team are prevented from missing a high school practice or competition to compete with an out-of-school team, practice or competition to include tournaments, showcases, combines or other athletic events.

Whenever a conflict arises between the high school team practice/competition and an out-of-school practice/competition on the same day, the high school team practice/competition must be honored by the student athlete. Priority must be given at all times to the high school team, its practices, and its contests unless a waiver has been granted by the principal and athletic director. It is expressly understood that waivers shall not be granted on a regular basis and shall only be granted in extraordinary circumstances. (1.2015 CM)

Penalties: Any student athlete who violates this rule, unless a waiver has been granted as stated above, for the first time shall be declared ineligible for the next four (4) consecutive interscholastic events or three (3) weeks of a season in which the student athlete is a participant, whichever is greater. This Penalty is effective from the date of his or her last participation in a high school sport. Any student athlete who violates this rule a second time or subsequent time shall be declared ineligible for participation in any high school sport for the balance of the school year.

B. International Competition:

Students and/or teams desiring this kind of competition must have the approval of the NHIAA. No requests for approval will be considered unless received in writing and signed by the principal six (6) weeks prior to the date of participation. Requests are to be submitted to the NHIAA Executive Director for action.

C. Member Schools' Students Attending Foreign Country Schools:

Member school student athletes attending high schools in a foreign country will be under all the Eligibility By-Laws as stated in the NHIAA Handbook.

Sect. 8: International Exchange Student Eligibility

A. *Definition of International Exchange Student:*

Any student transferring from a International high school under the sponsorship of an accepted International exchange program as listed by the Council on Standards for International Educational Travel (CSIET).

Conditions of Eligibility:

1. Student is eligible for one (1) year from the date of enrollment.
2. Eligibility must be verified and approved by the NHIAA prior to interscholastic participation.
3. There shall be no evidence that a student, school, or other interested party has influenced the assignment of the International exchange student for athletic purposes.
4. Student must meet all other NHIAA eligibility requirements.
5. International students transferring to an NHIAA member school involving recruitment or to seek an athletic advantage shall be declared ineligible for interscholastic athletics and schools deliberately participating in such activities will be subject to sanctions by the NHIAA Representative Council.

B. *Definition of International Student Not on Approved International Exchange Program:*

Any student transferring from a International high school without the sponsorship of an accepted International exchange program as listed by the Council on Standards for International Educational Travel (CSIET).

Conditions of Eligibility: All of the conditions of eligibility listed below must be met in order to satisfy athletic eligibility.

1. Eligibility must be verified and approved by the NHIAA Executive Director (completed through an application waiver process) prior to interscholastic athletic competition. If the request is denied by the Executive Director, an appeal may be made to the NHIAA Eligibility Committee.
 2. If a waiver is granted, the length of eligibility shall be one calendar year (365 days) from the date of enrollment at the school. **The eligibility cannot be delayed one (1) calendar year** but the school may request a second year of participation utilizing the process outlined in Sect. 8 A-1.
 3. There shall be no evidence that a student, school, or other interested party has influenced the assignment of the International student for athletic purposes.
 4. The student cannot be a graduate from an International secondary school. This criteria can be waived by the Executive Director if it can be determined the student would be otherwise eligible if there would have been eligibility available in a 12 year program as is typical in New Hampshire. Regardless of the structure of the international program, only one year of eligibility can be granted under this provision.
 5. Student must meet all other NHIAA Eligibility requirements.
 6. International students transferring to an NHIAA member school involving recruitment or to seek an athletic advantage shall be declared ineligible for interscholastic athletics and schools deliberately participating in such activities will be subject to the sanctions by the NHIAA Eligibility Committee.
- C. The NHIAA Executive Director shall annually review and adopt for NHIAA eligibility purposes the CSIET list of programs. The NHIAA Executive Director through the NHIAA Council reserves the right to remove from this list, annually, any program that permits or allows students, schools, or school representatives to select, specify or influence the program's sponsor's assignment or selection of International exchange students and/or a program that does not meet the criteria herein.

**Organizations are listed in the 2019-20 CSIET Advisory List.
This list can be found on the NHIAA Website under Bulletin Board.**

**CSIET
212 South Henry Street
Alexandria, VA 22314
Phone: 703/739-9050
Fax: 703/739-9035
Email: mailbox@csiet.org**

Full Listing is the status that organizations and programs described in the CSIET Advisory List are accorded when they have demonstrated full compliance with the CSIET Standards.

Provisional Listing reflects the Evaluation Committee's determination that an organization is in its first or second year of listing with CSIET, and is judged to be in compliance with CSIET Standards.

Conditional Listing is a status that may be granted to an organization that had previously achieved either a Full or Conditional Listing. It is issued to organizations that the Accreditation Committee determines are substantially in compliance with the standards but which need improvement in one or more areas. Conditional Listing is granted for one (1) year, but may be renewed for subsequent one (1) year periods upon completion of review by the Accreditation Committee. Conditional Listing is not granted to newly applying organizations.

Sect. 9: Out-of-Season Competition

A. School Year: Fall Starting Date Until Spring Closing Date

1. A coach may have contact with his/her team or potential (*above grade 6*) team members for the purpose of instruction, skill development and conditioning outside of the season provided the following steps are followed:
 - a. A coach is defined as anyone presently under contract or anyone under contract the previous year. (This includes volunteer coaches.)
 - b. That no district provided operational school funds are used to subsidize out-of-season activity. Use of Booster funds or fundraised monies is permissible only to subsidize activity that is open to all.
 - c. A written plan is developed by the coach and approved by the principal, athletic director and superintendent **MUST** be submitted to the NHIAA prior to implementing. (CM 11.2014)
 - d. The written plan describes the goals of the activity, the number of participants, the site to be used and the amount of time.
 - e. The purpose is to allow individual and/or small groups of students to participate in conditioning and instructional/skill development activities for individual growth and improvement. Scrimmages, games, leagues and full team practices are not allowed.
 - f. The plan is approved and does not compete with existing seasonal commitments by the student athlete. The provisions of By-Law Article II: Eligibility Sect. 7: Non-School Competition with respect to priority given to school teams applies to activities permitted under the provisions of this By-Law.
 - g. The coach has the ability to have contact with his/her perspective athletes during the academic year in the season that precedes their sport season. This would be termed the “live” period for contact. The fall season could work with students during the previous spring season. The winter season could work with students during the fall and the spring season could work with students during the winter.
 - h. Individual schools may adopt more restrictive policies relative to out-of-season competition based on the school districts policies and or resources.

Rationale:

The NHIAA is strongly committed to the notion of encouraging student athletes to play multiple sports and be as well rounded as possible. Although contrary to this philosophy and proven success at the collegiate level (most college coaches want well rounded multi-sport athletes) the NHIAA also recognizes and respects the desire of some student athletes to want to specialize in a sport. By allowing limited contact throughout the school year it is our belief that these students can best benefit from working with their school-based coaches who are highly trained and understand the relationships between academics, athletics, and the life lessons taught that require both components of a sound education. Some coaches will opt not to have contact outside of this sport season as a way to encourage multi-sport athletes. This is totally acceptable position to take. Others will welcome the opportunity, which is also fine as long as they encourage continued academic and athletic development and achievement. As noted, no student should be required to participate outside of the NHIAA defined sport season and it is the responsibility of the school principal and athletic administrator to ensure this does not occur. In the current system, the school officials have no way to police such abuse.

B. Summer:*

A high school coach who is employed by a school district (paid or volunteer) may coach his/her sport under the following conditions:

1. The school year has ended for the school.
2. That no school funds are used (excludes facilities and equipment). Use of Booster funds or fundraised monies is permissible only to subsidize team activity that is open to all.

C. Captains Practice: Captains practices are not permitted under any circumstances whether during the school year or summer.

- D. **Other:** Coaches may coach in All-Star competitions (eg. A.A.U.) and are exempt from this By-Law only if the following conditions exist:
1. That the NHIAA, through the Executive Director, has been properly notified by the member school principal of the coaches selection.
 2. That no school funds or equipment are used.
 3. That no more than 25% of the group/teams can come from his/her school team or potential (above grade 6) candidates of that school. Team rosters may not exceed NHIAA Tournament roster allocations. Expanding or rotating groups/teams is not permitted as a means to circumvent this policy. Regardless of how a program is structured, the coach cannot have contact with more than 25% of his/her existing or potential players.
 4. Whenever possible, the players from that same school must be divided between different groups/levels.
 5. That where a conflict exists between the participation on a school sponsored team and an outside team; the school team will receive priority consideration.
 6. Sports activities that are permitted out of season must also meet the following conditions:
 - a. No use of school owned or issued warm-ups and/or uniforms
 - b. A student may accept a symbolic award or merchandise which does not have a value or cost in excess of \$20.00

E. **Out of Season Competition Definitions:**

1. **Open Gym:** School sponsored “open gym” or “after school” activities are permitted in the member school’s facilities out-of-season if they adhere to the following principles.
 - a. Diversity of students - Program must be open to all students on an equal basis.
 - b. Diversity of activities - A variety of sports must be activities that are offered throughout the year, not a focus on one (1) sport.
 - c. Student conducted - Students must be able to choose from school offered activities. A coach of a sport under NHIAA jurisdiction shall follow all the regulations under the NHIAA Out of Season Competition By-Laws.
 - d. Recreation emphasis - The program cannot be an organized program of instruction and/or competition.
 - e. A high school coach who is employed by a school district (paid or volunteer) may supervise an open gym under the conditions listed in a-d.
2. **Conditioning Programs:**

School sponsored “conditioning programs” are permitted “out-of-season” if they do not involve equipment which is specific to a sport conducted on an interscholastic basis. Examples of prohibited equipment include, but are not limited to: basketballs, volleyballs or nets, hockey stick (field or ice), or pucks/balls, track starting blocks, shots, discuses, hurdles, or high jump and pole vault standards, football helmets, pads or dummies, baseball/softball bats, balls or bases, wrestling mats, gymnastic apparatus. Generic equipment such as cones, weights, jump ropes and other fitness apparatus are permitted in a conditioning program. The conditioning program must be open to all students on an equal basis.
3. **Intramurals:**

A high school coach who is employed by a school district (paid or volunteer) may organize a school sponsored intramural program in any sport as long as there is no instruction and the activity is recreational in nature.

Sect. 10: All-Star Competition

The NHIAA does neither sanction nor endorse any All-Star team or competition in any sport at any level. A student athlete who is a member of an NHIAA school team may not participate in an All-Star game/event, in season or out, without losing eligibility in that sport for one (1) full year (365 days) from the date of such participation with the All-Star team.

Following completion of high school eligibility in a sport and prior to graduation from high school, a senior student athlete may participate in an All-Star competition.

NOTE: Underclass student athletes' participation in non-NHIAA sponsored athletic competition shall not cause athletic ineligibility if the activity is not in conflict with NHIAA Eligibility By-Law Article II; Sect. 7: Non-School Competition or Sect. 9: Out-of-Season Competition. Such activities include, but are not limited to AAU Baseball and Basketball, Select Soccer, Spirit Competitions, Junior Olympic Volleyball, Futures Field Hockey, and similar type competition.

In order to participate in such activities during the school year, a report submitted by the high school principal must be on file at the NHIAA that includes the name(s) of the participants in the form of a roster. Additionally, the high school coach should be reported as well if involved in a program. The NHIAA does neither endorse nor sanction these activities.

Sect. 11: Post Graduates/Early Graduation

A student must be an undergraduate: i.e., he/she shall not be a graduate of a secondary school.

An early graduate of a high school may represent his/her school in athletics until the end of the sport season in which he/she is participating if otherwise eligible. The official transcripts must be withheld until at least the season is completed.

Sect. 12: Individuals with Disabilities

The NHIAA endorses and encourages the participation of qualified students with mental and/or physical disabilities in interscholastic athletics, unless that student poses a direct threat to the health or safety of others or themselves.

Each participating school is responsible for compliance with the provisions of the Americans with Disabilities Act as it may pertain to the participation of individuals with disabilities in school athletic programs.

The NHIAA recognizes that some students with Individual Educational Programs (IEP's) must reside away from home. Such students who are in the least restrictive placement and who are otherwise qualified to participate in interscholastic athletics shall be permitted to participate in school athletic programs in the district where they sleep.

Sect. 13: Charter, Home Educated and Non-Public Students

A. Home Educated Students:

The NHIAA shall declare home-educated students to be immediately eligible to try out for a team(s) to participate in interscholastic athletics if the following conditions are met:

1. The student must meet all established policies adopted by the local school board.
2. The parents must submit a written request to the principal of the member school requesting their son/daughter's eligibility to try out for an athletic team in interscholastic athletics
3. A home-educated student may represent a charter school, non-public or public school in the district where they reside. The home-educated student must be living with the parents or legal guardians in the family residence.
4. The principal must be satisfied there was no recruitment of the student for athletic purposes as defined under Definition of Recruitment in the NHIAA Handbook.
5. The student meets the guidelines of the Age of Contestants Rule, Post-Graduate, Scholastic Standing Rule, Semester Rule and all other Eligibility Rules set forth in By-Law Article II of the NHIAA Handbook.
6. The principal shall be required to certify the students' eligibility and that, prior to making such a certification, shall be satisfied the requirements of all NHIAA Eligibility Rules are met.
7. The Scholastic Standing Rule must be reviewed by the principal for each marking period the student athlete wishes to participate and recorded on the official transcript held by the school where the athlete participates.

8. The NHIAA member school must maintain a transcript of the student's academic record as well as other relevant Eligibility Rules (i.e. age, semesters, etc.)
9. If the principal determines the eligibility requirements detailed above have been met, he/she may declare the student immediately eligible to participate in interscholastic athletic competition. The principal must inform the Association in writing that by completing the Non-Public and Home Educated Student Application, he/she has reviewed all NHIAA Eligibility Rules and certifies the student has satisfied all of the eligibility requirements and, therefore, is eligible to try out in interscholastic athletics at their school.
10. The requirements of the New Hampshire education statutes, relative to school attendance and enrollment, must also be satisfied before a home educated student is declared eligible to participate.
11. A student falling under the provisions of this section is eligible to represent only one (1) school in any academic year.

B. Charter and Non-Public Students:

The NHIAA shall declare non-public students to be immediately eligible to try out for a team(s) to participate in interscholastic athletics if the following conditions are met:

1. A non-public and charter school student may represent the non-public or charter school they attend or the public high school in the district where they reside. The non-public or charter school student must be living with the parents or legal guardians in the family residence.
2. The student must meet all established policies adopted by the local school board.
3. The parents must submit a written request to the principal of the member school requesting their son/daughter's eligibility to try out for an athletic team in interscholastic athletics
4. The principal must be satisfied there was no recruitment of the student for athletic purposes as defined under Definition of Recruitment in the NHIAA Handbook.
5. The student meets the guidelines of the Age of Contestants Rule, Post-Graduate, Scholastic Standing Rule, Semester Rule and all other Eligibility Rules set forth in By-Law Article II of the NHIAA Handbook.
6. The principal shall be required to certify the students' eligibility and that, prior to making such a certification, shall be satisfied the requirements of all NHIAA Eligibility rules are met. The principal of the school where the student is participating must also certify that the student meets all local criteria for eligibility as set by both the school of attendance and the school of interscholastic participation if such local requirements exceed those of the NHIAA. When a discrepancy exists between the standards for the two schools, the student athlete must meet the higher of the two standards imposed. This includes academic, behavioral, or any other eligibility standards imposed by the local high schools.
7. The Scholastic Standing Rule must be reviewed by both principals for each marking period the student athlete wishes to participate.
8. The school of participation and the school of attendance are both entitled to any student records that are necessary to verify eligibility.
9. If the principal of both the school of attendance and the school of participation determine the eligibility regulations detailed above have been met, the student may be immediately declared eligible. The principal of the school of participation must notify the NHIAA by indicating the students name on the Non-Public and Home Educated Student Form.
10. Should the principals of the school of attendance and school of participation fail to agree on the eligibility status of a student athlete, one or both may petition the Executive Director of the NHIAA for a ruling under the provisions of the Due Process Procedures By-Law.
11. The requirements of the New Hampshire education statutes, relative to school attendance and enrollment, must also be satisfied before a non public student is declared eligible to participate.
12. A student falling under the provisions of this section is eligible to represent only one (1) school in any academic year.

Definition of Non-Public School – means a school established by an individual or group other than the state, subdivision of the state or federal government and whose operation, or any portion thereof, rests with those officials who have not been publicly elected or appointed.

Definition of Co-Curricular – includes those activities which are designed to supplement and enrich regular academic program of study, provide opportunities for social development, and encourage participation in clubs, athletics, performing groups, and service to school and community.

Definition of Charter School – A charter school means an open enrollment public school, operated independent of any school board and managed by a board of directors. A charter school shall operate as a non-profit secular organization under a charter granted by the State Board and in conformance with Chapter 194-B of the New Hampshire Education Laws Annotated.

Definition of Representing a School – A student athlete who actively participates in any team tryout, practice, and /or competition represents that school for that academic year. (1.2015 CM)

Sect. 14: Sports Season

For eligibility purposes, the sports season begins on the starting date of that sport as listed in By-Law Article XXXVIII relative to “Corresponding Dates for All Sports.” It is not the date of a teams first regular season contest. The sports season ends following the final date that the school will be represented in NHIAA regular season, post-season tournament, or Council of New England Secondary School Principals' Association (CNESSPA) events in that sport.

Sect. 15: Non-Member Schools Agreement to Compete With NHIAA Member Schools

NHIAA member schools will be allowed to compete in contests against non-member schools in the sports of Cross Country, Indoor Track, Outdoor Track, Skiing, and Wrestling if the chief administrator of the non-member school agrees in writing, prior to the start of the season that:

- A. The non-member school team shall not include a player who has reached the age of 19 before September 1st of that year.
- B. Post-graduate students are not allowed to compete against NHIAA member schools.
- C. The length of the periods played will not exceed the maximum lengths prescribed by NHIAA game rules.
- D. The competition shall be conducted consistent with all NHIAA rules. This rule is not to be construed as requiring any non-NHIAA home team to pay game officials the fee that the NHIAA has established. The host school, in this case, will pay according to its agreement with their officials' organization.
- E. National Federation playing rules shall be played in contests held in New Hampshire. (Exception: Skiing)

Sect. 16: Filing Eligibility Affidavits

The principal has the sole responsibility for determining athletic eligibility in the school. He/she shall be the official representative of the school in all hearings, appeals, and protests. This responsibility cannot be delegated away without prior approval of the NHIAA Executive Director. Such approval will only be granted for extraordinary and/or emergency reasons. All eligibility regulations apply to boy and girl athletes on all levels of competition (sub-varsity and varsity).

No student may represent their school in an interscholastic athletic contest unless the principal has certified said student's eligibility. The process for certifying such eligibility is as follows:

- A. The NHIAA office will receive the affidavit, signed by the principal, stating that the school has entirely read, understands, will abide by, and will enforce all rules, regulations, and policies contained in the NHIAA Constitution and By-Laws. The affidavit will also state that all boys and girls are eligible to participate in interscholastic athletics and that they meet all eligibility rules and regulations. The signed affidavits are due in the NHIAA office prior to the beginning of each sports season.
- B. A listing of all transfer students shall be sent to the NHIAA office at the beginning of each sports season.
- C. Eligibility lists shall be kept on file at each member school.

Sect. 17: Requests for Eligibility Rulings

The principal shall have the right to ask the Executive Director for eligibility rulings. A principal may ask for a ruling on the eligibility of a player from his own school or from another school. All requests for rulings on eligibility must be in writing. Verbal rulings or opinions are not to be considered official and no action will be forthcoming.

Sect. 18: Assumed Name

Participating under an assumed name in any athletic contest shall make the student athlete ineligible for a period of 365 days from the date of the infraction.

Sect. 19: Deviations from Eligibility Rules

Deviations from the NHIAA Eligibility Rules may be granted after consideration of the following criteria:

- A. **The merits of the individual case.**
- B. **Whether or not the granting of the deviation from the rule would be inconsistent with the purpose of the rule.**
- C. **Whether or not the individual concerned, caused or contributed to cause the existence of the factors, which result in ineligibility.**
- D. **Hardship Eligibility – Hardship Eligibility may be granted to a transfer student who does not meet the NHIAA Transfer Rule** when sufficient evidence, as determined by the NHIAA Executive Director and/or Eligibility Committee, is provided to show that it was necessary for the student to transfer because of unforeseen, unavoidable, or unusual circumstances including, but not limited to, broken home conditions, terminal or serious illness of parent or sibling, death of a parent or guardian, abandonment, loss of school accreditation, bankruptcy, and/or loss of principle income of legal guardian(s), and provided the transfer was not for athletic reasons and there was no undue influence. Hardship is defined as an unforeseeable act, condition or event which may not reasonably and/or practically be avoided or corrected and which causes the imposition of a severe burden upon the student or his/her family. A hardship situation may be a situation which is unique to the student or his/her family which could not have been predicted, which does not apply to others in a similar setting and over which the family has no control.

The request for an eligibility deviation must be given in writing to the Executive Director of the NHIAA by the school principal only. The aforementioned criterion needs to be addressed in detail. The information submitted may be considered confidential at the request of the principal if involving sensitive information or personal information. Although every attempt will be made to offer a timely written response, the Executive Director will have 14 days to rule a decision. Following the decision of the Executive Director the school principal may appeal said decision per the due process procedures found in By-Law Article V, Sect. 1:B.

Sect. 20: Schools Using Ineligible Contestants & Coaches

Schools using *ineligible coaches or contestants shall forfeit all games and contests in which the ineligible coach or student participates. In self reporting the school may request a hearing with the Executive Director and/or Eligibility Committee to explain the circumstances of the situation. The Executive Director in consultation with the Eligibility Committee may modify the consequences in the case of an unintentional violation of this rule. Likewise, intentional use of ineligible contestants or failing to report a known violation may result in additional consequences to include sanctions and fines. Other questions of forfeiture such as cancellation and other unusual circumstances shall be referred to the appropriate committee, through the Executive Director, for a decision.

*Eligible coach means that the individual has met the criteria outlined in By-Law Article I, Sect. 32, Coaches Eligibility. If no “eligible” coach is present the contest will be stopped. (Exception – refer to By-Law Article I, Sect. 10, School Representatives at Post Season Activities.)

Sect. 21: Policy Statement and School Recommendation Regarding Transgender Participation

The NHIAA is committed to providing transgender student-athletes with equal opportunities to participate in NHIAA athletic programs consistent with their gender identity. Hence, this policy addresses eligibility determinations for students who have a gender identity that is different from the gender listed on their official birth certificates.

The NHIAA has concluded that it would be fundamentally unjust and contrary to applicable State and Federal Law to preclude a student from participation on a gender specific sports team that is consistent with the public gender identity of that student for all other purposes. Therefore, for purposes of sports participation, the NHIAA shall defer to the determination of the student and his or her local school regarding gender identification. In this regard, the school district shall determine a student’s eligibility to participate in a NHIAA gender specific sports team based on the gender identification of that student in current school records and daily life activities in the school and community at the time that sports eligibility is determined for a particular season. Accordingly, when a school district submits a roster to the NHIAA, it is verifying that it has determined that the students listed on a gender-specific sports team are entitled to participate on that team due to their gender identity, and that the school district has determined that the expression of the student’s gender identity is bona fide and not for the purpose of gaining an unfair advantage in competitive athletics.

Students who wish to participate on a NHIAA gender-specific sports team that is different from the gender identity listed on the student’s current school records are advised to address the gender identification issue with the local school district well in advance of the deadline for athletic eligibility determinations for a current sports season. Students should not be permitted to participate in practices or to try out for gender specific sports teams that are different from their publicly identified gender identity at that time or to try out simultaneously for NHIAA sports teams of both genders.

Nothing in this policy shall be read to entitle a student to selection to any particular team or to permit a student to transfer from one gender specific team to a team of a different gender during a sports season. In addition, the NHIAA shall expect that, as a general matter, after the issue of gender identity has been explicitly addressed by the student and the school district, the determination shall remain consistent for the remainder of the student’s high school sports eligibility. The NHIAA has concluded that this policy adequately addresses the concerns that a student might claim a particular gender identity for the purpose of gaining a perceived advantage in athletic competition, but does not unfairly discriminate against transgendered student athletes.

John Freeman

From: Mary Wilke <wilke.mary@gmail.com>
Sent: Sunday, February 16, 2020 6:50 PM
To: John Freeman
Subject: just wanted to let you know....

Hi John,

Last week, with a couple of other people, I gave a presentation to members of Kent Street Coalition (a local grass roots org.) about school privatization efforts, which we called "Public Schools Under Siege: Why it Matters." Among other things, we told our audience that school choice people often claim that public schools are "one size fits all". In that context, we used your video about Inquiry-Based Learning at Pittsfield High, to illustrate how wrong that claim is.

People were really wowed! Many said to me they wished they could go back to high school and experience it like that!

Just wanted to share :)

Best,
Mary

